

OCT. 2020

THE PARISH POST

Holy Innocents'
Episcopal Church
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Parish Office Hours
Monday thru Thursday
9:00am - 2:00 pm



A community of faith, sharing the love of the Holy Spirit,
seeking and serving Christ in his creation.

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The Parson's Place

What God creates, God loves; and what God loves, God loves everlastingly. I hope that you will hold on to those words. They are the beautiful thread that I see running through everything we do here at Holy Innocents'. It is a beautiful tapestry, woven with an abiding and enduring love, filled with strength that gets you through hard times. It's the kind of love from which we can never be separated.

(Romans 8:35-39)

Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? As it is written:

"For your sake we face death all day long; we are considered as sheep to be slaughtered."

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Paul is always about hope and he stirs it up in me. I hope his words instill new hope in you too.

We are still in a time of ongoing pandemic and of communal suffering and sometimes it manifests itself as a lack of hope. It's a time when we need endurance. How do we cultivate those things? For me - continuing a regular schedule that includes goals/hopes, being creative, setting aside time for myself, getting fresh air and sunshine, keeping in contact with friends and family, and trying to eat right. Hope....that fragile "thing with feathers, that perches in the soul" as Dickenson writes.

It does take practice sometimes. It can take willpower and self-compassion. Don't let anxious thoughts get the better of you. Bit by bit, you can build a foundation of hope by turning your dreams into concrete goals, making the best of every situation, giving to others, helping others, and living in the now. Consider that hope can be a habit, just like gratitude. Focus on gratitude, trusting God and yourself, surround yourself with positivity and reach out when you need.

Try developing coping skills, practicing gratitude, and nurturing hope.

Continued on next page

Live into hope and let it become self-replenishing.

A Prayer for Hope

May God show you the greatness of God's goodness, that you overflow with gratitude every day. May the Lord bless you abundantly with rest for the heart, power for virtue, wisdom for life, and patience in suffering. May the Lord bless you with joyful hope, and one day with the inexpressible joys of eternal life. Amen.

Caroline+

HOLY INNOCENTS' CHURCH PICNIC 9-13-20



From Our Minister of Music



CHOIR NEWS

Hello from the Choir!

After a long break, our choir met very briefly, and as you can see everyone was properly distanced, and masked!! We did a little catching up and sang through several hymns and dismissed after about 50 minutes. Don't they look great???



Dishing With The Deacon

Have you ever read a section of Scripture and said to yourself: "I have to make this my guide for the year?" It could be a verse, a chapter or even a whole book from the Old or New Testaments. This year, I keep going back to Psalm 91, with the understanding that this Psalm is my guide for this year. I'm going to print out the first six verses and make some commentary on these verses and I hope they come to mean a lot to you too.

91 Qui habitat

1 He who dwells in the shelter of the Most High
abides under the shadow of the Almighty.

2 He shall say to the Lord,
"You are my refuge and my stronghold,
my God in whom I put my trust."

3 He shall deliver you from the snare of the hunter
and from the deadly pestilence.

(Book of Common Prayer p. 719)

4 He shall cover you with his pinions
and you shall find refuge under his wings;
his faithfulness shall be a shield and a buckler

5 You shall not be afraid of any terror by night,
nor the arrow that flies by day;

6 Of the plague that stalks in the darkness
nor of the sickness that lays waste at mid-day

I find comfort and reassurance in this Psalm because it tells me in whose house I dwell and whose shadow protects me. Imagine! It is the Most High, the Almighty's house and shadow. That's where we dwell, where else would we want to be? We say: "My God, I trust you, you are my shelter, my shadow, my refuge, my stronghold." This year especially deliver us from the deadly pestilence known as COVID-19. He who holds the world in his hands has a place of protection for us. Alleluia!

He will cover us with the edge of a bird's feathers and God's wings, his eternal care for us is with the softest wings of the bird.

We need not be afraid of night terrors or plagues that come in the night or sickness that harms us in the daylight. May we all take this Psalm to heart and trust the Lord to care for all of us and our loved ones.

Love from your Deacon, Judy

Parish Prayer List

If you need to add or delete a name, please contact Lisa Halpin, our Parish Administrator.

Marie Bregler
Joan Connolly
Halpin & Sigrist Families
Dennis
Cecily Lovas
Lara Sparks

Stokes Carrigan
Judy Contreras
Dcn Judy
Carol Dobbins
Jeannette Peterson
Colin Walker

Cashel & White Families
Mary Ann Crewdson
Michael Read Davis
Diane Lee
Robert Thomas
Ann White

Those serving in the military and other dangerous professions:

Andrew Wall, Brandan White, Joseph Alexander, Zachary Arlin, Paul Bailey, Justin A. Dumhart, Danny Melega



It is time for our Annual Silent Bid Auction. If you have participated in the past, you know that this evening of fun and fellowship with the Hughes family at the Seashell has helped us accomplish great things as a parish family and community, and we thank you for your participation. This year, due to the pandemic, things will be a bit different, and we hope you will [join us!](#)

Saturday October 17th – Thursday, October 22nd

3:00pm-6:00pm

Martin Hall, Holy Innocents' Episcopal Church

All are welcome to participate ~ Admission is free

Please wear a mask and practice social distancing

Come to Martin Hall during the scheduled hours to bid on the items of your choosing. Enjoy some refreshments while you browse several gift baskets and individual items.

For \$50, you will have 25 opportunities to take home something extra special. In addition, we will have our famous \$500 restaurant raffle. Bid results will be posted at 7:00pm daily on our Facebook page: Holy Innocents' Episcopal Church <https://www.facebook.com/HIBeachHavenNJ>

To update your bids, please return to Martin Hall or Text or call Maggie Aftanis **during the above hours to update your bid.** 609.709.6133

Thursday October 22nd 3:00 pm – 6:00pm final bidding

Thursday October 22nd 7pm the final winners will be announced live on our Facebook page

If you are not able to participate in the Silent Bid Auction, but would like to make a much-appreciated donation, please use the enclosed mailing envelope that you will be receiving in the mail.

Yours in Christ,

The Silent Bid Auction Committee

Rev. Dr. Caroline Carson

October Birthdays

Jane Enos	06	Katherine A. Wymbs	20
Jake Harrison	15	Brittany Solon	21
Sherry Hughes	15	Michael J. Wymbs	21
Danelle Dumhart	20		

October Anniversaries

Larry & Patricia Peacock	8	Charles & Jane Arlin	10
		David & Karin Mitchell	20

WE LOVE OUR VOLUNTEERS!

The following parishioners have graciously volunteered to assist with our worship and/or have donated either candles or flowers for the altar for the month of **October**.

OCTOBER ALTAR DONATIONS

4th -
 11th - Dcn. Judith Krom
 18th -
 25th -

OCTOBER FLOWER GUILD

4th - Joyce Hillyer
 11th - Kim Sparks
 18th - Artificial Flowers
 25th - Carol Hammond

OCTOBER ALTAR GUILD

4th - Jackie Sparks & Melissa Wall
 11th - will be
 18th - alternating
 25th - for the month

USHERS ~ Volunteers needed!

If you are able to volunteer as an usher at anytime during the upcoming months please contact Rob Meyer at 609 618-3914 or rmeyer1394@aol.com



If you are interested in reading a children's book for Kid's Korner, please contact Leila Sullivan at lygs27@gmail.com



Bring your furry, feathered, slimy, scaly, shell-covered, etc. pets (and little ones may bring stuffed animals) for a blessing! Please invite your friends and neighbors to The Green Patch at Holy Innocents' from **5:30 to 6:30 PM on Friday, Oct. 2** for this joyous time of blessing with our non-human family members.

***** Please note (and inform your friends/neighbors) that masks MUST be worn by the humans to participate in this event!**



UNTIL ALL ARE FREE

Thanks everyone for your support of the International Justice Mission on Freedom Sunday.

In southern India millions of migrant laborers were forced to move back to their home states due to nationwide COVID-19 lockdowns. Factory owners in the booming textiles industries only want to keep production running. A lot of companies have been recruiting children and young people to work in spinning mills by making false promises. **This was the case for a group of 38 teen-aged girls who became trapped in forced labor at a spinning mill in Tiruppur District this summer.**

When factory owners saw families struggling to make ends meet, they promised young women steady employment until schools reopened. Once there, they were forced to work exhausting 14-hour days without breaks and were trapped inside the factory at all times. They could not contact their parents or, if they got sick, could not see a real doctor. IJM's partners in India (Terre Des Hommes CORE, READ and the Campaign Against Child Labor (CACL)), rescued the girls from the factory on July 29 and brought them to safety. More recently, IJM and its partners have supported rescue operations and surprise sweeps at a spinning mill where minor girls were locked up when police arrived on August 17, freeing 15; on August 18, 6 were freed from a cotton thread factory; and on August 19, at a busy garment factory two women and a teenaged girl were set free.

Your support, through Prayer, Advocacy, and generous Giving, provides invaluable assistance in the struggle against slavery and violence against the poor. Please consider becoming a Freedom Partner.

By giving \$24 or more to IJM regularly each month, you will automatically provide invaluable help in setting people free. Envelopes are available at Holy Innocents, or simply visit ijm.org/give/freedom-partner.

Thanks again,
Gail South gtsouth@comcast.net

Environmental Education and Advocacy Committee

INTERNATIONAL COASTAL CLEAN-UP



TURN THE TIDE ON TRASH

Sunday, October 18th from 12-2:00 PM

Bring bag lunch, work gloves, and mask.

Join our **Environmental Education Committee** for a physically-distanced **BEACH CLEAN-UP** beginning at 12:00 PM. Pick up and walk as much as you're comfortable doing. Be a part of the efforts of our local clean-up!

Soles for the Harvest



Due to Covid-19 and the safety of our runners and walkers, the Soles for the Harvest 5K, 1 Mile Fun Run/Walk has gone VIRTUAL. Therefore, you have the choice of participating in this event in our community!

This event is to raise funds for parishes for their feeding programs or raise for the charity of your choice. Register online <http://bit.ly/Soles2020> or download a printable registration form

Date: Between Nov. 1 and 3

Place / Format: Any place! We've gone VIRTUAL this year.

Questions? Contact us at solesfortheharvest5k@gmail.com or *Rob Meyer*

Log your run and share on social media with the tag #DioceseofNJ

- Use an app. if you have a smartphone
- Start and Finish selfies
- Start and Finish times - Walk with a friend to hold yourself accountable - Walk at your own pace or race walk Please help us share the harvest!



Strawberry Ghosts

INGREDIENTS

- 2 c. strawberries
- 1 1/2 c. white chocolate, melted
- 1 tsp. coconut oil
- 1/4 c. mini chocolate chips
- 1 c. chocolate chips, melted

DIRECTIONS

Line a small baking sheet with parchment paper.

In a large bowl, combine melted white chocolate and coconut oil and stir until combined.

Dip strawberries into white chocolate and place two mini chocolate chips on the top half of the strawberries for eyes.

Place strawberries on prepared baking sheet and place in the refrigerator to harden, about 10 minutes.

Place melted chocolate chips in a Ziploc bag and pipe mouths on the strawberries.

Let cool again in the refrigerator, 5 minutes. Serve.





In the Spotlight

Parishioner Spotlight will be a new and regular feature in The Post. The purpose is to provide insights into the background and personalities of our fabulous parishioners! Parishioners will be approached at random by either Mtr. Caroline or Lisa. We hope you enjoy getting to know the people of Holy Innocents'!

I was born and raised in Wayne, Pennsylvania. My dad's family had been summering in Beach Haven for many years, so we would visit them. After the war, Dad and Mom bought our present home on the corner of Coral Street and Beach Avenue in 1948, and every summer from Memorial Day to Labor Day was spent summering there.

I went to Briarcliff Junior College and then Northwestern University where I met my husband Bob. We raised two daughters and spent our summers in Beach Haven. Both daughters, and their children, to this day, still love their times in Beach Haven. While Bob was working as CEO of a bank in Bryn Mawr, PA, I spent my time volunteering and was fortunate to be involved with The Devon Horse Show and Country Fair, The University Hospital Antiques Show, The Philadelphia Orchestra, and Chairman of the Board of my school. Our association with Holy Innocents' has been long and important. The Rectory was behind our Coral Street house on Beach Avenue so we knew the priests. First, Father Josslyn Reed, and then Father Martin, until the church moved to its present location. Then Father Frank Crumbaugh came to Holy Innocents' and wanted someone to read the lessons, so Bob volunteered. He has been doing it ever since at the 7:30 service. Holy Innocents' has been significant for us and we are delighted to have The Reverend Caroline Carson as the new priest. It is because of her that I have become more involved with the Church. She was asking for volunteers to help with the Parish Picnic and I said I would love to help. So, she thanked me for volunteering and I joined her and Kay DeCicco to plan that fun event. Both Bob and I were raised as Episcopalians and his mother even went so far as to suggest to Bob to ask what religion his girlfriends were, saying, "a relationship is hard enough without being of different religious beliefs." I can vividly remember the time when he asked me what religion I was. I was taken back thinking what difference does it make. So, this one worked out very well! Holy Innocents' has been important in our lives and will continue to be so. ~ *October Parishioner Spotlight ~ Sydney Stevens*

Holy Innocents' Circles

Basics

- All circles are outside. Wear your mask and distance.
- Please RSVP.
- Some activities require you to bring-your-own items/chair.



Hymns in the Garden – Monday, October 5th from 4:30-5:30 PM

Join Mtr. Caroline for Hymns in the Garden. Bring your own chair and beverage. If you'd like to use a church chair, please let Mtr. C+ know BEFORE arrival. Sanitized Hymnals will be available at garden entry. You can sing and/or just listen. Physical distancing is very important for this one, even though we will be outside. DRESS WARMLY.

EP & Firepit – Monday, October 12th at 5:30 PM

Meet in The Pebble Yard for Evening Prayer and conversation around the Firepit.

Spooky Ghost Stories Around the Firepit – Date/Time/TBA

Join us for spooky tales and goodie bags around the firepit. Wear your Halloween costume or something scary. BOO!



OCTOBER 2020



SUN	MON	TUES	WED	THURS	FRI	SAT
				1 2pm Bible Study (zoom) 9pm Compline (online)	2 <i>Parish Office Closed</i> 5:30-6:30pm Pet Blessing 7pm Kid's Korner (online)	3 7pm Praying the Psalms (online)
4 <i>Proper 22</i> 930am Rite II (Church & online)	5 9am MP (online) 430-530pm Hymns in the Garden 9pm Compline (online)	6 6pm Sung EP (online)	7 7pm Choir Meeting	8 2pm Bible Study (zoom) 7pm Vestry (zoom) 9pm Compline (online)	9 <i>Parish Office Closed</i> 7pm Kid's Korner (online)	10 7pm Praying the Psalms (online)
11 <i>Proper 23</i> 930am Rite II (Church & online) <i>Baptism Heismeyer</i>	12 9am MP (online) <i>1pm Claffee Interment</i> 530pm EP & Firepit 9pm Compline (online)	13 6pm Sung EP (online)	14 7pm Choir Meeting	15 2pm Bible Study (zoom) 9pm Compline (online)	16 <i>Parish Office Closed</i> 7pm Kid's Korner (online)	17 <i>Silent Bid Auction Begins</i> 7pm Praying the Psalms (online)
18 <i>Proper 24</i> 930am Rite II (Church & online) <i>12pm-2pm BEACH CLEAN UP</i>	19 9am MP (online) 9pm Compline (online)	20 6pm Sung EP (online)	21 7pm Choir Meeting	22 2pm Bible Study (zoom) <i>Silent Bid Auction Ends - Evening on FB live</i> 9pm Compline	23 <i>Parish Office Closed</i> 7pm Kid's Korner (online)	24 <i>Bracaglia Interment</i> 7pm Praying the Psalms (online)
25 <i>Proper 25</i> 930am Rite II (Church & online) <i>STEWARDSHIP SUNDAY</i>	26 9am MP (online) 9pm Compline (online)	27 6pm Sung EP (online)	28 7pm Choir Meeting	29 ₃ 2pm Bible Study (zoom) 9pm Compline (online)	30 <i>Parish Office Closed</i> 7pm Kid's Korner (online)	31 6pm EP for All Hallows' Eve (online) 7pm Praying the Psalms (online)

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THANK YOU ALL!!!

Please be sure to patronize & thank the businesses that
so very generously purchased ads for this Parish Post year!
Enos/Kleber Family ~ The Hillman Family ~ Carl & Carroll Sheppard
Larry & Pat Peacock ~ The Hughes Family ~ Jay Cranmer
Bill Martin ~ Judy Hamilton

These ads greatly help defray our publishing costs!



Holy Innocents' Episcopal Church
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Sunday Morning ~9:30 a.m.
Rite II Worship Service with music