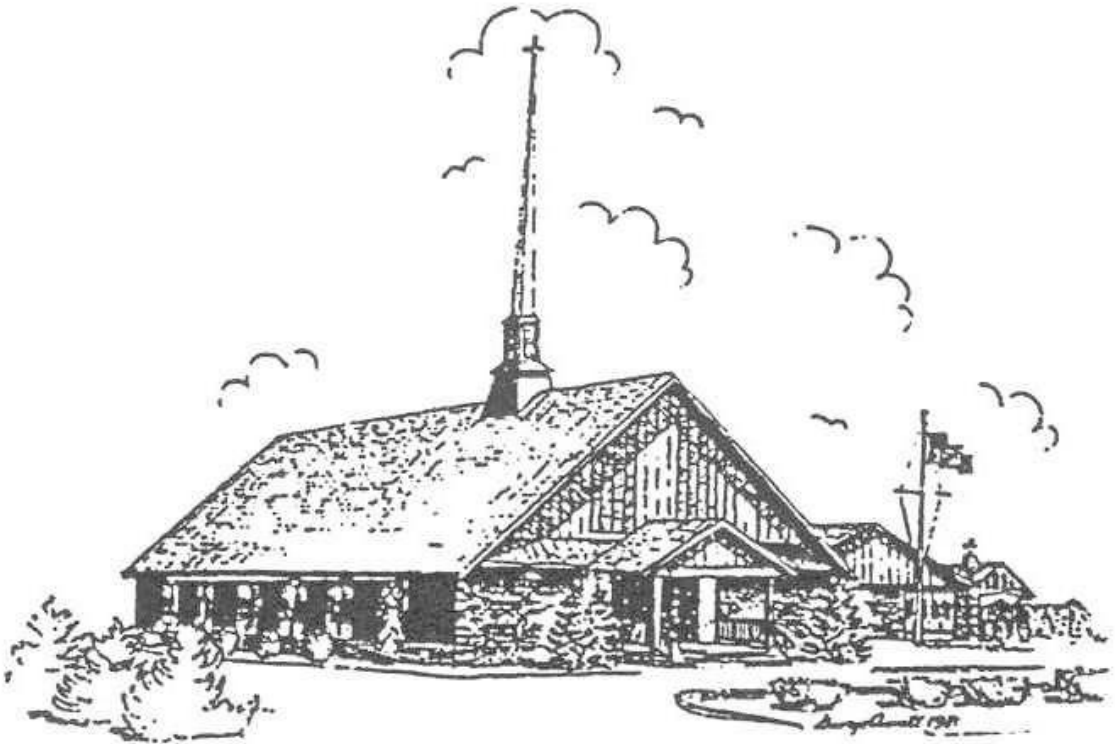


The Holy Eucharist: Rite I

The First Sunday in Lent



The Episcopal Church of The Holy Innocents

22 February, 2026 ~ 9:30 AM

Welcome! Our service materials are in the Book of Common Prayer or BCP (Red Book); the 1982 Hymnal (Blue Book); and Lift Every Voice and Sing II (hymnal with the red spine.) You'll find the BCP and Hymnals in the pew rack in front of you.

Prelude

Voluntary

Please use this time for quiet prayer and contemplation

Welcome

The Great Litany *(see insert)*

Please kneel or stand

THE WORD OF GOD

Salutation and Collect of the Day

BCP, p. 218

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. All: *Amen.*

(All are seated)

The First Lesson

(Please be seated)

Genesis 2:15-17; 3:1-7

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in

the garden’?” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.

All **Thanks be to God.**

Psalm 32

BCP, p. 624

- 1 Happy are they whose transgressions are forgiven, *
and whose sin is put away!
- 2 Happy are they to whom the LORD imputes no guilt, *
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, *
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; *
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, *
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the LORD." *
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; *
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;
you preserve me from trouble; *
you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; *
I will guide you with my eye.

- 10 Do not be like horse or mule, which have no understanding; *
who must be fitted with bit and bridle,
or else they will not stay near you."
11 Great are the tribulations of the wicked; *
but mercy embraces those who trust in the LORD.
12 Be glad, you righteous, and rejoice in the LORD; *
shout for joy, all who are true of heart.

The Epistle

Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord.

All **Thanks be to God.**

Sequence Hymn #150 *Forty Days and Forty Nights* AUS DIER TEIFE RUF E ICH

The Holy Gospel

Matthew 4:1-11

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.
People **Glory be to thee, O Lord.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him,

"Away with you, Satan! for it is written,
'Worship the Lord your God,
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Celebrant The Gospel of the Lord.
People **Praise be to thee, O Christ.**

The Sermon (*Please be seated*)

The Rev. Erin Morey

The Nicene Creed (*All stand*)

BCP, p. 326

We believe in one God,
the Father, the Almighty,

maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Peace *(All stand)*

Celebrant The Peace of the Lord be always with you

People **And with thy spirit**

Announcements *(Please be seated)*

THE HOLY COMMUNION

Offertory Anthem

Touch Me with Ashes

Stacey Nordmeyer

Presentation of the Gifts *(All stand)*

All things come of Thee, O Lord, and of Thine own have we given Thee

The Great Thanksgiving: Eucharistic Prayer II

BCP, p. 340

(Please remain standing. You may also kneel)

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

Sanctus S-130 *(all sing)*

Holy, Holy, Holy Lord

Franz Peter Schubert

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the

cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

The Lord's Prayer

BCP, p. 336

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. *Amen.*

The Breaking of the Bread

BCP, p. 337

Celebrant Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast.**

Fraction Anthem

Agnus Dei S-164 (All sing) Jesus, Lamb of God Franz Peter Schubert

You are invited to stand or kneel at the front rail to receive communion. You may receive the bread, the wine, or both. If you need a gluten free wafer please let the celebrant know.

Prayer of Humble Access

BCP, p. 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Music During Communion

Veni, Sancte, Spiritus (Come, Holy Spirit)

Taizé Community

Verses: Joan Melega - congregation join on refrain **Veni, Sancte, Spiritus**

Postcommunion Prayer (Please Stand)

BCP, p. 339

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also

heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*

Prayer Over the People

Bow down before the Lord *(Please Kneel)*

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. *Amen.*

Hymn LEVAS #207 *We'll Understand it Better By and By* Charles A. Tindley

Dismissal

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude

Voluntary

Coffee Hour is held EVERY SUNDAY - Please join us in Martin Hall!

Serving Today

Crucifer ~ Rob Meyer **Lector** ~ Ruth McLaughlin

Ushers ~ Bob Weidmann, Gail Jacobsen **Chalice Bearer** ~Leila Sullivan

In honor of black history month today we sing:

***We'll Understand it Better By and By** written by Charles Albert Tindley*

(July 7, 1851 – July 26, 1933) an American Methodist minister and gospel music composer.

His composition "I'll Overcome Someday"^[1] is credited as the basis for the U.S. Civil Rights anthem "We Shall Overcome".^[2] Another of his hymns is "Take Your Burden to the Lord and Leave It There" (1916), as well as "What Are They Doing in Heaven?" (1901).

Often referred to as "The Prince of Preachers",^[3] he educated himself, became a minister and founded one of the largest Methodist congregations serving the African-

American community on the East Coast of the United States. **Also for this month** we will use A Song of Praise (in place of Gloria) & Sanctus from Lift Every Voice and Sing, an Africa American Hymnal.

Parish Prayer List – February 22, 2025

PLEASE NOTE: This is the last Sunday in February. Please contact Lisa to remove any names that no longer need to be on the list by **Wednesday, February 25th**.

Lara Sparks Deitz	Mary Ann Crewdson	Dennis
Christian Balint	Warren Lamon	Ann White
Pierro Family	Lovas Family	Debbie & Joe Reising
Connie	Joe	Peg Appleget
Dcn. Judy	Lynne Weidmann	Meg Neff
Tino	Melanie Harman	Pat
Kathy Rice	Jessie	Rich Cashel
Charles Sullivan	Doug Hunter	Ellis Barbieri
Judy Hamilton	Cindy Wood	Diane
Ray M.	Gia	Jeannine
Phil	Frank	Fran Iozzi
Johnny Johnson, Jr.	Bill Bentley	Dr. John
Scott	Nellie Riley	Mike Phillips
Adam Boulderstone	Chris Mercer	Katie Gillis
Frank, III	Will Locovare	Ollie
Ben Giannico	Bill O’Connell	Glenn Servetah
Mary K.	Devin Hone	Barbara
Rick Rosenbaum	Kay DiCicco	Joe Verrone
Rose Federici	Anna & Matteo Mannino	Scotty Camarote
Don Deitz	Priscilla Ruoff Harvey	Gail South
Erma Green	Keith Aclin	Matthew Albanese
Justin, Olivia & Annie	Becka	Chuck Maschal
Francesca & Arnold	Bob Morris	
Family & Friends of Barbara Wheeler		
Family & Friends of Larry Pritchard		

Those serving in the military and other dangerous professions:

Paul Bailey, Justin A. Dumhart, Joseph Alexander, Danny Melega, Andrew Wall, Brandan White

WEEKLY CALENDAR February 23 - 28

23 – Mon	Morning Prayer (FB)	9:00 AM
	Chair Yoga in MH	10:00 AM – 11:00 AM
25 – Wed	Tai Chi in Martin Hall	9:30 AM- 10:30 AM
	Choir Rehearsal w/Lunch	11:00 AM – 2:30 PM
	Lenten Series	5:30 PM – 6:30 PM
26 – Thu	“Clam-Diggers” AA Group	7:30 PM
	Compline (FB)	9:00 PM
27 – Fri	<i>Parish Office Closed</i>	
	Stations of the Cross (In-Person & FB)	5:00 PM
28 - Sat	Marie (Mary) Berger Interment	11:00 AM

Birthdays: Connie Anderson (02/26), John Dondero (02/26), Sherry Johnson (02/26)
Leila Sullivan (02/27), Jo-Anne Entrikin (02/28), Barry Baxter (02/29)

Anniversaries: Robert & Ellen Meyer (02/26)

CLERGY & STAFF

The Rev. Erin Morey, *Rector* erin.katharine@gmail.com
Mrs. Ellen J. Dondero, *Minister of Music & Organist* ejdondero@comcast.net
Mrs. Lisa Halpin, *Parish Administrator* hichurch08008@gmail.com
Office Hours: *Monday through Thursday • 9 AM - 2 PM*

WARDENS & VESTRY

Dave White, *Sr. Warden* pacsman1965@comcast.net
Patricia Peacock, *Jr. Warden* pat.cotypepeacock@gmail.com

<i>Vestry Class of 2026</i>	<i>Vestry Class of 2027</i>	<i>Vestry Class of 2028</i>
Larry Peacock	Vince Contreras	Judy Contreras
Leila Sullivan	Robert Meyer	Bill Kehr
TBD	Melissa Wall	Joan Melega

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