





IS

Triple Energy



Triple Energy

IS



heart



mind



body





heart

passion
spiritual
determination



mind

focus
mental
vision



body

movement
physical
strength

IS



To perform at your very best,
it takes heart, mind and body.

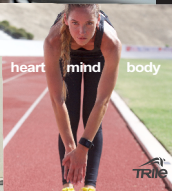
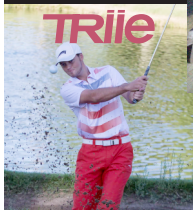
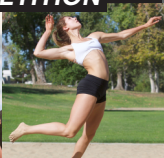
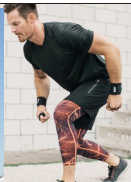
you gotta





Life is a competition,
weather trying to become the
best version of yourself, or against
another, it takes





LIFE IS A COMPETITION

heart mind body

