



# One Pot Meal Cook Off - Sign Up Form

## Monday January 19<sup>th</sup> 2026 Sponsored by ACF

### Philadelphia DVCA and The

### Restaurant School at Walnut Hill College

**Send in this Registration Form By Monday January 12<sup>th</sup> 2026 11:59 PM**

**acfphillychefs@gmail.com**

Time: Production Begins at 10 AM

Location: The Restaurant School at Walnut Hill College 4207 Walnut St, Philadelphia, PA 19104

Set Up Time: Teams of 2 please arrive by 9 AM to set up your station

Participant Levels: Secondary (HS) \_\_\_\_\_ Post Secondary \_\_\_\_\_

Participant Information: Team Name \_\_\_\_\_

Name #1 \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

Name #2 \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

One Pot Meal Entry Information:

Meal Name \_\_\_\_\_

Identify your Proteins \_\_\_\_\_

Volunteer Information:

Are You interested in Volunteering instead of participating?

Please indicate your preferred volunteer role

Event Set Up

Registration Table  Judging

Clean Up Crew  Other



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**Details:** Day of Competition - Your meal shall be cooked in One Pot or Pan , stovetop or oven. You may cook an accompaniment starch separately for example, noodles, mashed potatoes. You are required to prepare a minimum of 8 portions. **Bring 2 vessels to serve the meal** for the judges and photo op. The remaining 6 portions will be tasted by others

You are responsible for providing the recipe that you are using to our judges. All meals must be completed on site within 1 hour and 30 minutes so choose ingredients wisely. You bring all ingredients and tools with you. Ideas include Soups, Stews Cassolette, Chili's, Vegetarian, Braised Items, Casseroles, Exotics and Creative ideas. Mise en Place is Key, you may need to precut ingredients.

Mise en Place is Key

Arrive at 9:00 set up station 9:30

Instructions explained

10:00 Begin preparing your One Pot Meal

11:30 Present your One Pot Meal to the Judges for analysis and tasting.

Clean up your station , as you found it, and pack your clean equipment.

12:00 Presentation of Awards

Then Dismissal

Point of Contact : Christine Neugebauer CEC AAC [acfphillychefs@gmail.com](mailto:acfphillychefs@gmail.com)

610-742-5374

Prizes

First Prize : Knife Kits

Second Prize : TBD      Third Prize: TBD

