

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Full Team Practice 4:30 PM - 7:30 PM	3 4 Man Workouts 4:30-6:30 (QB/RB/WR) 4 Man Workouts 6:30-8:00 (Off Line & Def Line)	4 Full Team Practice 4:30 PM - 7:30 PM	5 4 Man Workouts 4:30-6:30 (QB/RB/WR/TE) 4 Man Workouts 6:30-8:00 (LB/DBs)	6	7
8 Western Michigan University 7 on 7 Shootout (Big Man Camp)	9 Full Team Practice 4:30 PM - 7:30 PM	10 4 Man Workouts 4:30-6:30 (QB/RB/WR) 4 Man Workouts 6:30-8:00 (Off & Def Line)	11 Full Team Practice 4:30 PM - 7:30 PM	12 4 Man Workouts 4:30-6:30 (QB/RB/WR/TE) 4 Man Workouts 6:30-8:00 (LB/DBs)	13	14
15	16	17 4 Man Workouts 4:30-6:30 (QB/RB/WR) 4 Man Workouts 6:30-8:00 (Off & Def Line)	18 Full Team Practice 4:30 PM - 7:30 PM	19 4 Man Workouts 4:30-6:30 (QB/RB/WR/TE) 4 Man Workouts 6:30-8:00 (LB/DBs)	20 Saginaw Valley State University 7 on 7 Shootout (Big Man Camp)	21
22	23 Full Team Practice 4:30 PM - 7:30 PM	24 4 Man Workouts 4:30-6:30 (QB/RB/WR) 4 Man Workouts 6:30-8:00 (Off & Def Line)	25 Full Team Practice 4:30 PM - 7:30 PM	26 4 Man Workouts 4:30-6:30 (QB/RB/WR/TE) 4 Man Workouts 6:30-8:00 (LB/DBs)	27	28
29	30 Down Week for 4th of July					

Weight Room Will Be Open Every Tuesday, Thursday, and Friday from 12:00 PM - 2:00 PM for Organized Workouts With The Exception of June 20th. Weight Room availability is subject to change based on the availability of coaches to monitor the session.