

Burlington Endodontics Oral Minimal Sedation Instructions

You will be given a dose of 0.125-0.25 mg of Triazolam 1 hour before your appointment. Triazolam is a short acting benzodiazepine that acts as a sedative and will help to reduce anxiety associated with dental treatment. Triazolam will make you feel drowsy, though you will still be awake for your treatment. Some people do get drowsy enough to actually fall asleep during the procedure but can easily be awakened.

Following your treatment, we will discharge you to a responsible adult once you are conscious and oriented, your vital signs are stable, and you are ambulatory.

Pre-Operative Instructions

1. You will not be able to drive home. You must be accompanied by a responsible adult, and may travel by private vehicle, or taxi. Please make the appropriate transport arrangements.
2. Do not eat or drink for 2 hours prior to your appointment.
3. Take all regular medications at their usual time with sips of water, unless you have been instructed otherwise by your dentist or physician.
4. Wear loose comfortable clothing. Do not wear nail polish.
5. Report any health changes prior to your appointment.

Post-Operative Instructions

1. After your treatment you must not operate a motor vehicle or operate hazardous machinery for at least 18 hours. You may be drowsy for the remainder of the day and should not consume alcohol or other drugs with sedative properties or make important decisions.
2. Depending on your dental treatment you may need to modify your diet. This will be reviewed with you prior to leaving the office.
3. If you have any concerns following your treatment, please do not hesitate to contact our office for advice at 905.633.8328 or info@endoburlington.ca.