

## Post Operative Instructions Following Root Canal Treatment

1. Please avoid eating or drinking hot fluids until the local anaesthetic has completely worn off (cold drinks are acceptable). The anaesthetic will generally last from one to four hours following the completion of the root canal treatment.
2. A **temporary filling** has been placed in your tooth.
3. It is necessary you **return to your family dentist in 7 to 21 days to have a permanent filling placed to protect your tooth against fracture and decay**. Please call your family dentist today or within a few days to arrange this appointment at a time which is convenient for both you and your dentist. Your family dentist may also recommend placing an additional restoration such as a cap or onlay to protect the tooth. **Please discuss the necessity and timing of this procedure with your family dentist.**
4. **You may experience some discomfort** with the tooth that has been treated, especially associated with biting. **This may last between 7-21 days but will gradually diminish**. It is important that you have the permanent filling placed even if the tooth remains slightly sensitive. If you have any questions, please call our office.
5. **Please avoid chewing normally on the treated tooth until the permanent filling has been placed.**
6. If medication(s) have been prescribed, use according to directions.
7. Please call our office in the event of any significant swelling or pain, or if you have any questions following your treatment.
8. A complete report of the endodontic treatment provided will be forwarded to your family dentist.

**We would love to hear from you!**

**Please use the QR code below to leave us a message on our Google Business Page.**

**Thank you!**

