

***ALL CANO CLASSES ARE HELD AT CANO
HEALTH MEDICAL CENTERS***

West Palm Beach

Lake Worth: 3715 Lake Worth Rd, Palm Springs,
FL 33461

Friday 9/8 & 9/22
10:00 am

944 S Military Trail: 944 South Military Trail, West
Palm Beach, FL 33406

Thursday 9/7 & 9/21
10:00 am

Century Village: 110 Century Blvd. #200, West
Palm Beach, FL 33417

Thursday 9/14 & 9/21
10:00 am

Royal Palm: 11700 Okeechobee Blvd., Royal
Palm Beach, FL 33411

Friday 9/1 & 9/15
11:15 am

Broward

Pines University: 680 N. University Dr. Pembroke Pines,
FL 33024

Monday 9/11 & 9/25

10:00 am

Hollywood Taft: 6517 Taft St. Hollywood, FL 33024

Wednesday 9/6 & 9/20

10:00 am

West Pines: 17061 Pines Blvd, Pembroke Pines, FL
33027

Thursday 9/7 & 9/21

10:00 am

Deerfield Beach: 4020 W Hillsboro Blvd., Deerfield Beach,
FL 33442

Wednesday 9/13 & 9/20

10:00 am

8199 Tamarac: 8199 N University Drive, Tamarac, FL
33321 (NEW)

Tuesday 9/12 & 9/26

10 am

Miami-Dade

Andover: 20215 NW 2nd Ave. Miami, FL 33169

Tuesday 9/5 & 9/19

10:30 am

Miami Gardens 183rd: 4888 NW 183rd St, Miami Gardens, FL 33055

Tuesday 9/12 & 9/26

10 am

Miami Shores: 9700 NE 2nd Ave, Miami Shores, FL 33138

Monday 9/11 & 9/25

10:30 am