Communication at the Heart of Education

Genese Warr-Leeper, Ph.D. Faculty of Health Sciences University of Western Ontario

We can expect language disorders to comprise the largest handicapping condition in the schools. Of the total school population JK-12, we can expect:

- 1. 4.73% will be labelled Learning Disabled with 90%-100% of these children showing language disorders
- 2. 1.68% will be labelled Developmentally Disabled with 85% of these children showing language disorders
- 3. 1% will be labelled Emotionally Handicapped with 70% of these children showing language disorders

The **most conservative** estimate of the extent of the language problems would be 6,5-10% of the total school population JK-12. (Casby, 89).

One may ask why we should be concerned about language disorders. There are at least 3 reasons which are well-documented:

- Language provides the main method of establishing and maintaining social relationships. Psychiatric disorders are more common in language disordered than normal language learning children (Cantwell and Baker, 1991; Waller, Sollad, Sander and Kunicki, 1983, Warr-Leeper, 1994). It is clear that poorly developed language skills are strongly associated with life-long difficulties in psycho-social development (Weiner, 1985).
- 2. Language constitutes a principal means of organizing behaviour and is central to the normal acquisition of many cognitive and academic skills, particularly literacy. Language is the medium of instruction in the classroom (Berlin, Blank and Rose, 1980). Problems in comprehension and production of oral and written language result in academic failure which are not alleviated over time (Weiner, 1985).
- 3. As the language-delayed child ages, the gap between himself/herself and his/her peers widens (Wiig and Semel, 1984, Nelson, 1991). Thus, the longer the child remains unmanaged, the more pronounced the delay becomes and the more pervasive the impact.
 - Speech and language services are **indispensable**, not incidental, in educational settings, particularly for **supporting reading** and **writing** and **social** learning.

The most common communication disorder is language impairment. You may ask what is language. Language is simply the invisible information we all carry in our heads that allows us to understand the thoughts of others and express our own thoughts. This may be accomplished through a variety of mediums, including speaking, listening, reading, writing, or hand signals as in sign language. The child with language impairment will have poorly developed language information. This disability often is not superficially evident, indeed some children may appear normal in conversational language since they can "talk a blue streak." The devastating evidence of their disability, however, becomes apparent in inability to adapt to and learn in the classroom where they must listen, read, speak and write and in failed social interactions so critically dependent on language skills.

> Oral Language and Literacy Development

- Level of **oral language** skill is **highly predictive** of **poor reading** development and warrants aggressive intervention to **prevent** reading failure
- A large body of research provides **strong empirical support** for **link between language and reading disabilities** (Catts, 1993). Longitudinal studies of children identified as speech and language impaired have consistently verified that these children are at risk for reading problems.
- Large epidemiologic study of kindergarten children found 5 factors that were highly predictive of reading difficulties by grade 2: Letter Identification, Sentence Imitation, Mother's Education, Deletion of syllable or sound task, Rapid Automated Naming of Animals task (Catts, Fey, Zhang, & Tomblin, 2001).
- Measures of syntactic production and language comprehension before school entry predicted reading achievement (Bishop & Adams, 90; Meyuk, Chesnick, Liebergott, Korngold, D'Agostino, & Belanger, 91;Tallall, Curtiss, and Kaplan, 89).
- Over 70% of poor readers in grade 2 have a history of language deficits in kindergarten. Most of these children had problems in both oral language and phonological processing abilities in kindergarten.
- Reading disorders are directly associated with behavioural disorders and language disorders. The relationship between language disorders and behavioural disorders, however, may require the mediation of a reading disorder (Tomblin, Zhang, & Buckwalter, 00).
- 4 ½ 6 year old children with **language impairments performed more poorly** than typical peers on tasks measuring knowledge of **rhyme**, **letter names**, and **concepts related to print**. (terms such as "letter" and "word" as well as reading related vocabulary (first, last, capital). These are skills known to be important to learning to decode. Also evident were difficulties in linguistic skills measures during story reformulation in the areas of total events included, **information recalled**, and **use of linguistic structures** (e.g., average t-unit length, total number of words, and number of different words). These are skills known to be important to comprehension of what is decoded (Boudreau & Hadberg, 99).
- Problems in oral language domains were approximately three to five times greater among poor readers than among good readers. Poor readers have a much higher percentage of receptive (57.4%) and expressive (50.3%) language deficits than good readers (11.8% and 12.2%, respectively). (Catts, Fey, & Tomblin, 99)
- Children with **poor reading comprehension** in **early grades** are **likely** to become **more deficient** as they **progress through the grades** (Hoover & Gough, 1990).
- Some investigators have taken the strong position that **deficits in oral language** (especially syntax) in poor readers may be the foundation of problems in phonological processing (Gottardo et al., 1996; Shankweiler et al., 1995)
- **Spelling** shows a **similar course** of acquisition to **reading** (Ehri, 2000). **Spelling** skill is **rooted** in the development of **phonological representations of words**, requiring continued experience with print for children to learn about more complex orthographic and morphological conventions of language (Treiman & Bourassa, 2000). **Stage theories** best explain development of spelling beginning at kindergarten up to grade 6 (Ehri, 1986).
- Phonological deviations evident in speech during development are similar to spelling deviations observed during spelling development (Hoffman & Norris, 1989). A predisposition for spelling problems may exist in children who have histories of severe expressive phonological deficiencies (Clarke-Klein, 1994).

> Oral Language and Behaviour

- Because the **majority** of children with **behavioural disorders** (65%) also carry a **second diagnosis**, the presence of an **array of problems** in any one child may be considered standard (Offord, Boyle & Racine, 1991).
- The comorbidity of language disorders, psychiatric problems, learning disabilities and attention deficit hyperactivity/disorder has led researchers to conclude that linguistic difficulties "may in fact be a common background factor" which is of the utmost "phenomenologic and etiologic" importance (Cantwell & Baker, 1991, pgs. 93 & 94).
- A community study of **1,655 five year olds** reported that of those with **speech and language impairments**, almost **60%** also received a **psychiatric diagnosis**, compared to 12% of a control group (Beitchman, 1985).
- The consensus of studies focussing preschool populations (Love & Thompson, 1988; Chess & Rosenberg, 1974) or outpatient populations from psychiatric or speech and language clinics (Baker & Cantwell, 1982; Cohen, Davine, & Meloche-Kelly, 1989) is that language disorders are as common among children with psychiatric problems as psychiatric problems are among language disordered children (Cantwell & Baker, 1991). Range of prevalence 40-65% (Chess & Rosenberg, 1974; Gualtieri, Koriath, Van Bourgondien & Seleeby, 1983; Love & Thompson, 1988).
- The presence of **weak language skills** in the **preschool years predicts** later **behavioural disorders** during the **school years** (Stevenson, Richman & Graham, 1985).
- The consensus of studies focussing on **school-age children** (Camarata, Hughes and Ruhl, 1988); Minuitti, 1991; Warr-Leeper, et al., 1994) is that the **more significant** the **behavioural difficulties**, the **more significant** the **language impairments**. . **Prevalence** ranges from **28-89%** which a the upper level is 10 times higher than in the general population.
- Although **receptive** and **expressive language disorders** are often present in children with antisocial or conduct disordered, language disorders as **unsuspected** and thus **untreated** (Cohen et al., 1989; Cohen, 1990; Mack & Warr-Leeper, 1992; Warr, Wright, & Mack, 1994).
- It appears the **overwhelming behavioural disorders** of these children **mask detection** of significant **language disorders**.
- The likelihood of a behavioural disorder co-occurring with a language impairment is significantly increased in the presence of a reading disorder (Tomblin, Zhang, & Buckwalter, 00). A full 52% of language impaired children are reading disordered compared to 9% of control and 29% of language impaired children are behaviourally disordered compared to 19% of controls.
- Common Language Problems
 - Consistent difficulties in listening, particularly for decontextualized material which must be processed quickly.

- Difficulties in understanding multiple meanings of words and figures of speech.
- **Difficulties** in **inferencing** (filling-in) for missing information.
- Difficulties in producing syntactically complex sentences.

Behaviourally disordered children with language impairments:

•

•

- Auditory comprehension deficits at age 5 showed increased symptoms of hyperactivity 7 years later.
- Long-term problems educationally, socially, and vocationally are common and persist into adulthood (Beitchman et al., 1994: Johnson, et al., 1999).
- Children with a history of pervasive language impairment, particularly when associated with lower SES, are most at risk for psychiatric symptoms and poor social competence (Beitchman et al, 1994).
- Children with behavioural disorders may be school refusers due to the academic and social demands of the school environment (Naylor, et al, 94).
- ⇒ Redmond (2002) concluded that everyday manifestation of receptive and expressive language problems may be misinterpreted as symptoms supporting the diagnosis of socioemotional pathology. Accurate language assessment and effective treatment for children with behavioural disorders is required. The sophisticated verbal skills required for may of the behavioural assessments puts children with language impairments at a distinct disadvantage.

Educational Benefits of Speech and Language Services:

- Numerous important **educational benefits** have been **demonstrated** with speech and language services for students with a wide variety of special needs and for students *at risk* for poor school achievement. Speech-language pathologists are **preventionists**, **collaborator**, & **interventionists** in **oral** language and in **written** language
- There is clear evidence that **language intervention** is **effective** (Nye, Foster, and Seaman, 1987) and that the **earlier treatment** is initiated, the **better the outcome** (Schery, 85).
 - Significant gains in reading skills for elementary school children (Hoffman & Norris, 1994).
 - Phonological awareness training in children with language impairments in preschool and kindergarten has revealed that children who have participated in early training programs have performed better on reading measures in first and second grade than have children without phonological awareness intervention (Magnusson & Naucler, 1992; Warrick, Rubin, & Rowe-Walsh, 1993)
 - Significant improvements in reading accuracy and comprehension with spoken language training in phonological processing and semantic-syntactic skills with 10-12 year old children evidencing severe difficulties in written and higher-level spoken language (Gillon & Dodd, 95)..
 - Significant gains in vocabulary use and generalization for young children when vocabulary training was integrated into the classroom setting by the SLP and teacher. (Wilcox, Kouri, & Caswell, 91).
 - Significantly greater acquisition of curricular vocabulary for typically developing students with a collaborative or classroom-based assistance from the SLP than with only regular instruction from the classroom teacher. Significant acquisition of curricular vocabulary for children with speech and language impairments when

the **SLP** taught **collaboratively** with the classroom teacher (Throneburg, Calvert, Sturm, Paramboukas, & Paul, 2000).

- Significant improvements in basic concept acquisition (Ellis, Schlaudecker, & Regimbal, 95)
- Meaningful improvements in adaptive behaviour in the classroom (Schery & O'Connor, 1992)
- Significantly higher scores on listening & writing; higher abilities in understanding vocabulary and cognitive-linguistic concepts; increased writing skill development for producing relevant sentences with correct mechanics and spelling; improved ability to follow directions with new concepts, and heightened phonemic awareness. Carry-over of increased student verbal skills within other curricular areas was also evident. (Farber & Klein, 99).
- Improved student questioning & problem solving skills (Kaufman, Prelock, Weiler, Creaghead, & Donnelly, 94)
- Substantial reductions in the drop-out rate for students in secondary school (Larson & McKinley, 1995)
- For at risk children, lasting benefits representing a significant savings to the social support system and society (Schweinhart, Berrueta-Clement, Barnett, Epstein & Weikart, 1985; Warr-Leeper, 01).
- TVDSB preliminary data from the Partnership Schools showed programming improved phonological awareness scores, a critical attainment for learning to read. In addition, programs implemented in small groups by the SLP or in collaboration with the SLP resulted in the largest gains for children at risk for reading failure.

TVDSB data from a brief oral language and then text-embedded program resulted in **significant improvement in reading** for older elementary students with resistant reading difficulties.

General References

- Hadley, P., Simmerman, A., Long, M. & Luna, M. (2000). Facilitating language development for inner-city children: Experimental evaluation of a collaborative, classroom-based intervention. 31(3), 280-295.
- Herrero, M. & Hechtman, L. (1994). Antisocial disorders in hyperactive subjects from childhood to adulthood: Predictive factors and characterization of subgroups. <u>American Journal of Orthopsychiatry</u>, 65(4), 510-521.
- Hechtman, L. & Weiss, G. (1986), Controlled prospective fifteen year follow-up of hyperactive as adults: non-medical drug and alcohol use and anti-social behaviour. <u>Canadian Journal of Psychiatry</u>, 31(6):557-567.
- Hoffman, P. & Norris, J. (1994). Whole language and collaborative work: Evidence from at-risk kindergartners, <u>Journal of Childhood</u> <u>Communication Disorders</u>, 16(1), 41-48.
- Larson, B. & McKinley, N. (1995). Language Disorders in Older Students: Preadolescents and Adolescents. Eau Claire, WI: Thinking Publications.
- Nelson, N. (1993). Childhood Language Disorders in Context: Infancy Through Adolescence. N.Y., N.Y.: Merrill
- Masland, R. & Masland, M. (1988). Preschool prevention of reading failure. Parkton, MD: York Press.
- Warr-Leeper, G. (2001) An Overview of Programs and Effectiveness Research in Early Intervention for Environmentally Disadvantaged Children. Journal of Speech-Language Pathology and Audiology, 24(2), 90-103.

References for the Relationship between Oral Language and Reading

- Bishop, D., & Adams, C. (1990). A prospective study of the relationship between specific language impairment, phonological disorder, and reading retardation. Journal of Child Psychology and Psychiatry, 21, 1027-1050.
- Catts, H. (1993). The relationship between speech-language impairments and reading disabilities. <u>Journal of Speech and Hearing</u> <u>Research</u>, 36, 948-958.

- Catts, H., Fey, M., Zhang, X., & Tomblin, B. (1999). Language basis of reading and reading disabilities: Evidence from a longitudinal investigation. <u>Scientific Studies of Reading</u>, 3, 331-361.
- Clarke-Klein, S. (1994). Expressive phonological deficiencies: Impact on spelling development. In <u>Topics in</u> language disorders: From phonology to metaphonology, 14(2), 40-55.
- Clark-Stewart, K. & Fein, G. (1983). Early childhood programs. In MM Haith & JJ Campos (Eds.), <u>Infancy and Developmental</u> <u>Psychology</u>. New York: Wiley.
- Ehri, L. (2002). Learning to read and learning to spell: Two sides of a coin. Topics in Language Disorders, 20(3), 19-36.
- Hoffman, P & Norris, J. (1989). On the nature of phonological development: Evidence from normal children's spelling errors. Journal of Speech and Hearing Research, 32, 787-794.
- Menyuk, P, Chesnick, M. Liebergott, J. Krongold, G. D'Agostino, R., & Belanger, A. (1991). Predicting reading problems in at-risk children. Journal of Speech and Hearing Research, 34, 893-903.
- Tallal, P., Curtiss, S., & Kaplan, R. (1989). <u>The San Diego longitudinal study: Evaluating the outcomes of preschool impairment in language development</u>. Final Report, NINCDS. Washington, DC.
- Thomblin, B., Zhang, X., & Buckwalter, P. (2000). The Association of reading disability, behavioral disorders, and language impairment among second-grade children. <u>Association for Child Psychology and Psychiatry</u>, 32, 473-482.
- Treiman, R. & Baurassa, D. (2000). The development of spelling skill. Topics and Language Disorders, 20(3), 1-18.

References for the Relationship between Oral Language Development and Behavioural Disorders

- Baker, L., & Cantwell, D.P. (1982). Psychiatric disorders in children with different types of communication disorders. Journal of <u>Communication Disorders</u>, 15, 113-126.
- Beitchman, J.H. (1985). Speech and language impairment and psychiatric risk. Psychiatric Clinics of North America, 8, 721-735.
- Camarata, S., Hughes, C., & Ruhl, K. (1988). Mild/moderate behavior disordered students: A population at risk for language disorders. Language, Speech, and Hearing services in Schools, 19, 191-200.
- Cantwell, D. & Baker, L. (1987). Prevalence and type of psychiatric disorder and developmental disorders in three speech and language groups. Journal of Communication Disorders 32(1), 129-154.

______ (1991). <u>Psychiatric and developmental disorders in children with communication disorder</u>. Washington, D.C.: American Psychiatric Press.

- Catts, H. (1993). The relationship between speech-language impairments and reading disabilities. <u>Journal of Speech and Hearing</u> <u>Research</u>, 36, 948-958.
- Chess, S., & Rosenberg, M. (1974). Clinical differentiation among children with initial language complaints. Journal of Autism and Childhood Schizophrenia, <u>4</u>, 99-109.
- Cohen, N. Davine, D., & Meloche-Kelly, M. (1989). Prevalence of unsuspected language disorders in a child psychiatric population. Journal of American Academy of Child and Adolescent Psychiatry, <u>28</u>(1), 107-111.
- Cohen, N. (1990). Patterns of psychopathology in disturbed children with unsuspected language disorders. Poster presented at the Annual Meeting of the Society for Research in Child and Adolescent Psychopathology, January 24-26, 1990.
- Gualtieri, C., Koriath, V., Van Bourgondien, M., & Seleeby, N. (1983). Language disorders in children referred for psychiatric services. Journal of the American Academy of Child Psychiatry, 22, 165-171.
- Johnson, C., Beitchman, J., et al. (1999). Fourteen-Year Follow-up of Children with and Without Speech/Language Impairments: Speech/Language Stability and Outcomes. <u>Journal of Speech, Language, and Hearing Research</u>, 42(3), 744-760).
- Love, A., & Thompson, M. (1988). Language disorders and attention deficit disorders in young children referred for psychiatric services. <u>American Journal of Orthopsychiatry</u>, <u>58</u>(1), 52-64.
- Mack, A. & Warr-Leeper, G. (1992). Language abilities in boys with chronic behaviour disorders. Language. Speech and Hearing Services in the Schools, 23(3), 214-223.
- Miniutti, A. (1991). Language deficiencies in inner-city children with learning and behavioral problems. Language, Speech and Hearing Services in Schools, 22, 31-38.
- Naylor, et al., (1994). Prevalence of language impairments and learning disabilities in school refusers. <u>J. Am. Acad. Child Adolesc.</u> <u>Psychiatry</u>. 48(2), 345-357.

- Offord, D.R., Boyle, M.C., & Racine, Y.A. (1991). The epidemiology of antisocial behavior in childhood and adolescence. In Pepler, D.J. and Rubin, K.H. <u>The development and treatment of childhood aggression</u>, 31-54. Hillsdale, NJ: Lawrence Erlbaum Associates, Publishers.
- Redmond, S.(2002). Stability of behavioural ratings of children with SLI, *Journal of Speech, Language, and Hearing Research*, 45, 190-201.
- Stevenson, J., Richman, N., & Graham, P. (1985). Behavior problems and language abilities at three years and behaviorial deviance at eight years. <u>Journal of Child Psychology and Psychiatry</u>, <u>26</u>(2), 215-230.
- Warr-Leeper, G., Wright, N., & Mack, A. (1994). Language disabilities of antisocial boys in residential treatment. Journal of Behavioral Disorders. 19(3), 159-170.

References for the Educational Benefits of Speech and Language Services

- Ellis, L., Schlaudecker, C., & Regimbal, C. (1995). Effectiveness of a collaborative consultation approach to basic concept instruction with kindergarten children. *Language, Speech, and Hearing Services in the Schools*, <u>26</u>, 69-72.
- Farber, J., Dennenberg, M, Klyman, S, & Lachman, P. (1992). Language resource room level of service: An urban school district approach to integrative treatment. *Language, Speech, and Hearing Services in the Schools*, <u>23</u>, 293-299.
- Farber, J. & Klein, E. (1999). Classroom-based assessment of a collaborative intervention program with kindergarten and first-grade students. *Language, Speech, and Hearing Services in the School*, <u>30</u>, 83-91.
- Gerber, S. (1987). Collaborations between speech-language pathologists and educators: A continuing education process. *Journal* of Childhood Communication Disorders, <u>11</u>, 107-123.
- Gillon, G. & Dodd, B. (1995). The effects of training phonological, semantic, and syntactic processing skills in spoken language on reading ability. *Language, Speech, and Hearing in the Schools*, <u>26</u>, 58-68.
- Hoffman, P. & Norris, J. (1994). Whole language and collaborative work: Evidence from at-risk kindergartners, *Journal of Childhood Communication Disorders*, <u>16</u>, 41-48.
- Kaufman, S., Prelock, P., Weiler, E., Creaghead, N. & Donnelly, C. (1994). Metapragmatic awareness of explanation adequacy: Developing skills for academic success from a collaborative communication skills unit. Language, Speech, and Hearing Services in the Schools, <u>25</u>, 174-180.
- Larson, V. & McKinley, N. (1995). Language Disorders in Older Students. Eau Claire, WI: Thinking Publications.
- Magnusson, E. & Naucler, K. (1992). On the Development of reading in good and poor readers. *International Journal of Applied Linguistics*, 1, 174-85.
- Nye, C., Foster, S. & Seaman, D. (1987). Effectiveness of language intervention with the language/learning disabled. *Journal of Speech and Hearing Disorders*, <u>52</u>, 348-357.
- Norris, J. (1989). Providing language remediation in the classroom: An integrated language-to-reading intervention method. *Language, Speech, and Hearing Services in the Schools, <u>20</u>, 205-218.*
- Norris, J. & Hoffman, G. (1990). Language intervention within naturalistic environments Language, Speech, and Hearing Services in Schools, <u>21</u>, 72-84.
- Rice, M. & Hadley, P. (1995). Language outcomes of the language-focused curriculum. In M. Rice and K. Wilcox (Eds.) Building a language-focused curriculum for the preschool classroom: A foundation for lifelong communication, Volume I, 155-169., Baltimore: Brookes Publishing.
- Schery, R.K. (1985). Correlates of language development in language disordered children. *Journal of Speech and Hearing Disorders*, <u>50</u>, 73-83.
- Schery, T. & O'Connor, L. (1992). The effectiveness of school-based computer language intervention with severely handicapped children. *Language, Speech and Hearing Services in Schools,* <u>23</u>, 43-47.
- Schweinhart, L., Berrueta-Clement, J., Barnett, W., Epstein, A. & Weikart, D. (1985). Effects of the Perry Preschool Program on youths through age 19: A summary. *Topics in Early Childhood Special Education*, <u>5</u>, 26-35.
- Warrick, N., Rubin, T., & Rowe-Walsh, E. (1993). Phoneme awareness in language-delayed children: Comparative studies and intervention. *Annals of Dyslexia*; 43, 153-73.

- Warr-Leeper, G. (2001) An Overview of Programs and Effectiveness Research in Early Intervention for Environmentally Disadvantaged Children. *Journal of Speech-Language Pathology and Audiology*, 24(2), 90-103.
- Wilcox, J., Kouri, T., & Caswell, S. (1991). Early language intervention: A comparison of classroom and individual treatment. American Journal of Speech-Language Pathology, 1(1), 49-62