

# Spectrum EyeCenter

## April is Eye Allergy Awareness Month

### See Spring More Comfortably

Spring eye allergies affect millions of Americans each year. Stay ahead of symptoms this season with these simple recommendations from Spectrum Eye Center.



### Our Doctors Recommend:

- Use lubricating eye drops throughout the day to keep your eyes comfortable
- Apply a cold compress to help relieve itching and irritation
- Use Pataday eye drops and over-the-counter oral antihistamines as needed
- Schedule an appointment with our doctors if symptoms are severe or persistent. Prescription drops such as Lotemax may help.



### Did you know?

#### Book Appointments & Pay Your Bill Online

You can now schedule appointments anytime through our online scheduling portal. You can also pay your bill online using the billing portal—both available on our website → [www.myspectrumeyes.com](http://www.myspectrumeyes.com)

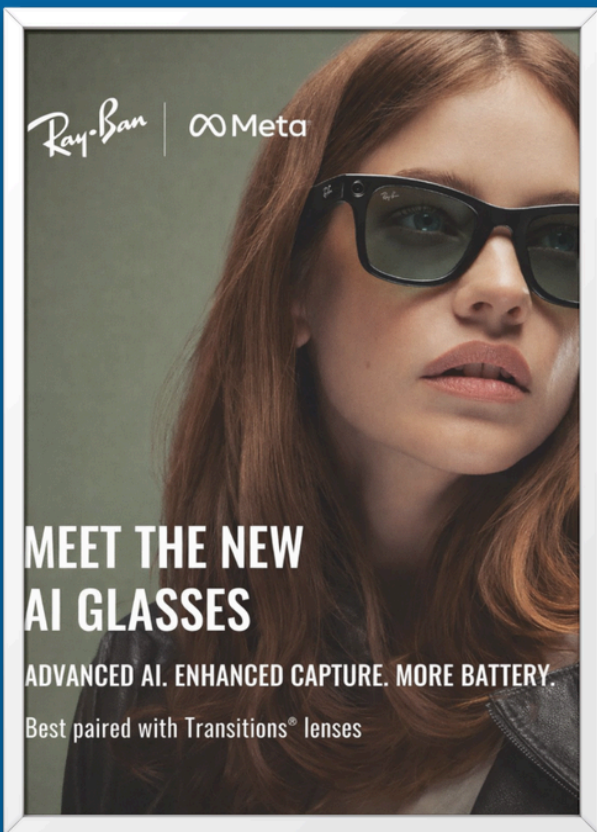
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## Varilux Lens Spotlight

### Varilux Perfect Pair Promo (Now through Apr 30)

Purchase a qualifying premium Varilux progressive lens and receive a **FREE** second computer lens pair to support close-up work on your digital screens screens.

**Ask our opticians if you qualify!**



## New Glasses Options Meta Glasses

Spectrum recently added some new products to our inventory: Ray-Ban & Oakley meta glasses. Capture hands-free photos and video, listen to music/podcasts, and take calls, all without pulling out your phone. Stop by and check them out today!

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## Employee Highlight: Katelyn Cox

This month, we're proud to highlight Katelyn Cox and the care, positivity, and professionalism she brings to Spectrum. Katelyn has been with Spectrum for 2½ years and just recently became a Certified Paraoptometric Assistant. We're proud of her hard work and grateful to support her continued growth!



With her patient-first approach, Katelyn helps make exams feel more comfortable and reassuring. She encourages patients to be honest and specific about their eye health so our team can give them the best care possible.

Outside the office, Katelyn enjoys trips to Boone, spending time with her dog, Max, and grabbing a bite at Pine Scone Cafe. We're so thankful for the care and compassion she brings to Spectrum every day. Next time you're in, be sure to say hi to Katelyn.