

Croftwood Bar & Grill - Allergen Information

(Updated: September 2025)

Appetizers

Dish	Allergens
Halloumi Fries (v)	Milk
BBQ Wings	Milk
Chicken Satay Skewers	Peanuts, Sesame, Soya
Mushroom Bruschetta	Gluten (Wheat), Eggs, Milk
Tomato Bruschetta (vg)	Gluten (Wheat)
Crispy Squid	Molluscs, Eggs
Chorizo Scotch Egg	Milk, Gluten (Wheat), Eggs
Arancini Balls	Milk, Gluten (Wheat), Eggs
Chorizo Croquettes	Milk, Gluten (Wheat), Eggs
Padron Peppers	None
Grilled King Prawns	Crustaceans

From the Grill

Dish	Allergens
Ribeye Steak	Milk
Sirloin Steak	Milk
Pork Belly	Milk, Sulphur dioxide
Lamb Chops	Milk
Whole Baby Chicken	Milk
Chicken Souvlaki	Gluten (Wheat), Milk, Sesame
Lamb Souvlaki	Gluten (Wheat), Milk, Sesame

Burgers

Dish	Allergens
Croftwood Cheeseburger	Gluten (Wheat), Milk, Eggs
Chicken Burger	Gluten (Wheat), Milk, Eggs
Halloumi Burger (v)	Gluten (Wheat), Milk, Sesame

Fish Selections

Dish	Allergens
Grilled Salmon	Fish, Milk
Sea Bass Fillets	Fish, Milk, Gluten (Wheat), Soya
Classic Fish & Chips	Gluten (Wheat), Fish, Eggs, Milk

Italian Favourites

Dish	Allergens
Jacob's Ladder	Milk, Gluten (Wheat)
Mixed Grill Platter	Milk, Gluten (Wheat), Eggs
Pollo Milanese	Gluten (Wheat), Milk, Eggs
King Prawn Linguine	Gluten (Wheat), Crustaceans, Milk
Linguine Bolognese	Gluten (Wheat), Milk
Penne Arrabbiata (v)	Gluten (Wheat)
Pollo e Funghi	Gluten (Wheat), Milk
Mushroom Risotto (v)	Milk

Salads

Dish	Allergens
Caesar Salad	Milk, Fish, Eggs, Gluten (Wheat)
Crispy Duck Salad	Gluten (Wheat), Soya, Sesame, Cashew nuts
Superfood Bowl (vg)	Gluten (Wheat), Mustard, Soya
Greek Salad	Milk
Mixed Salad	None

Sides

Dish	Allergens
Chips	None
Sweet Potato Fries	None
Green Beans	None
Broccoli	None
Onion Rings	Gluten (Wheat)
Mashed Potatoes	Milk
Spinach	Milk
New Potatoes	None

Roman Fries	Gluten (Wheat), Milk
Tomato Salad	None