

# Croftwood Bar & Grill - Allergen Information

## Appetizers (Updated: May 10, 2025)

Dish	Allergens
Halloumi Fries (v)	Milk
Garlic & Parmesan Wings	Milk
Chicken Satay Skewers	Peanuts, Sesame, Soya
Aubergine Bruschetta (vg)	Gluten (Wheat)
Tomato Bruschetta (vg)	Gluten (Wheat)
Crispy Squid	Molluscs, Eggs
Chorizo Croquettes	Milk, Gluten (Wheat), Eggs

## From the Grill (Updated: May 10, 2025)

Dish	Allergens
Ribeye Steak	Milk
Sirloin Steak	Milk
Pork Chops	Milk, Sulphur dioxide
Lamb Chops	Milk
King Prawn & Chorizo Skewer	Crustaceans, Milk, Gluten (Wheat)

## Burgers (Updated: May 10, 2025)

Dish	Allergens
Croftwood Cheeseburger	Gluten (Wheat), Milk, Eggs
Chicken Burger	Gluten (Wheat), Milk, Eggs
Halloumi Burger (v)	Gluten (Wheat), Milk, Sesame
B&B Burger	Gluten (Wheat), Milk, Eggs
Vegan Burger (vg)	Gluten (Wheat), Soya, Sesame

## Fish Selections (Updated: May 10, 2025)

Dish	Allergens
Grilled Salmon	Fish, Milk
Sea Bass Fillets	Fish, Milk, Gluten (Wheat), Soya
Classic Fish & Chips	Gluten (Wheat), Fish, Eggs, Milk

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### To Share (Updated: May 10, 2025)

Dish	Allergens
Jacob's Ladder	Milk, Gluten (Wheat)
Mixed Grill Platter	Milk, Gluten (Wheat), Eggs
Charcuterie Board	Milk, Gluten (Wheat)
Mezze Board (vg)	Milk, Sesame, Gluten (Wheat)
Spatchcock Chicken	Milk
Brisket Hash	Milk, Eggs
Flame-Grilled Half Chicken	Milk

### Salads (Updated: May 10, 2025)

Dish	Allergens
Caesar Salad	Milk, Fish, Eggs, Gluten (Wheat)
Crispy Duck Salad	Gluten (Wheat), Soya, Sesame
Smoked Chicken Salad	Mustard
Watermelon Salad (vg)	Cashew nuts
Superfood Bowl (vg)	Gluten (Wheat), Mustard, Soya

### Sides (Updated: May 10, 2025)

Dish	Allergens
Grilled Veg	None
New Potatoes	None
Chips	None
Tomato Salad	None
Sweet Potato Fries	None
Broccoli	None
Roman Fries	Gluten (Wheat), Milk
Green Beans	None