



9 AFFIRMING MESSAGES FOR ALL KIDS
Parenting & the Enneagram

YOU ARE GOOD.

YOU ARE WANTED.

YOU ARE LOVED FOR WHO YOU ARE (NOT WHAT YOU DO).

YOU ARE SEEN FOR WHO YOU ARE.

YOUR NEEDS ARE NOT A PROBLEM.

YOU ARE SAFE.

YOU WILL BE TAKEN CARE OF.

YOU WILL NOT BE BETRAYED.

YOUR PRESENCE (YOUR OPINION) MATTERS.

THE WISDOM OF THE ENNEAGRAM
RISO & HUDSON

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