

Distance Counseling Intake Form

(Use this form, or ask to discuss this information in session)

| Name |
|---|
| Street Address |
| City/State/Zip Code |
| Insurance Provider and ID (unless self-pay) |
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| Do you currently feel like hurting yourself, or someone else? |
| If yes, have you contacted anyone about this? |
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| Have you ever participated in Counseling before? |
| If yes, how many years? |
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| Have you ever operated a webcam or used video-chat? |
| If no, are you willing to learn? |
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| What would you like help with? |
| |
| How did you hear of us? |
| Do you have a preferred Branches Therapist? |
| Are there specific days/times that work best for your schedule? |
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| Is there anything else you want your therapist to know before your first session? |
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