



Initial Form

Client Information and Consent

Getting to Know You: Your Journey Starts Here

Client Information

Name:		Date:	
Phone:		Email:	
D.O.B.:		Age:	
Career:			

Background

Yes

No

1.) Have you ever worked with a Life Coach before?

2.) What areas of your life do you feel need improvement or growth? (Check all that apply):

- Faith/Spirituality
- Mindset/Emotional Health
- Relationships
- Career/Business
- Financial Stability
- Self-Love/Self-Worth
- Other:

Current Situation

Briefly describe your current challenges or goals:

What would success look like for you?

Are there specific habits, behaviors, or mindsets you'd like to change?

Faith and Values

How would you describe your current relationship with God or your spiritual practices?

Do you have any Bible verses, spiritual beliefs, or faith-based principles that inspire you?

Practical Details

Preferred method of communication:

- Phone
- Video Call
- Email

Availability for sessions (days/times):

Is there anything else you'd like your coach to know?

I am aware that it is my duty to submit truthful information.

I agree to the terms of service

Date: _____

Print Name: _____

Signature: _____