
PHALAMRITAM

Reestablishing Authentic Cosmology in Medicine

COLLABORATIVE INDIGENOUS MEDICAL INITIATIVES
INSTITUTE OF CLASSICAL HEALING ARTS
HOSPITAL OF REGENERATION
UNITED PHARMACY
ANCESTRAL HEALING SPA



GENERAL SUMMARY

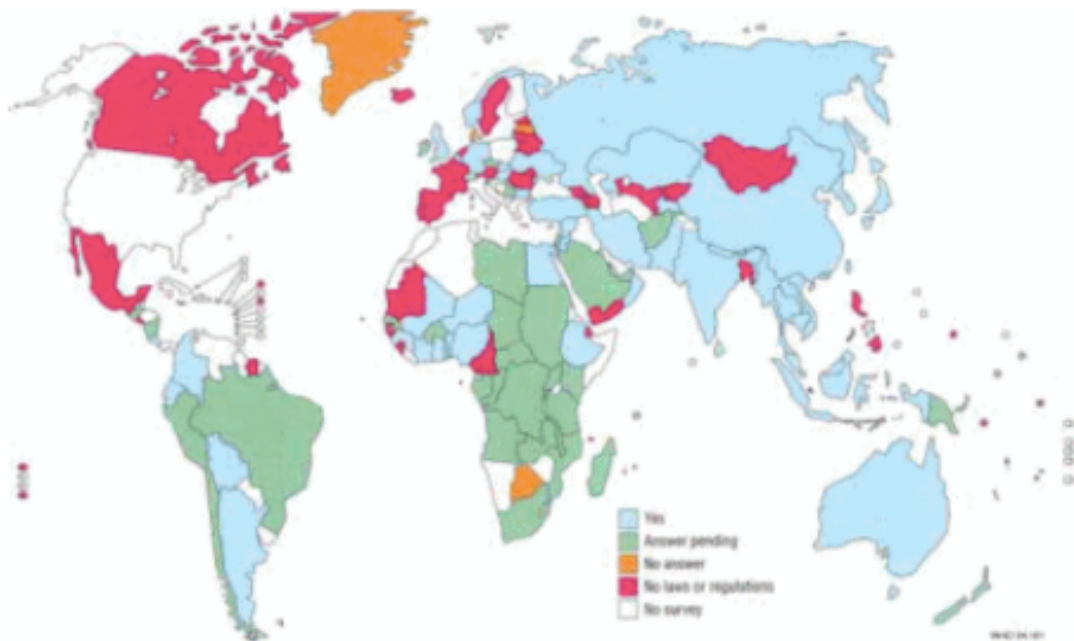
Objective

Restore and promote the collaborative research and availability of medicine.

The classical traditions of medicine worldwide came to many parallel ideas and solutions of preventative health and curative processes over thousands of years of empirical research. This is primarily because they shared a common cosmology.

Allopathic medicine, with but a fraction of the history has grown to be prominent with quick cures. It came to the aid of the massive, quick spreading, infectious plagues that affected so many, in many cases due to result of modern imperialism and the conquest of lands and peoples. The surgical and technological advancements have been paramount but the side effects and ineffectiveness of many of the internal medicines is now noted by even the W.H.O., as well as the inability to address the most basic issue of digestive disorders.

Allergies and degenerative disorders are in general out of the scope of success by modern medicine, while for 20 years allopathic medical research has confirmed successes in these areas by the application of truly traditional medical systems. The reductionism of allopathic medicine has for the most part failed in moving the benefits of medicine further in these areas. In developed countries, those with mental disease, digestive disorders, and especially degenerative disease have access to only allopathic medicine which might only comprise 20% of the world's knowledge about medicine¹ (the other 80% being indigenous



¹ Worldwide regulation of traditional medicine. Facts and figures, Sci Dev Net May 2016

traditional medicine). There are many criticisms against modern medicine, and due to ignorance they are generally accepted as if there are no other well founded options to the challenges faced..

We are moved to develop this project In an effort to restore the sharing of knowledge and integrate the benefits of modern medicine with the maternal knowledge of unbroken lineages of healing over thousands of years.

Goals

Provide a platform for all classical indigenous medical systems to collaborate together in research and offering of treatments showing promise in those diseases that allopathic medicine has most difficulty with. Namely mental health, degenerative disorders, rejuvenation and most importantly chronic digestive disorders.

Solution

Create **Phalamritam Institute** of Classical Healing Arts, Hospital, Conference Center, and Pharmacy

Project Outline

Phalamritam Institute of Classical Healing Arts will provide expert training in practical application and theory of 5 traditional medical systems. Five colleges, all in one institute and location. Each one separated in different buildings.

Through innovative design features, they will be connected through the **hospital**. In the hospital, students and professors from different traditions will be able to observe each other, develop integrative systems of medicine, and a communication protocol that allows for effective teamwork .

A **conference center** will allow for international presentations by rare tribal healers from remote wilderness areas such as the jungles of South America and Africa. The conference center will also be where research results and Institute presentations will be shared to international medical audience. We already have the network of traditional healers and doctors established, including areas throughout South America and Africa.

- Formal traditional training in 5 classical healing traditions: Unani, Siddha, Ayurveda, Sowa Rigpa, Classical Chinese Medicine
- In addition to the resident staff, guest teachers from varieties of tribal healing systems will come and present the jewels of their traditions.
- Guest doctors and students in allopathic medicine invited for 3 and 6 month intervals to observe and practice under the guidance of the traditional experts.
- Ecology, and sustainable energy efficiency utilizing the most innovative sustainable designs.
- The result of **Phalamritam Institute** will be never before seen successful integrative medicine protocols.
- Scrutinizing potential of classical healing traditions working alongside modern/future modalities.
- The Institute's research will awe and inspire allopathic medical doctors in the success achieved by systems of classical healing practices, in areas where they have had the most difficulty, i.e degenerative disorders such as M.S..
- In the spirit of compassion, all ancient organized traditional systems will periodically come together with tribal experts and allopathic physicians laying a foundation for productive integrative medicine. The difference from other models is that the management and direction will be under the guidance of the elder indigenous traditions and their masters, not solely allopathic medical doctors, pharmaceutical companies or financial investors.

REGENERATIVE TOURISM

- The presence of traditional medicine experts, traditional teachings, and the direction of activities being guided by the masters of these traditions, will result in a medical tourism that is beneficial not just to the people but to the environment and the traditions as well.
- All across the world, human communities established a very similar cosmology regardless of language. Based over thousands of years of observation this resulted in similar cultural perception of the people, their land and the universe.
- All indigenous traditions will be supported with the view that these traditions carry a common knowledge base that allowed for sustainability. We will be re-discovering the teachings of these global traditions, preserving them, and promoting the gifts that they offer as solutions to many modern problems caused by aggressive industrialization and short sightedness in the importance of interdependence.

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PHALAMRITAM

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REGENERATE THE LAND

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REGENERATE THE PEOPLE

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REGENERATE THE TRADITION

COLLABORATIVE INDIGENOUS MEDICAL INITIATIVES

Phalamritam will conduct regular outreach trainings for activating educators to help teach basic preventative lifestyle and diet as suggested by traditional medicine.

Phalamritam, a pioneer in establishing integrative world medicine, promotes inquiry into all indigenous medical traditions, preservation of ancestral insight in healing, and collaboration of all traditions to reduce, manage or eradicate disease.

Phalamritam will create interdependent unity amongst the different indigenous traditional healing systems of the world.

The 5 Colleges and Hospital will work together to aid students learning process and fulfill the standard and/or international requirements for accreditation by the top authoritative bureaus on the science. This process will not just be in skillfully mastering the content of the chosen tradition to receive honorable recognition in the field, but will also be in working alongside other traditions towards the same goal of understanding illness and how to most effectively manage or eradicate it.

The focus of the curriculum in each of the five major branches of Unani, Chinese, Sowa Rigpa, Siddha, and Ayurveda will be on collaboration, furthering relations and understandings of the traditional medical systems. Each college will also fulfill accredited curriculum requirements as established in the cultural/geographical origin of the tradition, for example a minimum of B.A.M.S. will be offered in Ayurveda ***according to the requirements established within India*** for that degree.

Each tradition will have its own independent accommodations and teaching facilities(including specialized pharmacies), and one equal sized area will be dedicated to accommodate medical instruction from visiting tribal elders from around the world, until a conference center is built.

The focus of the hospital will be on revealing the insights indigenous medicine has on digestive disorders, degenerative diseases, mental health and rejuvenation. Indigenous tribal experts will be periodically present to share their ancient empirical knowledge as well.

Modern allopathic medical students and expert physicians will be welcomed for 1, 2, 3 and 6 month terms for both observation and receiving training. The *doctors of the indigenous traditional medical systems* will be dictating the research and study, unlike the current models of integrative medical treatment and education where the allopathic cosmology dictates.

This will fulfill the needs of modern allopathic physicians to broaden their understanding of diagnosis and treatment options, preserve the integrity of indigenous approach to disease, and inspire the modern western approach to healing in a respectful manner.

The **Conference Center** will give the opportunity for visiting students and experts of medicine to receive unusual dissertations of the work being done by both the professors and the students alike, specialized trainings in the deeper subjects of indigenous traditions, and a platform to share future vision in this collaborative work. The **Conference center** will also serve as an informal meeting place for the various resident and visiting and students and professors. It will also have its own accommodations nearby to host all visitors.

The “**United Pharmacy**” will produce outstanding research in classifying herbs of the Andes, Amazon and elsewhere according to the classical traditions represented in the College.

Compounds of traditional formulas will be offered for sale and for research purposes. Many of the raw ingredients will be established in a botanical marvel amongst 4,000 acres of ancient forest/jungle amongst the high Andean mountains, in a pristine area that has been offered to use for this purpose through Paititi Institute of Peru.

The presence of a multitude of healing herbs and sources of strong and effective medicine will be made available to the students to study, classify and utilize in

a local traditional manner, and as potentially new drugs within the cosmology of classical traditional medicine. The products from this pharmacy will assist in promoting the actualization of the overall vision of Phalamritam.

DISCOUNTED ACADEMIC COSTS FOR FINANCIALLY CHALLENGED STUDENTS

An international “**Ancestral Healing Spa**” will be created and possibly sponsored by a major medical spa provider. 50% of the revenue generated will go directly to the Colleges and Hospital to help keep the costs of admission and treatment to a minimum. The Spa will offer rare and exotic treatments of both the local indigenous traditions, and of the rejuvenative therapies of the College’s classical traditions.

The cost of these treatments will reflect its intent to help promote and preserve the world traditions, and receiving the treatments will be a kind of gift for the expensive price tag the philanthropists will pay. The clients will be honored for their support of this venture, and receive a rare offering of care unavailable elsewhere. International therapists will eventually be offered training in some of the exotic therapies offered here.

Five interdependent organizations:

Phalamritam Institute of Classical Healing Arts

College of Siddha
College of Ayurveda
College of Classical Chinese Medicine
College of Unani Medicine
College of Sowa Rigpa

Phalamritam Hospital of Regeneration

1. Development of traditional protocols for treatment of Multiple Sclerosis and other degenerative disorders, including mental health.
2. Development of traditional protocols for digestive disorders.
3. Development of traditional protocols for regenerative/rejuvenative therapies and treatments.
4. Research in the efficacy of the traditional systems and their protocols included in the above projects.
5. Central location for Medical outreach projects to local communities, and education programs primarily oriented for locals in health promoting lifestyles and preventative medicine. This will be bringing the collection of ancestral wisdom back to those communities locally which have forgotten or dismissed the efficacy of their tradition, as well as sharing the discoveries of other indigenous cultures from around the world.

Phalamritam Conference Center

1. Bi-monthly meetings for students and visitors.
2. Major International conferences biannually.
3. Conferences representing tribal indigenous healers, and research presentation of the College and Hospital
4. Annual International presentations / medical symposiums on each tradition and developments worldwide in indigenous medical tradition preservation.

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5. Bi-annual Publications on every development of Phalamritam University of Classical Healing Arts

Phalamritam Ancestral Healing Spa

Phalamritam United Pharmacy

Unique line of medicine includes:

1. Development of new medicines utilizing local indigenous and cultivated “world” tradition botanicals sourced from local gardens, forests, and the cultivation area on Paititi’s land near Macchu Picchu, Peru.
2. New medicines based on traditional formulas, from the traditions represented at Phalamritam, but utilizing some replacements from local indigenous ingredients(minerals/botanicals).
3. Classic formulas as indicated in the scriptures. The new medicines based on traditional formulas will differ from classic formulas in that they will also be utilizing the indigenous botanicals available from other areas such as the Andes and the Amazonian region

OUR TEAM

We currently have doctors and specialists in Integrative Medicine and Indigenous Medicine that are on our team of advisors ready to direct the medical programs, hospital activities, or recommend the masters that can fill those roles. Many are also trained in modern Allopathic medicine as well.

Dr Lina Dekan, MD European award winning clinical research writer. - Sweden

Dr Roman - networking indigenous medical traditions of Andes and Amazon - Peru

Dr Hoffman -Entheobotanist,expert in amazonian indigenous medicine research Peru

Dr Arjun Das - specialist in cross cultural botanicals using Ayurveda - **Brazil**

Aruvi Mugundan specialist / teacher of Varma/Marma of Siddha Medicine, **India**

Dr Srinivas Prasad specialist in fertility and rejuvenation. KLE Ayurved, **India**

Dr Mohammad, heritage holder of Unani Medicine - **India**

Dr.Suresh - heritage holder / expert in neurological rejuvenation tradition - **India**

Dr. Charles, MD, heritage holder Siddha Medicine - **India**

Dr. Despande - specialist in pharmacology of Ayurveda, and detoxification - **India**

Dr Vishnu's Kannan, MD - specialist in Ayurveda and rejuvenation - - **India**

Dr Shivaraj, specialist in botanicals of Siddha Medicine - **India**

Dr Mahesh Kund - specialist in psychiatry and Ayurveda -**India**

Dr Acu - head of acupuncture licensing in Indonesia - **Bali**

Dr Chok De - Traditional and Naturopathic doctor - **Bali**

Dr Nida Chenagtsang, MD - Sowa Riga and Nagpa Yogi from Amdo, **Tibet - China**

Dr Lindsey Wei - 24th generation Wu Dang Five Immortals Taoist tradition-**China**

Abbot of Five Immortals Temple, Du Song Feng, Taoist Master, Mt Wudang-**China**

Dame Rev. Dr Wai-Ching Lee - “Ancient Futurist”, integrative therapies - **Singapore**

Dr Yarema, MD - Renowned M.D. specialist in Integrative Medicine - **USA**

Douglas “Gunasilan” deBecker - author and visionary of Phalamritam **USA**

Dr Vernon Smith-creator / manager of massage and Shiatsu college programs-**USA**

Among these experts are many other enthusiastic professionals, with a deep understanding of our goals, ready to help fulfill our needs,