

AFTERCARE

Today/ Day One

- After the procedure, gently blot the area with a clean, lint-free tissue to absorb excess lymphatic fluid whenever it occurs.
- Removing this fluid prevents hardening of the lymphatic fluids thus minimizing the scab.

Wash/Moisturize (Days 2-10)

Wash AM/PM DAILY to remove bacteria, buildup of product and oils, and dead skin. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!) Healing can take up to 2 weeks.

1. Gently **WASH** the area AM/PM with cleanser provided. With a very light touch, use your fingertips to gently cleanse the brows.
 2. To **DRY**, gently pat with a clean tissue. DO NOT use any other cleansers on the brows while they're healing.
 3. To **MOISTURIZE**, apply a tiny, rice grain amount of the provided moisturizer.
 - Be sure not to over-apply, as this will suffocate your skin and delay healing. The product should be barely noticeable on the skin.
 - NEVER put the product on a wet or damp tattoo.
- ✓ Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
 - ✓ No facials, botox, chemical treatments or microdermabrasion for 4 weeks.
 - ✓ Avoid hot, sweaty exercise for one week.
 - ✓ Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors.
 - ✓ Avoid long, hot showers for the first 10 days.
 - ✓ Avoid sleeping on your face for the first 10 days.
 - ✓ Avoid face-down swimming, lakes, and hot tubs for the first 10 days,
 - ✓ Avoid topical makeup and sunscreen on the area.
 - ✓ **DO NOT rub, pick, or scratch the treated area.**

What To Expect -Healing

- ✓ Day 1-3 Your brows will look very dark and bold
- ✓ Day 4-7 At this time they may begin to flake and those scabs may slough off. You can expect the brows to be patchy. THIS IS NORMAL.
- ✓ Day 8-15 Once all the scabs have naturally come off. You can expect the tattoo to be quite light. As days/weeks pass, they will slowly darken.

Signs of infection/allergies include but are not limited to oozing, pussing, redness, warm to the touch excessive discomfort.

If an adverse reaction or infection develops at the site of your tattoo, contact your personal physician for treatment and report to the SNHD special Programs at 702.759.0677 or Bodyart@snhd.org