

Dr Davis McAlister



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From Homeless to High Performance:

Meet Dr. Davis McAlister, a man who defied all odds, turning adversity into triumph, and proving that the human spirit knows no boundaries.

From the darkest corners of life to the brightest stages of success, Dr. McAlister will not only share his remarkable journey but also the invaluable keys that paved his way.

Get ready to unlock the doors to achievement as he imparts the very strategies that took him from a homeless teenager to a career in the military and then a beacon of accomplishment. But this is not just about one man's story. It's about igniting the potential within you and your organization.

Get ready to learn, to evolve, to witness your organization's transformation from within. This is your chance to rewrite your narrative, to embrace the keys to success, and to unlock the potential that's been waiting.

Are you ready to be inspired? To unlock the doors to success? Prepare yourselves for a transformational experience like no other.

Learning Outcomes

- 1. Understanding Dr. Davis McAlister's Journey: Analyze and comprehend the remarkable journey of Dr. Davis McAlister, gaining insights into the challenges faced and strategies employed to achieve success.**
- 2. Identifying Transformation Factors: Identify the key factors and personal attributes that played a pivotal role in Dr. McAlister's transformation from homelessness to triumph.**
- 3. Defining Essential "Keys to Success": Describe and explain the essential "keys to success" unveiled by Dr. McAlister and understand their significance in fostering personal and organizational growth.**
- 4. Evaluating Applicability in Professional Context: Evaluate the potential application of the identified success keys within their own professional and organizational context.**
- 5. Developing Comprehensive Implementation Strategy: Develop a comprehensive strategy to implement the shared success keys, aiming to unlock untapped potential within their organization and drive collective success.**



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Workshop Outline

Module 1: Understanding Dr. McAlister's Journey

Objective: Analyze and comprehend the remarkable journey of Dr. Davis McAlister, gaining insights into the challenges faced and strategies employed to achieve success.

- Introduction to Dr. Davis McAlister
- Exploring the early challenges and homelessness
- Examining pivotal moments in the journey
- Lessons learned from adversity

Module 2: Identifying Transformation Factors

Objective: Identify the key factors and personal attributes that played a pivotal role in Dr. McAlister's transformation from homelessness to triumph.

- Personal attributes contributing to transformation
- External factors influencing the journey
- Case studies and discussions on personal growth

Module 3: Defining Essential "Keys to Success"

Objective: Describe and explain the essential "keys to success" unveiled by Dr. McAlister and understand their significance in fostering personal and organizational growth.

- Overview of the identified success keys
- In-depth exploration of each key
- Understanding the interplay of keys for holistic success

Module 4: Evaluating Applicability in Professional Context

Objective: Evaluate the potential application of the identified success keys within their own professional and organizational context.

- Group discussions on personal and professional challenges
- Mapping success keys to individual contexts
- Identifying areas for personal and professional growth

Module 5: Developing Comprehensive Implementation Strategy

Objective: Develop a comprehensive strategy to implement the shared success keys, aiming to unlock untapped potential within their organization and drive collective success.

- Crafting an organizational success framework
- Creating individualized action plans
- Sharing and refining implementation strategies

Additional Modules (Optional, Based on Participants' Needs):

Module 6: Fostering a Culture of Achievement and Collaboration

Objective: Demonstrate an increased awareness of the crucial elements that foster a culture of achievement, empowerment, and collaboration.

- Examining successful organizational cultures
- Strategies for fostering collaboration and empowerment

Module 7: Inspiring and Motivating Teams with Success Principles

Objective: Formulate practical action steps to inspire and motivate their teams by incorporating the learned success principles.

- Effective communication strategies
- Team motivation techniques
- Real-world application of success principles in leadership

Module 8: Creating a Growth-Nurturing Work Environment

Objective: Construct a roadmap for creating a work environment that nurtures individual growth and supports organizational success, based on the insights shared by Dr. McAlister.

- Designing growth-focused policies and practices
- Implementing mentorship and professional development programs
- Crafting a vision for a supportive organizational culture



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Biography

Dr. Davis McAlister is an author, public speaker, proud veteran, award-winning coach, successful entrepreneur, and sports doctor. He has traversed the journey from being a homeless teen to the military and on to becoming the leader he is today.

His hands are full as the CEO of 3 different LLC companies, an assistant professor at Parker University in Dallas, TX, a powerlifting coach, husband, and father to 5 children. He has over 15 years combined teaching and coaching experience at high schools in the State of Texas, has been an administrator, and has taught in universities for the past 10 years.

He served in the US Army for 8 years as an Interrogator, Counterintelligence agent, and Linguist prior to earning a doctorate, 2 Master's, and 2 Bachelor's and dozens of certifications.

Dr. McAlister has live-speaking experience both nationally and internationally on topics that range from education, health-related topics, sports performance, success principles and leadership development. He has also been the keynote speaker for leadership workshops, power lunches, coaching conferences, and online summits, and has guest appearances on dozens of podcasts, radio shows, and television appearances.

