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- Energy & Utilities
- Automotive & Fuels
- Autonomous &Defense
- Built Environment & Real Estate
- Engineering & Infrastructure
- Biotech & Healthcare

View Burden Statement

OMB Number: 4040-0004 Expiration Date: 11/30/2025

Application for Federal Assista	nce SF-424	
* 1. Type of Submission:	* 2. Type of Appli	ication: * If Revision, select appropriate letter(s):
Preapplication	ONew	
Application	Continuation	* Other (Specify):
Changed/Corrected Application	Revision	
* 3. Date Received:	4. Applicant Ident	tifier:
5a. Federal Entity Identifier:		5b. Federal Award Identifier:
State Use Only:		<b>'</b>
6. Date Received by State:		ve secured \$100 million plus in winning federal grant
8. APPLICANT INFORMATION:		funding, demonstrating both my technical expertise and
* a. Legal Name:	8	grant writing prowess.
* b. Employer/Taxpayer Identification Nun	nber (EIN/TIN	Grant applications I've recently written include • USDOE
		GRIP grants for modernizing utility transmission grids •
d. Address:		USDOT SMART grant applications to install leading-edge
* Street1:	A	Al-video intelligent transportation technology (ITS) •
Street2:	H	Bureau of Reclamation WaterSMART drought resilience
* City:	g	grants in Arizona and Utah • Highly competitive SBIR
County/Parish:	t	echnology innovation and commercialization grants for
* State:		Cleantech entrepreneurs • U.S. FAA FAST grant to build
Province:	a	an advanced technology low carbon intensity (Cl)
* Country: USA: UNITED S	STATES S	sustainable aviation fuel (SAF) refinery • DOE grant to
* Zip / Postal Code:	t	ouild plant for manufacturing isotopes for utility scale
e. Organizational Unit:	V	Vanadium Reflux long term storage batteries• USDA
Department Name:		REAP grants for commercial rooftop solar and storage •
	F	EPA Clean School Bus Grants • HUD CDBG and GRRP
f. Name and contact information of pe		argest winning grant is \$40 million for utility
Prefix:		Largest winning grant is \$40 million for utility ransmission grid modernization
Middle Name:		ransinission grid modernization
* Last Name:		
Suffix:		
Title:		
Organizational Affiliation:		

## Business & Technical Writing & White Papers



Published in Renewable Energy World based on a study I completed

# Where the Wind Blows and Sun Shines:

A Comparative Analysis of State Renewal Energy Standards

By Matthew Slavin, Ph.D.

America's state governments are at the forefront of efforts to expand the nation's supply of renewable energy. Renewable energy standards (RES) comprise the cornerstone of these initiatives. RES is by far the most widely used mechanism by states to expand renewable energy production and consumption. Fully 29 states have adopted some form of a mandatory RES. RES is also in place in the District of Columbia. And Vermont has a goal that so far has been voluntary, but which may become mandatory by 2013.

What follows is an assessment of how different states have structured

on five selected examples of state RES initiatives to highlight key features upon which these programs are founded. States use a number of different names for their RES programs including renewable energy portfolios. For simplicity, all will be referred to as renewable energy standards. A primer on how RES is supposed to work offers a useful point of departure.

#### How Renewable Energy Standards Work

State RES programs share a basic common thread. They place a mandatory obligation on electric utilities to generate a specified percentage of the electricity generation and drives economies of scale that lower the cost of renewable production such that it is competitive with conventional fossil fuel generation.

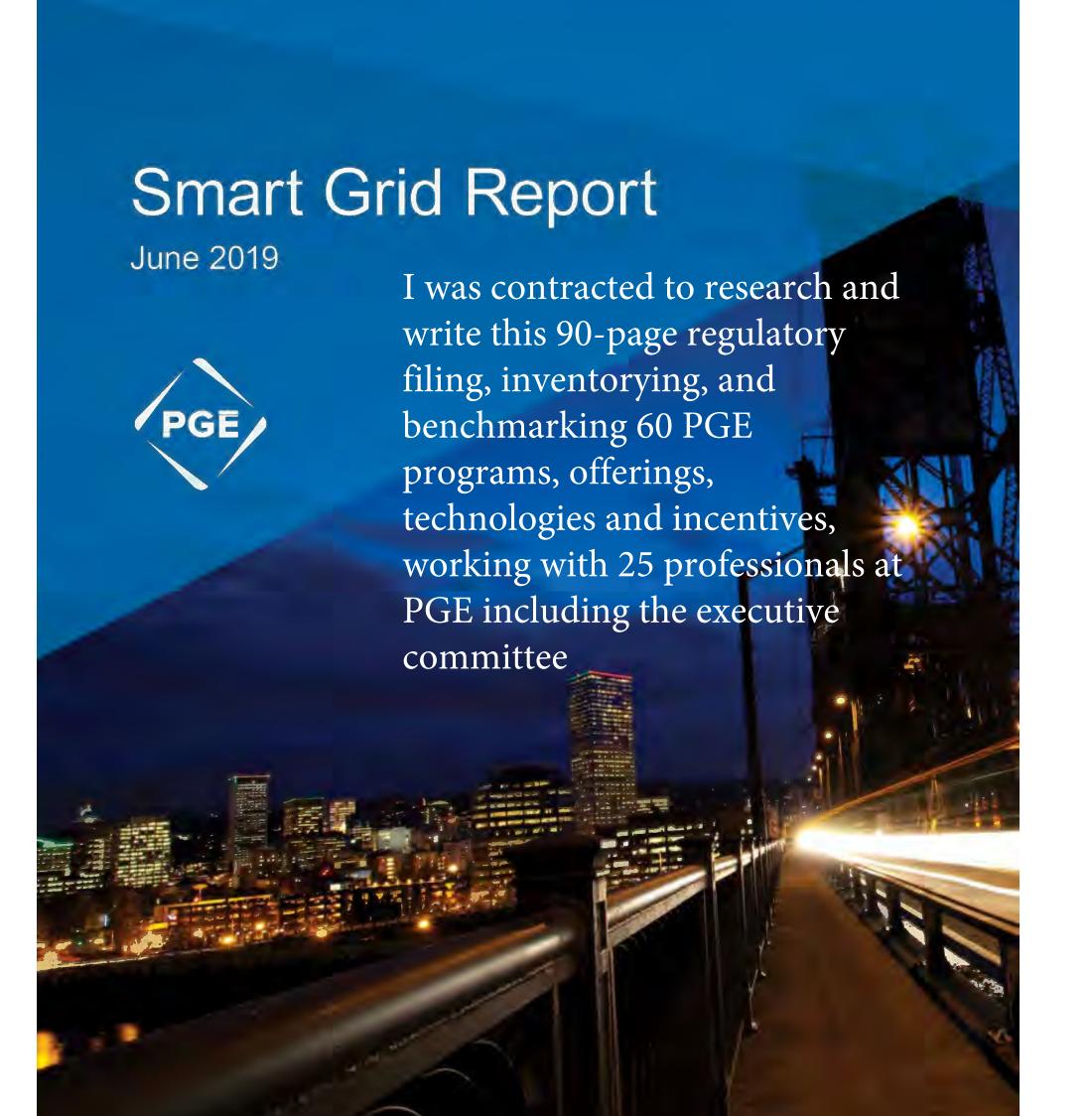
RES mandates vary from state to state. Each state has designed its RES to account for a range of state-specific conditions and policy priorities. These include available wind, solar and other renewable energy potential in a state; reducing greenhouse gas emissions and mitigating other environmental externalities associated with fossil fuels; and lowering electricity costs to consumers. Other goals include diversifying the energy mix to protect against potential fuel interruptions and

State	Year	Goal	Compliance
Arizona	2006	15% by 2025; distributed 30% of annual requirement	IOUs, co-ops
California	2002	20% by 2010; 33% by 2020	IOUs; munis must self-implement
Colorado	2004	IOUs 30% by 2020; 10% by 2020 for munis/co-ops	IOUs; munis/co-ops w/40k customers
Connecticut	1998	27% by 2020; technology minimums	IOUs, munis
Delaware	2005	20% by 2020	IOUs, munis, co-ops
D.C.	2005	20% by 2020	PEPCO, only serving utility
Hawaii	2001	40% by 2020; up from 205 in 2004	IOUs (Hawaiian Electric)
Illinois	2007	25% by 2025; 75% of requirement from wind	4 IOUs w/+100k customers and CES
lowa	1983	105 MW	IOUs
Kansas	2009	20% by 2020	IOUs, some co-ops
Maine	1999	40% by 2017; 10% for new resources	All competitive electricity providers
Maryland	2004	20% by 2022; tiered, tier 1 most, tier 2 hydro	IOUs, munis, co-ops
Massachusetts	1997	15 % by 2020, additional 1% per year afterward	IOUs
Michigan	2008	10% by 2015 + for Detroit Edison and Consumers Energy	IOUs, munis, co-ops
Minnesota	2007	30% by 2020 for Xcel; 25% by 2025 for others	IOUs, munis, power districts, co-ops
Missouri	2008	15% by 2021	IOUs
Montana	2005	15% by 2015	IOUs only, others to show good faith
Nevada	1997	25% by 2015; 5-6% of requirement from solar	IOUs
New Hampshire	2007	23.8% by 2025	IOUs, co-ops
New Jersey	1999	22.5% by 2021 includes 5.3 GW solar requirement	IOUs
New Mexico	2007	IOUs 20% by 2020; Co-ops 10% by 2020	IOUs, Co-ops
New York	2004	30% by 2015	IOUs; LIPO and NYPA cooperating
North Carolina	2007	IOUs 12.5% by 2021; 10% by 2018 for munis/co-ops	IOUs, munis, co-ops
Ohio	2009	25% by 2025, includes clean coal and advanced nuclear	IOUs
Oregon	2007	Large utilities 25%, small utilities 5-10% by 2025	IOUs, munis, public districts, co-ops
Pennsylvania	2004	By Tier, 8-10%, includes waste coal and coal gas	IOUs
Rhode Island	2004	16% by 2020	IOU (Narragansett Electric)
Texas	2005	5,880 MW by 2015; 10,000 MW by 2025	IOUs
Vermont	2005	20% by 2017	All retail utilities
Washington	2006	15% by 2020	IOUs, munis, districts, co-ops 25k cust.
Wisconsin	1999	10% by 2015, varies by utility	IOUs, munis, co-ops

<sup>\*</sup>Year signifies when RES first enacted. This may differ from the year RES went into effect.

<sup>\*\*</sup>Goal is final year target based upon latest revisions to state RES. Many states include requirement for wholesale suppliers in addition to distribution utilities.

<sup>\*\*\*</sup> Vermont's SPEED program is voluntary. If the Public Service Commission determines in 2012 that utilities are lagging, the requirement becomes mandatory in January 2013



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Next steps: PGE will continue limited, strategic deployment of voltage disturbance detection devices. Additionally, PGE will evaluate additional ways how to leverage voltage reports such as enhancing asset monitoring capabilities.

#### **6.4.** Transportation Electrification

#### 6.4(a) I-5 Charging Initiative

In October 2018, PGE entered into a collaboration agreement with ten electric utilities on the west coast to evaluate opportunities and challenges for medium and heavy-duty transit along the I-5 corridor from Mexico to Canada. The study has five main components:

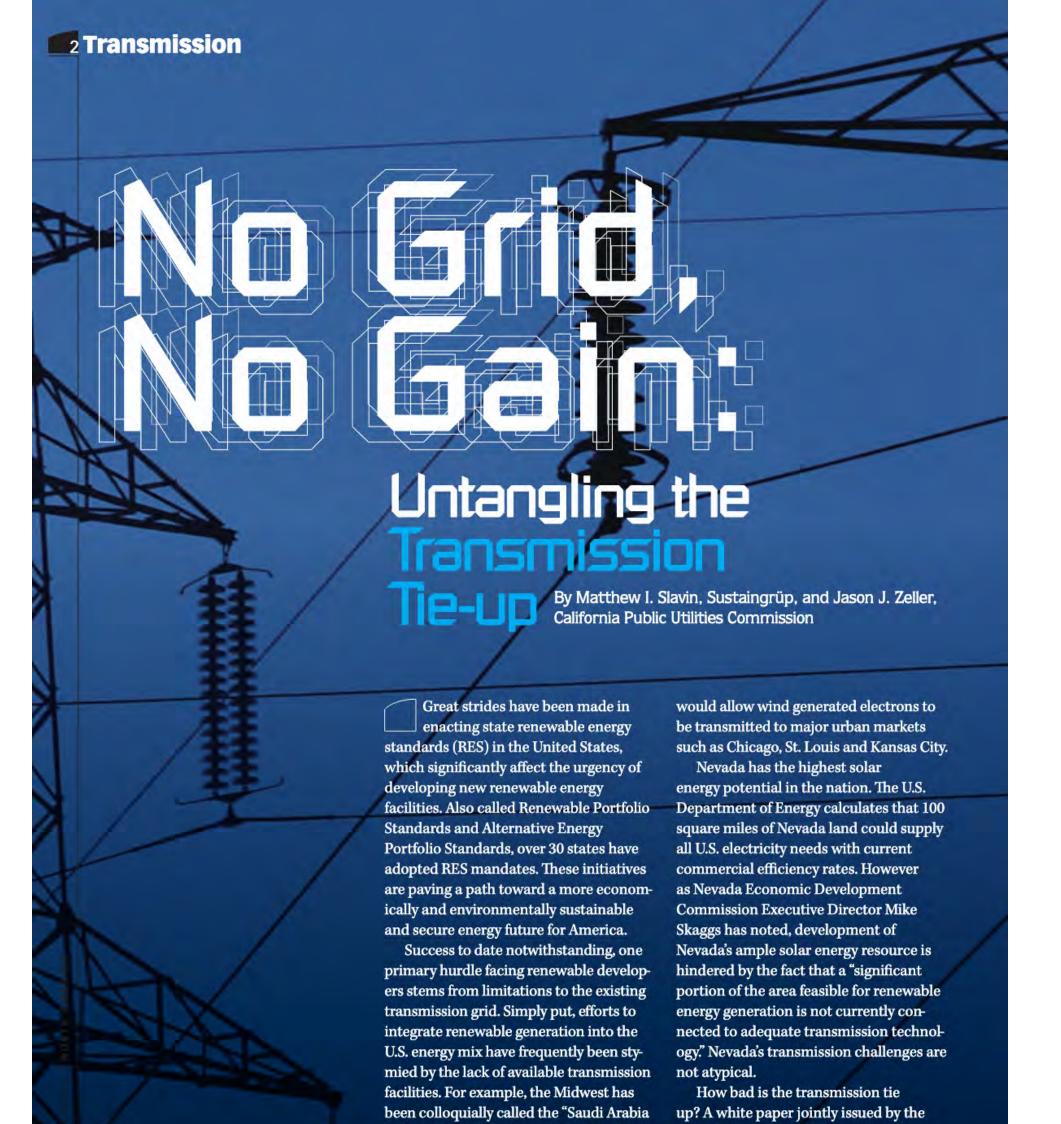
- Zero-Emission Medium- and Heavy-Duty Truck Current Market and Needs
  Assessment: evaluation of current and forthcoming vehicle & charging options, market
  needs assessment (regulatory, financial, and technological), and industry disruptions;
- Current Trucking Market Landscape and Use Cases: review of existing trucking patterns along i5, including duty cycles, vehicle use cases, major sectors, key market players, typical fleet characteristics, tonnage of cargo moved, etc.
- Coordinated Assessment of Current Utility Infrastructure: evaluation of the major transmission and distribution assets (e.g., substations) that are likely to be affected by the mass deployment of zero emission trucking infrastructure
- Zero Emission Solutions and Recommendation: identification of priority deployment locations of charging trucking charging infrastructure, T&D system upgrades, etc.
- Utility Recommendations on where and how to accelerate deployments of zero emission trucking deployments along the i5 corridor.

By collaborating with 10 other utilities, we will get more value than we could get alone, limit our costs, and create a core team for future inter utility collaboration. Though the study will cost approximately \$500,000, by partnering with other utilities, PGE's share will not exceed \$27,000.

HDR has been selected to conduct the study (in partnership with CALSTART, S Curve Strategies, and Ross Strategic). They study will be completed by EOY.

#### Collaborating Utilities:

- Los Angeles Department of Water & Power
- Northern California Power Agency
- Pacific Gas and Electric Company
- Pacific Power
- Portland General Electric
- Puget Sound Energy
- Sacramento Municipal Utility District
- San Diego Gas & Electric Company
- Seattle City Light
- Southern California Edison Company ("SCE")











## The Turning Point:

Need to Know Handbook for Procuring, Fueling and Maintaining Compressed Natural Gas Bus Fleets



### WHERE C NIFILL UP?

SURVEY OF PRIV TE ND PUBLIC SECTOR
CTIONS TO PROVIDE NEW FUELING F CILITIES
FOR N TUR L G S VEHICLES



**UGUST 2012** 

## Journalism, Blogs & Newsletters

## DJCOregon's Building Connections

\$2 | VOL. 256, No. 234

#### Machine-assisted consensus building in the age of AI

The challenges of making decisions in the face of globalization, Big Data, growing stakeholder diversity, and blurred boundaries created by multiple goal complexity are compelling forward-looking organizations to emphasize consensus when making important decisions.

John Keith, co-founder of Portland-based Lucid, which offers consulting and technical services to help organizations optimize meeting effectiveness, contrasts consensus to two other major types of decision making models. One is command and control, intuitive to most people as a decision-making where leaders make top-down decisions without consulting their teams. The other is collaborative decision making, where designated leaders still make the important calls, albeit based upon interlocution with others team members possessing relevant information.

Consensus is a more democratic and dynamic form of decision making. It aims not simply to foster trade-offs and compromise within a group but upon making important decisions within a structure that a whole team can buy into and take ownership of and, optimally, be accountable for throughout implementation.

There's no shortage of decision support software on the market with features useful to facilitate command and control and collaborative management, including applications that help integrate Big Data and produce predictive analytics, business intelligence and competitive intelligence, mapping, and visualization. But according to research and advisory firm Gartner, software platforms incorporating algorithms dedicated to generating consensus are still in their infancy.

Ideally, an application dedicated to support consensus would integrate the following functions:

Labelling and visualization for easy under-



**CURRENTS OF CHANGE** 

Matt Slavin

Algorithms to establish areas of stakeholder agreement and disagreement;

Predictive modeling of competing and complimentary scenarios;

Iterative voting, weighing and ranking of proposals among stakeholders;

Near consensus alternatives when full consensus is not possible;

Clear and concise reports mapping out decisions, the grounds upon which they are based, and the steps needed to move forward; and

Capability for stakeholders to revisit and revise their agreements as necessary during implementation.

This looks like a big ask, but in the age of artificial intelligence, maybe not so much. AI is likely to continue its inexorable march toward replicating the cognitive performance of people. As machines learn more about how humans think and express themselves, they will better be able to parse stakeholder ideas and perspectives and mold these into "shared thought" embodying common interests suited to consensus.

Under any circumstances, there will be limits upon what AI-driven consensus building apps can achieve. Most prominently, these applications will only be as reliable as the commitment of involved stakeholders. Optimization will thus depend upon stakeholders who bring the following attributes to the table:

An ability to embrace a common goal and commitment to collectively achieving a desirable outcome by recognizing that the overall success of the group is preponderant; self-seeking manipulation.

Other factors are likely to pave a path forward for machine-assisted consensus. In addition to business, government — which often looks for consensus when making contentious decisions — looks like a prime market for adoption. For example, earlier this spring the Washington State Legislature let out a request for proposals for a contractor to facilitate consensus making among competing parties for development of recommendations for statewide regulation of car sharing services. Building consensus will be a tough row to hoe, as the stakeholders include Uber, known for vehemently resisting regulation. Maybe automation would help.

Another factor is increasing adoption of "we work" groups — loosely federated groups of people, pulled together in an ad hoc fashion as needed for specific endeavors — in place of static organizational team structures. This will attach increased importance to speed and nimbleness in interpreting and articulating the preferences and proclivities of shifting stakeholders as they populate the "we-work" ecosystem, an ideal role for machine learning.

Optimizing software apps for consensus leadership may require reassessment of organizational cultures. To many, the word consensus conjures a time-consuming recipe for "kicking the can down the road." But this should become less of a concern as automation again promises to speed up the consensus-making process.

In general, command and collaborative leadership is best suited for situations requiring reliability and certainty and where the variables are known, whereas consensus best suits scenarios defined by ill-defined problems with that require creativity and departure from norms. Consensus is unlikely to ever supplant more hierarchal approaches to decision making. But

## Oregon's Building Connections

\$2 | VOL. 256, No. 250

#### Racing to catch up to autonomous vehicle technology

The Oregon Legislature has established a task force to make recommendations for regulating operations of autonomous vehicles (AVs) on state roadways. Composed of government, industry and consumer stakeholders, the task force is to report in September on policies and rules that can form the basis for enacting legislation during the 2019 session.

At least 47 states, including Oregon, have enacted or are considering laws, executive orders or other actions to regulate self-driving cars and trucks, according to the task force. It's a critical move. Public skepticism has been aroused by collisions involving AVs, but McKinsey & Co. analysts and other leading experts continue to see a growing market for AVs accompanied by auto electrification, connectivity and shared mobility as inevitable and disruptive.

There's a lot of ground for the task force to cover, and it's divided into committees. Here are some issues they'll deal with:

First, any laws need to make a distinction between vehicles categorized among three different levels of automation:

- Level 3 conditional automation: automated systems perform all of the aspects of driving, with the expectation that a human driver takes over if necessary
- Level 4 high automation: entirely automated driving within Exactly how AVs will alter insurpre-programmed geographic



#### **CURRENTS OF CHANGE**

Matt Slavin

tion might lull drivers to inattention with collisions resulting has led the industry to want to emphasize bringing Level 4 vehicles to market in the current cycle.

A high-profile issue that will need to be addressed pertains to following distances between trucks operating in a "platoon," which generally is defined as a group of motor vehicles traveling in a unified manner in the same lane utilizing vehicle-to-vehicle communications technology to coordinate movements.

Like cyclists in the Tour de France, a connected line of trucks faces less air resistance and can accelerate and brake together over closer truck lengths, producing fuel savings that grow as more trucks are platooned over longer distances. A platoon exemption is a priority for the logistics industry and has generally proved non-controversial elsewhere because of savings efficiencies and environmental benefits.

Another big issue is insurance. ance markets remains unclear,

that the safety premium generated by automated systems will reduce collisions, most of which are due to human errors, not technological ones. Currently, liability insurance rates are based upon drivers, but none of the occupants would be driving a vehicle operating completely driverless, which is the mode of operating insurers would assume to cover risk. So AVs create an imperative for insurance companies to shift liability risk from vehicle occupants to the vehicles themselves in some way.

Another consideration: states that enacted AV laws early generally freed or otherwise provided some legal protection to autonomous vehicle makers, because the AV technology was an after-market retrofit and because they wanted to get in the front seat of the AV revolution. Now, with GM and Ford and others having acquired their own automation technologies, state laws are being amended as necessary to address liability attributable to

vehicle makers and the com-

step before truly driverless cars can hit the road. At this point, Oregon may not go as far as California did earlier this year when it announced elimination of the requirement for AVs to have a person in the driver's seat to take over in the event of an emergency. New California rules also require licensed companies to be able to operate any Level 5 vehicles remotely. Think a pilot remotely operating a drone aircraft, only terrestrially. These are issues that require a thorough thinking through.

The task force and the Legislature need to keep in mind that Congress has its own ideas about how AVs should be regulated. Vehicle makers, technologists and end users do not want to have to face a mishmash of state rules and regulations, which would trip up the market.

A bill passed by the House of Representatives would pre-empt state AV laws and regulations in favor of federal laws. The bill was on the fast track, but the desire of some very influential senators to better study the issues led the Senate to slow the bill's progress. Still, a pronounced federal role that likely involves some manner of pre-emption will be needed for AVs to take hold. So some or all of what Oregon comes up with may prove moot at some point.

To follow the task force's work, google "oregon autonomous vehicle task force."



### Best-Value DBOM Contracting Optimizes CNG Infrastructure for Transit Fleets

There is no one size fits all for CNG infrastructure solutions, because different transit fleets face different needs, capabilities and constraints. But, transit agencies can capture significantly higher performance at lower costs and in less time by using best-value DBOM contracting when compared to using a traditional least-cost DBB model.

BY MATTHEW I. SLAVIN, Ph.D.

Transit agencies face complex decisions when converting their fleets to buses that run on compressed natural gas (CNG), a cleaner, lower cost fuel than diesel. Acquiring the bus rolling stock is central. But, equally important is the best approach to contracting for the infrastructure needed to fuel a CNG bus fleet.

Some transit agencies elect to have their CNG infrastructure delivered using the construction procurement practice known as Least Cost (or low cost) Design-Bid-Build contracting, or DBB. But use of Best Value Design, Build, Operate and Maintain procurement methods, known as DBOM, has grown rapidly. There is no one-size-fits-all for CNG infrastructure solutions, because different transit fleets

straints. Transit agencies can capture significantly higher performance at lower costs and in less time by using best-value DBOM contracting when compared to using a traditional least-cost DBB model.

#### BEST-VALUE VS. LEAST-COST

"Least-cost contracting can be very effective for purchasing routine services and materials. But a CNG station is a complex system that should be designed and operated as a whole in order to function correctly, reliably and successfully," says Jennifer De Tapia, director of market development for Trillium CNG. Trillium has built more than 130 CNG stations over the past 20 years and manages CNG infrastructure for over 25 transit prop-

Calif.'s San Diego Metropolitan Transit System and the Orange County Transportation Authority, Va.'s Greater Richmond Transit, and Colo.'s Roaring Fork Transit Authority.

Under the traditional DBB model, a transit agency issues separate solicitations for design and construction of CNG infrastructure, including the all-important compressors and CNG storage vessels, gas dryers, controls and monitoring equipment and CNG dispensers (see diagram on pg. 32). And, the construction solicitation cannot start until the first solicitation and subsequent design is complete. The agency might also issue solicitations for a contractor to operate and maintain the infrastructure, or, alter-

## Run for the money: The case for climate stress testing of banks

BY MATTHEW SLAVIN | 1.12.21

Asked why he robbed banks, the infamous bank robber Willy Sutton is reputed to have said "Because that's where the money is." Advocates of meaningful action on climate change should take note, it's time to mandate climate stress testing for the nation's largest banks. Forward leaning states and cities have enacted a spectrum of clean

Forward leaning states and cities have enacted a spectrum of clean energy mandates, incentives, green building codes, emission caps. Some like in California are far-reaching. But as the scholars William Travis, Thomas Wilbanks, and the late Robert Kates recognized a decade ago in the Proceedings of the National Academy of Sciences, many of these measures have limited reach, are intermittent, and incremental. What's needed is a transformative change, a revamping of underlying assumptions, rules, governance, and costs so that traditional modus operandi are fundamentally and systemically altered for the long-term fight against anthropogenic global warming.

NOAA's National Centers for Environmental Information estimates that severe weather events in 2019 due at least in part to climate change resulted in \$45 billion in losses to U.S property, crops, and infrastructure. It's an underestimate, including only the 14 most severe fires, floods, and hurricanes each causing at least \$1 billion in damages. Public health costs are excluded. NOAA estimates losses at least partly attributable to climate change have reached at least \$1.7 trillion since 1980. When you talk about losses this big, the money center banks supervised by the Federal Reserve need to be part of the conversation.

The Fed has now taken a step toward climate change stress testing of big U.S. banks. In late November, Fed Vice Chair for Supervision Randal Quarles told the Senate Committee on Banking, Housing, and Urban Affairs that the Fed had asked to join NGFS, the Network for Greening the Financial System. NGFS is a consortium of central banks and regulatory agencies organized to address climate change through financial practices. The Fed's move followed acknowledgement in November of climate change as a systemic risk to the nation's financial system in its semi-annual stability report, for the first time. Fed Governor Lael Breinard has championed testing the relationship between climate change and financial risk.

Still, the Fed's approach has been cautious. The central bank has not yet imposed climate stress testing for the banks it supervises in the face of methodological and political challenges. Nonetheless, on December 7, by a 6-0 vote by the Board of Governors, the Fed joined NGFS.

#### How it Would Work

The underlying architecture for climate stress testing exists in the macroeconomic stress testing the Fed already requires of the big banks. Macro stress testing emerged from the Great Recession as a way to evaluate bank and financial sector resilience in the face of external shocks to the financial system. Measures of climate and financial performance would generate threshold scores for climate risk, both for individual banks and the financial system as a whole. These scores would be used to drive policy. For example, risk tranches could offer more favorable terms for loans and investments in no- and low-carbon and methane fuels, technologies, and products.

#### Challenges

Climate stress testing is subject to concerns about methodology, on the grounds that insufficient data exists for correlating climate variables and financial performance over a long 30- to 50-year time horizon implicit to climate change (versus nine quarters used in macro stress testing). reliable. Critics point to a lack of data needed to establish correlations between climate and GDP, interest rates, and prices, for example.

Some past data useful for correlating these variables can probably be accumulated with a dedicated effort. More to the point is the framework NGFS set out in its June 2020 publication Guide to Climate Scenario Analysis for Central Banks and Supervisors. This unprecedented document acknowledges "The forward-looking nature of climate risks and the inherent uncertainty about future events make it difficult to assess them using standard risk modeling methodologies." In response, the guide offers various scenarios for climate stress testing with advice for using scenario analysis. The scenarios will of course be more closely specified over time as more data is collected. Just because climatological stress testing hasn't been done before is no excuse to not start now, given the grave threat posed by the climate crisis.

Political opposition was expressed in a letter issued on behalf of 47 House Republicans on December 9. After reiterating the above methodological points, the letter asserted that climate stress testing could "accelerate the ill-advised pattern of "de-banking" legally operating businesses in industries, such as coal and oil and gas."

Well, that's not much of an argument, as hydrocarbon consumption is by far the biggest driver of the climate crisis and the goal is to get off coal, oil, and gas. Duke, Southern, and TVA plan to build as many as two dozen gas plants. Climate stress testing might make investing in these types of facilities riskier and costiler, thus capturing externalized risk from oil and gas and encouraging investment in decarbonizing renewables, electrification, and storage. Europe has already started down this path.

#### The Time is Now

Public support for concerted action to fight climate change is at its highest level ever. Pew Research reported in late November that 67 percent of Americans said the federal government was not doing enough to reduce the effects of global climate change. President-elect Biden has pledged to rejoin the Paris accord on day 1 and to spend \$2 Tillion on a nation-wide campaign to fight climate change and create greener jobs, almost 20 times what was spent on clean energy under the 2009 American Recovery and Reinvestment Act. Recognizing the threat climate change poses to U.S. national security, Biden plans to appoint former Secretary of State John Kerry and former EPA Administrator Gina McCarthy as climate czars in the battle to reduce global warming. These proposed appointments are a good first step, but more difficult challenges await in the battle against climate change.

The hard part is catalyzing the transformative change needed to mitigate and reverse global warming while ensuring economic growth. To date, most policies targeting climate change have been largely transactional, intermittent, and incremental. Carbon pricing remains a nescent enterprise subject to political vicissitudes and not ready for prime time as parties parochially maneuver to protect their sectoral interests.

Equity issues are involved. Thoughtful green economy agendas driven in part by climate stress testing can address these. But the Fed is by and large insulated from politics, bone right, climate stress testing of the big banks can help transform the foundations of risk and reward and steer us to a healthier climate founded on sustain-



RENEWABLE ENERGY WRLD



Dr. Matthew Slavin pressits on climate residence, decarboritation of greety and sustainable economic decayamost and infrastructure following a cases in industry and government in Washington D.C. and the Pacific Northwest Contact Watton or materialists in cern.



## NGV TODAY

YOUR SOURCE FOR NATURAL GAS VEHICLE MARKETS, TECHNOLOGY AND POLICY

#### **MARCH 04, 2015**

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**PLUS: Funding, RFPs, Events** 

#### **LEADING NEWS**

### LNG tax equalization bill approved by Senate Finance Committee

The U.S. Senate Finance Committee has approved S 344, a measure designed to eliminate the federal excise tax penalty imposed on LNG when sold as a transportation fuel in the U.S. Sponsored by Sens. Michael Bennet (D-Colo.) and Richard Burr (R-N.C.), the measure is modeled on a companion bill introduced in the House of Representatives by Reps. Mac Thornberry (R-Texas) and Rep. John Larsen (D-Connecticut), HR 905, the LNG Excise Tax Equalization Act of 2015.

Federal Excise Tax on NatGas and Petroleum Fuels			
	Now	With	
		Change	
LNG/DGE	\$0.413	\$0.243	
Diesel/Gal	\$0.243	\$0.243	
CNG/GGE	\$0.183	\$0.183	
Gasoline/Gal	\$0.183	\$0.183	

Currently, the federal government taxes LNG based on the volume of fuel sold, measured in gallons. The federal excise tax on diesel is also assessed volumetrically. Both fuels are taxed by the federal government at a rate of 24.3 cents per gallon sold. But because LNG has lower energy content than diesel – It takes 1.7 gallons of LNG to produce the same amount of energy as a gallon of diesel fuel – current federal law results in a gallon of LNG being taxed at an effective rate 70 percent higher than that at which a gallon of diesel is taxed.

Enacted into law, S 344 and/or HR 2202 would revise the federal excise tax on LNG so that it is levied on the basis of LNG's energy content, at a rate of 24.3 cents per energy equivalent of a gallon of diesel, equalizing the excise tax on LNG with that of diesel. Federal law already taxes CNG on an energy content basis, at a rate of 18.3 cents per the energy equivalent of a gallon of gasoline. So the bills would also harmonize the way the federal government

## Texas NGV incentives generate almost \$500 million in economic output, support 3,000 jobs by 2018

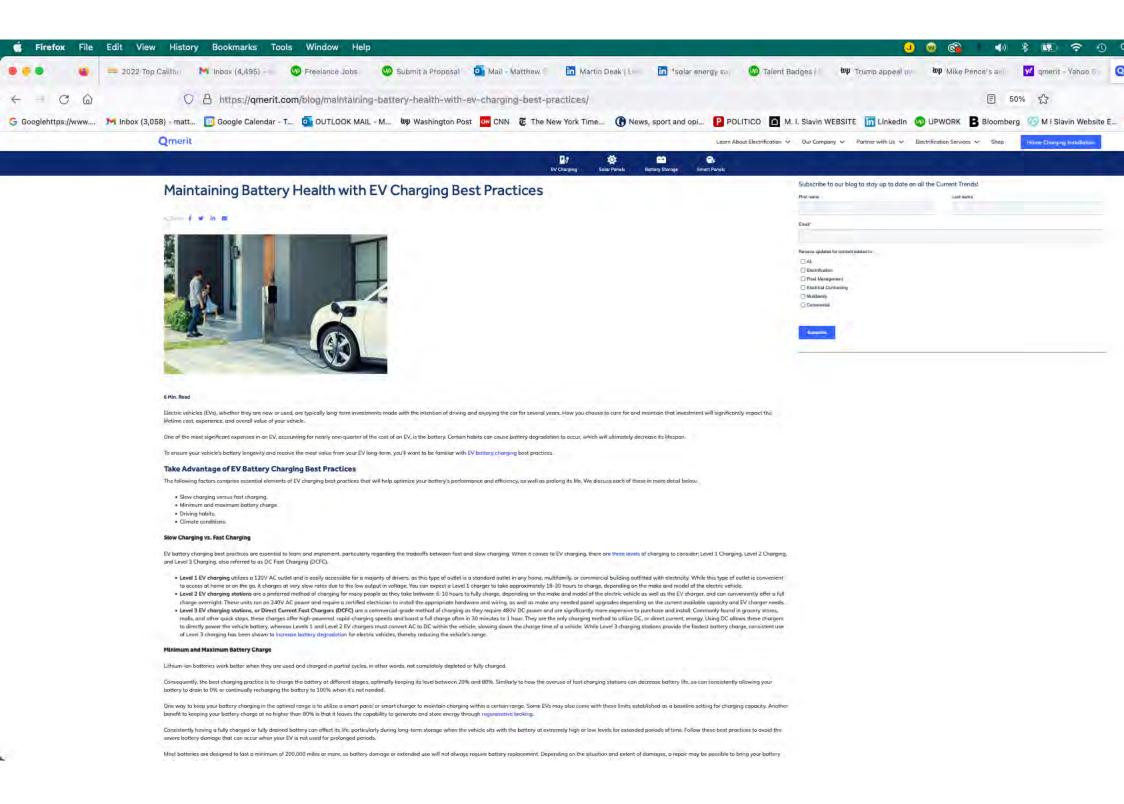
The growing number of NatGas fueling stations being built is allowing the industry to get a better hand on the economic impacts of deploying NGVs, developing NGV infrastructure, and the incentives that state governments offer to help underwrite NatGas fueling station development and fleet deployments of NGVs.

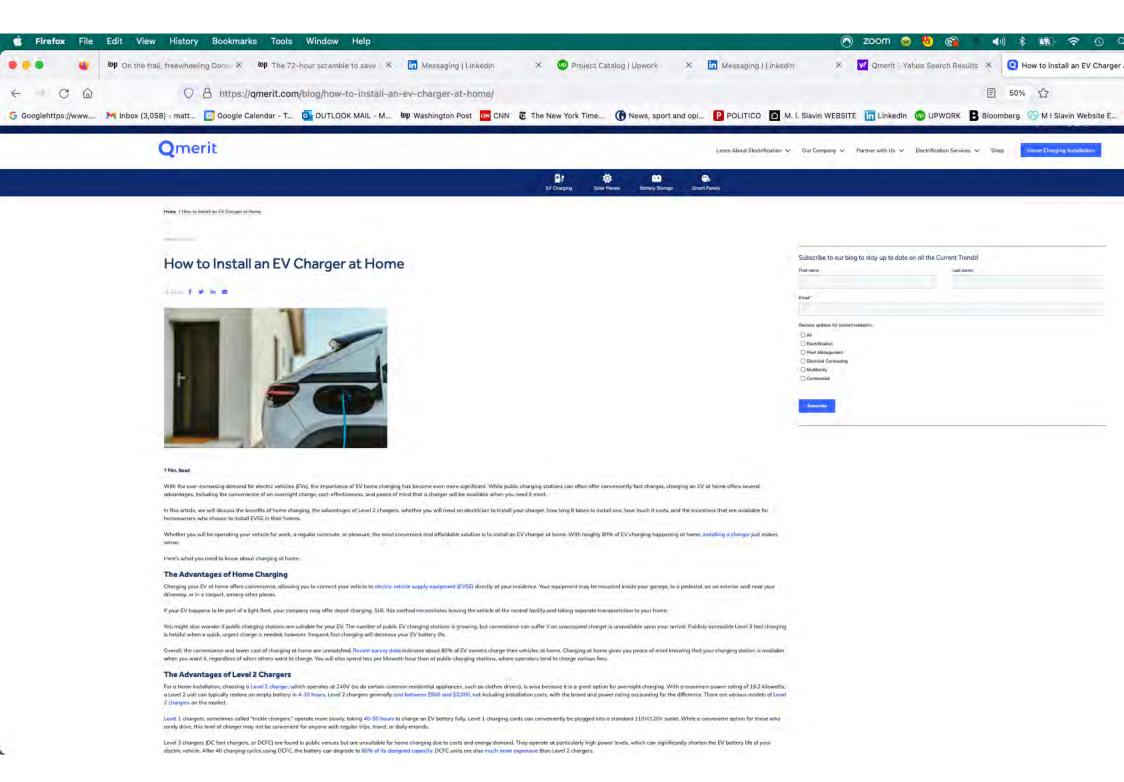
A case in point is a study recently completed by the Institute for Economic Development at the University of Texas at San Antonio (UTSA). The study examined the economic impact of fleet deployment and NatGas fueling station incentives offered under three programs administered by the Texas Department of Environmental Quality (TCEQ). The Institute concluded that \$52.9 million in grants awarded by the three TCEQ incentive programs generated \$79.1 million in gross state products and supported 927 full-time jobs in Texas in 2014. According to the analysis, the incentive programs are generating significantly rising economic and job impacts on a year-over-year basis (see table page 2).

The three TCEQ incentive programs are the Clean Transportation Triangle (CTT) Pro

I've published and edited newsletters, including for three years, this online industry leader

(continued on Page 2)





## INSIGHT

[ ISLAND COMMENTARY ]

### **ENERGIZED!**

Time-of-day pricing and solar panels are smart ideas under Hawaii's sm

BY MATTHEW L'SLAVIN

restrictives of the Clean Crergy and Security Act in a reminder of the Clean Crergy and Security Act in a reminder of the threat possed to thought more frequent stronger tropical atoms threaten to erode beaches, submer a beachfrost properties, and after Hawaii's from an aid agreedowal economies. Fortunately, Hawaii can do its stare to combat global warning and in the process, help amiliarate its dependence upon imported of for electricity generation.

Hawait depends upon the burning of inported oil to generate over 80 percent of its exercise, for more than any other state. Tightening oil markets are raising bousehold and business costs and in any event, oil supplies will be unadficient to satisfy global demond in 50 years time or less.

Fortunately Hawaii is endowed with to mendious resources with which to sucless fully manage its energy future. The anawer line in increasing energy efficiency and appears Hawaii's producous renewable co-

On energy efficiency, a positive step being faint a fine-of-day pricing (TOD), under one detailor by the state public utilities resemble in 4 aids TOD, a higher electricity are a charged during peak early-morning and and evening fears than during off-peak least. The air conts with the need to electric utilities to generate more expensive providing peak than off-peak periods.

TAID encourages insure trade an stall appliance use for fauntry, distributing and after chores to all-peak hours. Driving very effective method of reducing peakmann, demand.

More progress arrives next year when all sewir constructed because will ment to have reached thermal solar panels installed. The water these heat includes the ment to burn of to generate electricity. Taking this to the next level, existing homes could be required to be stall these panels when they are sold, since presisting homes will continue to account for the overwhelming majority of the islands' building stock for many years to come.

Commercial office hotel, retail and apartment buildings utilize one-fluid of electricity consumption in the U.S. and generate an equivalent amount of greenhouse gas emissions. Honolohi already requires new probably owned buildings to be built to high performance LEED standards. LEED (Leadership in Energy and Environmental Design) can reduce buildings emergy consumption by up to 50 percent and greenhouse gas emissions by up to 70 percent.

LEED in private buildings could be succur-

LEFE in private moldings could be encounaged by enacting a fee-balls system similar to that being considered in Portland, Ore, under which buildings that smooth rectain LEED standards would receive a reliate on their building permit fees.

At the end of the day, however, Hawaii will will need to combon the dependence upon of for electricity generation and here again.

pregress is forthcoming. The Hawaii Clean Energy Initiative seeks to menerate up to Til percent of Hawaii a sectificity from recessable wind, solar, martin and geolified in a rivergy resources. Hawaii can attain this goal but it will require investments to oppose and expand electrical transmission systems, tochiding water borne transportation of electricity from Islands where renewable energy potential is greatest to Honombi where most of the demand is.

Wind furbines are easily interspaced upon agriculture land, but large-scale solar lums require expansive loctprints. Concerns about interrupting view corridors and NIMBY attitudes on islands that would export their renewable energy to Honolulu are problems. One solution lies in HECO's application to the Public Utilities Commission for permission to install up to 16 megawatts of photo-voltaic cells on the roofs of flat-topped warehouse buildings.

Hawaii is doing the right things. Continuing down this path can belt emaine that as the ride of global warming to have its boat lifted and because the most energy independent that in the nation.

Malt States in a Professed. One Second austannahillin und clean energy consultant. He not vidy pour different in presents his book. The Topic Edition Line Secondality. Parches, Parches, and Perspective in America, a Chief. In he published nest year.

THE LAST WORD

"I feel very lucky because there is certainly a lot of good female officers in the Army Reserve."

Brig. Gen. Michele Gillen Compton About taking over the Army Reserve's 3th Mission Support Command at year's end



PRACTICAL CONTRACTOR AT



## Results of a case study I published in trade publication Waste Advantage. I sometimes

## CNG Rising: What You Need to Know About the New Dominant Refuse Fleet Fuel

Refuse fleets are at the forefront in ushering in growing use of CNG as a transportation fuel. In doing so, they are reducing their operating costs, lowering emissions, improving efficiencies and bolstering their competitive position.

■ By Matthew Slavin and Matthew Tomich

Diesel's long dominant position as a refuse fleet fuel is being usurped by compressed natural gas (CNG), a lower cost and cleaner, quieter burning fuel. In 2003, fewer than 700 natural gas fueled refuse and recycling trucks were operated in the U.S. Play it forward and, today, the number has risen seven-fold or more, with between 5,000 and 7,000 in service (estimates vary by source). 6,000 to 7,000 new refuse trucks are shipped annually in the U.S., and more than 50 percent<sup>1</sup> that entered service in 2014 are powered by CNG, up from 44 percent in 2013<sup>2</sup>.

Ten years ago, virtually all of the nation's CNG refuse trucks were based in Southern California. Today, CNG refuse trucks are operating in at least 20 states, according to the publication *NGV Today*. All indications suggest purchases of CNG refuse trucks will continue to climb, reaching 60 percent or more of collection trucks sales by 2016, maybe sooner. Here's what you need to know about the inroads being made by CNG as a fuel of choice for refuse and recycling fleets.

CNG truck fueled with renewable natural gas produced from bio-digested food waste in Sacramento, CA. Photo courtesy of Atlas ReFuel and Clean World Partners.



	se Truck Deploymer Case 1	Case 2	Case 3
CNG Fleet Size	20	20	30
Fleet Owned Stations	0	1	1
CNG Price (\$/DGE)	\$2.22	\$1.78	\$1.78
Diesel Price (\$/Gal)	\$4.01	\$3.90	\$3.90
Tot. Vehicle Incr. Cost	\$760,000	\$760,000	\$1.1 mm
Fuel Station Cost	\$0	\$1.1 mm	\$1.1 mm
Total Capital Cost	\$760,000	\$1.86 mm	\$2.2 mm
Yearly Fuel Savings	\$251,000	\$296,000	\$444,000
Simple Payback (Yrs)*	3.0	6.2	5.0

\* Incentives can further shorten payback period. Source: Office of Energy Efficiency and Renewable Energy, U.S. Dept. of Energy, Case Study: Compressed Natural Gas Refuse Fleets, February 2014. Assumes incremental cost of \$38,200 per CNG unit; 2.1 mpg fuel economy for CNG and diesel trucks; and trucks operating 14,500 miles annually. Case 1 assumes offsite fueling with third-party retailer; Cases 2 and 3 assume refuse fleet constructs own time-fill station at cost of \$1.1mm.

Table 1

#### CNG Fueling Infrastructure

Most refuse fleets fuel their CNG trucks by building time-fill fueling systems. With time-fill, CNG is delivered directly from a compressor that pressurizes the gas into onboard fuel storage cylinders, with the vehicles being fueled over several hours overnight. In some cases, a fleet will decide to design, build, operate and maintain (DBOM) this infrastructure in-house. In other cases, the fleet may contract out all or some DBOM functions to a turnkey fueling infrastructure provider, a number of which are active in the market, including Trillium CNG, Clean Energy Fuels and TruStar Energy. The costs for building this fueling infrastructure will vary by the number of vehicles that need to be fueled—and the corresponding station size—but according to the previously cited Energy Department report, on average, the cost of building a time-fill CNG station to fuel a 30-truck refuse fleet averages about \$1.1 million. Some, mostly smaller, fleets decide to fuel their vehicles using infrastructure owned and operated by third-parties independent fueling stations or stations owned by local government agencies; for example, where they may pay a higher retail fuel price than they would pay if they fueled at their own fleet-owned station.

#### Payback Period

The incremental costs of purchasing CNG vehicles and building fueling infrastructure are more than offset by lower fuel costs afforded by the price

diesel prices than those prevailing today, given recent declines in the cost of oil. Still, adjusting the calculations to reflect today's average diesel price of \$3.60 per gallon generates a still appreciable payback period of six years for the same 30-truck fleet. Payback is accelerated if the vehicles are fueled at third-party owned stations, because the cost of fueling infrastructure is avoided (although the fleet will pay a higher retail price for purchasing fuel). Also—a critical consideration—CNG savings is generally a function of the amount of fuel consumed, called throughput. So the paybacks shown in Table 1 may be conservative, being significantly accelerated in practice as more CNG trucks are deployed and the vehicles drive more miles (Case 2 compared to Case 3 in Table 1).

#### Incentives Further Accelerate Payback

Incentives, in the form of tax credits, grants, rebates and voucher-based vehicle price buy-downs, can further accelerate payback period. California, Texas, Colorado, Florida, Indiana and Pennsylvania offer particularly robust incentive programs for purchasing vehicles that run on CNG. Florida offers rebates for up to \$25,000 per CNG truck purchased or leased. For example, while Texas offers grants that can offset up to 90 percent of the incremental cost of purchasing or leasing heavy-duty CNG trucks, other states offer incentives as well, and some states offer incentives for building CNG fueling infrastructure. The federal government has for several years

## HEALTH CARE & MED-TECH

## DJCOregon's Building Connections

\$2 | VOL. 258, No. 37

#### Bioscience is moving the economic needle in Oregon

A new kid on the block is carving out space in the Oregon economy's pecking order. Bioscience is a diverse array of establishments spanning industry, education and health care entities. It can be sorted into agricultural feedstock and industrial bioscience, drugs and pharmaceuticals, medical devices and equipment, research, testing and medical labs, and bioscience-related distribution. The latter is categorized as delivery of pharmaceuticals, medical devices and agricultural bioscience products that often require specialized technologies including cold storage and regulated product monitoring, for example.

An economic impact report released earlier this year showed Oregon's 800-plus bioscience establishments to have contributed \$6.5 billion to the state's economy in 2017, with \$3.9 billion in exports. These establishments supported more than 47,000 jobs directly and indirectly. A 2018 report from the Biotechnology Innovation Organization, the national trade association, shows Oregon having particular specializations in agricultural and pharmaceutical products and research and testing.

Major league players are here, including Lilly, Genentech and Amgen. But about half of the state's establishments have four or fewer employees,



**CURRENTS OF CHANGE** 

Matt Slavin

become the Oregon Bioscience Association's (OBA) executive director.

Signs of confidence are readily found. One is \$363 million in basic bioscience research funding obtained by Oregon hospitals and universities.

Then there's two adjacent buildings to be built in Portland's Central Eastside Industrial District. Dubbed the NIR Center, for New Industrial Revolution, it will provide 347,000 gross square feet of space – including bio-safety level 2 wet lab space. Bozinovic says these are the first facilities designed specifically to cater to bioscience needs to be built in Oregon exclusively with private money.

"It will help remedy one of the biggest barriers to growth of Oregon's bioscience sector, which is the lack of lab space," she said.

Construction of the NIR Center will follow renovation of a three-story warehouse to create a fourth floor. That building, also in the Central Eastside Industrial District, is named the Eastside Innovation Hub. Summit Development Group is the developer of both projects. Of the Hub's 40,000 gross square feet, 18,000 will be oc-

a product of cell damage, and measuring them can indicate the presence of diseased cells.

The plan is for the NIR Center to house graduates of the Oregon Bioscience Incubator. Operated by the nonprofit Oregon Translational Research and Development Institute (OTRADI), the OTRADI incubator opened its doors in 2007 in the South Waterfront District.

Many key players wear multiple hats. Take immunotherapist Dr. Bernie Fox who, with his son Bernard Fox III, founded UbiVac. They are developing drugs to enable immune system cells to recognize and attack different types of cancers. Current drugs don't work in people whose immune systems do not recognize different types of cancers. Perfected, the market for these types of drugs is in the billions of dollars. As for other hats, the elder Fox holds an endowed chair in cancer research at Providence Cancer Center and also teaches at OHSU.

Many bioscience products are regulated by the FDA and other federal agencies while the patents' underlying innovations are often litigated in state and federal courts, making engagement with government a core priority for OBA.

"Regulations with the best of intentions can have unintended consequences that obstruct the innovation and production cycle," Bozinovic said, adding

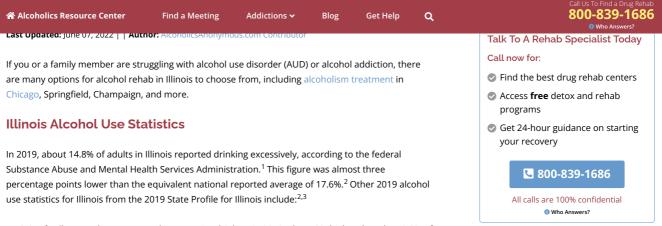
and to incentivize outside investment in startups and early stage companies," said Nancy Lime, an OBA board member and senior vice president at device and diagnostics company Sedia Biosciences. This fall, OBA will hold its first Legislative Academy – a day and a half of briefings, forums and visits to company worksites to educate lawmakers on what it takes to continue to grow the state's biosciences sector.

One more thought: diseases that proliferate in warm climates will become much more widespread due to climate change. Those include malaria as well as dengue fever, Zika, chikungunya and West Nile virus – and North America won't be exempt. By the same measure, warmer weather will unleash diseases that destroy crops.

CDP, formerly the Carbon Disclosure Project, has reported that executives at big pharma companies expect huge demand for medicines to deal with the climate-induced proliferation of disease. Linking Oregon's reputation as a leader in the fight against climate change to its growth in bioscience could serve as another area where Oregon bioscience could produce both economic gains and better human health in a hotter future.

There's a lot happening with bioscience in Oregon. Let's keep moving the needle.

#### I prepared a series of profiles of alcohol abuse treatment centers in various states and cities for Alcoholics Anonimous



#### **Related Articles**

> Alcohol Rehab in Chicago, Illinois

- 64% of college graduates engaged in excessive drinking in 2019, about 3% higher than the 13.3% of Illinois residents with only a high-school education.
- Adults aged 18 to 44 drank most excessively, at 19.6%, compared to the 5.3% rate among adults aged 65 and older. The rate for adults aged 45 to 64 was 14.3%.
- Men reported drinking excessively at 18.1%. For women, the figure was 11.8%.
- Those earning more drank more: People with incomes of \$75,000 greater consumed more alcohol than those with modest earnings.
- 13% of adults engaged in binge drinking. For a typical adult male, binge drinking means consuming, within two hours, five or more drinks for men and four or more drinks for women.
- About 8,310 clients received AUD rehab on March 29, 2019, accounting for 16.5% of persons receiving rehab for alcohol and drug disorders in Illinois.
- Eighty per 100,000 Illinois residents received rehab for AUD in Illinois facilities on March 29, 2019.

According to the National Center for Drug Abuse Statistics:<sup>4</sup>

- There are 391 deaths in Illinois yearly due to excessive alcohol use.
- Males account for 72.3% of Illinois' annual deaths attributable to alcohol use.
- Chronic AUD is responsible for 52.4% of deaths in Illinois due to excessive alcohol consumption.
- The Centers for Disease Control estimates that Illinoisans lose 100,018 years of potential life due to alcohol annually.

Illinoisans consumed a per capita average of 2.32 gallons of alcohol per year in 2022.5 This compared to a nationwide average of 2.47, making Illinois the  $23^{\rm rd}$  lowest per capita alcohol-consuming state.

#### Cost of Alcohol Rehab in Illinois

Rehab costs vary widely, but in general, you can use the following cost estimates for obtaining alcohol rehab in Illinois:<sup>6</sup>

- Outpatient costs are estimated to range from \$1,500 to about \$10,000 for thirty days of treatment.
- Inpatient costs can range from about \$5,000 to around \$50,000, \$80,000 or more for a 30-day program.
- Estimates of the cost of a seven-day detox range from \$1,750 to \$5,600.

As a general rule:

- Inpatient rehab costs more than outpatient rehab due to the cost of room and board.
- The higher amenity at rehab, the more expensive it will be.
- The longer you are in rehab, the more costly it will be.

#### Low-Cost and Free Rehabs in Illinois

Health insurance can substantially lower out-of-pocket rehab expenses, whether inpatient or outpatient. Some health insurance covers AUD rehab, but not all, and what's covered differs by the insurer. Contact your health insurer or state Medicaid office to understand which facilities and types of rehabs you are covered for what costs you may need to pay yourself.

Clients who do not have insurance or cannot otherwise afford rehab costs often seek treatment in government-funded rehabs. Demand for state-funded rehabs is great, so you may be placed on a

#### LOOKING FOR PROFESSIONAL HELP? FIND A REHAB NOW! 4 800-839-1686

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#### How Do I Pay for Alcoholism Treatment in Illinois?

You have some options to consider if your insurance does not cover alcohol rehab or only covers parts of its cost.

#### **Choose a Program That Offers Payment Plans**

Installment plans are available at many rehabs. As with a loan, you will need to document your income, major expenses, and perhaps owned assets like homes and cars. Installment plans usually involve interest and other charges. Make sure you understand all repayment terms before committing to an installment plan.

#### Apply for a Rehab Scholarship

There are some rehabs and corporations, and foundations that offer scholarships for rehab. These scholarships can pay all or part of the cost of your rehab. The amount of the scholarships is up to the granter. You will need to complete an application to apply for a scholarship, documenting why you need the scholarship to pay for rehab, your prior and current AUD and rehab history, and your plans to stay sober after rehab. Contact rehabs directly to find out if they offer scholarships.

#### Find a Sliding Scale Rehab Program

Many rehabs offer sliding scale payment options if you cannot pay full rehab costs yourself. A sliding scale bases the cost of your rehab on what you can pay. The less your ability to pay, the less the cost will be. Contact rehabs directly or search the internet to find rehabs offering sliding scale payment options. Documentation of your income and expenses will be required to apply.

#### Popular Programs for Alcohol Rehab in Illinois

There were more than 775 listed rehab facilities in Illinois in 2019. Here are some popular Illinois alcohol rehabs to get your search started.

#### Gateway Foundation: Carbondale, Illinois

Located in southern Illinois, the city is home to Southern Illinois University. Carbondale has a suburban cityscape centered on the university, with a student enrollment of about 14,500. Gateway is the country's largest nonprofit operator of AUD and substance misuse rehabs. The facility offers inpatient and outpatient treatment and medical detox. In total, Gateway operates 16 rehab facilities in Illinois. The Carbondale facility provides a complete echelon of core AUD rehab modalities revolving around a spiritually influenced 12-step philosophy emphasizing mindfulness-based sobriety. Dialectical behavior therapy, motivational interviewing, and trauma-informed therapy are also available. Gateway accepts insurance from several major insurers, including Blue Cross Blue Shield of Illinois.

#### Haymarket Center: Chicago, Illinois

This rehab provides inpatient and outpatient treatment for men and women from its location on Chicago's west side. Medical detox is also available. Being just off interstate 94 with nearby public transit ensures easy access. In addition to its core inpatient and outpatient treatment modalities, Haymarket provides on-site childcare. It also provides help for clients preparing to take the GED exam and offers specialized programs for pregnant and post-partum women and fatherhood training. Spanish- and Polish-speaking staff are available.

#### Comprehensive Connections Vantage Point: Mount Vernon, Illinois

This rehab is in the small city of Mount Vernon, Illinois, about 50 miles east of St. Louis along I-57 between Springfield and Carbondale. The rehab provides inpatient treatment, including detox and outpatient rehab. Comprehensive Connections provides ground transportation to and from the facility throughout 18 largely rural Southern Illinois counties. In addition to the Mount Vernon rehab, Vantage Point operates four rehabs in metropolitan Chicago.

#### Rock Island County Council on Addictions (RICCA): Eat Moline, Illinois

This rehab is in East Moline, in the Quad Cities, in the west-central part of Illinois. It serves Illinois residents living in the Quad Cities and its environs and residents living in the lowa part of the Quad Cities area. It provides outpatient services and operates a sober living halfway house extended residential care facility. Men and women are both served. In addition to core therapy modalities,

#### **Executive Rehab for Working Professionals**

These rehabs are for clients who need to be able to frequently communicate with their businesses during inpatient rehab due to their professional responsibilities. Rooms are usually very comfortably furnished with private or double occupancy. Clients are allowed flexible access to cell phones and laptops and may even have private offices they can use when needed. Executive rehabs are expensive and usually paid for with insurance, with a company covering non-covered costs.

#### **Dual Diagnosis Treatment for Co-Occurring Disorders**

Co-occurrence between AUD and other mental health disorders is common.<sup>11</sup> Dual diagnosis rehab involves physicians, psychologists and psychiatrists, and therapists working together to foster the best outcomes for a patient's AUD and co-occurring disorder using therapy and medications.

#### **Depression and Alcohol Addiction**

Sadness, loss of self-worth, lack of interest in activities, friends, family, work, leisure activities, and thoughts of self-harm indicate depression. Clients diagnosed with alcohol addiction are 2.3 times more likely than the others to have experienced a major depressive episode in the prior year. <sup>12</sup> Selective Serotonin Reuptake Inhibitors (SSRIs) are used to treat depression by stabilizing the neurotransmitter serotonin in the brain, affecting feelings of well-being. <sup>13</sup> Commonly used SSRIs include Celexa, Lexapro, Prozac, Paxil, and Zoloft.

#### **Anxiety and Alcoholism**

AUD co-occurs in 2.4% of people diagnosed with a social anxiety disorder (SAD). <sup>14</sup> In 79.7% of co-occurring cases, the onset of SAD precedes an AUD diagnosis. Symptoms of SAD include excessive worrying, panic attacks, fear of interacting with strangers, and seeking to isolate yourself. Counseling and SSRI antidepressants are used to treat SAD.

#### PTSD and Alcohol Addiction

Posttraumatic stress disorder is another mental health disorder co-occurring with AUD. PTSD is triggered by witnessing terrifying events. Symptoms include anxiety, flashbacks, and nightmares. AUD co-occurs with PTSD over the lifetimes of 57.7% of PTSD diagnoses. <sup>15</sup> Combat veterans experience high rates of PTSD. Between 11% and 30% of US veterans are diagnosed with PTSD. <sup>16</sup> Depression also accompanies PTSD, treated with cognitive and dialectical behavior therapy and SSRI medications.

#### Bipolar Disorder and Alcohol Use Disorder

Bipolar (BD) is indicated by extreme mood swings between feelings of elation and depression. One study reported that 62% of BD diagnoses also had an AUD diagnosis. <sup>17</sup> Another study found that at least one-third of those diagnosed with BD indicated AUD. <sup>18</sup> Treatment of BD uses psychotherapy, mood stabilizers, antidepressants, and anti-anxiety medications.

#### Personality Disorders and Alcohol Addiction

Rigid and self-destructive thinking and an inability to fit into everyday social situations are signs of personality disorder. Personality disorders first begin in late adolescence or early adulthood. Estimates are that AUD co-occurs in 50% of personality disorder cases in some populations.<sup>19</sup>

#### Types of Addiction Therapy Used in Alcohol Rehab

#### **Cognitive Behavioral Therapy**

Cognitive behavior therapy aims to change how you think to overcome AUD.<sup>20</sup> The goal is for you to teach you ways to identify and anticipate problem-causing behaviors leading to alcohol consumption and manage these behaviors exclusive of alcohol.

#### **Dialectical Behavior Therapy**

The focus of Dialectical behavior therapy (DBT) is to develop healthy ways to cope with stress, accept past mistakes, manage change, and enhance relationships with others.<sup>21</sup>

#### **Motivational Enhancement Therapy**

Motivational enhancement therapy is also called motivation interviewing. It seeks to teach you to focus on' sobrieties' positive contribution to a healthy, happy, and balanced life.<sup>22</sup>

#### **Contingency Management**

This is a sometimes used approach to AUD rehab. It in involves providing rewards in exchange for positive behavioral change.<sup>23</sup> To take an example, you would be provided an award like a prepaid

debit card in return for passing a urine test to determine if you have consumed alcohol.

#### **Group Therapy**

Group therapy is at the heart of all rehab programs. In group therapy, you meet with other clients to share stories about the causes and consequences of everyone's experiences with alcohol use. A facilitator helps moderate the group. Through group therapy, clients receive mutual support and learn from others how to live a sober life.

#### **Family Therapy**

Family conflict is a frequent trigger of alcohol misuse. Using this type of therapy, counselors facilitate meetings of family members and the client to discuss the sources of conflict and eliminate family conflict as a source of AUD.

#### Should I Travel to Illinois for Alcohol Rehab?

You may want to travel for alcohol rehab in Illinois:

- Family or friends in Illinois can support your rehab.
- Your insurance covers rehab in Illinois.
- The type of rehab you seek is not available where you live but is available in Illinois.

#### Regional Considerations in Illinois: North vs. South and City vs. Rural

Illinois is the sixth most populous state in the United States, with 12,812,000 residents.<sup>24</sup> With a municipal population of 2.7 million and a metropolitan area of nearly 9.6 million, Chicago and its northeast Illinois environs dominate the state. Much of Southern Illinois and western Illinois is rural and more closely tied to St. Louis or Indianapolis than Chicago. But you can easily find quality alcohol rehab in Illinois near me.

Most clients will prioritize the following considerations when deciding where to seek alcohol rehab in Illinois:

- Is inpatient or outpatient rehab right for you?
- Will the cost work? Will your health insurance cover your rehab costs? Does the rehab offer scholarships, a sliding scale, and payment plans?
- Do you want to rehab in a major urban area like metropolitan Chicago or more bucolic environs downstate?
- Are you seeking a rehab providing a holistic or faith-based experience or specializing in treating veterans, people from the LGBTQ and non-binary communities, veterans, or teens?
- What amenities will best help you have a successful rehab outcome? Do the rehab's visitation
  policies meet your needs and the needs of your family and friends?

#### Alcohol and Drug Laws in Illinois

Illinois state government makes most laws regulating AUD rehab in Illinois. Federal laws may also apply. You should be aware of certain regulations and rights.

#### **Right to Privacy**

Federal law requires that information about your rehab must be treated as confidential and cannot be released without your authorization.  $^{25}$ 

#### Illinois Substance Use Disorder Act

Beginning on January 1, 2023, all Illinois health insurance policies must include coverage for medically necessary care needed to treat AUD under 20 ILCS 301/, the Substance Use Disorder Act.<sup>26</sup>

Under the Act, you have the right to:

- Not be discriminated against based on any protection offered by law, including your race, gender, and age, and be treated with respect, dignity, and privacy and protected from harm
- Know how much your course of treatment will cost, participate in developing and revising your ISP, and accept or reject any recommended treatment service
- Refuse to be recorded by video, audio, or photographic technologies and not be observed by oneway mirrors without your consent
- File a grievance and receive help in completing and filing the grievance

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#### **Alcoholics Resource Center**

What Does It Mean to Live One Day At a Time?

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Alcoholism and Codependency: Are You Stuck in an Unhealthy Cycle of Enabling?

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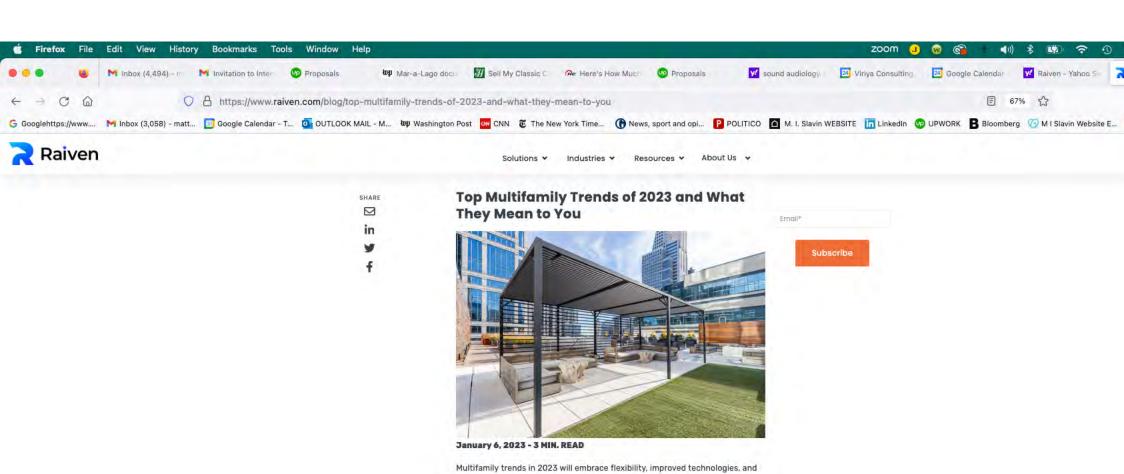
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## REAL ESTATE & DEVELOPMENT



amenities, as well as biophilia, and a focus on mental health and well-being. Incorporating these trends into maintenance, remodeling projects, and new construction will position property managers and owners for success in the

The Roots of the Multifamily Resurgence

surged throughout 2021 and 2022 to all-time highs.

to the pre-pandemic period than the past couple of years.

COVID's rapid spread in 2020 and 2021 saw tens of thousands move into multifamily properties in suburban areas. As a result, the demand for multifamily living was boosted to record levels. According to Costar, rental rates

Several factors have moderated the multifamily market since peaking in the 2nd quarter of 2022. These include large deliveries of newly constructed multifamily units in 2021 and 2022, rising inflation rates, recession-related fears, and soaring rental rates. However, <u>Fannie Mae</u> sees a resilient rental property market in 2023, with rents rising but more modestly. Moreover, <u>CBRE reports</u> that the multifamily market is entering a normalizing period more akin



I wrote this white paper following a project I directed to retire an aged coal-0fired electric generating station in Alexandria, VA., and repurpose it as a sustainable mixed use community.

STRATEGIC PLANNING

### Repurposed Coal Plant Sites Empower and Revive Communities

by Matthew I. Slavin

Coal plants be gone. Power plant repurposing projects around the nation highlight the compelling case for redevelopment and use of cleaner energy. These projects also offer points of reference for policy makers, public managers, business leaders, and community stakeholders to retire power plants in their localities by fostering enterprises focused on clean energy.

Industry analysts predict that environmental and economic factors, including new federal regulations, will lead to the retirement of dozens of aging coal-fired power plants in the coming decade. Many old generating plants occupy strategic locations in urban areas, often with access to valuable waterfront. These sites present tremendous opportunities for new civic and private uses such as riverfront housing, shops, and offices, as well as museums, parks, and other community amenities.

Useful examples for redeveloping early 20th century power plant sites include an impressive large-scale redevelopment of the Seaholm Power Plant in Austin and the grand vision for redeveloping Station B in Sacramento

As new rules to protect public health spur the closure of some 150 coal-fired power plants, creative site redevelopment projects generate civic pride and business rather than dirty power.



#### **Queens Waterfront at The PowerHouse Condominiums**

The PowerHouse Condominiums were built on the site of a Queens New York plant that supplied steam to electrify the Long Island and Pennsylvania railroads.

Photo: CGS Developers



#### Rivertown

The Wharf at Rivertown is along the Delaware River outside Philadelphia and utilizes some of the building of the old Chester Power Station.

Photo: The Wharf at Rivertown

developers also can take advantage of smaller opportunities to reduce costs.

Where a project includes a museum, power plant equipment not sold for scrap metal can be reused for exhibits. In fact, every detail is fair game: as part of the Lucky Strike redevelopment, Odell Associates reused



#### **PowerHouse Condominiums**

The PowerHouse Condominum is a Queens building structured to evoke the old chimneys of a power plant that for decades electrified the Long Island and Pennsylvania railroad.

Photo: CGS Developers, The PowerHouse Condominiums



#### **Powerhouse Science Center Sacramento**

In 2013 Pacific Gas & Electric Station B is slated to re-open as the Powerhouse Science Center in Sacramento, California.

Photo: Andrew Frolows/Powerhouse Museum

#### Community Involvement and Implications

In many communities, aging coal-fired generating stations are part of local history and development. These plants have played a role in the surrounding economy; projects to redevelop and repurpose them should

#### ECOVERDE

AN INTOWN NEIGHBORHOOD WHERE EVERY ASPECT OF LIFE OCCURS

## 2.0 PROJECT VISION AND DEVELOPMENT PROGRAM

#### 2.1 VISION

#### **EcoVerde**

"a form and flavor unlike that of other places" – John Nolen, 1923

John Nolen offered this quote in 1923, upon setting out to develop "St. Petersburg Today, St. Petersburg Tomorrow", the first general plan proposed for the rapidly growing City of St. Petersburg. One of the nation's preeminent urban visionaries of the first decades of the 20th century, John Nolen's prescience describes in full our redevelopment vision for Tropicana Field.

Our vision embraces the transformation of Tropicana Field into EcoVerde, a globally recognizable community knitted into the City's fabric as a socially, economically and environmentally sustainable, mixed-use community of distinctive districts populated by retailers, restaurants, lodging and entertainment venues, commercial office uses, and unique multi-family residences. As a highly visible "gateway" location to St. Petersburg, EcoVerde reinforces the City's goals for an exciting, cosmopolitan and sustainable, 24-hour Intown environment to complement Downtown's remarkable waterfront, and materially connect to and strengthen the surrounding neighborhoods. EcoVerde is a place where people of all ages, incomes, and lifestyles will come together to live, work, shop, and play in a vibrant urban atmosphere.

At the heart of our proposal, we embrace environmental stewardship with an outstanding EcoWalk along the banks of Booker Creek, that both respects its historic value as a natural amenity and leverages this value into a dynamic destination for mixed-use activities in Intown St. Petersburg. This highly magnetic area of EcoVerde will become an inviting place for humans and wildlife to co-exist in a carefully designed eco-system. Setting off along the naturally restored habitat at the northern

#### I played a Principal role in planning, developing and marketing these sustainable mixed-use properties

end of the site, EcoWalk allows for observation of indigenous wildlife including the area's whooping crane population. Here, residents and visitors will find the Crane Interpretative Pond, a naturally restored water habitat neighbored by an Ecoseum (e-co-zeeum), highlighting St. Petersburg as a Green City, with interactive educational exhibits and learning programs on the natural habitat of the St. Petersburg region and sustainable solutions for adapting the human and natural environments to emerging ecological challenges. Walking south along EcoWalk invites an enjoyable transition to an intimate urban texture of tree-shaded walkways lined with eclectic dining, small shops, pocket parks, and public art that animate the space, with residential flats stepped back above. Emerging to the south is The Landing, a floating stage in an amphitheatre setting that will provide a year-round venue for City residents and visitors to gather and enjoy outdoor music and theatrical performances and exhibitions by the City's artistic community.

To expand and diversify choice and availability of shopping opportunities for residents and visitors, strengthen connectivity with the commercial corridors that lead to the City's waterfront and extend revitalization throughout the greater Intown and Midtown neighborhoods, we propose a well-balanced Galleria Main Street district at the eastern portion of EcoVerde. As an exciting gateway centered upon Galleria Plaza, this district seamlessly blends a mix of ground floor large, medium and small format retail establishments including an urban grocer, diverse entertainment choices including a movie cinema and bowling alley, and fine and casual dining, with offices and residential flats above.

The architectural character of Main Street will be a diverse mix of modern eclectic styles reflective of St. Petersburg's heritage through textured variety, materials, and striking signage, with canopies, arches and arcades t

protect against the mid-day sun. Our architectural visio

includes Leadership in Energy and Environmental Desig n



#### **DEVELOPMENT CONCEPT**

Potomac River Green is an innovative mixed-use real estate development concept for transforming the 25 acre site now occupied by the Potomac power station and an associated Pepco substation.<sup>4</sup>

It features extraordinary water front access and an economically sound mix of eco-smart residential, commercial and civic buildings capped by a landmark new Energy Center building that will house a museum and new business center. The development will conform to LEED-ND® standards, and in many areas, strive to exceed these requirements. Individual buildings will reflect LEED® standards and the Energy Center will be designed to approach net zero for carbon emissions.

The land use plan for Potomac River Green is designed to mesh with and enhance the current street grid for Alexandria while providing a new focal point for the City's northern waterfront. The street plans and buildings also align with the topography, taking advantage of natural water flows for storm water treatment and energy production.

The architecture for Potomac River Green has been chosen to reflect its proximity with Old Town Alexandria. It draws on federal 18th and 19th century architectural design, but from south to north transitions to 21st century design concepts across the project's three neighborhoods. The buildings at the south vary from four to five stories and blend with the adjacent predominantly brick and stone buildings. Just one block to the north, the style and materials take on a more contemporary look that includes metal and glass as well as brick and stone.

The architectural focus of Potomac River Green is the Energy Center (Figure 19). This building is also the hub



for certain on-site utility services (electricity, waste water treatment) that branch out from the building to provide sustainable services to nearby neighborhoods. The Energy Center is three stories, but includes an atrium space for natural ventilation that rises to 60 feet. The core masonry wall of this building will be built from the old power plant's exterior brink and salvaged concrete. This building will also use recycled wood beams, solarium glass and stone. Many of these elements will come to the site prefabricated.

The northern neighborhood steps down to three story energy-efficient townhomes. The neighborhood will use clean geothermal and solar energy systems. It will be built from efficient pre-fabricated components (e.g., wood panels and siding, metal panels).

Figur

<sup>&</sup>lt;sup>4</sup> As discussed in Section V. below, the Pepco electrical substation, which is now co-located at the PRGS and which plays an essential role in the local transmission and distribution grid, v and integrated into the development plan contemplated for PRG.

Leadership in Energy & Environmental Design (LEED) is an internationally recognized green building certification system, providing third-party verification that a building or community built using strategies intended to improve performance in metrics such as energy savings, water efficiency, CO2 emissions reduction, indoor environmental quality, and stewardship of redeveloped by the U.S. Green Building Council (USGBC). LEED for Neighborhood Development (LEED-ND) provides a rating system for neighborhood planning and development based principles of smart growth, New Urbanism, and green infrastructure and building. LEED-ND places emphasis on the site selection, design, and construction elements that bring buildings together into a neighborhood and relate the neighborhood to its landscape as well as its local and regional context.

#### **SECTION II.** DEVELOPMENT CONCEPT



**Figure 11.** Overview Map

- 1 Energy Center Building
- ② Office Plaza
- 3 Hotel + Waterfront Plaza
- 4 Mixed Use Residential
- **5** Quiet Residential
- **6** Park Space

I led the planning team on this project.

## Academic

# Sustainability in America's Cities



Creating the Green Metropolis

Edited by
MATTHEW I. SLAVIN

#### URBAN PLANNING | DESIGN

Sustainability in America's Cities highlights how the nation's cities are solving conflicts between urban development and the environment, and reducing the impacts of climate change. It presents empirically based, multidisciplinary case studies of sustainability policy, planning, and practice from a geographically diverse group of cities.

#### Advance Praise for Sustainability in America's Cities

"This book is amazingly rich in its content and breadth—from wind energy production in Honolulu to urban forest restoration and greening food supplies in New York City. It does as much to back the theory of sustainable urbanism with hard numbers and convincing case commentary as any work to date. It also packs a powerful political message—green buildings, green transport, and green energy can translate into green jobs. It's a must-read for anyone who cares about charting a sustainable urban future."

—ROBERT CERVERO, Professor of City and Regional Planning and Director of the Institute of Urban and Regional Development, University of California, Berkeley

"Across America, cities are driving the innovative solutions we need to deliver the environmental, social and economic benefits of sustainability. Through a careful examination of some of the successes and failures of our urban initiatives, Sustainability in America's Cities provides timely lessons for those interested in making our buildings, cities, and planet more livable."

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"Cities' practices can be identified, but without some assessment of how well these practices work in different settings, prescriptions seem premature at best.... this book jumps into the void, providing detailed information heretofore not readily available."

—From the foreword by KENT E. PORTNEY, Professor of Political Science, Tufts University

MATTHEW SLAVIN is founder and Principal of Sustaingrüp. His publications on energy, climate change, and sustainability have been featured in leading professional journals and metropolitan newspapers.



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