What to Bring List

Gear and Supply List for *<u>Teen Survival One / Two</u>*
Below is a list of items that are recommended for "Teen Survival Camp". This list includes a great deal of forethought, preparation and experience and should be seriously considered. Unless listed as "optional" these items should be brought to camp. This list is based on the 2026 program and should not be compared to previous years' or programs.

- ❑ Mess kit
- ❑ Utensils (fork, spoon)
- ❑ Sponge (small pre-soaped works good)
- ❑ Camp shoes (i.e. "crocks or sandals") **(OPTIONAL)**
- ❑ Hiking boots or tennis shoes (lightweight – no steel toe)
- ❑ Socks & underclothes
- ❑ Rain gear – (jacket + pants, or poncho)
- ❑ Ball cap **(OPTIONAL)**
- ❑ 4+ complete sets of clothes
- ❑ 3 collared shirts for chapel **(Men) (In addition to other clothes)**
- ❑ Skirts or dresses for chapel **(Ladies)**
- ❑ Towel(s)
- ❑ Insect repellant **(OPTIONAL)**
- ❑ Prescription medication (If needed)
- ❑ Emergency glow stick **(OPTIONAL)**
- ❑ Pocket knife (Swiss Army or Leatherman style)
- ❑ Sleeping Bag (light weight)
- ❑ Sleeping pad
- ❑ Backpack (4000+ cu. in.) **– Call for rental availability**
- ❑ Two Trekking Poles **(OPTIONAL)**
- ❑ Water canteen or bottle that can be attached or clipped onto your person
- ❑ 32 ounce water storage bottle (wide mouth)
- ❑ Head Lamp
- ❑ Bible
- ❑ Small notebooks
- ❑ Pen/pencil
- ❑ Personal hygiene items (toothpaste, comb, deodorant)
- ❑ Rain fly for back pack (if needed - a large heavy trash bag can work, yet not as efficiently)
- ❑ Snack Shop Money ($30.00 - $50.00)
- ❑ **SPECIAL NOTE: Mark the camper's name or initials on all items. This helps prevent items from being lost, stolen, or confused with other campers that have identical items from this list.**

What NOT to Bring:
Radios, CD, tape players, MP3 players, electronic games, tobacco/alcohol, nicotine substitutes, essential oils, vaping paraphernalia, illegal products or substances, cannabis in any form, fireworks, tank tops, t-shirts with worldly ads (tobacco/beer/music bands or groups/etc), guns, cell phones, matches, lighters, buck knives, machetes, magazines, and books (beside Bible and notebook).