

# Weekly Date Planning

Keep romance alive systematically

## Why Weekly Dates Matter:

Regular dates strengthen your bond, create positive memories, and prioritize your relationship. This planner helps you stay consistent.

## Date Night Ideas by Category:

### **Stay-at-Home Dates:**

Cook together, Game night, Movie marathon, Massage exchange, Build something together

### **Active Dates:**

Hike, Bike ride, Dance class, Rock climbing, Sports together

### **Cultural Dates:**

Museum, Concert, Theater, Art gallery, Poetry reading

### **Adventure Dates:**

Road trip, Try new restaurant, Escape room, Explore new neighborhood, Spontaneous adventure

### **Intimate Dates:**

Sunset watching, Stargazing, Couples spa, Romantic dinner, Beach walk

## 12-Week Date Planner:

Week	Date Idea	Who's Planning?	Date/Time	✓
Week 1				
Week 2				
Week 3				
Week 4				
Week 5				
Week 6				
Week 7				
Week 8				
Week 9				
Week 10				
Week 11				
Week 12				

## Date Night Rules:

- No phones (unless taking photos together)
- Take turns planning to share the responsibility
- Try something new at least once a month
- Focus on connection, not perfection
- Protect your date night like an important meeting