

best kept secret

WAY DOWNEAST MAINE

Calais • Baring • Baileyville • Princeton • Indian Township • Grand Lake Stream
Vanceboro • Robbinston • Perry • Eastport • Pleasant Point • Pembroke • Dennysville
Charlotte • Machias • Cooper • Marion • Crawford • Waite • Alexander • Cathance
Meddybemps • Jonesport • East Machias • Jonesboro • Lubec • Whiting • Trescott
Addison • Columbia Falls • Cutler • Northfield • Whitneyville • Wesley • Beals • Brookton
Cherryfield • Columbia • Danforth • Deblois • Harrington • Machiasport • Marshfield
Milbridge • Beddington • Roque Bluffs • Steuben • Talmadge • Topsfield • Codyville
St. Stephen • Milltown • St. Andrews • Campobello - New Brunswick, Canada



Saint Croix Valley



FREE

Cover Photo by Chris Johnson

St Croix Valley Chamber of Commerce

Calais



bridging culture, commerce and community



International Commerce

A crossroads to grow your business

With a bustling border on the St. Croix River, Calais offers a unique opportunity for your business to build an international client base.

Whether you own an established business looking to expand its offering, or you're just breaking into an international market, the city of Calais offers the location and support to grow your business.

Quick Facts

- Over one million cars carrying 1.5 million people cross the Calais border every year
- The Calais port of entry is the eighth busiest Canada/U.S. border
- Border crossing open 24 hours a day, 7 days a week

Bridging Culture and Community

We invite you to live, work and play in Calais

Rich with stunning architectural treasures, overlooking a rugged and beautiful coastline, Calais has a remarkable endowment of historical buildings, natural beauty and a friendly, welcoming community.

Calais now has fiber-optic high speed internet. The advantage of high speed internet is the ability to work from home. The small town feel with global connections.

For the outdoor enthusiast, Calais is surrounded by a wealth of natural wonders including: lakes, streams, hiking trails -- perfect for fishing, hiking, paddling, biking and exploring.

Quick Facts

- Settled in 1779, incorporated as a city in 1850
- Population of 3,123; 1400 households
- Mayor/Council form of government

Education

- Calais is home to an elementary, middle and high school, as well as regional technical school and community college

Development Office:
11 Church Street, Calais, ME 04619
T: + 1 207.454.2521

Open 8am - 5pm EST, Mon-Fri

www.calaismaine.org



An Eagle passes by some canoes on the St Croix River. Photo by Donald Soctomah

Reclaiming a culture reaching 10,000 years back

by Kara Mitchell

A solemn tale of repression, control and possession loom in the unspoken truths of local history, but today's world illustrates a continual swing of regained rights, artifacts and land. I say swing because although we are far from the "Termination Act of 1953" and indigenous peoples are regaining and reclaiming their identity, artifacts and land; it still sways back and forth from a preferred preference within governments and private institutions.

The name *Passamaquoddy* is an anglicization of *peskotom*, a Passamaquoddy word meaning Pollock (a North American marine fish), and the tribe were named for spearing Pollock; *Peskomuhkati* means the people who spear pollock. *Wabanaki* means the people of the dawn, identifying the confederacy where the rays of the sun hit first. The common name given for the *People of the Dawnland* is *Abenaki*. The word simply means "people of the east" or "easterners." The names *Abenaki* and *Wabanaki*, although both meaning Dawnland People, are subtly different in group representation. Similarities exist among the Indian tribes of North America, but each tribal group has its own distinctive identity and history. Among the Algonquian-speaking tribes of the *Wabanaki Confederacy*, *Passamaquoddy* occupy coastal regions along the Bay of Fundy, *Passamaquoddy Bay*, and the *St. Croix River*, and have a history of seasonal patterns in settlement. In the winter, they hunted inland, and in the summer they traveled to the coast to harvested seafood.

Native Americans have been oppressed for centuries, and by 1965 the *Passamaquoddy* were faced with the extinction of their culture. For decades tribal members suffered extreme poverty, were banned from hunting, had their language banned by the Catholic priests and nuns, and had struggled with the child-welfare system. But the *Passamaquoddy* and a sister nation, the *Penobscot* have regained federal recognition, propelled by the radicalism of the *American Indian Movement*. In 1980 the tribe's position changed as they litigated and won a case against the State of Maine for its seizure of Native territory. Current census demographics indicate that the *Passamaquoddy* people are the fastest growing population in Washington County. Language and culture are constantly renewed with programs and grant funding. Children learn the language, sing traditional songs, and the culture is not only recognized but celebrated.

Both reservations of *Motahkomikuk*, (Indian Township) and *Sipayik*, (Pleasant Point) celebrate festivals, and have museums filled with history and heritage. Native peoples are known for their remarkable skills of canoe and wigwam construction. The canoes are built from birch bark, and are completed without the use of nails. A cultural knowledge based on respect and connection to the land, an authentic lesson beneficial to all.



Wabanaki homeland encompassed a large area; before the Europeans arrived (c. 15th Century), this area included most of northern New England, from the Atlantic coast in Maine to Lake Champlain in the west. New Brunswick and Nova Scotia in Canada are also identified as being *Wabanaki* territory. *Passamaquoddy* continue to seek the return of territory now within present-day St. Andrews, New Brunswick, which they claim as *Qonasqamkuk*, a *Passamaquoddy* ancestral capital and burial ground.



Peskotom etched into wood, art by David Moses Bridges, *Passamaquoddy*, Birchbark crafter, canoe maker, educator and activist is a celebrated artist. His legacy of art and knowledge carries the *Wabanaki* heritage forward in many different forms. FMI visit <https://davidmosesbridges.com>



Joan Dana blessing the Birch Bark canoe (*Passamaquoddy* Cultural Heritage Museum photo)

St. Croix Valley

CHAMBER OF COMMERCE

39 Union Street, Calais ME 04619 • visitstcroixvalley.com

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"We will recognize that when the trees breathe in carbon dioxide and release oxygen, our lungs mirror that movement, by breathing in the oxygen that is generously given and releasing carbon dioxide back to the trees. When we merge our internal rhythms with the rhythms of creation, we develop grace in our movement, and without thought or effort we are able to slide into the perfectly choreographed dance of life." - Sherri Mitchell

The image above is from *Afterskool*, a YouTube channel used to empower the individual and deliver profound ideas through art.

Welcome

A secret is an adjective meaning not known or seen or not meant to be known or seen by others. There are many hidden attributes here, but this place is also sacred land with a rich culture and history. Congress designated Downeast Maine an official National Heritage Area, the first in the state. The designation means that the region is now considered a nationally significant landscape. However even without the federal recognition this part of Maine is unique, and many are working to to preserve and maintain the integrity of the this pristine landscape.

The symbol on the front cover is an abstract symbol for a three nation destination, as the Wabanaki Confederacy, Canada, and the United States are all located here. Sensitivities exist due to centuries of injustices to the Indigenous peoples. Respect is a prerequisite, and trust is at the beginning of every friendships. We depend on our neighbors because convenience is not as prevalent, and the weather is sometimes severe and unpredictable. The natural beauty of the landscape is inspiring, captivating, and lends to people "escaping" for a simple life. Themes continue to reoccur throughout the publication this year, such as escape, repression, connection, and simplicity.

The wild remoteness lends to an adventure based experience. May this publication be a useful guide to help you find resources and read about this place. People from here are known for their work ethic. Their homes are also their vacation land, so again please respect your neighbors and property rights; also, "leave no trace" despite living here or visiting, take your trash upon departure.

You're never too far from the coast, and there are many lakes, trails, summer camps and outdoor recreation to choose. Check out the directories for more information, and if you need public access to wifi or a computer, visit the library.

Thank you for supporting our local services, shops, brewers, artisans, fine artists and farmers; they work hard to make this place better. Thank you to the merchants for your self sacrifice in serving the public. We depend on the influx in economy in the summer, and then we all take care of each other in the other eight months of the year. Everyone working on this publication is volunteer. If you have questions call (207) 454-2308 email: visitstcroixvalley@gmail.com or visit the website:

visitstcroixvalley.com



This is my final year as executive director at the chamber. As much as I enjoy this position, I have decided to spend the most time with my children.

Thank you Kara Mitchell

Discovering art and connection to source

by Kara Mitchell

The Wabanaki Confederacy roots reach back 10,000 years. Activists have been imperative, and are solely responsible for the continued efforts required to cultivate and preserve such a rich heritage. With so many to mention, and space requirements being ever-present, this article focuses on Brenda Moore Mitchell. She comes from a large family, with deep roots. Her mother and father, Fred and Jeanette Moore are her inspiration, and passed down the cultural skills to Brenda and her siblings.

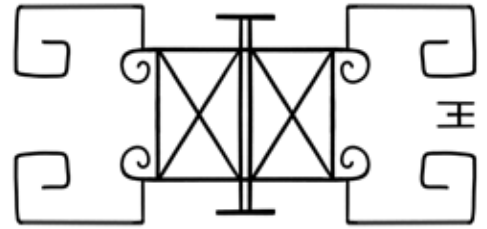
Manager and owner of Wabanaki Natural Basket & Gift Shop, located at 20 Wekosos Lane, in the Sipayik Reserve, no noticeable signs mark the building, but you can see it from Rte 190, (Route 190 runs from Perry to Eastport.) The shop shares a parking lot with the Pleasant Point Health Center. If you get lost or have questions call (207) 853-0110. Many treasures by local artisans can be found, such as traditional regalia, hand made dolls, beadwork, baskets, teas, wood carvings and a rotating stock of different products and apparel. Brenda considers herself lucky to have such talented family members, and many of them sell their wares at the shop. Brenda's son, Terran makes and sells the traditional fish-scale baskets once used in the sardine factories. "Before plastic that is what the factories used, and the tribe was the supplier," explained Brenda. Her dad, Fred and Bill Altavater organized the making and distribution of the utilitarian style ash basket to the factories. Her sister, Maggie creates with polymer clay and natural elements such as shells and rocks; and sister, Gal creates fancy baskets and beadwork.



Art by Sam English, Ojibwe, a descendent of both the Turtle Mountain Band and the Red-lake Band of Ojibwe Indians. The painting appeared, without title, on the cover of *Winds of Change*, a magazine for American Indian Education & Opportunity, Volume 11, Number 4, Fall 1996.

“The First Blade of Sweetgrass” - ageless lessons

Musqon must overcome her impatience while learning to distinguish sweetgrass from other salt marsh grasses, but slowly the spirit and peace of her surroundings speak to her, and she gathers materials as her ancestors had done for centuries, leaving the first blade she sees to grow for future generations. A childrens' book illustrating the process and art of weaving traditional baskets, and a Wabanaki glossary. The authors, Suzanne Greenlaw is Maliseet and a citizen of the Houlton Band of Maliseet Indians. A PhD candidate in the School of Forest Resources at the University of Maine, she works to restore Wabanaki stewardship practices across various land tenure systems. Gabriel Frey is Passamaquoddy and a citizen of Passamaquoddy at Sipayik. He is an award-winning basket maker, artist, and cultural knowledge keeper. His mother and Suzanne and Gabriel's two daughters, Musqon and Alamossit, helped inspire this story. Nancy Baker is a Maine artist, illustrator, and muralist whose landscapes, still lifes, and figurative works in oils and pastels are represented by Mars Hall Gallery in Tenants Harbor, Maine.



The Wabanaki Confederacy sign is a symbol of unity between the “People of the First Light”. These nations are the Mi'kmaq, Passamaquoddy, Penobscot, Wolastoqiyik, and Western Abenaki people.

Brenda has a way about her, something like she gets an idea, fixates on that, and it happens, manifests. She says she visualized having her shop for almost twenty years before it became reality. While serving as a property manager for the tribe she had similar situations arise. Many artifacts were being stored in a building with no climate control and moisture. The old curator of the museum said, “You know why you keep coming here Brenda? The manikins are calling to you.” Life sized plaster castings of ancestors. Over time and many grants written, the artifacts were moved to the youth & recreation building, that was once dedicated to the museum, and is now the official home to the Waponahki Museum and Resource Center. With a grant from the Charles G. Wright Endowment for Humanities the artifacts and air looms not only had a forever home, but were restored. The art professor of the University of Machias and several students. Many came together to restore, recast, paint and give the manikins new life. Brenda was curator of the museum from 2004 to 2019. More information about the museum is on page 27.

Organizing Indian Days entails coordinating many details, such as dancers, vendors and key note speakers. The types of dances are the *Welcome Dance*, the *Greeting Dance*, the *Peace Pipe Ceremonial and Dance*, the *Green Corn Dance*, the *Hunter's Dance*, the *Eagle Dance*, the *Wedding Ceremonial and Dance*, and the *Snake Dance*, all are symbolic and powerful. Brenda had her fair share of community organization, but now prefers less details and less travel; more of a concentrated intention. Besides the Wabanaki Natural Basket & Gift Shop, Brenda participates in teaching. She dedicates her time instructing and collaborating with the health sector for programs in the community. Maker spaces with a focus on passing down the cultural skills, and guiding people back to source.



Lydia Soctomah harvests sweet grass on the Sipayik marsh reserve.

EAST COAST FERRIES

Deer Island - Campobello Car Ferry

www.eastcoastferriesltd.com

Eastport Lubec Ferry (207) 853-2635
(Breakwater Pier)

Downeast Water Taxi (207) 904-8029
(Breakwater Pier)

Eastport Windjammers (207) 853-2500
(104 Water Street)

AIRPORTS

Bangor Airport (866) 359-2264

Bar Harbor Airport (207) 667-7329

Between Boston & Portland:

Concord Coach Lines: (800) 639-3317

concordcoachlines.com

(bicycles stored below the coach if there's room)

Amtrak Downeaster: (800) 872-7245

amtrakdowneaster.com

(purchase bike ticket, loaded in luggage car)

Between Portland & Bangor:

Concord Coach Lines: (800) 639-3317

concordcoachlines.com

(bicycles stored below the coach if there's room)

Between Bangor & Calais:

West Bus Service: (800) 596-2823

www.westbusservice.com

(if space is available, small fee for bikes)

MAINE TOURISM INFO

Calais (207) 454-2211

Fryeburg (207) 935-3639

Hampden North (207) 862-6628

Hampden South (207) 862-6638

Houlton (888) 624-6345

Kittery (207) 439-1319

Yarmouth (207) 846-0833

www.maine-tourism.com



The term DownEast originated from the maritime term of the direction ships sailed to get to Maine from New York and Boston — downwind and to the east. Photo by Jeremiah Garland

Direct Flight to Sportsman Paradise — Princeton Airport

The Princeton Regional Airport is located at 184 Airport Road in Princeton Maine, and is maintained by the Princeton Regional Airport Authority. This is made of Princeton, Baileyville, Grand Lake Stream and Calais residents that contribute financially to assist with the maintenance of the facility. Airport construction started in 1941 and completed in 1943 by the federal government as an overflow from what was then - Dow Airbase in Bangor, as planes were shuttled overseas as part of the World War II effort. It was then turned over to the town in 1985, and reconstructed in 2017 with GPS guided approach, radio activated lights, and multiple tie-downs. The Princeton Regional Airport Authority was formed to help make decisions for the airport and keep it operating. The airport has many uses, from Lifeflight of Maine using it for their fixed-wing King air, Maine National Guard, businesses working at Woodland Pulp, and other area businesses and by recreational pilots; as it is extensively used by private charters for people coming to the area for fishing and hunting. The Grand Lake Stream area is a popular destination where area lodges will pick up their guests, or have a taxi service bring them to their lodges. The airport is managed with the help of Stantec Engineering, they assist in making decisions that best suit the needs of the airport and Federal Aviation Administration. For more information email Brad Richard: princetonairport@hotmail.com

Improvements for The Eastport Airport

Eastport Municipal Airport is a city-owned public-use airport located one nautical mile west of the central business district of Eastport, Maine. The municipal airport received a grant from the Federal Aviation Administration's Airport Improvement Program for \$5.8 million dollars, and the airport broke ground in 2020. Improvements to infrastructure, the runway and improved lighting are on-going. Developing a commercial facility is the main goal. The plan includes commercial hangers, and a freight terminal. Air service in small municipal airports provide a connection between community and the national/ international air transportation systems. Collaborations with Cape Air could provide new opportunities in travel. For more information contact City Hall (207) 853-2300 or visit

www.eastport-me.gov/eastport-municipal-airport-kepm



MAINE SCENIC BYWAYS

NATIONAL SCENIC BYWAY

A hundred-twenty-five mile driving route through coastal Washington County offers an opportunity to experience the beauty, culture, history, wildlife, and recreational opportunities of an unspoiled Downeast Maine. Salt air and solitude rejuvenate the soul, and people live in rhythm with the shifting of the tides. Along the Byway, visitors experience the rugged, unspoiled beauty of coastal Downeast Maine, passing through blueberry baren; abundant farmland; coastal forests yielding to tidal marshes and bays; clear-flowing rivers, streams, and lakes; active commercial fishing harbors; and historic villages lined with structures that exemplify the 19th Century shipbuilding, lumber processing, and sardine canning industries. The route extends from the fishing community of Milbridge northeasterly through coastal and riverine villages to Lubec, home of the easternmost point of land in the United States, and skirts the coastline of Cobscook Bay, through the Sipayik (Pleasant Point Reservation) to Eastport, a historic fishing port overlooking the international waters and the Fundy Isles of New Brunswick, Canada.

CAR CHARGING STATIONS

Tesla Supercharger - 5 Walton Dr, Brewer, ME 04412 • 1941 Medway Rd, Medway, ME 04460 32 Houlton Rd, Baileyville, ME 04694 • The Algonquin Resort, 184 Adolphus St., St. Andrews, NB E5B 1T7 • Ganong Nature Park, 350 Todd's Point Rd, Dufferin, NB E3L 3R8 • Rossmount Inn Hotel Restaurant & Bar, 4599 Route 127, St Andrews, NB E5B 3S7
EV Connect Station - 143 S River Rd, Calais, ME 04619
ChargePoint Station 626 Main St, Calais, ME 04619



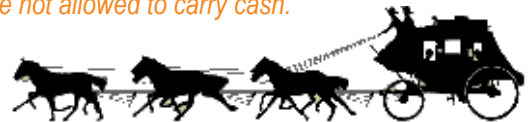
West Bus public bus service

the intercity service from Bangor to Calais (round trip 350 miles) operates daily, seven days a week, with stops at a number of locations within Washington and Hancock Counties. The daily round trip service departs from Marden's parking lot in Calais at 9:30 am and arrives in at the Concord Trailways bus station in Bangor at 1:10 pm; the Bangor International Airport at 1:15 pm. The return trip departs from the Concord Trailways bus station in Bangor at 3:10 pm and the Bangor International Airport at 3:15 pm and arrives at Marden's parking lot in Calais at 7 pm. Major stops between Calais and Bangor include Perry, Machias and Ellsworth. Flag stops are located in Pembroke, Dennysville, Whiting, Jonesboro, Columbia, Milbridge, Gouldsboro, Sullivan and Hancock.

West's Transportation, Inc 1-800-596-2823 SERVING DOWNEAST MAINE 7 DAYS A WEEK

Ticket purchase on bus is with correct change only and US currency; drivers are not allowed to carry cash.

Calais to Bangor and points in between
 Stops provided as a public service by merchants
 Additional stops in Bangor \$5



MAINE MUNICIPALITIES	LOCATIONS	AM	PM	ONE WAY	TWO WAY
Calais	MARDEN'S 189 Main St, 04619 (parking lot)	9:30	6	\$27	\$42
Perry	Wabanaki Mall, Perry Corner, US Rt 1, 04667	10	5:30	\$26	\$41
▶ Pembroke	214 corner of US Rte1 and Rte 214, 04666	10:10	5:20	\$26	\$41
▶ Dennysville	Sue's Cobscook Bay Cafe, 2730 US Rte 1, 04628	10:15	5:10	\$26	\$41
▶ Whiting	Community Center / store, 136 US Rte 1, 04691	10:25	4:50	\$26	\$41
Machias	Irving Maineway, 8 Main St, 04654	11	4:30	\$23	\$34
▶ Jonesboro	Swamp Yankee BBQ, 749 US Rte. 1, 04648	11:10	4:20	\$23	\$34
▶ Columbia	Elmer's Discount, 366 US Rte 1, 04623	11:20	4:05	\$22	\$33
▶ Milbridge	44 North Restaurant, 17 Main St, 04658	11:35	3:50	\$21	\$31
▶ Gouldsboro	Young's Market, 130 US Rte 1, 04607	11:55	3:35	\$18	\$25
▶ Sullivan	Sullivan Rec Center, 1776 US Rte 1, 04664	12:05pm	3:25	\$18	\$25
▶ Hancock	Village Store, 1381 US Rte 1, 04640	12:10pm	3:20	\$18	\$25
Ellsworth	Mill Mall, (out back) 248 State St, 04605	12:25pm	3:05	\$16	\$21
▶ Bangor	Concord Trailways, 1039 Union St, 04401	1:10pm	2		
	Bangor Airport, 287 Godfrey Blvd, 04401	1:15pm	2:05		

▶ Bus will make flag stops anywhere along the route where it is safe and convenient to do so. (To utilize a flag stop make yourself visible near the curb. Place your luggage beside the road and wave the bus to a stop.)
 ADA equipped bus available with 1 day notice.

CANOE trails KAYAK trails

The St Croix River has a long heritage and serves as the narrow international boundary between Canada and the United States. The area of interest to most canoeists is the 33 mile wilderness from the control gate at Vanceboro, Maine and St. Croix, New Brunswick to Kelleyland at the Grand Falls hydro dam.

It is primarily Class I and II rapids, with one Class III pitch. There is some flatwater. Since the flow is controlled, it is easily paddled from May until October. The flow is determined by a system of dams and rainfall. Water levels are monitored daily



Rapids on the St. Croix River in Milltown
Photo by Jamie Hall

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100
YEAR
Maine
Sporting
Tradition



The towns of Calais, Maine and St. Stephen, New Brunswick are connected via the Ferry Point Bridge, Milltown crossing and the commercial bridge. On the US side the commercial bridge connects to Maine State Route 9, which in turn links to Interstate 95 in Bangor. On the New Brunswick side, the bridge connects to a four-lane segment of New Brunswick Route 1. All commercial traffic is required to use this new crossing, and any commercial vehicle that arrives at either the Ferry Point or Milltown will be turned around. The Canadian CBSA calls this port the “St. Stephen 3rd Bridge” while U.S. Customs calls it the “International Avenue” crossing. The tidal St. Croix River with its preexisting heritage is regarded as the element joining communities. New Brunswick shares a border with Québec and Nova Scotia and an international border with the State of Maine. New Brunswick has an ocean border on the Atlantic Ocean and the Bay of Fundy.

Vaccination into the US and/or Canada is no longer required, however foreign travelers into the US must be vaccinated. Covid tests are no longer required for entry. Crossing requires proper documentation and an inspection, which can include a vehicle inspection. Depending on the situation, a visa may also be required. Travelers who frequently travel to and from Canada may want to investigate the CANPASS and the NEXUS cards which provide an expedited border clearance process for low-risk, pre-approved travellers into the United States (or into Canada). Entry into Canada is determined by the Canada Border Services Agency (CBSA) 1-800-461-9999 www.cbsa-asfc.gc.ca and entry into the U.S. is determined by the U.S. Customs and Border Protection (CBP) (207) 904-3000.

ST. STEPHEN AREA
CHAMBER OF COMMERCE

120 Milltown Blvd.,
St. Stephen, NB E3L 2X1
(506) 466-7703
ststephenchamber.com



Spednic Lake, a lake in the Chiputneticook Lakes chain along the Canada – United States border between the state of Maine and the province of New Brunswick. photo by Emily Ruttan

Camp the International Waterways - St. Croix

The St. Croix International Waterway Commission maintains various backwoods wilderness campgrounds along the St. Croix River where the waters act as the international boundary of the United States and Canadian shores of the St. Croix Watershed which includes Spednic Lake, St. Croix River and East Grand Lake. Opening on the Victoria Day and Labour Day long weekend, the St. Croix River maintains three Provincial Park in Canada, Spednic Lake Provincial Park, Scott Brook and Gravel Island. St. Croix International Waterway also maintains campsites throughout the St. Croix River that are FREE to use in both Maine and Canada that are to use on a first come - first camp basis. All campsites are a true backcountry camping experience, as there is no electricity, water, or sewer services. All campsites follow the carry in/carry out policies along with the leave no trace program, which means there are no garbage cans or recycling bins - you are required to take all waste and recycling with you when you leave the park .



Experience free backcountry camping at places like Scott Brook. Photo by Sandi Wheaton

Remote sites along the river are only accessible through water in both Maine or New Brunswick. These sites do not require a reservation but are often occupied during weekends and holidays. It is highly recommend that those looking for a quiet wilderness experience visit during the week.

There are three sub-regions in the St. Croix boundary system: Chiputneticook Lakes - (North Lake, East Grand Lake, Mud lake Falls, Spednic Lake and Palfrey Lake), which have outstanding sport fishery resources, forested shorelands, backcountry recreational resources and wildlife habitat. River Mainstem - Recognized as one of the most unspoiled recreational river corridors in the Northeast, this river is highly valued by canoeists, fishermen and naturalists. Estuary - Where 25 ft/7.5 m tides rise along the shores of historic port communities and St. Croix Island, where in 1604 French explorers established the first permanent New World colony north of Florida.



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168 Main Street, Machias, ME






St. Croix International Waterway Commission

Two Countries, One River™

Make a reservation or visit the website for more information (207) 952-9069



Support Us, Volunteer,
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events and festivals

JANUARY

Sardine & Maple Leaf Drop New Year's Eve celebration; music, kids crafts in Bank Square, downtown Eastport, ME; from the third story of the Tides Institute & Museum of Art; FMI visit <https://www.tidesinstitute.org/new-years-eve/>

FEBRUARY



Stronghearts Saturday, Feb. 11; 10 am to 3 pm; Pottle Tree Farm, 507 South Meadow Rd., Perry, ME; Supporting families caring for children living with Congenital Heart Defects; FMI call (207) 214-2117, email stronghearts@roadrunner.com or visit stronghearts.org

Hearts for the Arts An auction of heart themed artwork by local artists to benefit the Eastport ArtWalk Weekends. Reception held first weekend of February; FMI www.eastportartwalk.com

MARCH

WCCC Annual Polar Dip March 10 - held virtually for the past two years. FMI: www.wccc.me.edu/slideshow/2022-polar-dip/

Maine Maple Sunday Weekend

March 25, 8 am; Robbinston Historical Society is serving a pancake breakfast, US Rt 1, **Robbinston, ME**; take a tour of Duvall Maple Lane Sugary, next door; learn how maple syrup is made; see taps in the trees, find out how sap is collected and even see the evaporator boiling the sap.

APRIL

Annual Smelt Fry Columbia Falls

Saturday, April 13; 11am until 4pm; celebrating migratory fish, with a particular focus on smelts; activities throughout downtown Columbia Falls, art displays, Union Hall, Downeast Salmon Federation booths; local foods featured with smelts, alewives, and mackerel smoking; free fly tying workshop; "Late for Lunch" canoe race/paddle; fried Smelt meal; FMI call (207) 483-4336 or visit old.northatlanticlcc.org

MAY

Festival of the Forest May 7; 10 am - 2pm; A full day of activities celebrating the forest; FMI call DLLT at (207) 796-2100

Black Fly Brewfest May 20; sample a wide variety of beverages from the wineries and breweries; a corn hole tournament in the morning. Hours: 11am-5pm Millar Civic Center, 109 Main St. Houlton, ME

Medicinal Plants Hike May 20; 1 - 3 pm; 4 Water St, Grand Lake Stream; Amy Zipperer is a medical doctor and expert in natural medicines. FMI call DLLT at (207) 796-2100

Huntsman Marine Science Centre | Fundy Discovery Aquarium

St. Andrews, NB, Canada; open for season from 10 am- 5 pm daily from May 20 to Oct; FMI Call (506) 529-1200

West Quoddy Head Lighthouse

Open for season May 29; 10 am - 4 pm; 973 South Lubec Rd, Lubec, ME; FMI visit visitlubecmaine.com



Photo by Tide to Pine

Downeast Spring Birding Festival

Memorial Day Weekend, May 26-29, a unique birding experience during spring migration and the breeding season with guided hikes and boat tours, Over 400 bird species have been sighted in Maine. Downeast Land Lakes Trust is hosting tours as part of the 20th annual Downeast Spring Birding Festival Forestry for the Birds Walk - Saturday at 4pm; Secretive Marsh Bird Paddle - Sunday at 7am; register and see a full list of events, times and locations call (207) 733-2233, or visit www.thecccl.org/birdfest

**EASTPORT & LUBEC
ARTWALKS**
JUN 23-25, AUG 4-6, OCT 21
eastportartwalk.org

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Promoting music education

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LAMPS
6 School Street, Suite C
Lubec, ME 04652

Opening Day – St Croix Island Park

May 28; US Rte 1, Calais; Saint Croix Island International Historic Site, part of the National Park Service system opens for season; For More Information pg 16

JUNE

Finale Fantastique Orchestra June 2; Passamaquoddy Bay Symphony Orchestra; 7pm; Eastport Arts Center, June 3, 3 pm, Centre St. Congregational Church, Machias; June 4, 3 pm, Sunrise Opportunities (former Calais Congregational Church), Calais; featuring the world premiere of a small overture composed by Trond's father, Ketil Hvoslef, Mozart's Concerto for Piano No.15, and Berlioz' Symphonie Fantastique. Phillip Silver is the soloist for the Mozart piano concerto; FMI (207) 213-9145

Down East Hospice Volunteers 28th Annual Benefit Race

Sunday, June 4 - run, walk or stroll; 10K / 5 K; one mile fun run - kids ten and under; FMI call (207) 214-2877 or emaucicette90@gmail.com; register online www.cobscookbayroadraces.org

Abbe Museum Indian Market the weekend of June 2nd to 4th; on the Village Green, Bar Harbor; FMI www.abbemuseum.org/indianmarket

Mountain Biking June 11; join DLLT staff and volunteers for a group ride through the Downeast Lakes Community Forest, highlighting area roads and trails that are suitable for mountain biking. downeastlakes.org

Rhubarb Festival June 11; 12-5 pm; Kendall Farms, 20 Kendall Ln, Perry, Maine; live music, food booths, raffles, games, cooking competitions, demos, tasting, FMI visit KendallFarmCottages/RhubarbFestival

Continued on page 12



Romanticizing Rhubarb in Perry, Maine

Rhubarb Festival will be celebrating its second year this year at Kendall Farms, located at 20 Kendall Lane in Perry, and takes place rain or shine. Rhubarb is a herbaceous perennial that grows from short, thick rhizomes. Historically, different plants have been called “rhubarb” in English. The large, triangular leaves contain high levels of oxalic acid and anthrone glycosides, making them inedible. A cooking competition was held last year with seven categories with everything to do with rhubarb. Patrons brought two of the same items (drink, dessert or wildcard category) for the judges to taste. If interested in entering this year, contact Georgie Kendall at (207) 214 1124.



A full day of activities including workshops, live and local music, an art show, Giclee printmaking, a recipe exchange, games including a rhubarb stalk race, a 3-legged race, toss game, croquet, hula hooping, an obstacle course, and a Kendall Farm self-directed scavenger hunt with grown-up kids at heart, Wren of Perry and Eddie of Lubec. It is suggested to bring a lawn chair, bug repellent, and cash to support vendors and tip the musicians.

events and festivals



Vittoria Chierici is an Italian artist living in Eastport, six painted sails will be hung around town in Eastport during the June ArtWalk.

JUNE

SummerKeys Concert June 14; 7:30 pm; Congregational Christian Church, Lubec, ME; John Newell – piano, Ina Litera – Viola, Matt Goeke – Cello www.summerkeys.com

St Stephen Summer Bucket Challenge June 15, Labour Day, choose 10 activities from our list of choices, get your card completed and be entered into a draw for prizes; St Stephen, NB, Canada

Margaretta Days Festival June 16 & 18th, UMM Campus, Machias, Maine; Colonial re-enactments on Friday night; Liberty Ball on Saturday night, dance lessons during the day, colonial garb, dancing and music, demonstrations, arts & crafts, parades, food vendors exhibits; admission FREE; FMI call (207) 255-3422 or visit www.margarettadays.com

Eastport ArtWalk Weekend

June 23-25 - Celebrate creativity, inclusivity and Pride in partnership with the Downeast Rainbow Alliance. Contradancing under the stars in Eastport on Friday evening (no partner nor experience needed), Portland's Curbside Queens will present drag shows in Eastport & Lubec, Eastport/Italian artist Vittoria Chierici unveils "Velas", an installation of full-sized painted sails located around downtown Eastport, Sunday Pride in the Park with LAMPS in Lubec, and more!; complete schedule at: www.eastportartwalks.org

ATV Jamboree June 24; 9am - 8pm; Machias, ME; craft fair, food vendors, benefit ride for The Ark Animal Shelter in Cherryfield, live band; Middle River Park

Roque Bluffs Art Quilter's Show June, 24; Roque Bluffs Community Center, 4 Schoppee Point Rd, Roque Bluffs, ME; FMI call Robert McCollum (207)263-8579 or email: bob81848@msn.com

SummerKeys Concert June 24; 7:30 pm; Congregational Christian Church, Lubec, ME; Bruce Potterton - Piano www.summerkeys.com



Crush Cancer 5K June 25; Jonesboro, Maine; hosted by Jonesboro Grange. Craftfair, kids fun run, raffle, spaghetti dinner. More info at <https://runsignup.com/Race/ME/Jonesboro/CRUSHCancer5kWalkRun>, or email crushcancer@outlook.com



LAMPS Summer Concert Series

June 25; 1 pm; South Water St, Lubec, Maine; Pride in the Park with music from the Pink Capos, Milk & Honey Rebellion, Curbside Queens & Tomalley; Join LAMPS, Downeast Rainbow Alliance and ArtWalk for a concert at Stockford Park. Celebrate Pride and enjoy ArtWalk events. FMI visit <https://www.lampsdowneast.org/event>

Moosabec Summerfest June 26 - July 1; downtown Jonesport, Maine; lobster dinners, lobster boat races, crate races, music, fireworks, vendors, parade. admission FREE; FMI visit <https://www.townofjonesport.com>

Bay of Fundy International Marathon ~~cancelled~~; an informal run in either Lubec or Campobello (or possibly both) on the original 25 June 2023 date; FMI visit www.bay-offundymarathon.com

SummerKeys Concert June 28; 7:30 pm; Congregational Christian Church, Lubec, ME; Gregory Biss - Piano, Dan Alcott- Cello www.summerkeys.com

JULY

Canada Day July 1; celebrations – beginning at 8am; at the waterfront; farmers market, water inflatables for kids, live music, cake.

ROBBINSON DAYS

Challenge 196 tons - Built in Robbinston 1836

Saturday, AUGUST 12, 2023

Parade at 10:30 followed by a picnic

kids games • bounce house • live music • historic exhibitions • free food

Interested in entering a float in the parade?

Contact the Robbinston Historical Society (207) 233-3137 or waynediffin49@gmail.com

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A painting for the Chief wall, which has photos of the Chiefs of Indian Township for the last one hundred years. Painted by Martin Dana; see this and more works at the Indian Township museum.

JULY

West Grand Race July 1, Downeast Lakes Land Trust, Bring your own boat, paddle, and PFD for this flatwater race. Distance of 4, 6, and 12 miles, with a special kids race at the start. [visit info@downeastlakes.org](mailto:info@downeastlakes.org)

Eastport 4th & Homecoming July 1 - 5, Eastport, Maine; art, music, food vendors, fireworks, 7 mile race, sail boat, bike and Cod races; Admission FREE; FMI call (207) 853-7076 www.eastport4th.com

LAMPS Summer Concert Series July 2; 3 pm; singer-songwriter Laurie Jones and her band; Stockford Park, South Water St, Lubec, Maine; FMI visit <https://www.lampsdowneast.org/event>

Beginner Pottery Classes Tuesdays in July & August, 2:30-4:30, topics range from slab building to wheel throwing; register at cobscookinsitute.org

Machias 4th July 4; Machias, Maine; parade at 6 p.m. followed by fireworks at the dike

Independence Day GLS July 4, DLLT, race for Grand Lake Stream, 3 mile foot race, beginning at the shores of Big Lake, and ending in the village; afternoon parade, and then grab a tube and float down the river. FMI [visit info@downeastlakes.org](mailto:info@downeastlakes.org)

SummerKeys Concert July 5; 7:30 pm; Congregational Christian Church, Lubec, ME; Halcyon DUO – Eve Friedman – Flute, Roberto Pace – Piano www.summerkeys.com



Revived traditional dances were the pride necessary to reverse the loss of self-esteem among the Passamaquoddy children, and prevent the extinction of their culture. Children are taught the narratives that accompany the dances; the Welcome Dance, the Greeting Dance, the Peace Pipe Ceremonial and Dance, the Green Corn Dance, the Hunter's Dance, the Eagle Dance, the Wedding Ceremonial and Dance, and the Snake Dance. Photo by Edward French of The Quoddy Tides. For more information and stories make sure to buy the most Easterly newspaper, sold throughout Washington County.

Honoring Ancestral Heritage Along the St Croix

Travel industries have coined the phrase two-nation destination to describe the place where you can visit both Canada and the US within an hour. But three nation destination is more appropriate, as the Wabanaki Confederacy have the deepest roots and indigenous culture to the area. The history starts with the tribes. Celebrating Indian days begins with a journey on the St Croix River. "The canoe trip represents the journey our ancestors took for 15,000 years. We followed the seasons and the resources for survival. Most of the time it meant traveling from the winter home in the upper reaches of the St. Croix River, in the deep forest, to the ocean in the spring. And in the autumn, the canoe journey back to the upper reaches of the St. Croix River to the summer home. In general this was the way of life, but sometimes this too changed for various reasons. Today we travel down the river to our salt water village to honor our ancestral journey, so they will never be forgotten. We carry the wampum belt and present it to the chief of the village as a symbol of the union between the freshwater village and the saltwater village." - Donald Soctomah. The true essence of culture can be experienced in August. The Sipayik Indian Days Celebration at Pleasant Point, starts the second weekend in August, with the ancestral canoe journey from Indian Township (Motahkomikuk), down the St. Croix River to Pleasant Point, (Sipayik), just past Perry, Maine.

Indian Township, (just past Princeton, Maine) Ceremonial Days are yet to be announced. Ceremonial dance, and craft demonstrations are a few examples of things to expect, admission is free. Visitors, collectors, and gallery owners have an opportunity to buy directly from Indigenous artists. One-of-a-kind handcrafted Wabanaki ash and sweet grass baskets, wood and stone carvings, jewelry, beadwork, painted drums, and more represent the beauty and culture of the Maliseet, Micmac, Passamaquoddy, and Penobscot people in Maine and the Maritimes. It's a great experience to meet the artists and learn about contemporary Wabanaki arts and cultures. For more information call (207) 853-2600, visit www.passamaquoddy.com or call (207) 796-2261 for more info on Indian Township Ceremonial Days.

Continued on page 14

events and festivals

JULY

SummerKeys Concert July 12; 7:30 pm; Congregational Christian Church, Lubec, ME; Jennie Litt, David Alpher - Cabaret www.summerkeys.com

Puckerbrush Primitive Gathering July 14-16; Pleasant River Fish & Game Conservation Assoc, Columbia, Maine; celebration of traditional archery, bushcraft, art, outdoors, and ancestral skills; "hands on" event, kids of all ages encouraged to get their hands dirty; meals and concessions are available; feel free to bring a musical instrument for afterward. FMI <https://www.prfga.org/events>

SummerKeys Concert July 19; 7:30 pm; Congregational Christian Church, Lubec, ME; Charles Jones – Piano; July 26; 7:30 pm; Congregational Christian Church, Lubec, ME; Faculty Chamber Concert No 1 www.summerkeys.com

Grand Lake Stream Folk Art Festival July 29-30; Grand Lake Stream, Maine; music, folk art, crafts, activities; FMI call (207) 796-8199 or visit <https://grandlakestream.org/events.htm>

Downeast Land Lakes Annual Picnic July 30; Grand Lake Stream, Maine; annual meeting, picnic, and auction; FMI visit <https://downeastlakes.org/>

AUGUST

New Brunswick Day Aug. 1 celebrations – beginning at 8 am at the waterfront; each year, the first Monday of Aug; foster the spirit of togetherness.

Campobello Island Fog Fest Aug 2-6; Campobello, NB. Five days free music performances, art and cultural events. Admission FREE; FMI visit <https://campobellofogfest.org>

SummerKeys Concert Aug 2; 7:30 pm; Congregational Christian Church, Lubec, ME; Faculty Chamber Concert No 2 www.summerkeys.com

Pleasant Point Ceremonial Days

Aug. 4-5, Passamaquoddy Tribe Pleasant Point, Maine; ceremonial dance, canoe trips, crafts, demonstrations. Admission FREE; FMI call (207) 853-2600 or visit www.passamaquoddy.com

Eastport ArtWalk Weekend Aug. 3-6; The ArtWalks celebrate the sea; 2nd Annual Mermaid Parade, Sat, Aug 5; local artists will help create mermaid attire; "Tales of Quoddy Bay" puppet theater and the StageEast Canned Sardine Story Slam return. Featured installation artist Chuck Kniffen from Lubec will present a beach-trash and sea-junk puppet making workshop in Eastport. Sunday, join LAMPS for an Ed Sullivan-style variety show overlooking the bay at Stockford Park in Lubec. Even mermaid mustard for National Mustard Day! Complete schedule at: www.eastportartwalk.org

LAMPS Summer Concert Series Aug 6; 1 pm; Coast Variety Show and potluck; part of ARTwalk; Stockford Park, South Water St, Lubec, Maine; FMI visit <https://www.lampsdowneast.org/event>

50th International Festival Aug. 2-6, Calais, ME and St Stephen, NB; Aug 2 Hands Across the Border, 3rd kids play day fun; International Street Dance for Kids, Calais City Building parking lot; Wednesday, Aug. 2, starts at 8 p.m. Aug 4th, Homecoming food and music festival (majority of restaurants in town will have live entertainment through the day); ANICA pre-concert fun in the Garcelon Civic Center parking lot including axe throwing 4-8pm; ANICA concert 9pm (doors open at 8); Aug 5th, Coastal Link Trail International 15k challenge, marathon begins at Ganong Nature Park and runner will join the parade and end in Calais; parade; farmers market on the waterfront; pre-fireworks live show on the waterfront, Full Circle playing in St Stephen, NB; fireworks; Aug 7th - 2nd Annual Battle of the NB Bands at the Garcelon Civic Center

FMI internationalhomecomingfestival.org

Lioness Super Draw Aug 5, during the International Homecoming Festival Street Fair, Calais. The draw is the club's biggest fundraiser, and gives folks chances to win items, gift certificates, and cash donated by friends and local merchants. Tickets are sold all day at \$5 per sheet, with prizes drawn at 2 pm.



SummerKeys Concert Aug 9; 7:30 pm; Congregational Christian Church, Lubec, ME; Andrea Maurer – Flute, Richard McIntyre – Piano www.summerkeys.com

Robbinston Celebration Aug. 12, Robbinston Community Parade & Picnic

SummerKeys Concert Aug 16; 7:30 pm; Congregational Christian Church, Lubec, ME; Haley Hewitt, Celtic Harp; Andrea Hoag, Fiddle www.summerkeys.com

Machias Wild Blueberry Festival Aug. 18-20, Machias, ME; Battle of the Rim commemoration with the Machias Historical Society (featuring the Reenactors) - Aug 20; 200 vendors, live play, parade, contests, activities; admission FREE; FMI call (207) 255-6665 or visit www.machiasblueberry.com

Downeast Fall Birding Festival Aug 18-20, celebrate the fall migration downeast, with expert local guides, this festival focuses on shorebirds, gulls and the migration. Local expert guides make this a wonderful and intimate festival; register at cobscookinsitute.org

SummerKeys Concert Aug 23; 7:30 pm; Congregational Christian Church, Lubec, ME; Peter Lewy, Cello, Richard McIntyre, Piano www.summerkeys.com

Houlton Potato Feast Days Aug 18-19; parade, touch-a-truck, music, community market, a craft fair, kid's games, quilt show, lobsters and other food items; Monument Park, Houlton, Maine

LAMPS Summer Concert Series

Aug 27; 12 pm; third annual Bob Judd Memorial Concert; featuring Chris Farr & Joan Lowden, Shead Ahead and the Mike Levine Trio; Stockford Park, South Water St, Lubec, Maine; FMI visit <https://www.lampsdowneast.org>

SEPTEMBER

Salmon Festival

Labor Day Weekend; 10-4PM salmon dinner, craft beer; Historic Downtown Eastport. Local seafood with vendors, events and food. Admission FREE. 207-853-0800; www.eastportchamber.net

Lubec Pirate Invasion Saturday of Labor Day Weekend. An annual duel over the best of pirates and plunder. Pirates from across the country arrive by land, sea and air. Admission FREE; FMI visit www.visitlubec.com

LAMPS Summer Concert Series Sept 2; 1 pm; after the Lubec Pirate Invasion for some good ol' fun at Stockford Park. Performers to be announced; South Water St, Lubec, Maine; FMI visit <https://www.lampsdowneast.org>



International Festival Celebrates 50 Years

The International Homecoming Festival celebration brings two international communities together. St. Stephen, New Brunswick, Canada and Calais, Maine, USA start the celebration with hands across the border, where the mayors of both communities and a small parade come together on the Ferry Point Bridge to shake hands. The first weekend in August, after New Brunswick Day, marks the beginning of the international activities. This sense of community began with the first settlers. Even with Americans on one bank and Loyalists on the other, holding opposing sides during the Revolutionary War, the relationship has been successful for over two centuries.

International Frontier Week 1961, was the predecessor of today's International Festival, and it was a big deal. The first and only international election was held on the U.S.-Canadian border. Bob Treworgy, Calais, was elected to serve as mayor of the international community from June 30, 1961 to July 8, 1961. The program for Frontier Week is 100 pages long. The booklet listed nine days of events. It included messages of congratulations from President, John F. Kennedy; Prime Minister, John Diefenbaker and other political notables. Original poetry in the program was interspersed with local histories, and advertisements from nearly every business in the area were included.

In present day, International Homecoming Festival is a five day event, celebrating on both sides of the St Croix River. The children's street dance starts on Wednesday night. The Peanut Fair is typically held at the Calais Elementary School on Thursday afternoon. Concerts can be heard going both ways on the river. The Saturday Street Fair hosts many craftsmen, vendors, activities, a parade, craft shows, and so much more; ending with the spectacular Duty Free Americas, Hardwicke's Fireworks display.

Each year a small group of volunteers take on the challenge of planning the annual festivities, and raising the funds to for the activities. It is with support from our local merchants, civic groups, organizations and citizens that this festival happens.

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events and festivals

Eastport Pirate Festival Sept. 6 - 8; downtown Eastport, Maine. Fun family weekend of pirate activities on the waterfront. Admission FREE.

www.eastportpiratefestival.com

Common Ground Fair Sept. 22-24, gates open each day at 9 am; Unity, Maine; Vendors open until 6 p.m. on Friday and Saturday, 5 p.m. on Sunday.

Apple Fest Sept; 8am - 2pm. St. Anne's Episcopal Church, Calais, ME. Breakfast, pies, jellies, crafts. Admission FREE; TBA, FMI visit stannescalais.org

Harvest Fair & Fiber Festival Sept. TBA, Machias Train Station and Pellon Center, Machias, ME. Vendors, food, farmers market www.machiaschamberofcommerce.com

LAMPS Summer Concert Series Sept 17; 1 pm; Sounds Without Borders; an afternoon of original, loud music veering toward the improvisational, avant-garde, progressive and experimental. 9 Center St, Machias, Maine; FMI visit <https://www.lampsdowneast.org>

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Academy Street in Calais, peek foliage.

Photo by Kara Mitchell

Fall Festival Sep 30, 12 - 4pm, experience Cobscook Institute's campus, and explore homeplace activities; cider pressing, tasting, fiber arts, group projects, live music; FMI cobscookinsitute.org

OCTOBER

Scandinavian Splendor Oct 1 at 3 pm; Collins Center for the Arts; Bangor Symphony Orchestra; FMI (800) 622-TIXX; bangorsymphony.org

Baileyville Octoberfest first weekend in Oct; Baileyville, ME; arts, crafts, food vendors, adult & childrens' activities and demonstrations

Annual Perry Harvest Festival Oct; TBA; Perry, ME; fair w/ over 90 vendors; arts, crafts, farmer's market, live entertainment; check Perry Harvest Festival on Facebook

Scarecrow Fest

TBA; Oct, Triangle Park, Calais, ME. Casket races, cadaver throws, pumpkin decorating, cooking decorating, pizza eating contest, monster mash dancing, face painting. Admission FREE. Sponsored by Calais Downtown Revitalization Coalition.

Witches of Eastport Oct 21; The ArtWalks announce the return of Witches of Eastport with all-ages interactive experiences. Pumpkin carving, wizard hat and wand making, witch and warlock costume parade, Quidditch broom decorating, Harry Potter Sorting Hat team challenge for kids, pumpkin derby race, and more! www.eastportartwalk.org

Trunk or Treat

Oct. 31, Walmart, Calais, Maine; before dusk.

Black Magic Bash TBA; Halloween custom party at the Calais Motor Inn, Calais, Maine; hosted by the Lioness Club; admission will be donated to local charity

NOVEMBER

Auto Fall FOLIAGE TOUR Nov; Moosehorn Wildlife Refuge, Charlotte Road Entrance, Baring, ME. Look for signs that say Auto Foliage Tour is open. Admission FREE. (207) 454-1700; www.fws.gov/refuge/moosehorn

Star-Crossed: Romeo & Juliet Nov 19 at 3 pm; Collins Center for the Arts; Bangor Symphony Orchestra; FMI (800) 622-TIXX; bangorsymphony.org

Community Tree Lighting / Shop Small Saturday Saturday, Nov 25, 10 am - 5 pm, Calais; St Croix Valley Camber of Commerce event; shop local promotion; tree lighting in Triangle Park.



Community and Downeast Land Lakes Trust gather Balsam tips for the annual wreath making event in Grand Lake Streams.

DECEMBER

Lioness Christmas Parade & Moonlight Madness Friday, Dec. 1 (always the first Friday of the month); Main St., Calais, ME. Christmas parade starts at 6 pm, shops open late, specials throughout town. Admission FREE.

New Year's Eve events posted in January

Astronomy - dark skies - photography - connection

by Kara Mitchell

My realization that we are the universe, every element that our bodies contain originated in the heart of a star, every atom, every molecule, in some part of the universe, is what keeps me looking above every night. It's all connected. Rachel Carson said it best, "The more clearly we can focus our attention on the wonders and realities of the universe about us, the less taste we shall have for destruction." Destruction comes in forms unbeknownst to humanity at times. With more people comes more traffic, more trash, more noise and more light pollution. Washington County, Maine is rural, which means there is less convenience, but it has its benefits. Often people visit to simplify, escape the hustle, or find a muse in nature, and now they are coming more often for the dark sky. Night photography and stargazing have had an increase in popularity, enough that a new category, "Astrotourism" has been coined by the Maine Office of Tourism to help direct photographers and astronomers to the night sky experience. It is true, that because downeast is under-developed there are less lights in the night sky. This means that simply going outside and looking up towards the sky will provide you with a sample of bright stars, and most likely the milky way without the use of a telescope.

Similar to the Universe and the human body, connections can be found throughout nature, and are still taught in the Native American culture. Historian, Donald Soctomah shares the knowledge of the thirteen moons on a turtle's back. "Children are taught to examine the segments on the back of a turtle. There are thirteen large segments which represent the thirteen moons which make up the lunar year. By counting the smaller segments around the lower edge of the shell, you will find there are 28, which represents the 28 days between new moons. Although the moons have different names in different cultures, they have designated meanings." The full moon names used in the Almanac come from the Algonquin tribes.

The photo to the left by Carol Behan-Sokolow was taken of the full moon over St Stephen, New Brunswick, Canada. The summer moon shined bright over the international river, separating Maine from Canada.

If you are looking for amenities and/or groups with shared interests, than look no further. The Downeast Amateur Astronomers have been utilizing the dark skies for years, and host the Maine State Star Party annually. This year the two day event happens from Aug. 11-13 at Cobscook Bay State Park in Dennysville. The group have a variety of telescopes, guest speakers, games and free tenting at the star party site. Camping at the park provides an opportunity to connect with nature and the night sky. The park occupies 888 acres on the western shore of Cobscook Bay, with a view of dramatically changing tides (also affected by the moon), that on average can rise to 24 feet high with some reaching as high as 28 feet.

Americas most easterly observatory, Sawyer Observatory is located in Pembroke, Maine, (eight miles from Dennysville.) More information can be found on Facebook or by contacting Charlie Sawyer.

Adam Woodworth is a landscape photographer originally from Kittery, Maine, and now resides in Lubec. A love of photography for over 25 years has lead to an Amazon.com best seller, *Night Sky Photography: From First Principles to Professional Results*, has professional techniques for capturing your own nocturnal masterpieces. Learn what gear you need, clever tricks for image quality from a pitch-black scene; and straightforward post-production workflows to create compelling compositions of the cosmos.

A technique Astronomers have used for over a thousand years to measure great distances is to look at something from two different vantage points and determine its distance using trigonometry. The object appears to shift positions compared to the far off background when you look at it from two different vantage points. The angular shift, called the parallax, is one angle of a triangle and the distance between the two vantage points is one side of the triangle. Basic trigonometric relations between the lengths of the sides of a triangle and its angles are used to calculate the lengths of all of the sides of the triangle. This method is called trigonometric parallax. Modern surveyors use this method to measure great distances, so the method is sometimes called "the surveyor's method." The Andromeda Galaxy (pictured to the left) is 2.5 light years from earth, but Chris Johnson captures a clear shot with his 150-600mm sigma lens.



Carol Behan-Sokolow has lived in St. Stephen for nine years now. "We moved here from Ontario, though I myself am Irish, and have been in Canada for over 18 years. I took up photography when I got my first 'good' DSLR camera. My husband is a keen photographer, and I learned a lot about technique from him. I taught myself a lot too, by practicing, and getting out there on as many occasions as possible. Find more images on Instagram - carolbehanphoto.



The Andromeda Galaxy, (seen just left of the tree) is 2.5 light years from earth, and usually looks like a light smudge in binoculars or low powered telescopes; but here is taken with a sigma 150-600mm lens, and a wider angle 20mm, f/1.8 aperture. The cover photo of this book and the photo above were taken by Chris Johnson. Johnson has been doing night photography off and on for about a year and a half.

Farmers' Markets

Calais market Triangle Park, Calais 04619; Tuesdays, 11 am - 1 pm
Beginning June 28

Eastport market Saturdays, 11am-1pm in the Port Authority Parking Lot

Lubec market: "the Easternmost market in the U.S.A.," every Saturday, June - Oct; 10 am - noon; Lubec Community Outreach Center, 44 South St, Lubec

Machias Valley market starting date Friday, May 19; perennial plants, seafood, a food truck, wild blueberries, mixed produce; eventually the market will be Fridays, Saturdays and Sundays; hours 9 am - 2 pm

Milbridge market 29 Main St (Camden National Bank parking lot on Route 1) 04658 • every Saturday 9 am - 12 pm

Franklin market open Late July - early October, every Saturday, 9 am - 1 pm, 33 Blackwood Road (Rt. 182), 04634

Houlton Community Marke May 27 to October 7; Historic Market Square from 8:30 to 12:30 and Wed from 2 - 5:30pm



The Mingos are self-taught cranberry growers, and are currently the largest growers in the state of Maine "Cranberries are not like growing anything else, it's a science. You've got to pay attention, you've got to know what to do and when to do it," says Alden Mingo. They have been planting cranberries sine 1994, and they are still learning. They constantly watch the weather, an influx of cold may call to the irrigation system to flood the bog to prevent a freeze. The drone photography of Laurie Churchill shows the 15 acres of cranberry bogs in the fall.

Mingo's 50 Years of Family Farming

Making-a-living way downeast Maine requires persistence, hard work, awareness and ingenuity. Alden Mingo knows all the above when it comes to working a family farm. Mingo started harvesting balsam fir for Christmas wreaths in 1950s, He and wife, Donna would construct a load of wreaths, and Mingo drove them to Massachusetts to sell for the holiday season. It became prosperous enough for Mingo to trade-in his job at the local pulp-mill for a full time commitment in making wreaths. With his wife as a strong support system, the couple and their four children (now grown with their own families) harvested blueberries from their fields, balsam from the forest, and cranberries from the bogs. Family owned for over fifty years, the operation is located at 405 Shattuck Road in Calais, Maine. Balsam Fir is known for its thick, full dark, green color and rich fragrance that captures the essence of the Maine woods. With a large tree farm, Mingo's Evergreen always have a great selection of Christmas trees and wreaths, and the community looks forward to Family Day at the farm. Buy fresh blueberries and cranberries from the source, and get a glimpse of the operation.

Wreaths For Hope™ is an organization that raises money through the sales of balsam ribbon wreaths to support funding for cancer research. Their purpose is to partner with large and small foundations, groups and organizations to help raise money and bring awareness to cancer-related causes and patient programs and services. Mingo's Evergreen Products Inc participates with the educational systems and non-profit organizations to offer an opportunity to earn funds by selling balsam products, and earning up to fifty percent profits. For more information visit www.mingosproducts.com or call (207) 454-7411

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The images above portray life at Smithereen Farm. From left to right, fishing with a net in the waters of Cobscook Bay. Alewives are a diadromous species, meaning they migrate between fresh water and salt water to complete their life cycle. Females spawn in the spring and can lay up to 300,000 eggs. The fish are important to the ecology of freshwater, estuarine, and marine environments. A yurt modeled after the William Coperthwaite, a master yurt-builder/designer. The tapered-wall wooden yurt was designed to enable people to play a larger role in creating their own shelter, using a design that reduces required building skills to a minimum while still producing a beautiful, inexpensive, and permanent shelter. Photos by Jon Levitt

Mushroom buoys, summer workshops, local food at Smithereen Farm in Pembroke


Smithereen Farm in Pembroke, Maine is gearing up for their 6th season, with another set of educational programs put on by Greenhorns, their sister nonprofit. Themes this year include wild river fish, seaweed harvest, processing, ethics and value-chain development, wild foraging and pollinator health, baking with fruit, sustainable harvest of medicinal plants, an investigation of civic architecture Downeast, river trail-making and stewardship.

The public is also invited to the 2nd Annual Pennamaquan Alewife Festival May 19th and 20th – a FREE event with smoked fish, live music, bike riding, biologist talks, kid’s painting activities. Full details and workshop registration can be found at www.greenhorns.org.

The former Crossroads motel in downtown Pembroke is a hive of activity as the farmers, organizers and artists are busy getting ready for the season. Starting May 1, the Smithereen Farm Store at 12 Little Falls Rd will re-open for the season; the store features cheeses, meats, fish, fresh baked goods, organic vegetables and fruit, and value-added products from over 30 Maine farms. Smithereen farm’s award-winning seaweed sprinkle, blueberry topping along with favorite products from Josh Pond, Tide Mill, Mongr, Wren Farm, Juji’s Bakery, Pie Ladies, Blue Ox Blueberries, and many more.

Greenhorns and Smithereen project areas this year include a partnership with Maine Preservation to inventory the civic architecture in Downeast, Maine; the “mycobuoy” project creating aquaculture floatation without plastic. Mycologist Sue Van Hook and her assistant are buzzing in and out of the MYCO lab, making biodegradable buoys from fungi and hemp – a SARE-funded research project aiming to reduce plastic pollution in aquaculture. The buoys will be distributed this spring to over eight oyster farms across Maine for testing; the best-performing prototypes will be produced at a larger scale in 2024; an Americorps-powered river trail/outdoor museum project; the 6th edition of the beloved literary journal we publish: *New Farmer’s Almanac* has just hit the shelves; with support from Patagonia, film maker Wilder Nicholson is working hard on the next *earthlife.tv* episodes; partnering with a number of artists to create more opportunities for creativity for kids, young adults and families celebrating the ecology and culture of this region. How else to engage? Smithereen Farm has a 3 year project to promote Washington county local food and farmers, Supported by a Local Food Promotion Program grant from the USDA, the farm store provides a market access point for local farmers and producers. Smithereen Farm is also offering bulk potting soil, one on one business coaching, a shared-use commercial kitchen/processing facilities, and a printed map of Washington County local farms and food sources. Let’s all join in to support the local food economy. If you know of a farm that would want to be on the map, sell at the store, use the kitchen/ shared processing facilities, or collaborate in a shared promotion of Washington County local food, please be in touch!

Last but not least, certified organic Fruit. The public is invited to pick-your-own strawberries (June), blueberries (late July-August), and cranberries (September-October) at the three Smithereen farm locations. Visitors can stop by any time during the day and use the honor box to pay for their pick. Directions and contact information can be found at www.smithereenfarm.com.



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summer camps

Calais Recreation Day Camp from 7:30 am - 4:30 pm for ages 6 years and up; weekly fee; includes swim lessons; and field trips to Keene's Lake Campground. FMI call (207) 454-2761 or email calaisrec@calaismaine.org

Downeast Lakes Land Trusts Children's and family programs happening all summer long, including a special camping trip and many more public events happening in the 57,703-acre Downeast Lakes Community Forest. Stay tuned to www.downeastlakes.org, and follow Downeast Lakes Land Trust on social media for further details. To register for an event or FMI, contact Sarah Cote at scote@downeastlakes.org, or call (207) 796-2100



Map & Compass Course This course offers a self-guided, educational experience of an important wilderness skill; offered through Downeast Land Lakes Trust; a 0.3-mile path between Little Mayberry Cove Trailhead and Daugherty Ridge Rd; compasses and directions are available to borrow on site; FMI visit downeastlakes.org

Outdoor Skills Camp June 26-30; 10 am - 4 pm; optional overnight camp out Thursday night grades 6-8; Cobscook Institute, Trescott, Maine; Learn and practice basic skills to keep you safe and fun in the woods and on the water; learn basic canoe skills; mess around building shelters in the woods; visit some of Washington County's amazing wild places; hike, hang out on beaches and swim; gather wood and learn to build fires, with s'mores of course; learn about "Leave No Trace" ethics and techniques, build personal camp stoves & survival kits; FMI visit <https://cobscokinstitute.org>

Canoe Camp July 10-14; learn canoe skills, wilderness camping skills, food cooked on an open fire, participants sleep in tents, swim, fish, journal, and play games; FMI visit cobscokinstitute.org

Downeast Teen Leadership Camp July 24-28; Cobscook Institute, Trescott, Maine; in-person; grades 7-9; DownEast Teen Leadership Camp (DETLC) is Healthy Acadia's annual, five-day residential summer camp program for teens entering grades 7 through 9. DETLC primarily serves the youth of Washington County Maine, though teens from Hancock County and beyond are also welcome. DETLC offers five action-packed days filled with games and team building activities, amazing motivational speakers, and daily workshops focused on social issues that are important to you, like tackling peer pressure, substance use, embracing diversity, and more. And, of course, it wouldn't be summer camp without a pizza party, s'mores, and bonfires! FMI call (207) 255-3741 or e-mail me at sara@healthyacadia.org

River Camp July 31 - Aug14; free; grades 10-12; A joint program of Downeast Salmon Federation (DSF) and Cobscook Institute, teens who are accepted to River Camp are part of a co-ed youth crew and work alongside professionals on projects focused on habitat restoration and recreational access. Base camp is at the historic Wigwams Camp on the Wigwams Rapid on the Machias River, and participants venture out each day for work, skill building, exploration, and fun. Participants also experience camp life – swimming, playing games, and building outdoor skills. River Camp is a career-building experience. Just like a job, those who want to join River Camp submit an application and participate in an interview (see deadlines below). And, just like a job, those who successfully complete the River Camp experience go home with a stipend (not to mention new friends, new skills, and tons of great memories). The stipend recognizes the hard work that River Camp participants put into the conservation projects and the career skills built along the way. FMI call (207) 255-7348 or visit cobscokinstitute.org

Youth Sailing Camp: Introduction to Sailing, Indian Lake, Whiting July 31 - Aug 4; rising grades 4-9; beginner class for children; promoting positive experiences on the water and while sailing. cobscokinstitute.org

Camp Eagle Wing Gardner Lake, Marion Township, Maine; traditional summer camp; coed; 150 acre; 75 campers; 25 staff members from all over the country; 1 to 6 weeks; FMI visit <http://www.campeaglewing.com>

EdGE Summer Camps Registration is now open for students in Washington county for five, week-long camps running from June 26 - July 28; K5 - 8th grade; outdoor exploration, sports, technology, cooking, crafts and field trips; FMI contact Maria Wight (207) 546-4466 or visit <https://www.seacoastmission.org>

Youth Sailing Camp: Introduction to Sailing, Keene's Lake, Calais Aug 7-11; rising grades 4-9; beginner class for children; promoting positive experiences on the water and while sailing. cobscokinstitute.org

Youth Sailing Camp: Intermediate Sailing, Keene's Lake, Calais Aug 14-18; rising grades 4-9; beginner class for children; promoting positive experiences on the water and while sailing. cobscokinstitute.org

University of Maine 4-H Camp & Learning Center at Bryant Pond coed; resident; many different kinds of camps; 1-6 weeks; ages 6-18; FMI call (207) 665-2068 or visit umaine.edu/bryantpond NOTE: Greenland Point Center is now a University of Maine 4H Camp.



St. Croix Technical — Education With A Purpose



By Stanley Sluzenski

St. Croix Regional Technical Center provides quality Career and Technical Education (CTE) for middle and high school students in eastern Washington County. There are ten different trade programs that provide students a foundation for many career pathways. The trade areas range from Computer Technology to Residential Construction and Business Studies to Automotive Technology. Students earn state licenses in Certified Nursing Assistant and Commercial Truck Driving. They earn national certifications from the American Welding Society-AWS and National Restaurant Association-ServSafe. Our newest program, Criminal Justice, prepares students for a variety of careers in Law Enforcement. There are also opportunities for earning college credits, such as six credits in Early Childhood Education and six credits in Business Studies. Students achieve all of this while engaging in experiential learning that often involves interacting with the local community through clinical practice and community service projects.

The skills learned at St. Croix Tech are transferable to any future job. Safe work practices are our first priority. Students engage in teamwork, time management, and problem solving. Their projects teach them valuable life skills such as planning and communication. The career programs provide students the opportunity to take all the academic skills they have acquired, and apply them in a live work setting. Programs are based on state and national industry standards to teach students the technical skills used in today's workplace. All of our instructors have worked in the trade areas they teach and bring that experience to the classroom. CTE programs provide at least 350 hours of learning to enable students to master skills and earn certifications. CTE is education with a purpose.

St. Croix Tech is open to all students from Calais, Shead (Eastport) and Woodland High Schools as well as home-schooled students from these districts. There are other unique opportunities at St. Croix Tech such as the National Technical Honor Society that recognizes students for leadership, skills, and community service. Students can also participate in SkillsUSA for professional development and the opportunity to compete in their trade area at the state and national level. To attend one of our programs, call (207) 454-2581 or contact your high school guidance counselor. Find us online at www.stcroixtech.org and [Facebook.com/stcroixtech](https://www.facebook.com/stcroixtech).

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Breakneck Mountain Sno-Riders

Maintains 100 miles of trails in Alexander, Crawford, Cooper and Township 19; open 24/7; rest rooms, kitchen and seats 40

Breakneck Mountain ATV a division of Sno-Riders; they share the Sno-Rider trails and have access to municipal roads. FMI call (207) 454-8775

Dennysville Snowmobile & ATV

AKA the Eastern Rail Riders is located 1+/- mile west on Route 86, from U.S. Route 1 in Dennysville, Maine. Club house located on the Down East Sunrise Trail; open 24/7 all year. A place to stop for a soft drink or cup of coffee. The club maintains 75 miles of multi-use trails, of which 52 miles outside the Down East Sunrise Trail. All trails open to the public, FMI call (207) 263-6306 or email Dennysvillesnowatvclub@gmail.com

Downeast Trailriders East Machias; FMI call Grant Hanscom, (207) 557-7816

East Grand Snowmobile Club PO Box 182, Danforth, ME 04424; 80 miles of well groomed trails; Troy Fish (207) 538-6980

East Stream ATV Riders Clubhouse on East Stream Road, Cutler, Maine. FMI contact, Mike Look at (207) 255-4167

Grand Lake Snowmobile Club 1 Webber Dirt Road, Grand Lake Stream, Maine; maintains two sets of trails; 42.1 miles of municipal trails, including 28.1 miles of ITS 84, connecting Calais to Old Town, Maine. All trails open to public. Lodge in town, open year round, the Canalside Cabins, FMI call (207) 227-8457 or email grandlakesnowmobileclub.com

Ridge Riders Trail Club Machias; 700 miles in the local trail system; for more information email: rrtrailclub@yahoo.com

Grand Lakers ATV Club Danforth; for more information call the president, Roger Rossignol at (207) 448-7739; to become a member contact Linna McLaughlin at (207) 448-7088

Sunrise Snowmobilers Formed in Calais in the 1970s; approximately 21 family members and 16 business members. This is strictly a snowmobile club, which maintains approximately 40 miles of trails. All trails open to the public. Trails connect to the Down East Sunrise Trail through the Moosehorn National Wildlife Refuge.

Sunrise Trail Riders ATV Club Calais; always seeking new members; \$20 annually; maintains 5 miles of trail. All trails are open to the public.

St. Croix Trail Riders formed in the 1970's in Baileyville, Maine. Both a snowmobile and ATV club. Maintains 48 miles of multi-use trails. All trails open to the public. Trails connect with trails maintained by Grand Lake, Breakneck, Calais, and connect with the Down East Sunrise Trail via trails maintained by other clubs.

Robbinston Bushwakers Robbinston, Maine; this club is strictly ATV, maintaining 48 miles of trails, most of which are multi-use. All trails open to the public. The trails are accessible to the Sunrise Trail through trails maintained by other clubs.

Princeton Pathfinders Princeton, ME; FMI email: princeton.pathfinders@hotmail.com

For more information Facebook is your best source.



The St Croix Valley Chamber of Commerce is currently working with local representatives, the Downeast Sunrise County Trail Coalition, the city of Calais, the township of Baring, and the town of Charolette to finish the 87 mile, multiuse trail that runs from Ellsworth to Ayers Junction, into Calais, Maine.

Sunrise Trail - Machias US Rte 1, Machias; parking at boxcar, Station 98, west of causeway (dike) or on causeway (no trailers); four miles, Machias to East Machias; cross over extensive salt marshes and experience views across the Machias and East Machias rivers. The trail crosses the Machias Dike, where both flea and farmers' markets take place in the summer. A motel, ATM and nationally famous blueberry pie-making restaurant provide amenities just west of the dike (causeway). Explore town, then consider a side trip to Roque Bluffs State Park for an on-road bike loop ride.

Sunrise Trail - East Machias

East Machias to Rocky Lake Crossing, trail crosses US 1 and ME 191; seven mile trail length; limited parking at ME 191/DEST crossing; trail runs through fields and forest while paralleling ME 191. The trail intersects the southeast corner of Rocky Lake Public Lands, accessed by a multi-use trail, before swinging east toward Dennysville. It is just a short side trip to the boating and camping areas on Rocky Lake's shore; visit the East Machias Aquatic Research Center (EMARC) to learn about Maine's fisheries. Cutler Coast Public Lands, Cobscook Bay and Quoddy Head State Parks and lighthouse are recommended side trips. For maps and information visit sunrisetrail.org

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The trail continues through relatively remote forestland until it reaches its eastern terminus at Ayers Junction, just a few miles north of Pembroke. The segments are described on three individual maps available for download, sunrisetrail.org

DOWN EAST SUNRISE TRAIL ROCKY LAKE CROSSING

There are many points of interest in each of the three segments of the Down East Sunrise Trail. The Eastern Trail includes the following points: Machias, East Machias, Rocky Lake Crossing and Dennysville/Ayers Junction. The Rocky Lake Crossing trail location crosses ME 191 just south of Diamond Match Road in Whitneyville; with a trail section length of ten miles; there is parking on the west side of ME 191 at trail; forests, numerous ponds and streams define this trail section; Don't miss Rocky Lake Public Lands in Whiting; consider a picnic by Patrick Lake (access off ME 86), Copper; enjoy views over Harmon's Stream in Marion Twnshp; the East Ridge, Great Works Wildlife Management Area, and the Denny's River in the unorganized territories, Edmunds / Dennysville, Cobscook Bay in Dennysville; and Quoddy Head State Parks in Lubec, Maine. The Dennysville / Ayers Junction crosses Milwaukee Road in Dennysville, with parking on US 1 north to ME 86 west to Milwaukee Rd. north 100-ft. to where trail intersects the road, seven mile trail length to Ayers Junction, Charlotte; trail continues through relatively remote forestland until it reaches its eastern terminus at Ayers Junction, just a few miles north of Pembroke. The Down East Sunrise Trail is the latest chapter in the story of the Calais Branch Railroad Corridor, from freight and passenger trains starting in 1898 to bicycles, ATVs and snowmobiles of today. It took a lot of co-ordinated effort to get where we are today, currently efforts are to complete the Sunrise trail into the city of Calais through Meddybemps and Baring from Ayers Jct., Charlotte, Maine.

Bold Coast Scenic Bikeway

211-mile, on-road trail winding along the rugged Atlantic coastline through 23 Bold Coast communities; In Calais, the Bold Coast Scenic Bikeway joins with the northern points of the East Coast Greenway and US Bike Route 1, which extend south to Florida. When combined with the Bold Coast Scenic Bikeway, these interconnected, mapped on-road trails make it easy to plan single- and multi-day riding opportunities throughout the Bold Coast region and beyond. Cyclists carrying valid passports can cross the international border into New Brunswick, Canada from Calais into St. Stephen and from Lubec onto Campobello Island, home to Roosevelt Campobello International Park. For more information visit discoverboldcoast.com



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A Glimpse of History — Princeton, Maine

Settlers of European descent repeatedly forced the Passamaquoddy off their original lands from the 1800s. After the United States achieved independence from Great Britain, the tribe were officially limited to the current Indian Township Reservations (a short drive north of Calais, near Princeton), and other reservations. The Town of Princeton was linked first by the lakes and then by roads. The town was incorporated in 1832. Put Rolfe built the first dam in 1851 and a lumber mill the following year. The population changed from two-hundred residents in 1860 to six-hundred-twenty-six after the dam construction, and by 1870, the population reached one-thousand-seventy-two residents. In 1854 the first railroad train line came to Princeton, called the Lewey Island Railroad. In 1869, Lewey's Island and the Calais and Baring Railroad combined and was called the St. Croix and Penobscot Railroad. The last train ran in 1933.

In the late 1700s, Capt. Tomah Lewey, left St. Andrews, New Brunswick due to the influx of Loyalists near his tribal village. He, his wife and children canoed to a small island near Lewey Lake, that became known as Lewey's Island. In the 1800s he helped tribe members and many others settle in the area. When the island was flooded by a sawmill dam he relocated his family to the current site of the Indian Township Tribal Office. In 1850 Peter Dana Point was established, and the chapel was built the next year.

The first area steamboat was built in 1853, and was named the Captain Lewey. He also surveyed the stage coach route that is now Route 1. In August of 2008 the portion of road that runs from the Princeton-Indian Township bridge to Topsfield was designated as the Capt. Tomah Lewey Memorial Highway.

The Schodiack Lake Steamboat Corporation built the first steamer, "Captain Lewey", a hundred-ten foot long, large stern-wheel, driven by two engines. The steamer first towed booms of logs across Big Lake. The steamer was refurbished in 1900's by St. Croix Paper Company. When the company moved operations from Big Lake, the steamer was sunk in Greenland Cove on Long Lake, where the remains can still be seen today.

Put Rolfe, first clerk of Princeton, built The Lakehouse in 1854, although it was not turned into a sporting lodge until 1946. In 1858, a stove mill, and grist mill were built, and in 1865 a wool mill. Unfortunately a number of fires in the area burned many of these businesses, some were rebuilt. The first business owned by a woman was started by Flora Belmore, who in 1870 started Mrs. Belmore's Fancy Millinery and ran it out of her home. In 1951 The Mardavichs purchased it and opened up the Bellmard Motel and Tourist Home.

In the 1890's Princeton was booming with mills, an agricultural fair, a band, a theater and a baseball team. St. Croix Paper Company opened a mill in Baileyville in 1906. It is currently still operating as Woodland Pulp LLC and St Croix Tissue. In 1915 Princeton got phone service. Then came the automobiles and outboard motors and things moved a lot faster and people moved away.

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Alexander, Baileyville & Princeton, Maine



Log driving started in Downeast Maine in 1830, when John Polley came from Nova Scotia to take charge of the St. Croix River



The docks of Calais were often brimming with lumber.

Pocomoonshine Lake

Pocomoonshine Lake Boat Launch, Lake Road; from Calais go north on US Route 1/US-1 N towards Baileyville; continue to follow US-1 N, pass through the roundabout, (9.15 miles), turn slight left onto S Princeton Rd., (2.30 miles), S Princeton Rd becomes Woodland Rd. (2.13 miles), Woodland Rd becomes Lake Rd., (0.34 miles), Pocomoonshine Lake Boat Launch; your destination is just past Seamans Rd. If you reach Shore Dr you've gone about 0.1 miles too far...



ART TRAIL 70 Barrows Lake Road, Alexander, Maine; features a large, hand-carved, outdoor sculpture collection; For more information look up the Alexander Art Trail on Facebook or www.arttrail.net

LAWRENCE LORD'S OLD FARM MUSEUM

1260 Airline Road, Alexander, Maine; two barns full of unique and interesting farm tools, lanterns, wagons and antiques; farm museum is open by chance, and a suggested donation of \$5 is always nice. If you are interested in this unique museum visit Lawrence Lord & Sons Inc (next door) or call (207) 454-2612

PLEASANT LAKE CAMPGROUND

371 Davis Rd, Alexander, 04694; swim area / beach; FMI check Facebook page



Joan Dana saying a pray to the Four Directions during the Veteran Monument ceremony.

PASSAMAQUODDY CULTURAL HERITAGE MUSEUM

197 Rte 1, Princeton, Maine; open Mon - Thurs, 10am - 3pm; see artifacts of Passamaquoddy, birch bark baskets, woven baskets, beadwork and much more.



The website below is a tribal reference page with current news, events and resources: www.passamaquoddy.com

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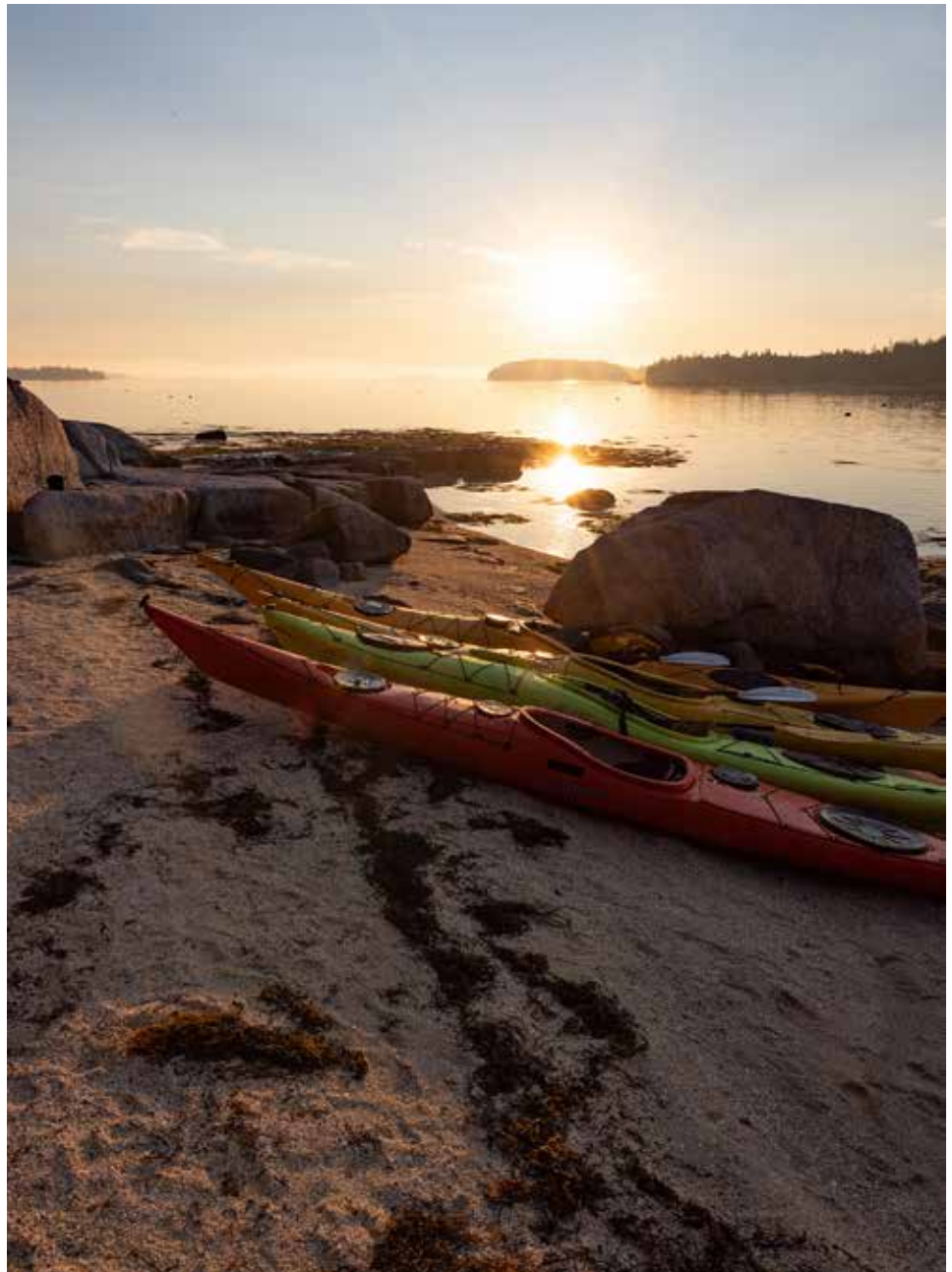
SIPAYIK TRAIL This 1.8-mile trail extends across the Passamaquoddy Native American reservation at Sipayik, (also known as Pleasant Point), Maine. The paved trail overlooks scenic views at various points as the river watershed transitions to salt marsh and then to Passamaquoddy Bay.

MAINE COAST HERITAGE TRUST

One summer evening in the late 1960s, Maine Coast Heritage Trust co-founder Peggy Rockefeller walked into her friend's camp and said, "We've got to do something." In 1970, she and her friend Tom Cabot co-founded the non-profit conservation organization Maine Coast Heritage Trust to forever protect extraordinary places on the

Maine coast. **Lincoln Cove** located near Birch Point in Perry. Follow the preserve's woods road 0.2 mile to the shoreline before enjoying a peaceful walk along the water's edge. Access to the Lincoln Cove Preserve is via Birch Point Road. From U.S. Route 1 southbound just past the Perry Town Office, turn left onto Cannon Hill Road. After 1.6 miles, turn right on Birch Point Road, and continue 0.9 miles. The property is on both sides of the road, with limited parking and an informational kiosk on the right, just across from the woods road that leads left to the shore. There are no formal trails.

Sipp Bay Located in a northern corner of Cobscook Bay in the town of Perry. Explore Sipp Bay's 1.5 miles of trails, a short loop in the south and a longer, more forested excursion to the north. Both offer great views of the rugged coastline. Access to the preserve is from US Route 1 in Perry via Burby Road. Directions: From the west, follow Route 1 north from the intersection of Route 1 and Route 214 in Pembroke 3.8 miles and turn right on Burby Road. From the east at the intersection of Route 1 and Route 190 in Perry, follow Route 1 south 2.8 miles and turn left on Burby Road. Follow Burby Road 0.75 miles onto the peninsula.



At the edge of the land and sea carry a confluence of biological abundance and overlapping species from marine and riverine environments. Each with its own set of characteristic flora and fauna. The tides can be challenging, and it is recommended to sea kayak with a guide unless experienced. Buy a local newspaper to check the tides. Visit waterdata.usgs.gov/monitoring-location for data upstream / downstream of the St. Croix International Waterways. Photo by Tide to Pine

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Passamaquoddy Cultural Heritage Museum photo

Waponahki Museum & Resource Center

59 Passamaquoddy Rd, (upstairs from the Sipayik Youth Center) Phone (207) 853-2600, ext. 227. Hours of operation 1 pm to 4 pm Monday - Thurs and every 2nd Sat; FMI visit www.wabanaki.com

Food

If you arrive in the "off" season, it can be hard to find restaurants open. Many places are seasonal and don't open until very late May. [The Farmers' Union](#) located at Perry Corner - 966 US Rte 1; open year round with a meat deli, beer, wine, fresh produce and other grocery. The [Polar Treat](#) is a seasonal A-frame building located 816 US Rte 1, famous for ice cream, but offer seafood takeout, burgers and more. The [Lobster Crate](#) located at 243 County Rd (the road headed through Sipayik), open for breakfast and lunch. Mainly Smoked Salmon has salmon sticks sold in a variety of quantity and flavors, salmon dip and more. See their advertisement and website on the facing page.

45th Parallel Marker

A small roadside park found on US Rte 1, Perry; first marked the halfway point between the equator and North Pole with a brass pin in 1896, made by the Maine Red Granite Company in Red Beach, Maine. It was placed and dedicated in 1899, on the 4th of July, making it the first such marker in the U.S. Maine is just about in the middle since the 45 degree line (or 45th parallel) splits the state almost at its midpoint. Latitude is expressed in degrees, minutes, and seconds. Each degree represents about 60 nautical miles or 69 statute miles (our common land measure)

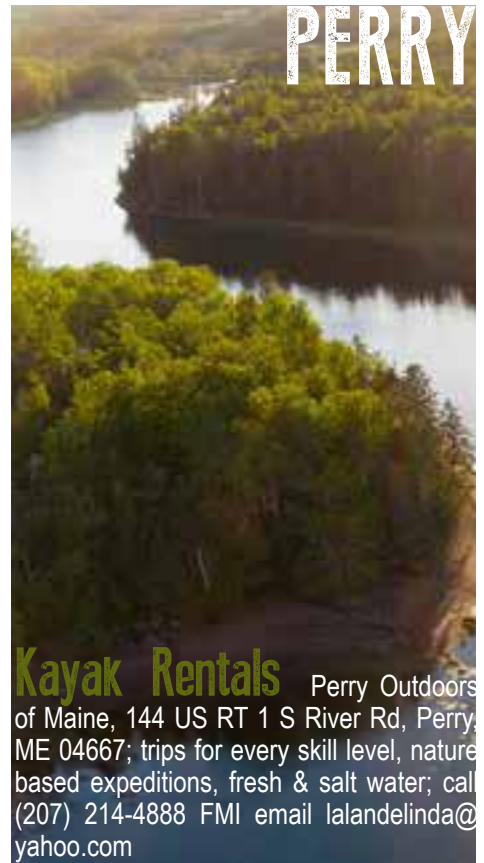


Sunflowers at Gleasons Cove

Photo by Joan Lowden

Gleasons Cove

Directions: US Rte 1, to the Shore Rd, to Gleason Cove Rd; gravel beach, swing set, picnic; Passamaquoddy Bay, including Gleason Cove, Western Passage, and Deer Island in New Brunswick, CA; view traditional fish traps made of sticks and brush (herring weirs) that lead migrating herring along a maze-like fence into an enclosure, they are netted and transported to shore with small boats. The vertical sticks of the weirs still stand, but the weir may or may not be active, depending on the season, year, and the whims of the herring.



Kayak Rentals

Perry Outdoors of Maine, 144 US RT 1 S River Rd, Perry, ME 04667; trips for every skill level, nature based expeditions, fresh & salt water; call (207) 214-4888 FMI email lalandelinda@yahoo.com

Drone photography by Laurie Churchill



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GRAND LAKE STREAM



The reflection of celebration at Grand Lake Stream.

Photo by Julie Keyes

Fish Hatchery Operated by Maine IF&W, the Grand Lake Stream Fish Hatchery was established in 1936. Call (207) 796-5580 to schedule a tour.

Grand Lake Stream Area Chamber of Commerce

Traditional Sporting Camps
Country Inns • Lakeside Cottages
40,000 acres of connecting
lake and river systems

Tour fish hatchery and museums
grandlakestream.org

swimming available at the town beach, located off of Shaw Street

Historic Museum Open Sundays or by appointment. Memorial Day to Labor Day, 1-3 pm

fishing & hunting a destination for fishing and hunting since the first "sports" hired Passamaquoddy guides in the 1800s. The Community Forest is open to the public and adheres to all federal and state laws. Regulations and licenses are available online or at the Pine Tree Store. Find a Registered Maine Guide to lead your next adventure at grandlakestreamguides.com

Little Falls Recreation Area

Located two miles southeast of town, accessed by Water Street; public access area managed by Maine IF&W, and provides great access to the stream to fish

Middle Walk & Childrens Canal

A wooded walkway alongside the canal; each year the canal is stocked with brook trout for children's fishing only (15 and under)

Tennis, Pickleball & Basketball Courts

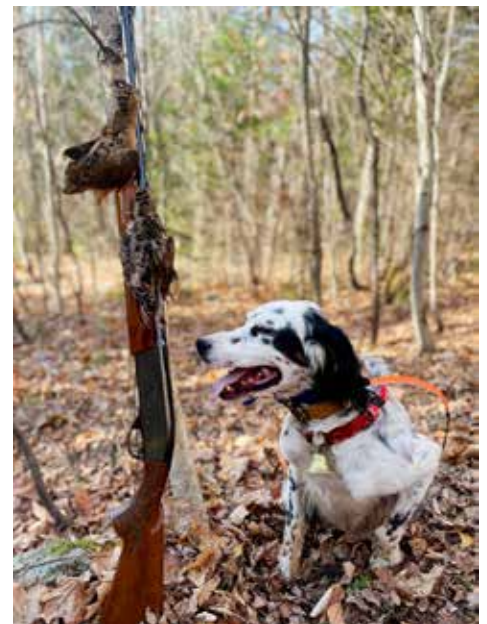
located off of Milford Road (before you get into town); open to the public, visit the GLS Chamber of Commerce website FMI: grandlakestream.org

Geocaching

the DLLT Geocache Challenge consists of 25 geocaches placed in different areas throughout the Downeast Lakes Community Forest; sites highlight the local history, ecology, and geology of the Grand Lake Stream region. Find the list under the title "dlltgeochallenge" by visiting www.geocaching.com

Fly fishing

West Grand Lake has more than 14,000 acres of clear stream-fed waters. It has been regulated as fly fishing only since 1903 and the salmon for which it's famous follow the smelt up river each spring, in waters that anglers dream about. Of course, there are other lakes as well, including Big Lake and Love Lake, where trout, bass and togue are plentiful. Hire a fishing guide to help you improve your casting and find the best spots.



Hunting dog with rifle and birds

photo by Thomas Cochran



A historic ink and watercolor depiction of a Shaw & Brothers Tannery in Maine by Artist John Martin, 1882-1883, part of Metropolitan Museum of Art Archives.

A Glimpse of History — Grand Lake Stream, Maine

Grand Lake Stream was first known as Township 3, Range 1, contracted to Titus Goodman and Seth Wright in 1794. The major business was lumbering. The area is now known for its salmon fishing, bass fishing, bird hunting and family oriented vacations.

By 1854-55 the area had become known for its salmon fishing. William Gould built a landing almost at the outlet of Grand Lake Stream, which became the point of entry for sportsmen. As many as fifty tents were in the woods alongside the stream. Most of the guides were native Passamaquoddy from Indian Township. Visit the Passamaquoddy Cultural Heritage Museum on US Rte 1 in Indian Township for exposure to the indigenous arts and culture. Call Donald Soctomah, Tribal Historian at (207) 796-5533 ahead for an appointment.

In 1870 the village was named Grand Lake Stream, and population peaked around five-hundred. A Massachusetts company called F. Shaw and Brothers set up what was then the world's largest tannery, using the red-brown bark of native hemlock trees in its tanning process. However, In 1883 the Shaw brothers tannery faltered because of the failure of one of the largest boot manufacturers in Boston. The tannery managed to stay open until 1898 when it went bankrupt. With the demise of the tannery came the population decline to 221 people (1900 census). Visit the Grand Lake Stream Historical Society Museum at 9 Brown Lane or call (207) 796-2014 - summer hours are listed as 1 - 3 pm or by appointment.

Residents remaining in GLS found other ways to make a living. The industry turned to special provisions for sportsmen, and by 1901 GLS was recognized as the first traditional Maine sporting camp in the region.

1898 was the opening of the Washington County Railroad. Travelers came into the station in Princeton, and took a ferry to the many camps on Big Lake. This was a helpful exposure to nature tourism, and led to the large number of sporting camps in the area.

The value of salmon in the area was recognized early in history. In the year 1868, Commissioners of Fisheries in Maine and Massachusetts collected eggs and matured them in a natural spring in the woods. Three years later they built a rough log building over the spring. A report from the year 1877 stated that 2,159,000 eggs were obtained, and four-hundred, seventy-thousand eggs were hatched for Grand Lake; the rest were shipped out. This was the beginning of the hatchery. Visit the Grand Lake Stream Fish Hatchery today, call David Marsanskis, Fish Culture Supervisor at (207) 796-5580 for an appointment.

hiking

GRAND LAKE STREAM

[Little Mayberry Cove Trail, GLS](#) - mossy, single-track trail; approximately 2.5 miles along the western shoreline of West Grand Lake. Trail begins at the dam at the head of the Stream. Walk a short distance along the gravel camp road and follow the trail over moderately rolling terrain through stands of hemlocks and pines, with occasional viewpoints along the shore, ending at a quiet cove. Hikers can return on the same trail, or loop back via interior logging roads.



Students from Lee Academy breaking the new trail at Horseshoe Lake.

[Pocumcus Lake Trail](#) - Trail provides options for short or moderate loop hikes to undeveloped shoreline of Pocumcus Lake. Shorter loop is 1.3 miles round trip, while those who hike the entire trail cover 3.6 miles. The trail traverses a wide range of forest habitats including early-successional hardwoods, beech, and older hemlock and white pine. Hikers can expect to hear a variety of songbirds and may hear loons as they approach the lake. The trailhead is located on the north side of the Fourth Lake Road about 7.5 miles west of Grand Lake Stream.

[Wabassus Mountain Trail](#) - 1.0 mile climb to the summit, the Wabassus Mountain Trail follows a small cascading seasonal brook, and passes through older mixed and hardwood forests. The trailhead is on the Wabassus Mountain Road, with access from the north via the Fourth Lake Road, or the south via the Little River Road and Third Lake Ridge Road.

[Dawn Marie Beach Path](#) - DLLT's shortest trail at 0.25 mile: path leads you from a raspberry patch by the side of the road to an undeveloped beach on Wabassus Lake.

It's a great spot for a family picnic, or to cool off if you worked up a sweat on the way up Wabassus Mountain. Even here, a completely undeveloped sand beach is a rare commodity. Take the Fourth Lake Road west from Grand Lake Stream for 3.6 miles, and turn left on the Wabassus Mountain Road. Pass a side road on your right, and then look for the trailhead sign on your right.

[Tower Hill Trail](#) - Located atop Tower Hill, the Grand Lake Stream fire tower was built in 1934, and is the oldest enclosed wooden fire tower remaining in New England. Please DO NOT attempt to climb the tower, due to safety concerns. Parking for this trail is at the West Grand Lake Dam. Follow the snowmobile trail (orange tags) east, as it winds up the hill. From the tower, the trail begins 100 yards to the north, and heads east, winding 1.1 miles through mixed woodlands to Bonney Brook Road. After crossing Bonney Brook Road, the trail meanders along shallow Bonney Brook Lake. Upon reaching the road again, turn right and follow the road for 50 yards, then turn left, continuing along the trail. The trail ends at a camp road called "Pappy's Way." Turn left and follow the snowmobile trail back up Tower Hill, creating a 3 mile loop.

[Trail to Tomorrow](#) - Inspired by a 1957 essay by John R. Schaefer, an interpretive and educational walk through several distinct forest types. A round-trip loop of 0.6 miles, leaves from the end of Tough End in the village of Grand Lake Stream (parking is available at the West Grand Lake Dam).

[Musquash Esker Trail](#) - located on the north side of Milford Road, roughly 5.5 miles east of Grand Lake Stream; from the parking area, travel along the former "Talmadge Road," built along a glacial esker, 1.4 mile (2.8 round trip) trail ends at Big Musquash Stream, and offers gorgeous views of Amazon Mountain and more than 5,000 acres of pristine wetlands.

[Storybook Trail](#) - Leaving from DLLT's future headquarters at 214 Milford Road, this 0.6-mile trail winds through a cedar-filled forest with wooden signage along the trail that depicts children's stories that tell of the natural and cultural history of the region. Be sure to visit multiple times, as the stories change throughout the year. The trail intersects at the Tower Hill Trail, forming a 3.5-mile loop option from the heart of Grand Lake Stream.

[Pineo Peaks Trail](#) - a remote section of the Community Forest located entirely within ecological reserve. Head north on



Maine Conservation Corps install privies at Downeast Land Lake Trusts water trail campsites. DLLT photo

the Amazon Road for 8 miles, and turn left onto the Pineo Point Road and drive for 1.6 miles. There are two trailhead access points from the parking location. The trailhead on your left will lead you on a 1.3-mile hike (round-trip) up to Pineo Peak and winds through mixed hardwood forest, climbing a ridge with partial views of West Grand Lake. Near the top, the trail forms a small lollipop loop, exploring unique geological formations of granite ledges, small crevasses, and extensive caves and rockfalls. Back at parking, the second trailhead is located on the right and leads to the lake. It parallels the shore for 1.6 miles, crossing Oxbrook Stream, and ends at the Princeton Island campsite.

[Horseshoe Lake Trail](#) - turn off the East Shore Rd in Lakeville onto West Shore Dr, and park at the intersection with Horseshoe Lake Rd.; a boat launch for Horseshoe Lake is under construction. Follow the launch path and begin hiking on the west side. This easy-walking trail parallels the pristine lake and then cuts back to the Horseshoe Lake Road. Hikers will find two benches for resting or lunch along the trail, bog bridging, and beautiful scenery. Trail length is 0.4 miles one-way.

[Dobsis Narrows Trail](#) - Located in Lakeville, this hiking trail follows the shore of Sysladobsis Lake and ends at a campsite. Future plans include extending this trail to loop back to the road, but it's currently an in-and-out 0.3 mile hike. Recreationists will have almost 360° views of the lake, and will likely hear loons calling.



Downeast Lakes

LAND TRUST®

4 Water Street, Grand Lake Stream, Maine 04668 (207) 796-2100 downeastlakes.org



We protect and improve fish and wildlife habitats...

Support jobs in the forest and on the water...

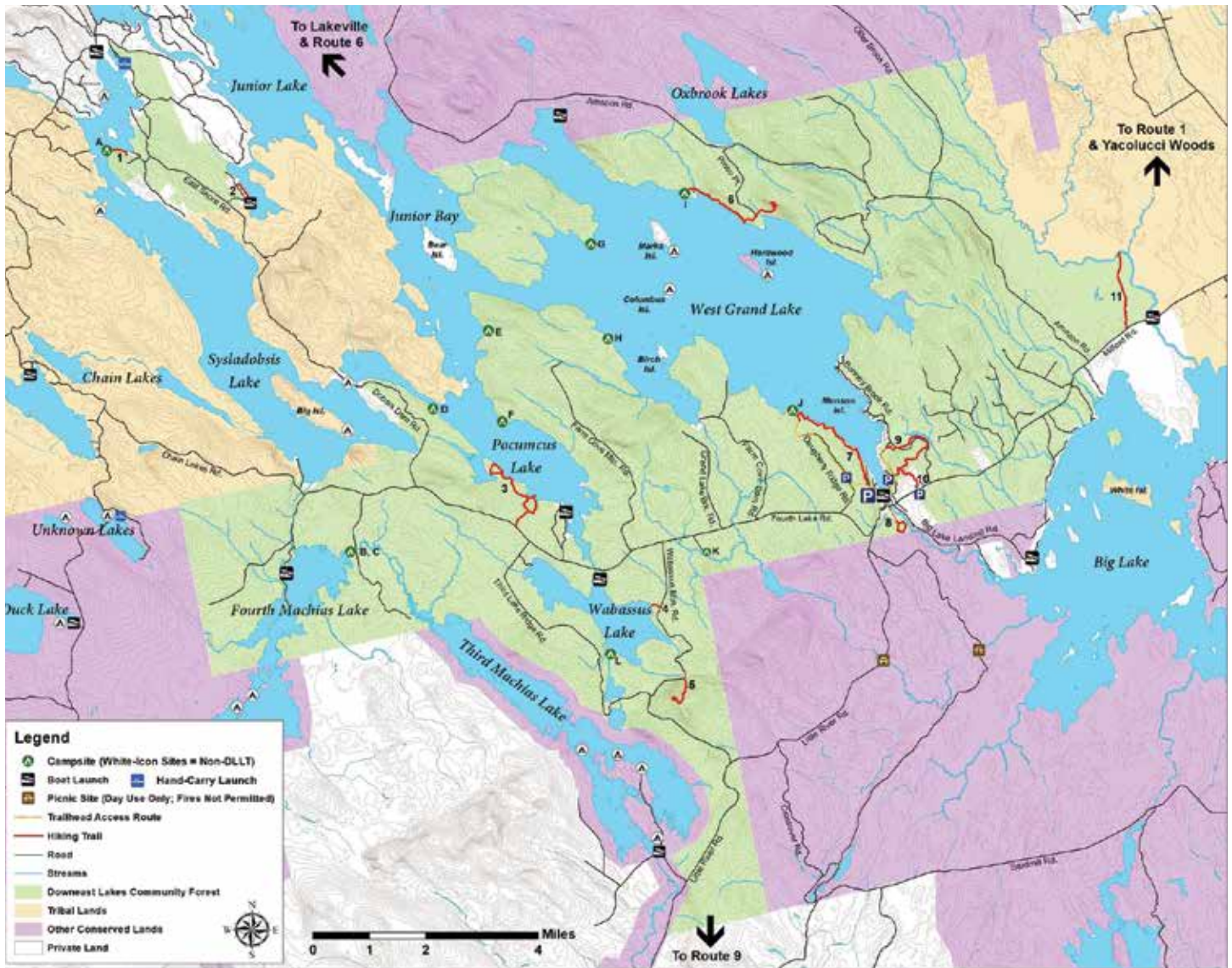
Provide public recreation opportunities...

Offer educational programs...

Discover...



Downeast Lakes Land Trust is a 501(c)(3) nonprofit organization



& CAMPING

GRAND LAKE STREAM

Downeast Land Lakes Trust has eleven water-accessed sites on several area lakes and streams. Two sites on Rolfe Brook are drive-up only, about four miles west of town, both are available for day-use and camping. Each site has a privy and picnic tables. Camping at DLLT sites is free, available on a first-come basis; three-night maximum stay. Campfires are allowed with a permit from the Maine Forest Service at (207) 827-1800.

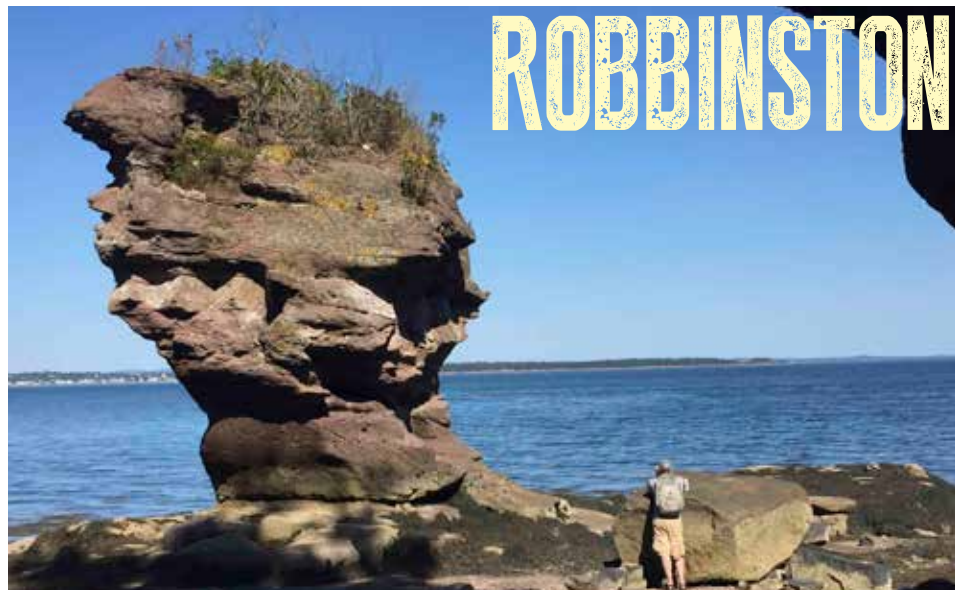


DAY-USE & CAMPING SITES

- Dobsis Narrows: (A) 45.27388, -68.05751
- Farm Cove West: (H) 45.22305, -67.87814
- Flood Cove: (E) 45.22579, -67.92131
- Fourth Machias Outlet N: (B) 45.16923, -67.97329
- Fourth Machias Outlet S: (C) 45.16879, -67.97295
- Little Mayberry Cove: (J) 45.20411, -67.81199
- McClellan Cove: (G) 45.24847, -67.88460
- Pocumcus East: (F) 45.20169, -67.91669
- Pocumcus Narrows: (D) 45.20751, -67.94514
- Princeton Island Cove: (I) 45.26057, -67.84931
- Rolfe Brook Site A: (K) 45.16756, -67.84440
- Rolfe Brook Site B: (K) 45.16774, -67.84396
- Stone Dam: (L) 45.14137, -67.87874



Visionary quest -- fasting, purification, wakefulness helped -- seeking contact with guiding spirits. Sacred sites were often marked by unusual land formations or prominent stones. Such a site was Pulpit or Shaman Rock (Motwolon Ponapsq) at Mill Cove in Robbinston, Maine. Artwork by John Foley



ROBBINSTON

Robbinston Historical Society nonprofit organization; visitors' center located on Route 1 next to the Grace Chapel, available for event rental; FMI call (207) 454-3455 or visit <https://townofrobbinston.org>

MILL COVE

has been a popular picnic spot for well over a century, high school classes and social groups often took the steamship to Robbinston to spend the day at Mill Cove; today one must drive. Check the tide chart before starting a hike to Pulpit Rock, as the tide can leave you stranded, (meaning you must swim with the tides) and pack a lunch

The Edge

685 US Route 1, Robbinston; Peter Johannes - multi-disciplinary artist- writer, sculptor, photographer; award-winning author; owner/operator of The Edge Gallery in Robbinston, FMI call (207) 436-3473 or email moc.asu@sennahojretep



Hilltop Campground

317 Ridge Rd, Robbinston, ME 04671; camping, playground, pool, rec hall, planned activities, Trout pond paddle boat rentals, horseshoe pits, basket ball court; FMI call (207) 454-3985 or visit <https://www.hilltopcampgroundmaine.com>



Elton R. Brooks Memorial Rest Area

Rte 1, Robbinston; picnic area; outhouse; boat launch; beach access; views of St. Andrews, New Brunswick, Canada

Boyden Lake Boat Launch

Ridge Rd, Robbinston, .8 miles past Hilltop Campground



Robbinston shares a trail system weaving through forests and lakes with Calais. Check out the information on the clubs on page 22

Redclyffe Shore Motor Inn
www.redclyffeshoremotorinn.com
 Seasonal
 Opening Date: May 30th to October 30th 2023
 207-454-3270
 US Rte 1, Robbinston, Maine



A mural by national award-winning artist Amy Bartlett Wright is displayed downtown Calais. A walk from Jo's Diner to the movie theatre is a chance to check out the Charles G. Wright Endowment for the Humanities.

Calais Free Library

9 Union St., Calais, Maine • computer access • free wifi • summer programs • the 2nd floor children's section • book sales www.calaisfreelibrary.com

Calais Riverfront Walkway

travel along the International Saint Croix River, separating Calais, Maine and New Brunswick, Canada. The 1.5-mile rail-trail marks the first mile of the East Coast Greenway, a project envisioned as a 3,000-mile off-road trail for non-motorized transportation, stretching from Calais to Key West, Florida; this section has many highlights, view some of the river's rapids; a special section located in front of the Wabanaki Cultural Museum has been dedicated to Ken Berry by the city, for his hard work and dedication to the trail; the section is lined with rose bushes and gives a close view of the old working waterfront from the past, and often views of bald eagles resting www.greenway.org/states/maine



Riverfront Walkway, late fall

Photo by Ryan Cross



Thomas DiCenzo Athletic Complex

54 Calais Ave, Calais, ME 04619; two baseball diamonds, batting cages, tennis courts, basketball court, public playground, skatepark and Howard Fox Memorial Pool (public pool). The entire compound is located in one large squared off section.



State Cinema

239 Main St, Calais, ME 04619; watch a movie; visit www.statecinemascalais.com for a full movie listing or call (207)454-8830

ST CROIX COUNTRY CLUB & GOLF COURSE

US Rte 1, Calais, Maine; nine hole golf course; pro shop; full service bar; youth clinics; lounge and grill; directly on St. Croix River, seasonal; FMI call (207) 454-8875 or visit www.stcroixcountryclub.com

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Mon, Fri - Sun

10am - 4pm



234 Main St., Calais ME 04619

(207) 454-4241

Largest selection of craft beer on tap



A Tom Brennan painting of the Whitlock Lighthouse FMI visit www.tombrennan.info

Whitlock's Mill Lighthouse

Located on the south side of St. Croix River, Calais. The lighthouse and grounds are not open to the public, but can be viewed from the St. Croix River rest area on Route 1 or be seen from the river. The lighthouse was named after Colin Whitlock, who tended the lantern before the lighthouse was built. Its location makes it the northernmost lighthouse in New England; stcroixhistorical.com/?page_id=28



Whitlock Mill Lighthouse is seen best from the water. This tandem kayak was rented from the Adventure Recreation at Washington County Community College. Check the website for hours or call (207) 454-1060, One College Dr., Calais

(207) 454-8995
 Tuesday - Friday 6:30 am - 8 pm
 405 Main St, Calais, ME 04619

WCCC Disc Golf Located in the middle of WCCC's campus is a 9 hole disc golf course available to the public. Course has par 3's and 4's to practice long and short distance game. Rental equipment available, including drivers, mid range discs, and putters. This course is usually open all year-round. visit wccc.me.edu/oac or call (207) 454-1060



Keenes Lake Family campground

70 Keenes Lake Rd., Calais, ME 04619; (207)454-2022; open early May to late October, swim for the day, play volleyball on the beach, rent a SUP or paddleboat, offers a variety of camp sites, dog friendly, small store, offers ice, drinks, pizza, souvenirs, propane is available to fill up your tanks before you hit the road; FMI visit keeneslakecampground.com



Calais Memorial Park

Located on Main St, Calais, ME 04619; a playground for younger kids, featuring Civil War monument; picnic area and gazebo; FMI visit: www.maine.gov/civilwar/monuments/calais.html

DAY SPA
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 sarahelizbeths@gmail.com (207) 214-9980

ST. Croix International Historical Society

was formed to preserve, protect, and promote the history of the St. Croix Valley, through literature, public meetings, participation and preservation. The Society publishes a quarterly newsletter, sells books and cards, has a large collection of photos and an extensive research library. The Society owns and maintains the Whitlock Mills Lighthouse, the Holmes Cottage and the Holmestead on Main Street, Calais. These buildings contain our artifacts collection.

Holmes Cottage & Museum

527 Main St., Calais • The museum is open during the summer months or by appointment • monthly presentations are given on the first Monday of the month. <http://stcroixhistorical.com>



starfish in the touch tank

WABANAKI Culture Center

39 Union St., Calais, Maine; Monday - Friday 8am - 4pm, marine touch tank, exhibitions featuring the history of St. Croix Valley and shipbuilding, Wabanaki baskets, beadwork and artwork; FMI call (207) 454-7878

239 Main St, Calais, ME 04619
 (207) 454-8830
OPEN EVERY DAY
 7 pm Show, 1:30 pm Sunday Matinee

hiking

CALAIS



Raven Trail 1.4 miles; this moderate trail has hilly terrain, high dense canopy cover, and a dense understory. This is a great option if you're looking for something more than a brisk walk. Schedule: open year-round, some activities are seasonal; hours: daily from 1/2-hour after sunrise to 1/2-hour before sunset; FREE; pets welcome; (207) 454-1700

Conic Trail 3.4 miles; back trail located in Baring, take Rt 1., to Rt 191, look for Moosehorn National Park trail signs on the left; FMI www.fws.gov/refuge/moosehorn

DEVIL'S HEAD CONSERVATION

Just off Route 1 in Calais, the 315-acre conservation has approximately three miles of moderate foot trails, a dirt road loop running from the road to the waterfront. Devil's Head itself is a 340-foot-high granite cliff overlooking the St. Croix River. Schedule: April - October; hours: sunrise to sunset; FREE; Pets: Welcome; (207) 454-2521; calaismaine.org/devils-head



MAGURREWOCK

A few miles north of the refuge headquarters on the outskirts of Calais is Magurrewock Mountain, a 384-foot peak accessed by a one-mile trail. To the south, Bells Mountain and Crane Mountain in the Edmunds unit of the refuge offer two fun loop hikes just shy of a mile each.



MOOSEHORN WILDLIFE REFUGE

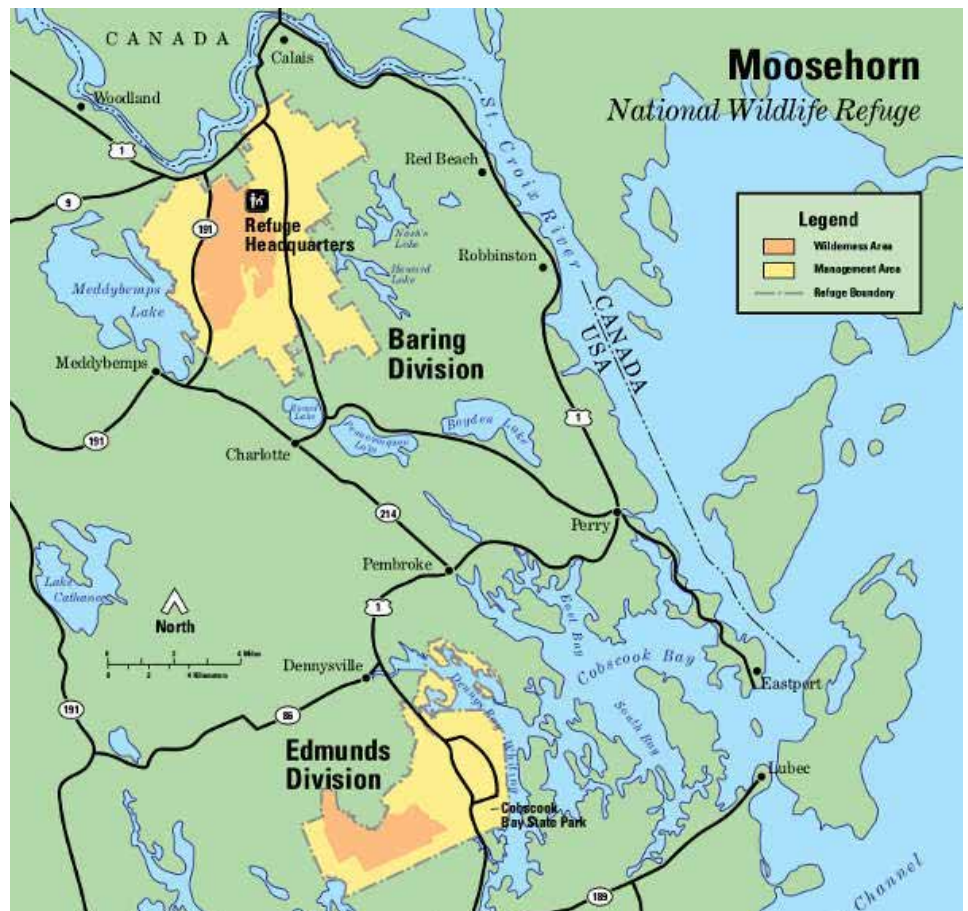
Hiking, biking and exploring habitats across the federal refuge's 30,000 acres. The Moosehorn is the northernmost refuge in the Atlantic Skyway of migratory birds. 103 Headquarters Rd, Moosehorn, Baring, Maine 04694; www.fws.gov/refuge/moosehorn approximately 1/3 of the refuge is designated "federal wilderness" and managed with a "hands-

off" philosophy to allow these areas to develop into old-growth forests. In these areas, all mechanical means of transportation, including bicycling, are not allowed, but there are several primitive hiking trails that weave through these untouched forests for visitors to explore. Four of these hiking trails — the Conic Road Trail, Conic Lake Trail, Hanson Road Trail and Bearce Road Trail — have trailheads on Route 191 in Baring. Narrow footpaths that are minimally maintained. Bring a map and compass while exploring trails because they can be difficult to follow at times.

Woodcock Trail 0.3 miles; a short paved loop trail; handicap accessible, This trail has a particular focus on the requirements for the protected American woodcock.

Greg's Pond Trail 1.0 mile; trail contains grassy pathways and elevated wooden walkways for wet areas; trail passes by Greg's Pond, great for wildlife viewing. The low canopy and overhanging brush will be sure to keep you cool.

Charlotte Trail 0.7 miles; a short path through flowering fields and forest. This trail can be a loop or connected with other nearby trails.



St Croix Island International Historic Site

Saint Croix Island is the first French attempt to colonize the territory they called l'Acadie and the location of one of the earliest European settlements in North America. Members of a French expedition led by Pierre Dugua, intending to colonize North America, settled the island in 1604.

Seventy-nine members of the expedition, including Samuel Champlain, passed the severe winter of 1604-1605 on the island. Thirty-five settlers died, apparently of scurvy, and were buried in a small cemetery on Saint Croix Island. In spring 1605 the Passamaquoddy, befriended by the French, returned from their winter sojourn to the shores of Saint Croix Island. They traded game for bread and the health of the remaining settlers improved. Pierre Dugua made the decision to move the colony and founded the settlement of Port Royal, in today's Nova Scotia.

The park is accessible for all ages. The sculpture trail is on even ground, a short, accessible interpretive trail features bronze figures of the French and Passamaquoddy, as well as displays that discuss historical events and the interaction of the two cultures. Under the interpretive shelter, a bronze scale model of the Saint Croix Island colony marks the final stop along the trail. Stairs lead down to the beach to the rocky shoreline, with a view across the river toward Saint Croix Island. Even on the hottest summer day it is cooler in temperature on site. The site includes a short woodland trail situated along a narrow peninsula of mixed deciduous and evergreen trees, flanked by two small protected coves. In one cove, a perched culvert draining upland fresh water creates a waterfall effect that lures bald eagles in early morning. An apple orchard adjacent to the second cove creates another habitat for a variety of birds and wildlife. At the end of the trail, an interpretive shelter overlooks Saint Croix Island and the Saint Croix River estuary, where brackish water and tides up to 25 feet (8 m) invite a variety of birds year round. Mud flats form at low tide. Attend a guided ranger-led interpretive program to learn more. Public rest rooms are available.



The Red Rocks of Red Beach / Calais

Just south of Calais, Maine is a place formally known as Red Beach. The underlying red bedrock that named Red Beach Granite spans several miles across. Granite is an igneous rock that forms by slow cooling and solidification from molten rock (magma). The magma is produced by melting at a depth and intrudes into the overlying rocks without breaking the surface. As it solidifies underground, the various mineral grains grow from the melt to produce the interlocking mosaic of grains seen in the rock today.

ART & culture



Keep an eye out for artworks by Calais artist, Nell Walton.

ST CROIX ISLAND INTERNATIONAL Historic Site

with sculptures; tours; exhibitions; book sales; picnic area; public rest rooms, a small rocky beach to explore, and a view of St Croix Island. Leave no trace and carry out any trash. and rudimentary boat launch. Travel east on US Rte 1, Calais, Maine 04619 FMI call (207) 288-3338 or visit www.nps.gov/sacr

Interpretive trail provides a glimpse into history. A covered area displays a small bronze model of the village built by French settlers; The first European settler, John Frost, established a trading post on the St. Croix River, the town's eastern boundary along with substantial frontage on Passamaquoddy Bay.



Calais - a guaranteed all season foodie spot

by Jayna Smith

Calais is home to a good number of eateries. All restaurants in the small city are worthy destinations. Not all places are open daily, so you may want to check online or call for hours. Maine law prohibits smoking and vaping in all public establishments, including designated outdoor eating areas.

In the mood for a sub? **The Sandwich Man**, located at 206 North Street, has been open for nearly 50 years. A staple in the community with fresh, baked bread daily. Do you want a familiar menu? **Subway**, **McDonalds** and **Dunkin Donuts** are all located on North Street. If you are looking for a nutritious meal shake or protein bite, visit **Unleashed Nutrition** at 73 North Street. The Shell gas station on North Street, **Freshies**, **On the Run** has a deli and also sells pizza by the slice and /or order a full sized pies to go.

Does everyone in the family want something different? Order takeout and visit the many parks Calais has to offer. **Grampie Bill's** Food Truck is located at the IGA parking lot, 200 North Street. An ongoing solo operation for years, starting early spring to middle fall. He serves grilled sausages, steak and cheese subs, all-beef hot dogs, French fries, and more aboard his food trailer. **King China** is in the same complex, 180 North Street. A full menu to get your Chinese-food fix, including large shareable dishes, as well as combination plates and a kids' menu, open daily. Tradewinds, located in the Walmart shopping complex on South Street, offers **The Anchor Deli**. They provide *Broast-er*, pressure fried chicken, pizza, sandwiches, appetizers and salads.



Workers continue to work steady on the facade of 449 Main Street, Calais. It is a big job, but the entire building will be renovated

Downtown Calais houses a strip of historic brickblock buildings. Each restaurant offers a distinctive ambiance. A new facade and complete renovation is happening at 449 Main Street, as a fire temporarily closed **The Roost Pub & Creamery**, but they are rebuilding.

Karen's Diner & Karen's Korner Pub, 439 Main Street serve breakfast, lunch, or dinner. Start your day at Karen's Diner for breakfast or go to Karen's Korner Pub next door, lunch is served at both the diner and the pub, traditional Reubens, a haddock Reuben, salads, sandwiches, burgers, and daily specials.

Crumbs Café & Coffee Bar has been a staple for nearly ten years, located at 405 Main Street. Order ahead at crumb-slunch.com, breakfast, lunch, and dinner are served, coffee is available hot or iced (with many flavorings available), lattes, espressos, cappuccinos, and frappes; the menu consists of soups, ramen noodle bowls, paninis mac and cheese (topped with your choice of bacon, buffalo chicken, steak); burgers at dinner time —not just any burgers but a mixture of beef brisket, chuck, and short rib available with a variety of toppings; satisfy your sweet tooth with a dessert. The case is always full of cakes, pies, and cookies, and also offered are milkshakes and sundaes.

The Riverview Restaurant, located at 421 Main Street, provides a cozy wine and dine experience. (Continued next page..)



Grampie Bill's food cart is located in the IGA parking-lot, ready to serve...



Crumbs Cafe, Main Street, Calais



Karen's Diner is a favorite breakfast nook. Karen;s Corner Pub opens later in the day, visit and try a Coffee Brandy drink, a classic Maine cocktail. (Kaitlin Scribner photo)



Fox n Hen Pub, 421 Main Street

EAT LOCAL

The Riverview Restaurant (continued)

The establishment has a fully renovated interior. They offer a haddock and scallop platter, baked or fried; a crunchy fried chicken, flavored in-house with their secret seasoning; or enjoy a lighter fare, like the giant pretzel, house-made ruffled potato chips; or totchos, a shareable appetizer of all the best nacho toppings, but served over tater tots.

Mama Lola's Mexican Restaurant located at 28 North Street, serves homemade, authentic Mexican food, quesadillas, tacos, burritos to fajitas, your favorite Mexican dish is sure to be on the menu at Mama Lola's. With a focus on time-honored techniques and traditions in the cooking style,

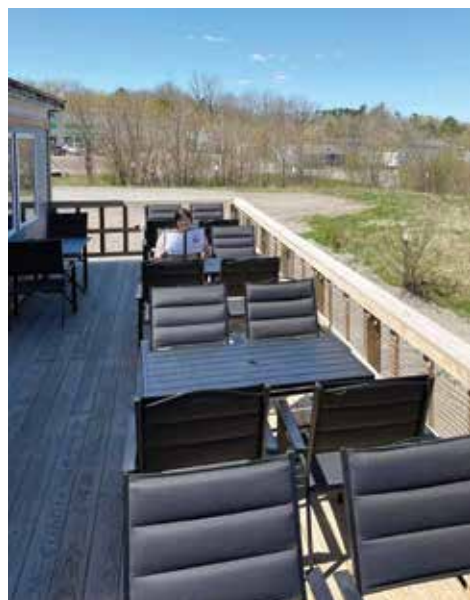


Mama Lola's Mexican Restaurant located at 28 North Street, Calais

Mama Lola's offers frequent specials and deals. There is also a children's menu available with smaller portions of kid-favs. For the grown ups, check out the variety of margaritas.

The lower section of Main Street, headed towards Canada has a movie cinema, and an outside public seating area, just look for the Rose Standish mural.

Hardwicks and Duty Free sit just before the International border, are available for a convenient snack, and also provide access to the Riverwalk.



A view of the St. Croix River and St. Stephen, New Brunswick, Canada from the back deck at Fitzgerald's Tavern & The Townhouse Restaurant.

Jo's Diner & Pizzeria located at 195 Main Street, 207-454-8400 is the only area restaurant offering regular, local delivery service. It is open daily and offers a long list of pizza favorites, along with calzones and stromboli, appetizers, salads, sandwiches, wraps, burgers, pastas, fish n chips are available, including a children's menu.



St Croix Country Club photo

Fitzgerald's Tavern & The Townhouse Restaurant located at 234 Main Street, has a menu of fish and chips (haddock, of course), hand-breaded chicken tenders, and half-pound burgers, entrees consisting of blackened chicken Alfredo, rib eye steaks, broiled salmon, seafood Mornay, and others. In the summer, diners enjoy watching passers-by from the front porch or taking in the view of the St. Croix River and St. Stephen, New Brunswick,

Canada from the back deck. If you opt to dine inside, take note of the nod to our service men and women by the service flags displayed in the tavern alongside the large American flag. This veteran-owned business is open daily for lunch and dinner.

Divots, at St. Croix Country Club, 48 River Road, is open daily for a casual lunch or dinner. You don't have to be a member of the club to enjoy the delicious food and picturesque views of the St. Croix River. They provide indoor seating and also the most spectacular views from the back deck. Not to be missed are the "Divots Wings," hand-breaded chicken breast strips, deep fried, and served tossed in a house-made sauce, many other appetizers, sandwiches, wraps, burgers, and more. While you visit Divots, you can easily see the bald eagle nest above the seventh tee of the course. Catching a view of the eagles is a common sight.

Ceaser's Pub & Grill, at the Calais Motor Inn serves pub-style foods, as well as burgers and pizzas, dishes of pastas, steaks, and seafood, with an array of offerings on their weekly specials list. Ceaser's is all new as of March 2023, when it relocated to the ground level floor at the Calais Motor Inn from the lower level. It's spacious, family-friendly, and a great place to catch the game on one of its large screen televisions. In the summer months, the deck is opened to allow for outside dining, as well. **Check out the directory in the back of this book (page 60) for a list of phone numbers** (only St Croix Valley Chamber members are listed.)



Ceaser's Pub & Grill is all new as of March 2023. Ceaser's photo

hiking EASTPORT

MAINE COAST HERITAGE TRUST

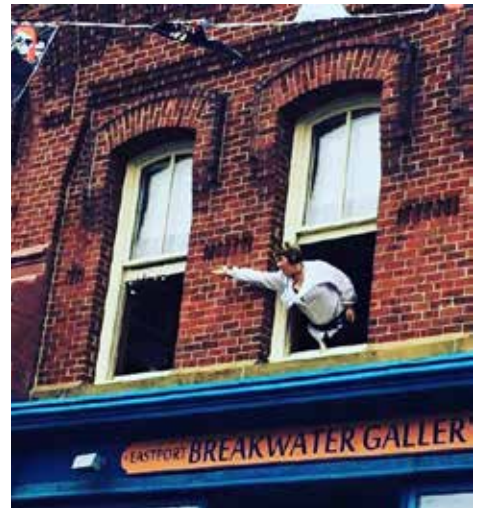
Maine Coast Heritage Trust — forever protecting extraordinary places on the Maine coast.

Treat Island, Eastport Located between Eastport and Lubec; 1.2 mile network of trails; monument where American Revolutionary War Col. John Allan is buried; both Lubec and Eastport have municipal boat ramps, which offer all-tide access for hand-carry and motor boats. Small boats can land easily on the island's southern shore on either side of the dike between Treat and Dudley Islands. Despite close proximity, access from both Lubec and Eastport is made challenging by very strong currents and an average 22 foot tides in this part of Passamaquoddy Bay.

MATTHEWS ISLAND, EASTPORT short trail that leads across the island, accessed via a right-of-way that begins at the end of Deep Cove Road. The right of way leads through private property and over a bar to the island (exposed at low to mid tides). From the intersection of Route 1 and Route 190 in Perry, take Route 190 for approximately 5.5 miles into Eastport. Turn right on Deep Cove Road and continue 1.6 miles. Park at the end of the tar road on the right. Follow the gravel drive 0.2 mile to the footpath that leads through the field to the exposed bar. Please respect the privacy of the landowners, stay on the path, and do not dawdle on your way to the island. Access to the island is also possible from the water, with the ideal landing spot on the southern side of the bar that connects Matthews with tiny Sumac island.

SHACKFORD HEAD STATE PARK

Located on Moose Island, Eastport; 87-acre state park occupies a peninsula separating Cobscook Bay and Broad Cove. The land is named for John Shackford, an American Revolutionary War soldier who once owned the headlands. The park is managed by the Maine Department of Agriculture, Conservation and Forestry. Offering both inland and coastal hiking trails, including the Cony Beach Trail, Shackford Head Trail, and Schooner Trail



FESTIVALS

Eastport has always celebrated Independence day with a large homecoming "Old Home Week"; starting July 1 vendor and activities begin. Check out the calendar of events FMI on the Art Walks, Salmon Festival, Pirate Festival and others.

Tennis & Pickleball

at Shead High School; Pickleball is the fastest growing recreational sport in the U.S. Eastport has a thriving community league with over 50 players; 14+ sessions a week offered at Eastport Elementary School; drop-in sessions several times a week at the new outdoor tennis and pickleball courts at Shead High School; visitors at all levels welcome; equipment to loan.

Raye's Mustard

is North America's last remaining traditional stone-ground mustard mill. Four generations of the Raye family have been grinding mustard since 1900, when 20-year old J. Wesley Raye founded the business to produce mustard for Maine's burgeoning sardine industry



Eastport Invites You ...
to discover our rich history, nature & culture

visiteastport.com

Cony Park

A large pavilion with picnic tables, outdoor musical instruments, horseshoe pits, and a hand carry boat launch

Dog Park

An off leash dog park, turn on Deep Cove Rd off Rte 190, the park is on the left before the entrance to Cony and Shackford Head State Park; waste station and users are required to pickup after use



Eastport Arts Center 109 Water St, Eastport; theater, art, music, film, education and community outreach; available for rental; an array of programs for children and adults. They collaborate with the Eastport Gallery located at 109 Water St.; the Northern Lights Film Society; Passamaquoddy Bay Symphony Orchestra; Quoddy Voices and Stage East. Check out the concert series, seminars, Kinder Arts, ecstatic dance, yoga and much more, call (207) 853-4650 or visit: <https://eastportartscenter.org>



Sculpture Trail

"Nature's Grace," by Canadian artist James Boyd, is situated right along Water Street in downtown Eastport. It is one of a number of public art pieces along the waterfront.

Overlook Park & Sutherland Amphitheater

83 Water Street, Eastport; located on Eastport's waterfront; where the Wilbur Theater once stood is a stone amphitheater that hosts musical and other events. The Park also makes a great place to sit and watch the workings of Eastport's Harbor, the waters of Passamaquoddy Bay, and Canada's Campobello Island, while enjoying a meal or snack purchased from a local business



EASTPORT

The Eastport Port Authority welcomes cruise ships, multi-person vessels of any type including yachts and mega-yachts of all sizes, offering three piers; services at all piers including fuel, water and sewer; arrange for customs clearance; the US Coast Guard station has full patrol and search and rescue capabilities; tug and pilot services are available and the Eastport Municipal Airport is within a mile of all piers, offering a 4000 foot runway with re-fueling service available on airport.

WHALE WATCH or DAY CRUISE Eastport Windjammers offer whale watches, lobster cruises, deep sea fishing trips, private cruises; call (207) 853-2500 or visit www.eastportwindjammers.com

Water Taxi take a ride on the water, if the tide is up get dropped off at Treat Island, explore the trails and have a picnic.

Quoddy Crafts 72 Water St, Eastport; crafts by local artisits; funding goes to historical preservation efforts and the Border Historical Society; antiques; locally-made items at reasonable prices

ART GALLERIES Water Street in Eastport has a robust arts scene, with over a dozen galleries to explore; enjoy the Friday afternoon ArtWalks on June 23 and Aug 4; download gallery map at: www.eastportartwalk.org/galleries

The Barracks Museum Fort Sullivan Barracks Museum in original fort building at its new location in Eastport, Maine. The Border Historical Society is currently raising funds to perform needed repairs to the building.

Original site of Fort Sullivan Original site of Fort Sullivan, which was renamed Fort Sherbrooke by the British when they took control of it in 1814. In 1818, Moose Island, Eastport and the fort were returned to the US and it was once again known as Fort Sullivan.

The Powder House Remains of Fort Sullivan's powder house in Eastport, Maine. The Border Historical Society maintains this site and is raising funds to restore it to its former condition. Visit eastportmaineborderhistoricalsociety.org



Tides Institute & Museum of Art
43 Water St, Eastport 04631
(207) 853-4047
www.tidesinstitute.org

THE BAZAAR



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**1 CONNER ST, QUODDY VILLAGE
EASTPORT, ME 04631**
(207) 458-3185
DAVIDOJASTHEBAZAR.COM

This excerpt was taken from Fallows, Deborah. "Quoddy Village was built ahead of its time" *The Atlantic* 14 September 2016, <https://www.theatlantic.com/national/archive/2016/09/back-to-the-future-in-quoddy-village/499781/>

In 1920, when Franklin D. Roosevelt was waging a failed run as vice-presidential running mate to nominee James Cox, he stopped in Eastport to give a speech. He also endorsed the design of a young engineer who proposed a way to harness the power of the Passamaquoddy Bay tides to generate electricity. In the year 1935, the controversial project eventually received seven million dollars from FDR's administration under Public Works Administration funding. Moving forward, two dams were built, a navigation lock, a gate, a generating station and a small residential area called Quoddy Village for the workers and their families. Congress blocked further funding for the project, and work halted in the summer of 1936. In 1937, Quoddy Village was turned over to the National Youth Administration (NYA), a WPA-model project to provide vocational training and work experience for some of the vast population of underemployed Depression-era youth. The effort in Eastport was called the Quoddy Regional Project and described as "an experiment in youth rehabilitation." To read more of this article visit www.theatlantic.com



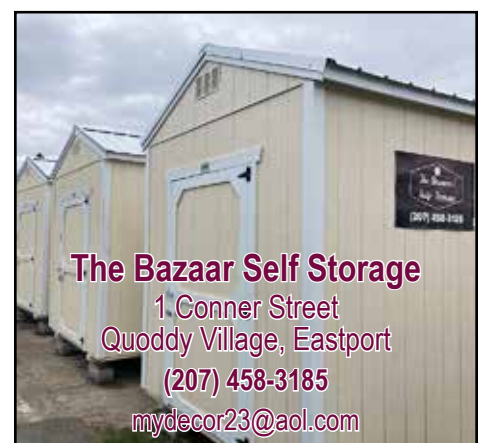
The Bazaar located at 1 Conner Street in Quoddy Village (a small area between Perry and Eastport, Maine) is a unique, fun experience. Stop for a photo opportunity outside (pose in the big blue chair) before shopping.

Find unique treasures at the Bazaar in Eastport

The Bazaar is located just off the beaten path to Eastport (ME190), turn right onto Kremmer Road and another slight right onto Conner Street and look for bright colors. David Oja is the owner of the shop, and designs one-of-a-kind jewelry. The gift store has a wide variety of products. Creations include neckwear, headpieces, earrings, bracelets, created in a variety of metals, stones, beads, and crystals, and he also accepts commissions for specialty items. He creates unique artwork. "Most, but not all, follow a love of wine theme", says Oja. Many products are assembled using cork or wine bottle glass. The Bazaar also features the work of many Downeast and Maine artists and artisans. The store stocks a wide variety of specialty foods, including snacks, imported cheeses, oils, sauces and pasta, and the largest selection of fine wines in Eastport. Personal care items including a line of local CBD products are available and gift baskets are their specialty, with an assortment of art, food, beverages for your next special occasion. Let the Bazaar create a unique Downeast creation, and gift certificates are also available. For more information or to order call (207) 458.3185 or email mydecor23@aol.com.



The Bazaar is fully stocked with many products, and at times takes more than one visit to see them all.



Greenhorns summer workshops – SMITHEREEN FARM

For more information visit greenhorns.org

JUNE

Low Low Tides June 5 - 7; Reversing Hall, 4 Leighton Point Rd, Pembroke, ME 04666; explore the diversity of seaweed; over 300 species of macroalgae on the coast of Maine; learn the names and identifying characters; a discussion of intertidal ecology: how these species interact and create marine communities.

Medicinal Plants and the Commons June 17 - 18; round table with United Plant Savers, and Maine Coast Heritage Trust; foraging walk; tuning into the wild, embodied awareness and sensory openness as foraging practice with dancer + movement teacher.

Artists' Rapid Response Team (ARRT) Retreat June 26 - 29; Smithereen Farm; public is welcome to participate in 'group painting' on June 27, 9 am- noon (www.artteam.org)

JULY

CCC Trails Camp July 15 - 16; w/ AmeriCorps Environmental Steward - building forest trail with interpretive signage on the cultural, industrial and ecological power of the Pennamaquan River. FMI email office@greenhorns.org

Dried Berries July 15 - 16; solar drying as food preservation; processing for wild blueberries, traditions, innovations, technology and rules.

Algae / Thalassotherapy July 22 - 23; Medicinal teas, mud rubs, sauna + SPA DAY at Smithereen Farm. RSVP required

Liberty Hall Open House July 29 - 29; presentation of the Civic Halls of Hancock and Washington county; discussion about National Heritage Area

AUGUST

Maine Wild Blueberry Weekend Aug 5 - 6; Cooking and baking workshop with chef Odessa Piper.

Chokecherry & freweed harvest Aug 11 - 13; processing and sensual wild-foraged feast; a time of extremely abundant wild foods and herbs; (Spa day sunday optional add on)

Natural Plaster Primer Aug 19 - 26; Earthen Endeavors teach a plaster workshop for renovation. (Spanish language instruction is available, as are scholarships)



REVERSING FALLS

An unusual phenomenon on the coast, whirlpools, and turning tides in Pembroke, Maine. The walking trail begins at the eastern parking lot, continues along the wooded shore, two spur paths lead off the trail onto peninsulas that provide varying views of the falls and a panorama of Cobscook Bay. Directions: Take Route 1 to Pembroke; turn east onto the extension of Route 214, (immediately beside the construction spot of the new Freshies); turn right at the stop sign, take an immediate left up a small hill onto the Leighton Point Road; continue 3.3 miles, then turn right onto Clarkside Road; continue for 1.2 miles; at the end of Clarkside Road, turn left onto a dirt road and continue for 1.5 miles to the parking area.

AUGUST (continued)

CCC Trails Camp Aug 20 - 26; Willow and rain garden installation with AmeriCorps Environmental Steward

Washington County Fair Aug 26 - 27; Pembroke fairgrounds and Reversing Hall open house.



SEPTEMBER

Cider Camp Sept 1 - 30; harvesting apples, and then cranberries- a great time to help out, harvest your own supply, press apples, family camping.

Bread Baking Sept 16 - 17; natural leavening small bakery skills

OCTOBER

Seaweed Commons Assembly Oct 1 - 24; date TBD



Downeast Civic Halls Tour Oct 1 - 24; With Maine Preservation, date TBD.

Hersey Point Preserve 1.5 miles, Round Trip; moderate; a 28-acre preserve on the peninsula separating Hersey Cove from the Pennamaquan River offers a short hike through woodland to a quiet, sheltered cove and gravel beach, with a spur leading to a nearby point; trail entrance ; (please stay on trail) to enter a mixed oak-aspen-spruce woods; FMI visit www.nature.org

Sawyer Observatory America's most easterly observatory; several different types of telescopes including reflectors and refractors; FMI email Charlie Sawyer csawyer7@roadrunner.com

Smithereen Farm 4 Leighton Point Rd, camping accommodations, pick berries at the farm, join a seminar or event or check out their website for more information greenhorns.org or email office@greenhorns.org



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Pembroke, Maine 04667
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9 am - 5 pm Mon - Sat • closed Sunday

Hiking CAMPING

DENNYSVILLE



Because raccoons hind legs are longer than the front legs, appear hunched when they walk or run. Photo by Grace Croonenberghs



Rocky Lake Public Lands

Marion Twnshp; eleven primitive campsites; South Bay on Rocky Lake, two sites can accommodate medium RVs and two are walk-in tent sites (there are additional walk-in sites at Mud Landing). Water-access sites include: Loose Rock (a lean-to), Eagle Ledge (on Second Lake); Lower Riffles (E. Machias River); West Beach, Piney Point, and Rocky Lake Island; hand-carry boat access point at South Bay; parking for six cars at South Bay, and two cars at Mud Landing



Complimentary canoes are provided at Robinson's Cottages to enjoy the Denny's River

COBSCOOK BAY STATE PARK

40 South Edmunds Rd, Dennysville, Maine, 04628; (207) 726-4412 The park is surrounded on three sides by the salt waters of Cobscook bay has over 100 campsites, The name Cobscook comes from the Indian word meaning "boiling tides." The average tide is twenty feet. At low tide, adventure-some campers may dig for soft shell clam.

Patrick Lake Boat Landing

Picnic area (for day use only) and privy at Patrick Lake; take coastal US Rte 1; turn right on Route 86 at the Dennys River, follow the winding road, and Patrick Lake is on the right.

Dennys River from the outflow of Meddybemps Lake in Meddybemps, the river runs about 23 miles southeast and east to Dennysville; where it becomes tidal and soon joins the Hardscrabble River estuary to form Dennys Bay. An Etchemin tribe arrived first by coming up the winding Denny River from the coast and set up camp on shore, west of the rapids.



"In Grateful and Loving/Remembrance Of The Men Of/Dennysville/Edmunds/Marion/Who Offered Their Lives/A Willing Sacrifice That/The Nation Might Be Saved/1861-1915"; Civil War Monument; Red Beach Granite Company; erected in 1915.







**Dennysville
Maine 04628**
(207) 726-4404

Friday - Tuesday 6 am - 2pm
Dinner served from 5 - 8 pm

*Breakfast all day
fresh baked bread*



Calais
305 North St.
(207) 454-7518
Calais, ME



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Lincoln Memorial Library

17 King St, Dennysville, ME 04628, hours: Mon: 4-7, Tue: 1:30-4, Fri: 1:30-4; FMI call (207) 726.4750



A mill building built in 1912 which used to sit on the Dennys River, but got moved across the street in 1930.



Atelier LaForest is located at 3 Cemetery Road in Dennysville, Maine



Above is an art piece by Bertyl Sjoberg, titled "Ibiza Town" from the Grupo Ibiza 59 in Ibiza, Spain.

A gallery of fine art and Abstract Expressionist Art in Dennysville

by Kara Mitchell

The building that currently houses Atelier LaForest Gallery at 3 Cemetery Road, Dennysville, has a long history. Built around 1912, and serving as a mill building on the Dennys River, the building saw much changeover. In 1930 the building was moved, and served as a parking garage for oil trucks, and for a long time it was a chicken barn. The three surrounding towns came together and purchased the building at a low cost, to use as a youth recreation / community center. Melinda Munford Jaques purchased the building in 2013. The only thing remaining true to the origin of the building (besides the structure) is the floor; everything else has been added and improved. The building tilts because there was no foundation on three sides. There is an 18 inch difference from one side to the other. The posts are all secured by concrete, but prevent the building from ever being leveled. Jaques considers it her own Tower of Pisa.

Jaques is the daughter of the prolific artist and sculptor, Mei Savage Brady, and the late wife of the famous artist, Robert Munford. Her mother's works were exhibited widely on Long Island and in New York City for over 50 years. Several of Brady's pieces are in the permanent collection of the Islip Art Museum, but Jaques holds much of her mother's work in her personal archive. Living most of her life in New York Jaques saw a change in a semi underdeveloped Hampdens to a crowded place. Someone had told her about the rural area of Washington County and she and husband, Bob Munford visited in 1987 and bought a summer home in Machiasport. Munford passed away in 1991, but Jaques kept returning to the pristine beauty of Washington County.

Robert Watson Munford was an American artist, educator, and founding member of the artist group Grupo Ibiza 59 in Spain, his work evolved after arriving in Spain to early Pop art (an observation first written about by writer John Ashbery in his reviews about Munford's work in the Paris Edition of the N.Y. Herald Tribune.) His European work has also been described as Neo-Expressionism. His artwork is in the permanent collections of the Hirshhorn Museum and Sculpture Garden in Washington, DC; the Museum of Modern Art in New York, and the Städtische Galerie Wolfsburg in Germany.

Abstract expressionism is a post-World War II art movement in American painting, developed in New York City in the 1940s. It was the first American movement to achieve international influence, and put New York at the center of the Western art world, a role formerly filled by Paris. Artists were deeply influenced by the idea of exploring the unconscious, and often studied the ideas of Carl Jung, and his exploration of myths and archetypes. The movement expressed emotions and universal themes through their post-war mood of trauma and anxiety. Valuing freedom, spontaneity and personal expression, the art naturally produced a variety of technical and aesthetic innovations around two major tendencies: action painting and color field painting. Color field painting is a style of a single flat color, meant to produce a contemplative or meditative response, searching for transcendence, and their expansive, emotive fields of color were meant to engulf the viewer and inspire spiritual contemplation and intense feeling. Beautiful Ghosts, an exhibition shown last summer at the museum in Dennysville featured work of five internationally shown artists, who all actively exhibited together as an organized entity of *Grupo Ibiza 59* in Ibiza, Spain from 1959 to the early 1970's. The *Grupo 59* artists moved to Spain shortly after WW2 from Sweden, Germany, Canada, and United States to do their art on this quiet island in the Mediterranean Sea. The building is a beautiful gallery space with a north-east facing light. If interested about upcoming exhibitions and would like to be added to the invite list email melindajaques620@gmail.com.

LUBEC



Stockford Park is a perfect venue to listen to a concert. Check the schedule of events

STOCKFORD PARK located on the Lubec Narrows, just south of the Franklin Delano Roosevelt International Bridge, the Park is the home of Valerian Jikia's "Beyond the Horizon" - Lubec's stop along the Schoodic International Sculpture Symposium Trail; a stage, picnic tables, (FMI on sculpture visit schoodicsculpture.org) and a view of the bridge and Campobello. At the other end of the park is the stage, which features a mural of Lubec by local artist, Sherry Ashby. Summer concerts sponsored by the Lubec Area Musicians Philanthropic Society (LAMPS) and Cobcook Bay Music benefit local charities.



Perched atop the rocky black cliffs of the bold coast, Quoddy Head State Park

Photo by Nicole Michaud

MUNICIPAL BOAT RAMPS Lubec, seasonal floating dock located on Johnson's St; featuring 2 hour tie-up and loading zone; no overnight tie-ups permitted; 2 transient moorings available for rent, contact 733-2009; Lubec Harbor Master Ralph Dennison: (207) 733-4607

Downeast Charter Boat Tours 31 Johnson St, Lubec, ME 04652; boat tour - Old Sow (largest tidal whirlpool in the Western Hemisphere, located off the southwestern shore of Deer Island, New Brunswick & Moose Island, Eastport, lighthouse, whale watch, call (207) 733-2009 or visit <https://downeastcharterboattours.com/>

MOWRY BEACH Directions: Take U.S. Route 1 to Lubec village, bearing right on Washington St, take third right onto Pleasant St. (just before the International Bridge) and follow it to the end (0.3 mile) to the beachside parking lot and trailhead; 48-acre Mowry Beach Preserve; convenient public access to one of the easternmost sandy beaches in the country. Situated along the edge of the village; this location protects 1,800 feet of shoreline along a 1.2 mile beach overlooking Lubec Channel and Campobello Island. Within the inland portion of the preserve, a 1,700 foot wooden boardwalk passes through coastal-scrub woodland and skirts a sphagnum bog and cattail swamp. Along the lower portions of the beach at low tide, the remains of ancient tree stumps can be seen indicating the location of a primeval forest. This preserve was acquired with the support of the Land for Maine's Future program in 2004.

LOST FISHERMAN'S MEMORIAL


The names of the lost fishermen are honored on the park's Wave sculpture created by Jesse Salisbury. Lost fishermen who perished in the waters of Washington County, Maine or Charlotte County, New Brunswick, or fishermen that lived in those two counties and were lost in other waters while fishing are displayed. The list also includes those lost between the year 1900 and present day.




A zoomed perspective of the Lost Fishermans Memorial with Franklin Delano Roosevelt Bridge pictured in the background

GATEWAY CAMPOBELLO ISLAND

International border crossing; the largest and only inhabited island in Campobello, a civil parish in southwestern New Brunswick, Canada. The island was originally settled by the Passamaquoddy Nation, who called it Ebaghuit. The island's only highway, Route 774, is connected by the Franklin Delano Roosevelt Bridge to Maine - the easternmost town in the continental United States. The only transportation link with the rest of Canada is a seasonal ferry service to Deer Island Point, New Brunswick, on Deer Island.



West Quoddy Gifts



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www.westquoddygifts.com



“A Downeast Maine Arts Destination”, Crow Town Gallery, located at 406 South Lubec Road, Lubec, Maine.

Hand carved pottery, painting, monoprints, sculpture, jewelry, notecards, and drawings by a diverse group of Washington County fine artists and artisans. The gallery shows Nina Bohlen, Leslie Bowman, Sharon Yates, Geer Morton, James O’Neil, Shanna Wheelock, Pat Fry, Mona Love, Indigo Iris, Timberdoodlz, Heidi H., Stephen Dinsmore and a surprise TBA 13th artist arrives in May. Hours at Crow Town Gallery are currently by chance or appointment. Hours are not always posted on Facebook. If driving a distance, feel free to contact the gallery at (207) 904-9169.

Browse and buy local art at Crow Town Gallery

Shanna Wheelock sees art as a way of healing, and like many people in Downeast, Maine gathers inspiration from the rugged coastline and culture of the area. She enjoys sharing her passion for all things creative in the easternmost town of the United States, Lubec, Maine, bordering Campobello, Canada. When not sculpting, potting, painting, or running the gallery, Wheelock participates in artist residencies, both local and international. She received her MFA from Heartwood College of Art, and spent several years teaching art in both public school and at university.



shannawheelock.com



Monica’s Chocolates is located at 100 County Road (Route 189) in Lubec, just before the turn-off to West Quoddy Head Lighthouse

Don’t leave Lubec without Monicas Chocolates

Monica is an artist in a special sensory category, taste, her sweets win the title. Not only are her chocolates unique, but so is her story. A Peruvian woman residing in the middle of the most Eastern fishing village in the U.S.

Her husband suffered several brain aneurysms leaving Monica not knowing what to do, a place of contemplation and knowing she could not return to Peru. How to make money in a place where all the factories were closing and the economy is at an all time low? She decided to try her hand at making chocolates. All her recipes have come to her like visions, one of a kind and from the heart.

At one point Monica was fluent in German, English and Spanish, but she herself suffered a stroke and lost most of her languages. She continued with what she had, making samples of her chocolates for people to taste. She also started taking a one hour class weekly to regain some of the English language. The reaction from her samples gave her the confidence to keep going with her business venture.

She setup in downtown Lubec and had been making chocolates for three, almost four years before she was diagnosed with stage four, lung cancer and given a few months to live. Feeling in her heart she had a life purpose, and knowing she wasn’t ready to leave this Earth, she kept making chocolates. She says she even forgot she had cancer and just kept developing recipes. Locals report hearing her talk about her mission, not only to make chocolates, but to create jobs in the community, and she has accomplished her mission.



Your purchase of items in the Peruvian shop help to support the livelihood of rural families in Peru. Check out the many items, including clothing, jewelry and gifts.

Hiking CAMPING LUBEC / CUTLER

Cutler Coast Public Reserved Land

(also known as the Bold Coast) ME-191, Cutler, ME 04626 -- There are three designated tent sites near Fairy Head, and you'll have to hike four to five miles to reach them. It's worth it, though, because the trails that snake alongside Cutler Coast toward the campsites cover some pristine territory.

APPLE

Association to Promote & Protect Lubec Environment
www.visitlubecmaine.com

Monica's Chocolates

100 County Road (Route 189)
LUBEC, ME 04652

7 days a week 8am - 5pm
Check Facebook for specials

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www.monicaschocolates.com

LOCAL BEER,
LOCAL CHARACTER



43 WATER STREET, LUBEC
(207) 733-4555



Alan Brooks Salt Pond located directly along the South Lubec Road, the Alan Brooks Salt Ponds provides a scenic view of Lubec Channel as well as two intriguing tidal salt ponds. Approximately half of the 4.4 acre property is composed of Spartina saltmarsh which is a rare natural community type in Maine. This preserve was acquired with the support of the Land for Maine's Future program in 2008. Directions: Take US Route 1 and turn right on State Route 189 East. Follow Route 189 east approximately 10 miles to South Lubec Road. Turn right onto South Lubec Road and in 0.6 mile, the destination will be on the left.

MAINE COAST HERITAGE TRUST

Maine Coast Heritage Trust — forever protect extraordinary places on the Maine coast. FMI visit <https://www.mcht.org/>

Boot Head, Lubec Directions: take South Lubec Road toward Quoddy Head State Park and bear right in 2.7 miles onto Boot Cove Road. Travel 3.9 miles to the parking areas on both sides of the road and the trailhead on the left; 2.0 miles; catch the sun rising over the Grand Manan Channel; terrain is level in the beginning; head across the bog bridging to a viewpoint of the bog on the right; approach quietly and remain alert for spruce grouse in this area. Ahead reach a junction and the start of a loop. The turn left leads to Boot Cove, a wide cobble beach (please respect the privacy of our neighbor, who owns the northern part of the beach)

Bog Brook Cove Cutler / Trescott; Directions: take Rte. 189, continue 1.1 miles on the road, go straight at an intersection with Bog Brook Road, near the midway point. Moose River Road ends at the parking area. Use this lot to access the universally accessible trail, the beaches at Moose Cove, the Chimney Trail, and the Ridge Trail; features gravel and cobble beaches, breathtaking views of the Bold Coast and universally-accessible trail; FMI or a printable map visit <https://www.mcht.org>

Quoddy Head State Park

973 South Lubec Rd.; Lubec, ME 04652; 5.5 miles of groomed hiking trails, a candy-striped lighthouse (schedule in calendar of events) 9am to sunset; FREE; Pets: Welcome; (207) 733-0911

Pike Lands

take US Rte 1 to Lubec, after 9 miles, turn left on the North Lubec Road at McFadden's Variety, go 5 miles to the Downeast Adventures sign (on the right) near the end of the paved road, park past the sign on either side of the road; two open-access properties along the North Lubec Rd; at one time the entire property was owned by esteemed naturalist Radcliffe Pike who planted an eclectic variety of horticultural plants now featured as an educational arboretum. The two properties also include a total of 1.5 miles of hiking trails which traverse a unique variety of plant, bird, and wildlife habitats as well as a sandy beach. This preserve was acquired with the support of the Land for Maine's Future program in 2005.

Klondike Mountain

take US Rte 1 to Rte 189, leading to Lubec, after 9 miles, turn left on the North Lubec Rd at McFadden's Variety, go 1 mile to the Klondike Mountain Preserve sign on the left and park in the parking area. Bald nubbin summit with a 360 degree view of the surrounding bay and landscape; 46-acre preserve, originally owned by a local family which raised dairy cows and apples in the surrounding pasture near the base of the mountain. The name of the mountain references the story of two men (1897) devised a scheme claiming that they could extract gold from the nearby seawater, the men worked as con artists who — after hiring hundreds of workers and collecting funds from investors — fled the area never to be prosecuted for their deception.

Cobscook Shores

free public access, Huckins Beach Trail; Old Farm Point Shorefront Park; Reynold's Brook - Orange River Wildlife Preserve and Paddle; Whiting Bay Beach Picnic and Paddle; Race Point Meadow and Reversing Falls Trail; Morong Cove Picnic and Paddle; South Bay Narrows; Black Duck Cove; Pike Lands Cove Crescent Beach and Lagoon; Denbow Bluffs; and more; privately owned by Cobscook Shores Inc., a family funded Maine charitable foundation. FMI and maps visit cobscookshores.org

Experience a working waterfront, Water Street Lubec

McCurdy's Herring Smokehouse complex, located at 50 Water St. is owned by Lubec Landmarks, Inc. A unique building standing on tall log pilings in the swift tidal currents of the Lubec Narrows, where the Bay of Fundy tides can range as high as 25 feet twice daily. Beginning in the 1890s and until 1991, herring were smoked in the traditional process with European roots. The complex was placed on the National Register of Historic Places in 1993 based on its significance as an industrial site where a unique trade was practiced. When it closed in 1991, it was the last herring smokehouse in the U.S. still operating. Afterwards, commercial herring smoking completely vanished in the U.S. At one time during the peak of the fish industry in Lubec in the 1920s, there were over 20 sardine canneries and almost 30 herring smokehouses. By the mid-1970s McCurdy's stood alone, the last smokehouse still curing herring for markets around the country.

A standing tribute representing working waterfronts of the region from a vanished era. There used to be many different types of buildings along the Lubec waterfront. There were "coal pockets", lumber wharves, ship chandleries, boat building yards, sardine canneries, and of course the other smokehouses that at one time lined the waterfronts on all the Water Streets of Washington County towns. McCurdy's is the "last of the last." An art gallery and gift shop in the Mulholland Brothers Market building, built in the 1860s. A series of art exhibitions are held during the summer months, and craft items are sold from local artisans in the gift shop. The gallery and gift shop are staffed completely by unpaid volunteers. Commissions from these sales are the main source of income for maintaining the buildings.



Chuck Kniffen is a Vietnam Vet, passionate about the environment, and he creates puppets and sculptures from beach trash and sea junk. He is a published writer, recently publishing "Rude Awakenings" and "Fifty Years in a Foxhole". Chuck and his wife Rhonda Welcome run Turtle Dance gallery in Lubec. Kniffen will be the featured installation artist for the Eastport ArtWalk, August 3-6 Mermaid Festival.



Little River Light Station, Cutler, ME; American Lighthouse Foundation photo

Little River Lighthouse Cutler, Maine; FMI visit www.littleriverlight.org/

Cutler is a town in Washington County, incorporated on January 28, 1826 from Plantation Number 11 ED. This coastal community is located 17 miles southeast of the town of Machias, the county seat.

Maine Route 191, the Cutler Road, leaves US Route One in East Machias and runs through the town and harbor area, then turns northeast to Trescott and Lubec.

Cutler Coast Public Preserved Land, in Cutler and Whiting, contains almost five miles of dramatic cliff-bound ocean shore. The 12,000-acre area represents the eastern area of Washington County where peatlands, blueberry barrens, partially forested ledges, and thick, swampy woods dominate the countryside. Unusual features like grasslands and meadows, windswept coastal headlands and steep, jagged cliffs that jut into the ocean hug the 4.5 miles of totally undeveloped coastline. Access is from Route 191 in Cutler.

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Lubec, Maine 04652

Hiking CAMPING CAMPOBELLO

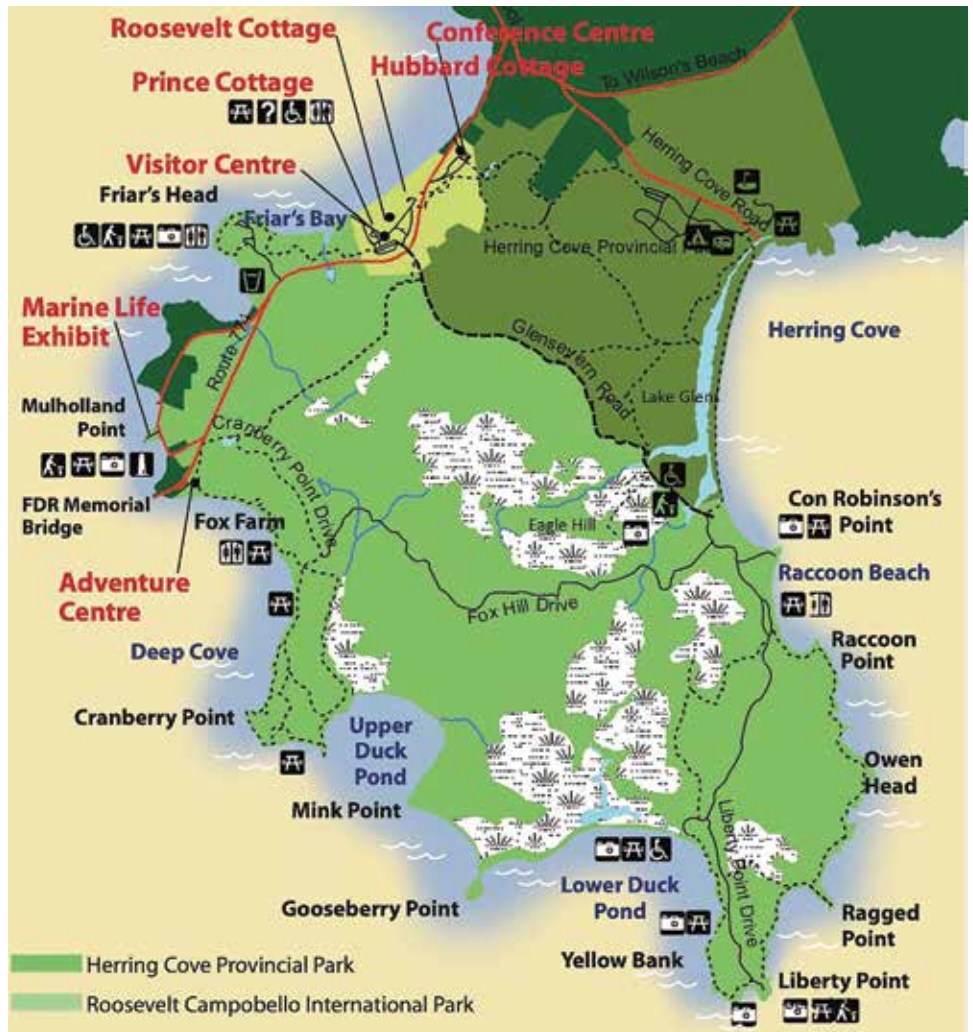
Herring Cove Provincial Park

136 Herring Cove Rd, Welshpool, NB Canada; accessible by taking two ferries (Deer Island - l'Etete & Deer Island - Welshpool) and alternatively by driving through Maine (FDR Memorial Bridge, Lubec) six unique trails of varying lengths; Camp by the sea at Herring Cove Provincial Park. The campground offers 88 campsites (40 of which have electricity) and five rustic shelters; fire pits, restrooms, picnic tables, kitchen shelters and playgrounds are all available on-site. The park also features a 9-hole golf course with pro shop. FMI call (506) 752-7010 or email ac.bng@skrapbnsrap



Rock of Gibraltar 1.24 mi. (linear length); easy; a large boulder was left along this trail over 10,000 years ago. It's no wonder U.S. President Roosevelt had a tea house nearby on Glensevern Lake.

Adams Estate Promenade 0.62 mi. (linear length); intermediate; the forest trail is part of the original Adams Estate (1914 to 1997). The trail passes a small man-made pond. Its ice was used for refrigeration in ice houses during the summer.



Herring Cove Loop 2.914 mi. (loop); intermediate; short gravel road passes through a spruce forest and leads to Herring Cove beach, passing a secluded picnic area whose presence is indicated by a sign in the shape of a teddy bear (teddy bear was Theodore's nickname Roosevelt).



Herring Cove Beach 1.116 mi. (linear); easy; at low tide explore this expansive beach that changes from sand to baseball-sized rocks across its 1.2-mi. length. At high tide follow the grassy edge of Glensevern Lake

Carriage Road 1.302 mi. (loop); intermediate; the old carriage and logging road travels through a moss-laden forest and near streams on the way to Herring Cove Beach.

Lake Glensevern 0.93 mi. (linear); intermediate; the Roosevelt family used this old carriage road to access a tea house on Glensevern Lake near Herring Cove. The spruce forest transitions into a hardwood forest before reaching the lake.

Eastern Head Cove Trail 0.434 mi. (linear); intermediate; continue past the lookout platform and walk on an old road until you descend down to the gravel beach at Eastern Head Cove.

Eagle Hill Nature Trail 0.46 mi, wide boardwalk; travels through Eagle Hill Bog

Friars Bay 0.372 mi. (linear); intermediate; short trail starts at a man-made pond and travels through a mature spruce forest. The trail cuts a deep path through the moss as it accesses the historic Roosevelt estate.





Franklin D. Roosevelt and Eleanor Roosevelt with two Passamaquoddy guides, Cousin Sarah, and Miss Spring on a canoe trip around the island in Campobello, New Brunswick, Canada. (1907)
Roosevelt Park photo

Remembering the Roosevelts

Reprinted from Vol. 55, No.11 *The Quoddy Tides* -
Most Easterly Newspaper , 4/28/2023

by Margaret Whalen

My family enjoys ritual and tradition, particularly those of summer. My grandfather loved to go to Rosie's for a hot-dog, always eaten in the car at the end of the old breakwater in Eastport. We would watch the cars and trucks circle and the people visiting, with Grandpa keeping a running commentary on those folks he knew—which seemed to me then to be nearly everybody. He loved a ride to the Moosehorn, too, as we looked eagerly for deer, which were not as plentiful then. Perhaps the most long-lived tradition has been the trek to the Roosevelt “cottage” on Campobello. I've been there nearly every summer of my life, probably since the inception of the Roosevelt Campobello International Park, which opened in 1964. I've always—first as a child, then as

a mother, and later as a hostess—done it all: the slightly grainy introductory film, the tour of the house offered by enthusiastic and welcoming docents, the wander around the grounds, and more recently, the Tea with Eleanor that offers a closer look at that remarkable First Lady. So often have I gone, in fact, that once when I arrived with guests in tow, the docent smiled and said, “I think you could lead this tour.” Mortifying, but she was not wrong. Because of my interest in the Roosevelts, I treasure a letter that Grandpa wrote thirty years ago about his work at the Frontier National Bank on Water Street in Eastport in the early 1900s; he was writing in response to some questions someone had asked him about Franklin Roosevelt, and he sent me a copy. In it, responding to a question that he'd been asked about Roosevelt's place in the Eastport community, he wrote, “Mr. Roosevelt's illness in 1921 was not a topic of common conversation in Eastport as at that time, he was not famous. He was only known as a summer visitor who lived on Campobello Island and who sailed a 35-foot yacht called the ‘Half Moon.’ In 1921, the Roosevelts were not known as celebrities and followed around by curiosity seekers. They were pretty much left alone and regarded simply as summer visitors and did a lot of their shopping in Eastport stores. I worked as a teller in the Frontier National Bank in the summers of 1913 to 1918. I frequently waited upon Franklin and Eleanor Roosevelt as bank customers and remember them well as very courteous with pleasant personalities.” How about THAT? I knew Grandpa had met FDR, but I'd not remembered that he'd met the much-admired Eleanor Roosevelt, too. I find myself thinking that trudging up the sizeable granite steps to the bank building might seem a little less daunting to me now, knowing that Eleanor climbed them before me.

Grandpa goes on to tell an even better tale that pulls together folks from Eastport, Sipayik, and Campobello: “In 1916 or 1917, I was asked to be an umpire by two local baseball players who had been hired by the summer visitors from Campobello Island to come to the Island on a day in August to be a pitcher and catcher of the summer visitors' baseball team upon which Franklin Roosevelt played first base. The opposing team was from Pleasant Point...Franklin Roosevelt played first base in white flannel yachting trousers, white sneakers, and a whiteyachting cap.” I love the detail with which Grandpa remembered this tale, and I am moved by his closing line about Roosevelt: “He was a most charming and flattering person and a handsome, athletic man before he was crippled in the legs by polio.” The line is poignant for a couple of reasons. First, it was written by a man who had himself lost a leg as a young boy in a collision between a horse-drawn carriage and a train. Grandpa knew firsthand about that kind of loss. It is also a reminder of the ravages of polio, a story we have all heard, but it is moving to be reminded of Roosevelt's life before he became famous and before he was struck by a disease so dreaded in the early part of the twentieth century. If you're in town, the next time you go up those steps at the Frontier Bank, I hope you'll give a nod to Franklin and Eleanor Roosevelt, and to my grandpa, who loved his hometown of Eastport and began his working life at that bank on Water Street.

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Roosevelt Campobello International

459 Route 774, Welshpool, NB E5E 1A4, Canada; park opening May 27th, 2023

Fox Farm Loop 1.8 mi, coastal / lighthouse views

Raccoon Beach—Liberty Point Loop 4.7 mi, numerous narrow foot bridges; views from Liberty Point; blazed, flat, easy trail

Customs House Trail 1.7 mi, easy route, takes an average of 36 min to complete

Raccoon Beach—lower Duck Pond 2.4 mi, out-and-back trail; easy route; 49 min

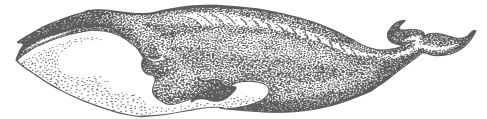
Sunsweep sculpture along the Raccoon Beach trail; aligned to trace the sun's path; only three in the world, spanning across North America; all three carved from a single slab of polished Canadian black granite, all three laser etched, an image of a woman's hand (traced by concentric rings fanning to resembling a topographical chart, each ring becoming more circular to form a perfect circle with the last ring); along the Raccoon Beach trail; Roosevelt Campobello International Park's Sunsweep sculpture features an arc of polished granite truncated with a rough granite edge at the high point of the arc, which faces inland. Sculptor, David Barr John 1939-



Mulholland Point Lighthouse 1B4, Narrows Rd, Welshpool, NB, Canada; built in 1885, Mulholland Point Lighthouse overlooks the narrow Lubec Channel between Lubec and Campobello

Carriage Roads & drives a variety of scenic views; bike along: soft and hardwood forests, salt water coves, sand and gravel beaches, cliffs, offshore islands, and an array of migratory birds and wildlife. Vegetation is allowed to remain close to the road to retain the original character of the drives. Please note the carriage roads are not suitable for campers, buses, or recreational vehicles.

East Quoddy Lighthouse Head Harbour (or East Quoddy) Lighthouse, built 1829; accessible by land (only at or near low tide) by a road between the north end of the island and Wilson's Beach. The first lighthouse constructed in New Brunswick outside of the Saint John Harbour; provides a daymark for navigating the St. Andrew's portion of the Bay of Fundy; various steam whistles, signal guns, and lamps to help aid navigation; the oldest surviving lighthouse in New Brunswick; received classified status from the Federal Heritage Building Review Office



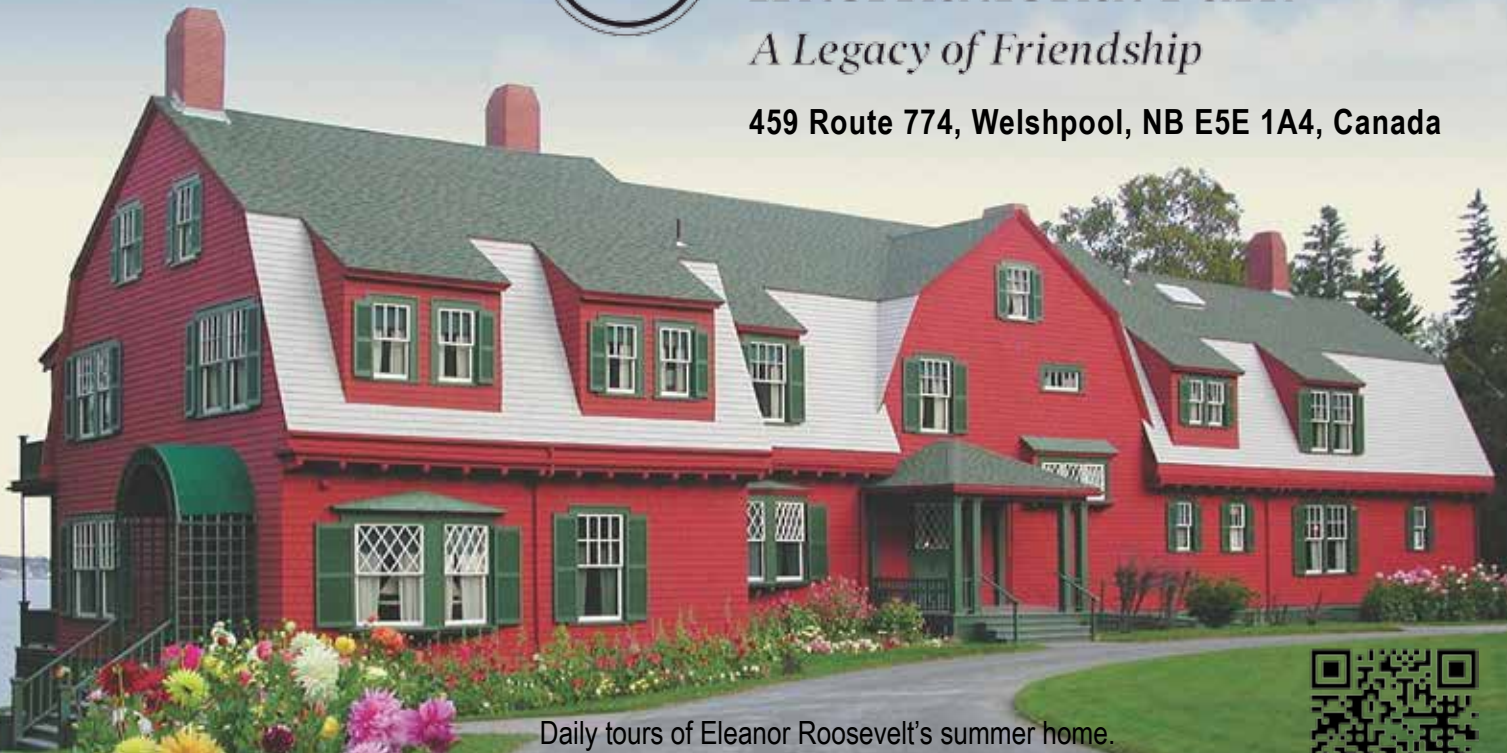
Canadian Whale Institute Marine Life Interpretation Centre on Mulholland Point, Campobello Island; education on North Atlantic right whale biology, research and conservation, as well as local marine life on the Bay of Fundy shore;



Roosevelt Campobello International Park

A Legacy of Friendship

459 Route 774, Welshpool, NB E5E 1A4, Canada



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This excerpt has been reprinted from the biography of Coperthwait from the website www.insearchofsimplicity.net

Coperthwaite led a 55 year-long “experiment in living” on the coast of Maine where he created a homestead of wooden, multi-storied yurts, a form of architecture that he adapted from Mongolian culture and helped to make popular in the United States. More than an architect, Coperthwaite embodied a philosophy that he called “democratic living” which was about enabling every human being to have agency and control over their lives in order to create together a better community. The central question of Coperthwaite’s life and experiment has been “How can I live according to what I believe?”

He wrote in his 2004 award-winning book *A Handmade Life*, “The main thrust of my work is not simple living –not yurt design, not social change, although each of these is important and receives large blocks of my time. But they are not central. My central concern is encouragement –encouraging people to seek, experiment, to plan, to create, and to dream. If enough people do this we will find a better way.”

His homestead on the Maine coast was his philosophy made visible, and many thousands of people made the 1.5 mile walk to see it, to be inspired and to learn from him by working alongside him. Intentionally avoiding electricity from the grid, plumbing and motors, he showed thousands that it was possible to live more simply and that this would be good for themselves and the planet. Coperthwaite’s influence was reached not by him giving lectures and writing, though he did both, but much more so through the example of his life. When his many visitors saw what he had created and how he lived, they directly experienced the importance of beauty, self-reliance, and nonviolent ways of living.

Born in Aroostook County Maine, he received a scholarship to attend Bowdoin College and after graduation he turned down another scholarship to Annapolis Naval Academy to claim conscientious objector status in the Korean War. Coperthwaite did alternative service with the American Friends Service Committee where he connected with the teachings of American pacifism. He would become close friends with Richard Gregg, a central figure in that movement. Though they had 50 years difference in age, Coperthwaite and Gregg found a strong bond and Gregg introduced Coperthwaite to the work of Mahatma Gandhi, and to Helen and Scott Nearing, legendary social radicals who had pioneered their own experiment in self-reliant living in Vermont and later in Maine. The influence of pacifism, nonviolence and simple living would lead Coperthwaite far out in to the world to learn from other ways of living, particularly handcraft traditions. In 1966, William Coperthwaite would earn a doctorate from Harvard Graduate School of Education based upon his research with Inuit people and their arts, handcrafts and traditions.

Though he traveled extensively throughout his life in Asia, Europe, New Zealand and the Americas building yurts and researching traditional tools and handcrafts, William Coperthwaite always returned to Dickinsons Reach, the name he gave to his 500-acre homestead in Machiasport, Maine to honor his favorite poet, Emily Dickinson. Always eschewing privilege and titles, Coperthwaite never used the title “Dr.” and preferred to be called “Bill” by one and all. Bill will be remembered for his commitment to his principles, his deep love of life and people, and his great intellect, humility and humor. “Each of us tries to live in the best way we know how. I want to contribute to the problems of the world as little as possible. I really believe we must find simpler ways to live or society will collapse.” - Bill Coperthwaite. He realized we all stood on the shoulders of those who have come before, and we will in turn be holding up the doers and thinkers of future generations.



Cache Yurt - Kendra Moran — 2023 calendars are available; \$65 will bring you eight calendars; \$55 will bring you six; \$15 brings one, make checks payable to Dickinsons Reach LLC; mail to 7 Page St, Brunswick, ME 04011

Dickinsons Reach has resumed its residency of self discovered learning, discovery, service and creativity. Since 2015, sixteen residents have enhanced DR with creativity and gained inspiration. Email dickinsonsreach@gmail.com or call (207) 553-3633 with questions; FMI visit www.insearchofsimplicity.net

Public trail to mill pond, but the yurts are often occupied, so please do not enter without permission.

MACHIASPORT



Jasper Beach Machiasport; rocky shoreline; singing rocks, since (they create a melodic tone when the tides move); the beach is backed by fresh and saltwater lagoons and a salt marsh

Gates House 344 Port Road (Maine State Route 92), Machiasport; museum built in 1807; listed on the National Register of Historic Places in 1975; FMI <https://www.machiasporthistoricalsociety.org>

Fort O’Brien State Historic Site Machiasport; constructed in 1775, the fort is open to the public as a state park during the summer months; overlooks the site of the first naval battle of the Revolutionary War, June 12, 1775, between the British armed schooner *Margaretta* and the colonist’s sloop *Unity*, which emerged victorious.

MACHIAS



Mahoney Gaming Emporium

4 Main St, Suite 2, Machias, ME 04654; a public space to utilize board games (free), shop for Magic, Star Wars Legion and Dungeons & Dragons or Pokemon official cards and events; get lessons on gaming or meet people with like interests, FMI call (207) 814-8112 www.mahoneysgamingemporium.com

Wild Blueberry Land

1067 US Hwy 1, Columbia Falls, Maine 04623; Wed-Sun, 9am-2pm; museum and shop; FMI visit <http://www.wildblueberryland.com>

Bad Little Falls Park

bridge and platform over Machias river, overlooking waterfall; short path; Machias grange; open year-round at the Rte 1 www.downeastfisheriestrail.org

Machias River Preserve

5.5-mile trail network of interconnecting hiking trails that provide scenic and recreational access to the river as well as the Down East Sunrise Trail; managed as a community forest with the goal of balancing low-impact forestry, outdoor recreation, wildlife habitat, educational opportunities, and river protection; parking: Rte 1A in Machias, 0.5 mile south of the Down East Community Hospital and the second is on Rte 1A in Whitneyville, about 0.3 mile north of the bridge over the Machias River. From the Sunrise Trail, ATVs and snowmobiles will find small parking areas where the Homestead Trail and Hemlock Trail intersect with the Sunrise Trail. As well as a large parking area across the trestle bridge in Whitneyville.



Machias River Walk

an easy 5-6 miles long gravel path along the Machias River used by hikers, cyclists and mostly four wheelers.

Historic Railroad Station

2 Kilton Ln, Machias, ME 04654; historic railroad station near the junction of Court and Main Streets; built in 1898; one of five surviving stations built by the ambitious but unsuccessful Washington County Railroad. The station is used as a visitor center and community meeting space.

Sunrise Canoe and Kayak

guided trips on the Machias River; Maine master guides, 20+ years experience; custom itineraries available for large groups; delivery system for canoes and kayaks to numerous lakes, rivers and bays of the region; St Croix River expeditions are also available; they have a base camp at Cathance Lake; call (207) 255-3375 or visit www.sunrisecanoeandkayak.com or www.sunriseexpeditions.com



Burnham Tavern

dates back to the American Revolution; filled with artifacts; the Daughters of the American Revolution give tours; call for reservations



Porter Memorial Library

92 Court Street, Machias, ME 04654; public hours: Tues – Fri, 10am to 5 pm; Sat 10 am - 1 pm; www.porter.lib.me

Downeast Coastal Conservancy

6 Colonial Way, Suite 3, Machias, ME; 04654; Downeast Coastal Conservancy was formed through the merger of Great Auk Land Trust and Quoddy Regional Land Trust, completed in August 2009, brought together two successful land trusts, into a single, stronger organization dedicated to protecting the unique and wonderful geography of coastal Downeast Maine; FMI call (207) 255-4500 or visit downeastcoastalconservancy.org

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Nurturing artistic potential — University of Maine, Machias (UMM)



The UMM Book Design class printing, collating, and binding copies of Herman Landon's *Gray Magic*, a murder mystery that takes place in Maine and New York City in 1925. The students edited and annotated the original text in Marcus Librizzi's class, then design the book, its format, type design, and illustrations.

Vinzani started making paper for repairable books. He considers himself a student of papermaking and the history and different qualities of papers, and has also built several printing presses.

The UMM program started with an interdisciplinary fine arts degree, but has shifted due to the downturn of student enrollments. The changeover program is a creative arts program developed by Vinzani, and English professor, Marcus LiBrizzi, with two concentrations, visual arts and creative writing, both evolve to the making of a book. The Book Arts Studio is composed of several rooms, and houses a computer lab, a maker space, Vandercook letterpresses, an etching press, a Chandler & Price letterpress, a gallery of printing press history, hand papermaking facilities and new technologies of book production. In addition to making their own books, students work with faculty to edit original manuscripts and design, print, and binde books that are sold through various distributors. The program is a stand-alone program through the University of Maine, and has equipment like no other in the state.

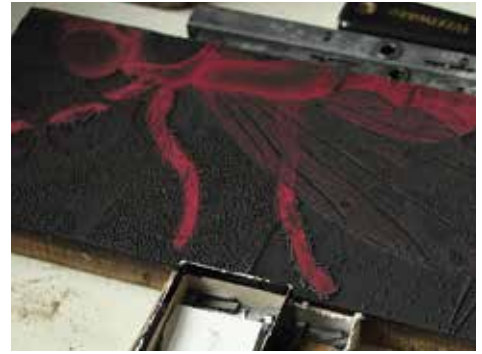
Vinzani talks about connections, how he connects with his own art, and how his students connect with the course. He enjoys drawing landscapes, and one can tell he has a connection with his art and his students. "Remembering where we are..." [while drawing landscapes] all your senses, everything has to become part of your reality." Students arrive into class with varying skill sets. Respect is given to his students in a way that he himself would like to be treated if he were new to the art. Valuing his students with patience and guidance is the first step to them discovering their potential. To see the expression of culture move through a student and into a book or an art project gives Vinzani satisfaction as a professor. He briefly discusses a new course being developed. An Idea Source Course, and references some concepts of Maria Montessori - some key principles are independence, observation (to observe a students general tendencies and intuitions on how they learn, and how free play can generate ideas, "whatever you create from, sand, dirt, sticks, Legos, your brain is engaged in connectivity of associated things and disassociated things," says Vinzani.

The program is a way for kids to get a footing on where they see themselves in the future workforce. Vinzani is of retirement age, but loves what he does at the college, and is not yet ready to step down from the university, so take advantage and take the program. The Downeast Promise guarantees that all first-time, full-time, Pell Grant-eligible Maine residents receive sufficient grant and/or scholarship funding to cover 30 credits per year of tuition and standard fees — a savings of around \$9,000 annually. FMI visit machias.edu/admissions/downeast-promise

by Kara Mitchell

Bernie Vinzani is a professor at the University of Maine, Machias. He grew-up in Gary, Indiana. Living in Maine now for forty years, and being at the university for thirty-five of those years, it's safe to say Maine is his home. He holds a masters in fine art (MFA) print making from Indiana State University. Running a hand mill at Twinrocker gave him much exposure to paper making. Twinrocker, an Indiana company, was pivotal to the renaissance of hand papermaking. In 1970-1972 the founders of the company realized there was no handmade paper being made in America, and people were importing fine papers from Europe. Twinrocker was also the first hand mill to make a wide variety of sizes and shapes, including circular and square sheets.

Upon first moving to Maine,



A fly drawing from a children's book Vinzani did years ago, he has done many books.



Vinzani giving a demonstration of an older letter press, using the petal and showing the process of hand feeding the paper in and out.



Students books are displayed in the book arts studio, including handmade paper and more



ROQUE BLUFFS



Pictured above is the sandy beach of Roque Bluffs State Park Photo by Jessica Griffin

Roque Bluffs State Park 274 acres on Schoppee Point (south of Machias); coast of the Atlantic Ocean; 274-acre state park overlooks Englishman Bay from Schoppee Point and includes 60-acre Simpson Pond and six miles of walking trails; inspect glacial striations attesting to the Ice Age history of the Maine coast. The park is managed by the Maine Department of Agriculture, Conservation and Forestry.

Great Cove Golf Course 387 Great Cove Rd, Roque Bluffs, ME 04654; 9-hole course; a par of 27; designed by Paul Brown, the Great Cove golf course opened in 1977. FMI call (207) 434 7200

JONESBORO

A town in Washington County, incorporated on March 4, 1809; previously known as Chandler's River. Hannah Westin, and her sister, carried 50 pounds of lead through the woods from Jonesboro to Machias to support the effort to capture the British vessel Margareta in 1775.

Barren View Golf Course Jonesboro, Maine (Machias Bay area); nine-hole, par 35 course plays to 5,622; driving range, putting green, practice sand trap, Pro Shop, snack bar, electric carts; late April – Nov. 1st; FMI call (207) 434-6531



Hatch Knoll Farm 29 Hatch Knoll Rd., Jonesboro, Maine; a small diversified family farm specializing in award winning Goat Milk Cheese, Blueberries, Pasture raised meats; open by chance, baby goats, and home to Garden Side Dairy and Woodland Oasis Camping; FMI call (207) 434-2674

THE BANK OF

Yes!

At Machias, "YES!" means working hard every day to help our neighbors, businesses and communities succeed.

How can we help you find your "YES!"?



Machias Savings Bank

>MOVING MAINE FORWARD

machiassavings.bank

Roque Bluffs Community Center 4 Schoppee Point Rd, Roque Bluffs, Maine; all are welcome; some programs you'll find at the community center are, Barre Workout with Amanda; Line Dancing with JoAnn; Yoga with Geri; Watercolor Painting with Ellie.; and Photographer's Eye with Bob. The second Annual Quilter's Show June, 24th; Five Artists and Crafters shows from May to September. Artists and Crafters are welcome please call for more information Bob McCollum – bob81848@msn.com or 207-263-8579



PCT COMMUNICATIONS

YOUR LOCAL WIRELESS PROVIDER

483 NORTH STREET
CALAIS, ME
207-454-2174

1 COURT STREET
MACHIAS, ME
207-255-5055

Visit us at
Website: stores.uscellular.com/pct-communications

Find us on:
Facebook, Instagram and TikTok!



Great Wass Island Preserve

4.5-mile hiking trail; unique forests and wetlands, exposed granite bedrock drops steeply into the sea, giving evidence of the “Fundian Fault,” a long crack in the Earth’s crust that extends from the Bay of Fundy to the coast of New Hampshire. **Little Cape Point Trail** (2.2 miles): leads to the shore at Cape Cove and Little Cape Point. It winds through deep moss-floored spruce and fir forests interspersed with open ledges of jack pine woodland. After about a mile, these ledges offer beautiful views of a coastal raised bog. Further on, a boardwalk allows the visitor to walk through a sedge-shrub marsh without harming the vegetation. After the trail reaches the shore, it is just a short walk northeast along the shore to Little Cape Point (3-hour round trip).

Mud Hole Trail (1.2 miles): The left fork 100 feet east of the parking lot leads to the edge of a long, narrow, fjord-like tidal cove known as the Mud Hole. From there the trail winds east to Mud Hole Point, where it intersects with the Shoreline Trail.

Shoreline Trail (1.1 miles): Hike along pink granite cliffs that are exposed to the waters of the Gulf of Maine. This trail offers spectacular views of the islands of Eastern Bay. Just northwest of Little Cape Point, the trail takes you along a cobble beach formed by the force of the ocean. Shoreline Trail intersects the Little Cape Trail on Little Cape Point. Note that the trail is directly on the coast and is not blazed. Visiting Guidelines: day use only, no camping, no fires, carry out all trash, leave no trace, bikes and motorized vehicles prohibited, no pets, stay on the trail



JONESPORT

A fishing town neighboring Beals Island, Jonesport offers quiet nature trails and scenic vistas complete with colorful lobster boats bobbing in the harbor. Jonesport stakes its claim as home to the world’s fastest lobster boats. The Annual Lobsterboat Races are posted in the calendar of events. Ask the locals to tell you about Tall Barney, one of the town’s colorful characters, perhaps on a local boat tour charter. There is also a public boat launch if you wish to ply the waters of Moosabec Reach yourself. Drone photo by Laurie Churchill



Jonesport Historical Society

Sawyer Building at 21 Sawyer Square; open to visitors from May to Oct; discover the history of the area; FMI call (207) 497-3003 or email jonesporthistoricalsociety@peabody.lib.me.us



The Scissor Wall is a tribute to all of the sardine packers, originals used by the ladies in the factory, with their names displayed.

Maine Coast Sardine HISTORY MUSEUM

34 Mason Bay Road (RT 187), Jonesport, 04649; open from the third Sunday in June through Sept; Tues through Fri and Sat from 12 - 4 pm.

Downeast Institute

Black Duck Cove, Great Wass Island; Year-round (M-F 9-3); Since 1987, the Downeast Institute for Applied Marine Research and Education has worked with fishermen to enhance populations of marine species that sustain the Downeast Maine economy. With origins in the development of methods to raise and grow soft-shell clams, the Downeast Institute for Marine Research and Education has provided juvenile or “seed” clams to replenish clam flats in more than 60 Maine coastal towns and has expanded to study hard clams (quahogs), European oysters, Arctic surf clams, sea scallops, and lobsters, all in partnership with fishermen and growers. Tour the hatchery or learn how the Institute engages students of all ages in their work at the annual Shellfish Field Day. FMI call (207) 497-5769 or visit www.downeastinstitute.org



Kyle Pepperman gives tours of the institute, shown here is where they grow the algae to feed shellfish. DEI uses various different methods to circulate water and feed the young clams, oysters, mussels, and scallops.

DIRECTORY

ACCOMMODATIONS

Bellmard Inn

86 Main St., Princeton, ME 04668

(207) 796-2261

www.bellmardinn.com

Big Lake RV Park & Campground

55 True North Ln., Big Lake Twp, ME 04668

(207) 796-2987

www.biglakerv.com

Calais Motor Inn

663 Main St., Calais, ME 04619

(207) 454-7111

www.calaismotorinn.com

Canalside Cabins

31 Canal St., Grand Lake Stream, ME 04637

(207) 796-2796

www.canalsidecabins.com

The Hideaway

29 The Hideaway Ln, Princeton, ME 04668

(410) 353-1899

www.pocomoonshinelake.com

Hilltop Campground

317 Ridge Rd., Robbinston, ME. 04671

(207) 454-3985

www.hilltopcampgroundmaine.com

The International Motel

626 Main Street, Calais, ME 04619

(207) 454-7515

www.internationalmotel.com

Keenes Lake Family Campground

70 Keenes Lake Rd., Calais, ME 04619

(207) 454-2022

<http://keeneslakecampground.com>

Kendall Farm Cottages & Event Barn

20 Kendall Ln, Perry, ME 04667

(207) 214-1124

<https://www.kendallfarmcottages.com/>

Redclyffe Shore Motor Inn

Route 1, Robbinston, ME 04619

(207) 454-3270

www.redclyffeshoremotorinn.com

ACCOUNTING

H&R Block

109 North St., Calais, ME 04619

(207) 454-3966

www.hrblock.com

Downeast Hub -

Big Dog Ledger Management

336 River Rd., Calais, ME, 0619, US

(207) 952 9328

downeasthub.com/big-dog-ledger-management

Tammi Smith Tax & Accounting Service

166 A North St., Calais, ME 04619

(207) 454-0065

www.tammismith.com

APPLIANCES / SERVICES

Eastern Maine Appliance

337 North St., Calais, ME 04619

(207) 454-3650

Androc Plumbing

484 North St., Calais, ME 04619

(207) 454-2339

Border Electric

337 North St., Calais, ME 04619

(207) 454-8619

www.borderelectric.com

Riverside Electric, Inc.

334 North St., Calais, ME 04619

(207) 454-7815

www.riversideelectricinc.com

ARTISTS & NOVELTY SHOPS

Artemis's Attic

297 Main St. Suite B, Calais, ME 04619

(207) 454-7000

C&E Feeds Calais Package Hub & Community Market

482 North Street, Calais, ME 04619

(207) 454-3666

www.candefeeds.com

Done Roving Yarns & Home Decor

267 South St, Calais, ME 04619

doneroving.com

Downtown Attire

485 North St., Calais, ME 04619

(207) 837-8611

downtownattire.com

My Favorite Things 2 - Nex Gen

343 Main St., Calais, ME 04619

(207) 200-4292

Check Facebook FMI

Nelson Decoy

13 Cranberry Ln., Jonesport, ME 04649

(207) 497-3488

Rachel Ashley Jewelers

293 Main St., Calais, ME 04619

(207) 454-8814

Check Facebook FMI

St. Croix International Quilters

www.stcroixquilters.com

The Olde Woodshed

403 Main St., Calais, ME 04619

(207) 214-9344

Check Facebook FMI

The White Birch Exchange

345 Main St., Calais, ME 04619

(574) 208-2405

gardenhouseflags.com

Wooden Way Creations

P.O. Box 263, Princeton, ME 04668;

(207) 796-2499

www.woodenwaycreations.com

West Quoddy Gifts

16 Loon Lane, Lubec, ME 04631

(207) 733-2457

www.westquoddygifts.com

ATTORNEYS

Mahar & Clark

110 North St., Calais, ME 04619

(207) 454-7641

AUCTIONEERS / THRIFT

Calais Community Thrift

255 Main St., Calais, ME 04619

Check Facebook FMI

AUTOMOTIVE / SALES / REPAIR

O'Brien's Autocare and Sales

520 Main St., Calais, ME 04619

(207) 454-8460

o-care.edan.io

AUTOMOTIVE / SALES / REPAIR

Pratt Associates, Inc.

143 S. River Rd, Calais, ME 04619; (207) 454-0600 or
(866) 561-9596 www.prattchevrolet.com

BANKS

Bangor Savings Bank

232 North St., Calais, ME 04619 (207) 454-0223
54 Washington St, Eastport, ME 04631 (207) 853-2534
1 Center Street Machias, ME 04654 (877) 226-4671
www.bangor.com

Camden National Bank

344 Main St, Calais, ME 04619 (207) 454-2123
6 M & M Place, Machias, ME 04654 (207) 255-0041
51 Main St., Jonesport, ME 04649 (207) 497-5902
29 Main St., Milbridge, ME 04658 (207) 546-2521
www.camdennational.com

Downeast Credit Union

254 North St, Calais, ME 04619 (207) 454-8940
23 Third Ave, Baileyville, ME 04619 (207) 427-3333
211 Main St., Machias, ME 04654 (207) 255-0172
www.downeastcu.com

First National Bank

319 North St., Calais, ME 04619 (207) 454-2141
102 Washington St, Eastport, ME 04631 (207) 853-6270
www.thefirst.com

Machias Savings Bank

210 North St., Calais, ME 04619 (207) 454-7178
127 Main St., Princeton, ME 04668 (207) 796-5109
4 Center St., Machias, ME 04654 (207) 255-3347
357 US Highway 1, Columbia, ME 04623 (207) 483-6561
38 Depot St., Danforth, ME 04424 (207) 448-9048
138 North St., Houlton, ME 04730 (207) 532-7996
www.machiassavings.com

BARBERS & BOUTIQUES

Bloom Day Spa

417 Main St., Calais, ME 04619
(207) 904-9980

Boujee Bouj Skincare & Waxing

277 Main St., Calais, ME 04619
(207) 904-9980

Coastal Aesthetics Boutique

89 Main St., Machias, ME 04619
(207) 263-6348
myaestheticrecord.com



Community owned fiber optic broadband

We have all heard the “shop local” message, loud and clear, right? Having locally owned broadband is more than just shopping local (although if people choose not to use the local service provider, Pioneer for their service things could be all for nothing), when a municipality owns the service the consumers are not at the mercy of price hikes.

Downeast Broadband Utility (DBU) is the nonprofit responsible for litigating and installing local high speed broadband internet. The fiber network is owned by the municipalities. Buying services through the local network for internet, TV and phone is the best way to support the community. An open access network infrastructure paves the way for new internet providers to come to the area, promoting healthy competition and reasonable rates. Not only is fiber internet the fastest residential/commercial internet technology available today, its more secure and reliable than cable or DSL. Being able to offer better services is a tremendous benefit to the area. Pioneer Broadband is the primary service provider, but soon others will join.

Roughly 15 percent of Maine residents are lacking access to broadband services that meet the federal standard. This is defined by at least 25 megabits per second download and at least 3 MBPS upload. The majority of residence who do not have access live in rural communities. Within the Calais and Baileyville areas and surrounding St. Croix Valley communities, the average download speed is about 3 Mbps. Since the infrastructure is community owned, funding comes from service providers who lease the network’s bandwidth. This fiber to home network provides speeds far superior to the Federal standard. Speeds are symmetrical with same speed download and upload speeds. This state-of-the-art fiber network matches the fastest speeds across the world.

Construction in Baileyville and Calais is complete, with Alexander and Indian Township being built. Exciting times are here for our communities to be a part of the future.

DIRECTORY

CANOEING & KAYAKING

C&C Canoe

Salmon Brook Rd., Vanceboro, ME 04491
(207)788-3885
ccc canoe.com

Sunrise Canoe & Kayak

168 Main St, Machias, ME
(207)255-3375 or (877)980-2300
www.sunrisecanoeandkayak.com

St Croix International Waterway Commission

(207)952-9069 www.stcroix.org

Johnson's True Value

188 North St, Calais, ME (207)454-2551
truevalue.com/me/calais/3347/

Keenes Lake Family Campground

70 Keenes Lake Rd., Calais, ME 04619
(207)454-2022
<http://keeneslakecampground.com>

CARGO / FREIGHT / MOVING

A.N. Deringer

12 Whitney St., Calais, ME 04619;
(207) 454-3951
www.anderinger.com

Able Moving Services

P.O. Box 22, Baileyville, ME 04694
(207) 316-3247
www.ablemovingmaine.com

Downeast Hub - Package Depot

336 River Rd., Calais, ME, 04619
(207) 952 9328
downeasthub.com

CHAMBERS OF COMMERCE

Eastport Chamber of Commerce

141 Water St., Eastport, ME 04631
(207) 853-4644
www.eastportchamber.net

Grand Lake Stream Area

Chamber of Commerce

15 Water Street, Grand Lake Stream, ME 04668 grandlakestream.org

Greater East Grand Lake Chamber of Commerce

PO Box 159, Danforth, ME 04424
(207) 448-2321
eastgrandlake.net

Machias Bay Chamber of Commerce

Station 1898, 2 Kilton Ln., Machias, ME 04654; (207) 255-4402
www.machiaschamber.org

St. Croix Valley Chamber of Commerce

39 Union St., Calais, ME 04619
(207) 454-2308
www.visitstcroixvalley.com

St. Stephen Chamber of Commerce

34 Milltown Blvd, St. Stephen, N.B., E3L 1G3 - New Brunswick, Canada
(506) 466-7703
www.ststephenchamber.com

ECONOMIC DEVELOPMENT

Calais Downtown Revitalization Coalition

P.O. Box 146, Calais, ME 04619

Calais Rotary Club

P.O. Box 165, Calais, ME 04619
(207) 454-2293
ridist7810.org/clubInfo/calais

Downeast Economic Development

63 Broadway, Baileyville, ME 04694
11 Church St., Calais, ME 04619
(207) 214-5926

Fed Cap Opportunities

10 Barker St., Calais, ME 04619
(877)369-0935
www.fedcap.org

Sunrise County Economic Council

330 North St., Calais, ME 04619
7 Ames Way, Machias, ME 04654
(207) 255-0983
sunrisecounty.org

EDUCATION / TRUSTS / INITIATIVES

Capacity Building Coaches

Mariyn Orr - owner
Leadership & Emotional Intelligence
732 S River Rd., Calais, ME 04619
(512) 413-3537
www.capacitybc.com

Downeast Lakes Land Trust

4 Water St., Grand Lake Stream, ME 04637
(207) 796-2100 www.downeastlakes.org

Robbinston Historical Society

P.O. Box 39, US Rte 1, Robbinston, ME 04671
(207) 454-2854
townofrobbinston.org/hs

St Croix

International Waterway Commission

email: programs@stcroix.org
(207)-952-9069
www.stcroix.org

St Croix Regional Technical Services

34 US-1, Calais, ME 04619
(207) 454-2581
www.stcroixtech.org

Sunrise Trail Coalition

(207) 902-2240
www.sunrisetrail.org

Tides Institute & Museum of Art

43 Water St, Eastport, ME 04631
(207) 853-4047
www.tidesinstitute.org

Washington County Community College

One College Dr., Calais, ME 04619;
(207) 454-1000 www.wccc.me.edu

FOOD & DRINK

Ceaser's Pub/Grill & deck

663 Main St., Calais, ME 04619
(207) 454-7111

Crumbs Cafe & Bake Shoppe

257 Main St, Calais, ME 04619
(207) 454-8995;
www.crumbslunch.com

Divots & outside deck

48 River Rd, Calais, ME 04619
(207) 454-3344
www.stcroixcountryclub.com

Dunkin Donuts

131 North St., Calais, ME 04619
(207) 454-3301
www.dunkindonuts.com

Fitzgerald's Tavern &

Townhouse Restaurant

234 Main St., Calais, ME 04619
(207) 454-4241 or visit Facebook

Fox and Hen Pub

422 Main St., Calais, ME 04619
(207) 952-9034 or visit Facebook

Jo's Diner and Pizzeria

195 Main St., Calais, ME 04619
(207) 454-8400

FOOD & DRINK *continued*

Mama Lolas Mexican Food
28 North St, Calais, ME 04619
(207) 454-4191

McDonald's of Calais
191 North St., Calais, ME 04619
www.mcdonalds.com

Nook and Cranny
575 Airline Rd., Baileyville, ME 04694
(207) 454-3335
nookcrannyrestaurant2006.weebly.com

Riverview Restaurant
421 Main St, Calais, ME 04619
(207) 952-9034 or check Facebook

GOLF COURSE & COUNTRY CLUB

St. Croix Country Club
48 River Rd., Calais, ME 04619
(207) 454-8875
www.stcroixcountryclub.com

GRAPHICS / RADIO / NEWS

Cabin Fever Embroidery Auto Tint & Graphix
291 North St, Calais, ME 04619
(207) 454-0083
www.cabinfeverembroidery.com

Schoodic Media LLC
Website Design and app development
Downeast Maine
(207) 271-1804
<https://schoodic.io>

The Calais Advertiser
23 Church St., Calais ME 04619
(207) 454-3561
<https://www.calais.news>

WQDY Inc. & WCRQ
637 Main St., Calais, ME 04619
(207) 427-7545
www.wqdy.fm or www.wcrq.fm

HARDWARE & LUMBER

Ace Homecenter, Calais
295 North St., Calais, ME 04619
(207) 454-2309
www.calaisacehomecenter.com

Hammond Lumber Company
372 South St., Calais, ME 04619
(207) 454-2576
www.hammondlumber.com

HARDWARE & LUMBER *cont.*

Johnson's True Value
188 North St., Calais, ME 04619
(207) 454-2551 fax (207) 454-2851
www.johnsonstvalue.com

HEALTH SERVICES / HOSPITALS

Calais Community Hospital
24 Hospital Lane, Calais, ME 04619
(207) 454-7521
www.calaishospital.org

Downeast Hospice Volunteers
24 Hospital Lane, Calais, ME 04619
(207) 454-9300
www.downeasthospicevolunteers.org

Healthy Acadia
121 Court St., Machias, ME
(207) 255-3741
www.healthyacadia.org

Mays Funeral Home
26 Church St, Calais, ME 04619
(207) 454-3141
www.maysfuneralhome.com

Sunrise Eye Care P.A.
4 Park St., Calais, ME 04619
(207) 454-2277 fax (207) 454-2910
www.sunriseeyecarepa.com

HOUSING

1851 Manor House
3 Swan Street, Calais, ME 04619
(207) 952-9099

Calais Methodist Home Inc.
116 Palmer St., Calais, ME 04619;
(207) 454-7196
<https://www.assistedlivingcenter.com/facilities/me/calais/calais-methodist-homes-inc-04619/>

INSURANCE

Down East Insurance Agency
254 North St. Calais, ME 04619
(inside Downeast Credit Union)
(207) 427-3126 or
23 3rd Ave, Baileyville, ME 04694
www.downeastinsurance.com

INSURANCE *continued*

FA Peabody Co.
254 Main St, Calais, ME 04619
(207) 454-2556
www.fapeabody.com

Varney Agency Inc.
325 North St, Calais, ME 04619
(207) 454-2227
varneyagency.com

RENTAL SPACE

Calais Armory Rental Program
53 Calais Ave., Calais, ME 04619
email: daniel.p.nadeau2.nfg@army.mil
<https://www.me.ng.mil/portals/20/rentals/docs/Armory-Renta-Program-locations-info-sheet.pdf>

Kendall Farm Cottages & Event Barn
20 Kendall Ln, Perry, ME 04667
(207) 214-1124
www.kendallfarmcottages.com

Nino's Downeast Cuisine
663 Main St., Calais, ME 04619
Call (207) 454-7111 or visit Facebook

MANUFACTURING

Woodland Pulp LLC
144 Main St, Baileyville, ME 04694
(207) 427-4004 www.woodlandpulp.com

MOVING / FREIGHT

Able Moving Services
PO Box 22., Baileyville, ME 04694
(207) 427-4004
www.woodlandpulp.com

A.N. Deringer
12 Whitney St., Calais, ME 04619
(207)454-3951
www.nderinger.com

MUNICIPALITIES

APPLE
(Assoc Promoting & Protecting the
Lubec Environment) ME 04652
www.visitlubecmaine.com

Town of Alexander
50 Cooper Rd, Alexander, ME 04694
(207) 454-3011
Fax (207)454-3058
alexandermaine.com

DIRECTORY

Town of Baileyville

63 Broadway, Baileyville, ME 04619;
(207) 427-3442

www.baileyvillemaine.org

City of Calais

Church St., Calais, ME 04619
(207) 454-2521

www.calaismaine.org

Grand Lake Stream

15 Water St, Grand Lake Stream, ME
04619 (207) 796-2001

<https://grand-lake-stream.org/>

Town of Princeton

15 Depot Street Princeton, ME 04668
(207) 796-2744

REALTORS

The Christopher Group

5 Main St, Blue Hill, ME 04614
Samra Kuseybi (207) 214-7401
Libby Bryant (207) 461-9170
Shirley Erickson (207) 255-6043
Aaron Currier (207) 200-1697
<https://www.tcgre.net>

Realty of Maine

458 Main St., Bangor ME 04401
Georgie Kendall (207) 214-1124
georgiekendall.agent.realtyofmaine.com



Ribbon Cuttings

The St. Croix Valley has had many new businesses open in the last few years, to checkout all of the businesses visitstcroixvalley.com

What's your dream?

- ...to have your own business?
 - ...to shed the stress of urban living?
 - ...to enjoy a more relaxed lifestyle?
 - ...to live in a beautiful environment?
- If your answer is "Yes!" then give us a call.



Downeast Economic Development

63 Broadway St, Baileyville ME 04694 ~ ewced@outlook.com ~ 207-214-5926

UTILITY SERVICES

Androc Plumbing

339 North Street, Calais, ME 04619
(207) 454-2339

Border Electric

337 North Street, Calais, ME 04619
(207) 454-8619

www.borderelectricinc.com

Coastal Glass

484 Main St, Calais, ME 04619; (207) 454-1471

Downeast Porta-Jon

401 Shattuck Rd., Calais, ME 04619;
(207) 214-4564

Eastern Maine Electric Co-Op

21 Union St, Calais, ME 04619
(207) 454-7555 www.emec.com

PCT Communications

483 North St., Calais, ME 04619

(207) 454-2174 www.uscellular.com

Pioneer Broadband

34 Military St, Houlton, Maine 04730
(207) 335-1254 pioneerbroadband.net

Riverside Electric

334 North St., Calais, ME 04619
(207) 454 7815

www.riversideelectricinc.com

VL Tammaro Oil

325 North St., Calais, ME 04619
(207) 454-7500

117 Main St., Baileyville Maine, 04694
(207) 427-3775

vtammaro.com



Brady's Play & Stay, 219 Shattuck Rd, Calais



Boujee Bouj Skincare & Waxing, 277 Main St, Calais



My Favorite Things 2 : The next generation
343 Main St, Calais, Maine 04619



Bloom Day Spa, 417 Main St, Calais, Maine



C & E Feeds, Package Hub & Community Market,
482 North St, Calais, Maine 04619



Downeast Barber Shop, 415 Main St, Calais, Maine



Done Roving, 267 South St, Calais, Maine

CALAIS DOWNTOWN REVITALIZATION COALITION

A partnership of business, cultural, and civic people who have vested interests in the future of Calais' downtown. The group is committed to the creation and maintenance of a downtown that recognizes its historic character, provides aesthetics with gardens, and welcomes visitation. It has been integral in building facades, and other building incentives for the downtown. The aim is to support preservation of historic and culturally iconic structures and other landmarks, to encourage improvement and augmentation of existing businesses and facilities to aid in the development of new businesses and new downtown attractions, and to schedule and execute regular downtown promotional events. Some popular community events have been the plant sale in June; the Chair Affair in August, where business paint Adirondack chairs for auction (typically held on the Thursday afternoon during International Homecoming Festival week); and the Harvest Festival in early fall, September/October.



Collaborations are happening more, as different organizations come together to enhance the community. Often members of one organization are part of many community efforts and organizations. To kick-off the holiday shopping season the St Croix Valley Chamber and CDRC organized a community tree-lighting event in conjunction with Shop Small Saturday. Girl Scout Troop 2253 sang Christmas Carols, Calais Lioness Club had treats for sale and the Maine State Visitor Information Center provided hot coco. Calais Lions, Eastern Maine Electric Coop and Riverside Electric all played a huge role in making the event a success.

St. Croix Country Club



48 S River Rd, Calais, ME 04619

Full Service Bar ° Outside Deck Seating

Divots Lounge & Grill (207) 454-3344

Banquet Hall ° Event Rentals

Nine hole course • open to the public

Memberships • Pro Shop • Cart & Club Rentals

Mens' & Ladies' twilight leagues

Youth clinic program • Lessons by Arrangement

(207) 454-8875

www.stcroixcountryclub.com

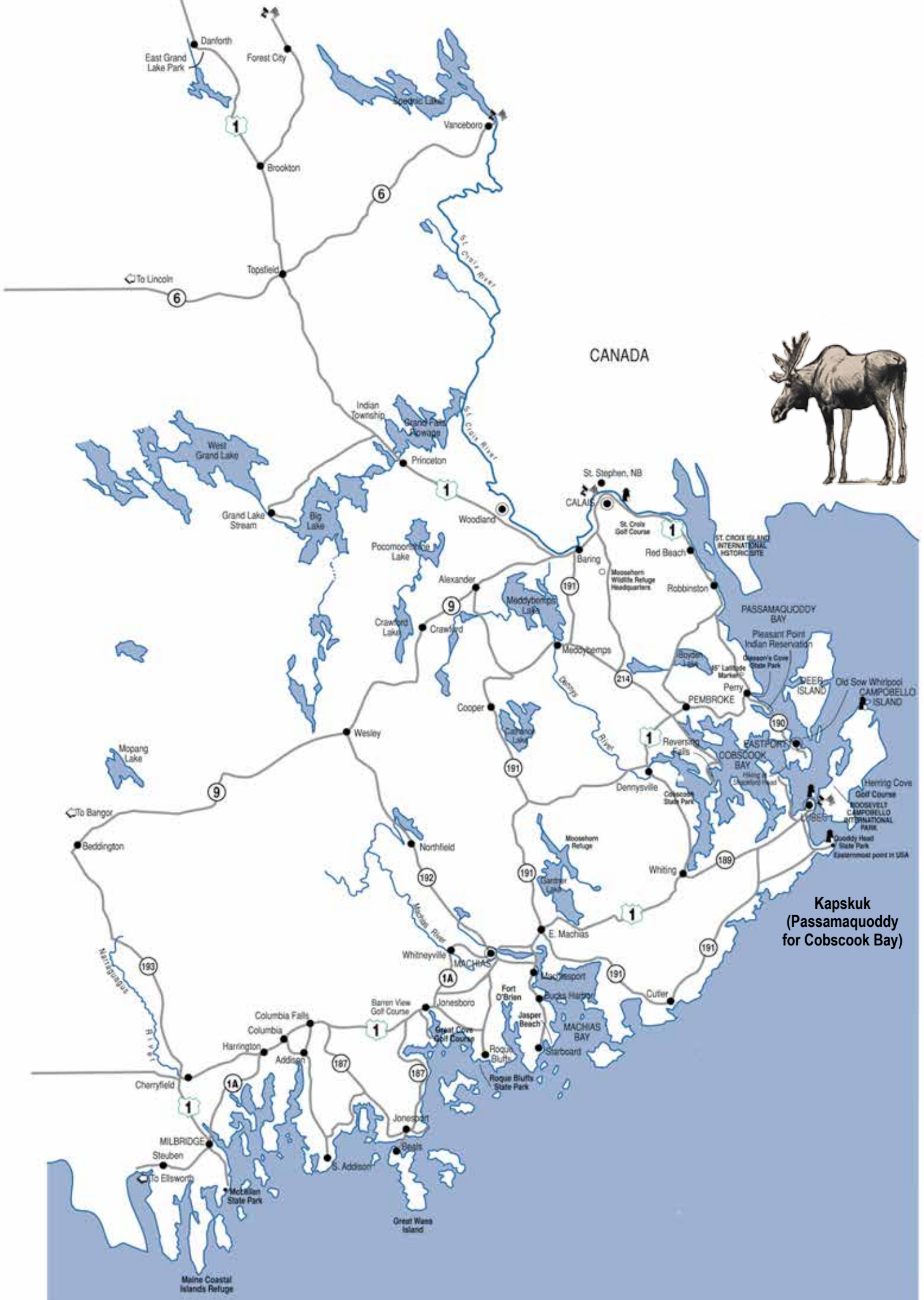


Calais IGA located at 200 North Street

Hometown Proud is more than just a slogan at the IGA in Calais, it's the preservation of an idea. The idea that a super-market can become more than just a place that sells food. In 1976 at the ages of 21 and 19, Ed and Kathy Bell moved to Calais to take over the Calais IGA Foodliner. The original store was located on Washington Street. Ed's father, Leighton "Bud" Bell operated a small grocery store in Caribou. The Bells were notorious for not only providing the best prices on groceries, but to donating to the community.

In 1999 the Bells opened a second grocery store in Orono. Bob Craft & David Pike, two key employees from the Calais store, relocated to Orono and have grown the business for the last 16 years. Craft and Pike are now co-owners of the stores, and share the philosophy of providing value to their community. Not only are they strong supporters of the community, but they have the community pride that keeps them dedicated to providing low cost deals to their customers.

The Calais location located at 200 North Street offers fresh produce, household goods, quality meats, deli items, personal care products, pet supplies, a full selection of beer, wines, and spirits, and live lobsters.



CANADA



Kapsuk
(Passamaquoddy for Cobscook Bay)