



## Level 1 Canyoneer: Exam Skills Checklist

Below are the skills you will be asked to perform during your certification exam: 1-5 scale

1. Candidate makes a critical error in the process and is stopped due to life-threatening ramifications
2. Candidate displays adequate aptitude but displays weaknesses in important techniques
3. Conditional: The candidate displays sufficient aptitude but needs improvement in techniques
4. Pass with hesitation but shows consistently strong performance in all techniques and skills
5. Pass expeditiously but shows consistently strong performance in all techniques and skills

Skills	Instructor name:	Score:	Initials:
	Description		
Knots	Know how to tie and analyze the following canyoning knots:		
	Overhand with a bight		
	Figure 8 on a bight		
	Figure 8 follow through		
	figure 8 bend		
	Double Fisherman's		
	Water Knot		
	Clove hitch		
	Munter hitch		
	3 wrap prusik		
	Klemhiest		
	Auto Block		
Construct Anchors	Competently construct and analyze natural and man-made anchor systems using D.E.A.R and E.A.R.N.E.S.T.		
	Simple wrap		
	Girth hitch		
	Wrap 2 pull 1		
	Wrap 3 pull 2		
	Basket		
	Multipoint natural		
	Bolted anchor systems		



Construct Rigging Systems	Competently construct and analyze static and releasable rigging systems:  Static Blocks: Toss n' Go		
	Knot Block		
	Carabiner Block		
	Releasable Figure 8 Compact Secure block		
Guideline	Demonstrate confident rappelling on Guideline. Explain the purpose of this rigging system.		
Traverse Line	Demonstrate confident traversing on the Traverse line. Explain the purpose of this rigging system.		
Self-Rescue	Competently master the skills to rescue yourself on a rappel line		
Buddy Check	Demonstrate a competent buddy check		
Pass the Knot	Demonstrate safe techniques for ascending, passing knot, and descending the rope.		