

Shielded Strength Coaching Agreement

The Legacy Program (1-Year Elite Coaching) - \$159/month (\$1,788 total if paid in full)

Duration: 12-month commitment

Services Included:

- Everything in Warrior's Path, plus:
- Weekly 1-on-1 Video Coaching Calls
- Deep-Dive Mindset & Resilience Coaching
- Priority Response & 24/7 Text Support
- Exclusive Performance & Recovery Tracking
- Shielded Strength VIP Merch Pack
- Lifetime Priority Access to Shielded Strength Events/Resources

Cancellation Policy:

No early cancellations. If termination is requested before 12 months, the remaining balance must be paid in full at the time of cancellation. No refunds for unused coaching.

Informed Consent & Assumption of Risk

By signing this agreement, you acknowledge that:

- You are voluntarily engaging in a fitness program designed by Shielded Strength LLC.
- You understand that physical exercise carries inherent risks, including but not limited to injuries or other health complications.
- You knowingly assume all risks associated with participating in this program.
- You affirm that you are in good health and have consulted a physician if necessary.
- You agree to inform the trainer if any exercise causes pain or distress so modifications can be made.
- You waive, release, and discharge Shielded Strength LLC from any liability for injuries or claims.

Client Signature: _____

Date: _____