

Facts about MS



MS is 3 times more common in women than men.



MS attacks the central nervous system, brain, spinal cord and optic nerves.



MS affects more young people than any other chronic neuro condition



While MS is a lifelong disease with no known cure, the impact can be minimised with proper management.



The average age of diagnosis is between 20-40 years of age.



No two cases of MS are identical. The visible and invisible symptoms vary from person to person.

Common symptoms of MS



Difficulty with walking

Blurred vision

Changes in memory

Altered muscle tone

Extreme fatigue

Balance & coordination issues

Altered sensation

Dizziness

Slurred speech

Bladder & bowel changes

How your support helps

\$10

could provide an MS ID card to help a person explain their MS symptoms and access the community more easily

\$25

could provide a person with MS Intouch magazine for a year, a lifeline to the MS community

\$50

could help pay for an MS Nurse to support a person living with MS and their family through the crisis of worsening MS

\$150

could pay for our live chat for a day, to make sure there is a supportive person ready to answer questions for a person living with MS in their time of need

\$350

could pay for a whole day of check-in calls, to ensure we're doing everything possible to help people live well with MS

\$500

could enable us to develop some educational podcasts for people who are navigating a recent MS diagnosis

\$1000

could provide a specialist team member to help a person living with MS navigate access to the NDIS and coordinate other services they need for their wellbeing

Empowering wellbeing and connection

At MS Plus, we believe in the strength of connection to empower wellbeing. We've learned it takes time to come to terms with a diagnosis, so we are here from the get-go so that no one faces neurological conditions alone.

Today, we provide a comprehensive suite of emotional and practical support, from expert advice, wellbeing programs and peer support to employment, allied health and NDIS services.

Contact us www.msplus.org.au 1800 042 138

