

# Kids Dance & fitness



4700 Northgate Boulevard - Suite 185, Sacramento, CA 95834  
PH: (916) 419.7079 | (916) 607.5625 | [www.kidsdanceandfitness.com](http://www.kidsdanceandfitness.com)

## 2026/ WINTER /SPRING DANCE CLASS SCHEDULE

### MONDAY:

**3:45 PM:** Combo 2 (April) (1 Hr)

**4:45 PM:** Hip Hop 1 (April)

**5:30 PM:** Jazz 1(April)

**4:30 PM:** Ballet 1 (Alex)

**5:30 PM:** Tap (Alex) (1 HR)

**6:30 PM:** Hip Hop 2 (Nai)

### TUESDAY:

**4:00 PM:** Pee Wee Hip Hop (April)

**4:45 PM:** Combo 1 (April)

**5:30 PM:** Creative Movement (April)

**4:00 PM:** Jazz 2b (Autumn)

**4:45 PM:** Jazz 3 (Autumn)

**5:30 PM:** Contemporary 3 (Autumn)

**6:15 PM:** Dance Fusion (Maricela)

### WEDNESDAY:

**4:00 PM:** Ballet 2 (Autumn)

**5:00 PM:** Contemporary 2 (Autumn)

**5:45 PM:** Ballet 3 (Pre-pointe) (Autumn) (1 Hr)

**6:45 PM:** Tumbling (Jeffrey)

**5:30 PM:** Jazz 2a (Alex) (1 Hr)

### THURSDAY:

**4:00PM:** Contemporary 1 (Maricela)

**4:45 PM:** Creative Movement (**coming soon** April)

**5:30 PM:** Combo 1 (**coming soon** April)

**4:45 PM:** Musical Theater 1 (Maricela)

### FRIDAY:

**4:00 – 5:30 PM:** Pre-Performance Company (Maricela)

**4:00 – 7:00 PM:** **Dance Company** (April/Autumn)

### SATURDAY:

**9:00 AM:** Combo 2 (April) (1 Hr)

**10:00 AM:** Creative Movement (April)

**10:45 AM:** Combo 3 (April)

**10:00 AM:** Hip Hop (Nai)

**10:45 AM** K Pop (Nai)

4700 Northgate Blvd. Suite #185, Sacramento, CA 95834

916-607-5625

[WWW.KIDSDANCEANDFITNESS.COM](http://WWW.KIDSDANCEANDFITNESS.COM)