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02
Pc
Panel Continuity
196.02
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8
18
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18
2

ROP™ LAB NOTEBOOK

DAY 2

02 PC PANEL CONTINUITY TEST



Element Tile Code: 02 PC



Test Name: Panel Continuity Test



Chemistry Tie In: Titration



Focus: Keeping the same visual world stable across all four panels.

SAME WORLD.
SAME ENERGY.
LOCK IT DOWN.
★ ★ ★



#PLY
LABORATORY DIVISION



★ **1 OF 5** ★
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RICH OFF PROMPTS™ SCIENCE LAB

Day 2 - 02 PC Panel Continuity Test

02

Pc

Panel Continuity

196.02

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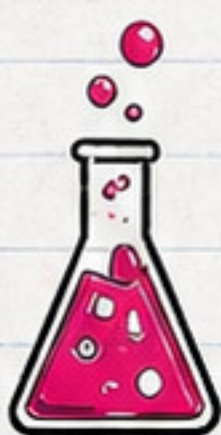


TODAY'S LAB BRIEF

Day: 2

Element Tile Code: 02 PC

Test Name: Panel Continuity Test



What we are testing:

Whether the image model can maintain the same environment, styling, props, and visual world across all four panels of a 2 x 2 multi panel image. The experiment asks the model to keep the same lab, outfit, goggles, testing station, notebook, chemistry tools, lighting, and overall design language in every frame so the viewer can clearly tell that all four panels belong to the same visual story.



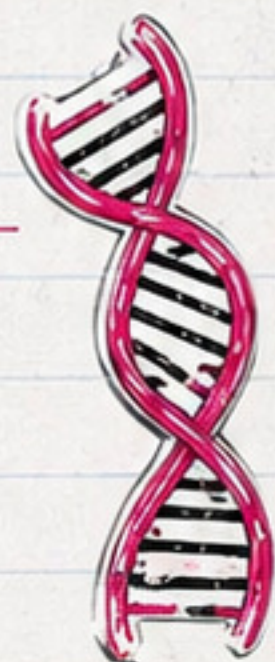
Why it matters for brands and business owners:

Panel continuity is what makes a multi panel image feel like one campaign instead of four disconnected pictures. When a coach, influencer, creator, or product founder uses AI visuals for launches, ads, tutorials, guides, and brand storytelling, the environment and styling need to stay consistent. If the props, room, lighting, outfit, or visual mood keep changing, the final image looks unstable and less professional. Strong continuity helps brands create cleaner campaigns, stronger visual storytelling, and content that feels intentional instead of random.



The chemistry experiment tie in:

This experiment connects to titration. In a titration, the same setup stays controlled while the reaction develops step by step. The beaker, burette, solution, station, and lab conditions remain stable while the result changes gradually. That is the same idea behind panel continuity. The action can evolve, but the visual world must stay locked.



What success should look like:

All four panels feel like they happened in the same lab during the same experiment. The subject wears the same outfit and goggles. The testing station, notebook, burette, beaker, hot pink chemical system, chrome surfaces, acrylic tools, and lighting remain consistent. The panels should feel like a clean step by step sequence, not separate images from different prompts.



What failure may look like:

The lab changes between panels, props disappear, the outfit shifts, the goggles change, the notebook is replaced, the lighting becomes inconsistent, or the chemistry setup looks different in every frame. If the viewer feels like each panel came from a different scene, the panel continuity test fails. Broken continuity makes the image look less polished and weakens the brand story.

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LAB BOOK
★★★

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EXPERIMENT. ELEVATE. EMPIRE.

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Create one square 2 x 2 multi panel editorial test board using the uploaded subject as the only identity reference. Preserve exact identity, skin tone, body proportions, and natural facial structure with no alteration. The subject is a fashion mad scientist performing a titration experiment in the same chrome chemistry lab across all four panels. Keep the same outfit, same goggles, same testing station, same notebook, same hot pink chemical system, and same chrome and acrylic lab environment throughout. Panel 1 shows the subject preparing a burette over a labeled beaker. Panel 2 shows the first measured hot pink drop entering the solution. Panel 3 shows the reaction intensifying with visible color shift. Panel 4 shows the subject logging the result in a testing notebook. Add a periodic table feature tile that reads "02 PC Panel Continuity." Place smaller periodic labels on the burette stand, lab drawers, and wall signage. Use direct flash, fisheye perspective, old film grain, readable labels, and premium editorial styling.

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☆ #PLY LAB SYSTEM

PANEL 1 - PREPARE

The subject prepares a burette over a labeled beaker inside the same chrome chemistry lab. The outfit, goggles, notebook, lab station, hot pink liquid, lighting, and background details must match the other panels. Include a clear lab sign reading "01 PREPARE" and a visible periodic tile reading "02 PC".



PANEL 2 - FIRST DROP

The first measured hot pink drop falls from the burette into the solution. The same subject remains at the same testing station with the same outfit, goggles, chrome surfaces, acrylic tools, and hot pink chemical system. Include a clear lab sign reading "02 FIRST DROP".



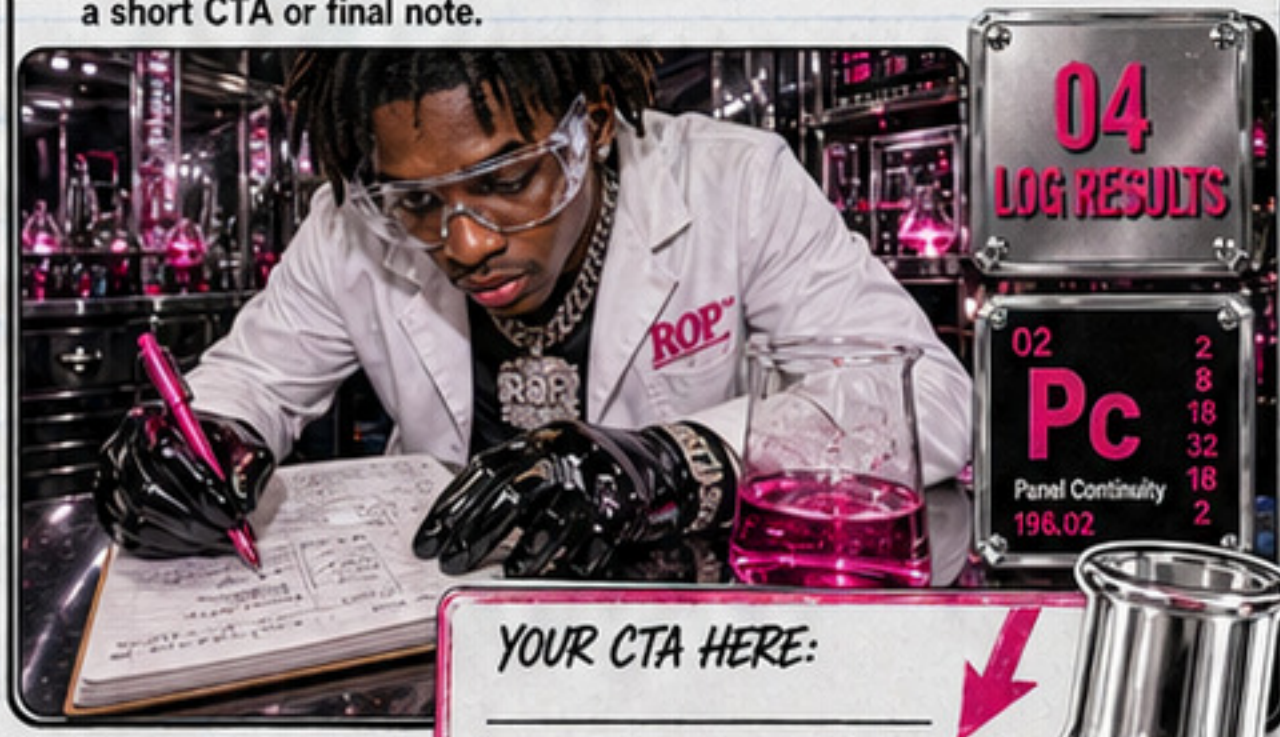
PANEL 3 - REACTION

The titration reaction intensifies with a visible color shift while the same lab setup remains stable. The beaker, burette, notebook, station, lighting, props, and visual world must remain consistent. Include a readable lab sign reading "03 REACTION".



PANEL 4 - LOG RESULTS

The subject logs the result in the same testing notebook at the same chrome lab station. Keep the same outfit, goggles, props, lighting, environment, and chemistry details. Include a readable lab sign reading "04 LOG RESULTS" and leave space for a short CTA or final note.



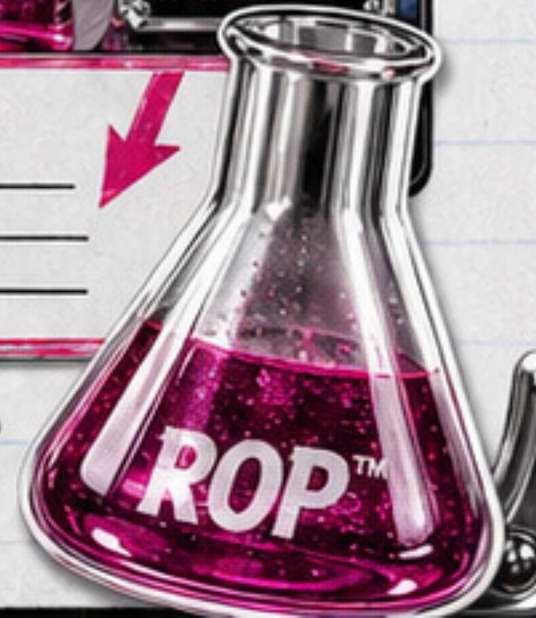
YOUR CTA HERE:

LAB MODE ON



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DOCUMENT.
EXPERIMENT.
ELEVATE.





FINAL SCIENCE PROJECT LOG



Day number: **2** | Test name: **Panel Continuity Test**



Hypothesis: If the prompt repeats the same outfit, same room, same props, same lighting, and same visual world, then ChatGPT 2 will generate four panels that feel connected, stable, and visually consistent.

KEEP IT CONSISTENT.



Experiment prompt summary: A 2 x 2 multi panel titration experiment in a chrome chemistry lab with hot pink chemical liquid, acrylic tools, safety goggles, a testing notebook, and periodic table labels. Panels show the subject preparing the burette, releasing the first drop, watching the reaction intensify, and logging the result, all inside the same controlled lab environment.



Generator used: **ChatGPT 2**

SAME ROOM. SAME WORLD.



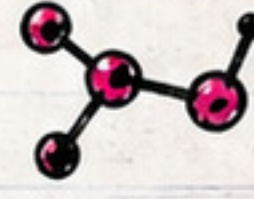
Comparison generator: _____



Best result: (Describe the panel that most successfully maintained the same environment, props, styling, and visual world.)



Weakest result: (Describe any panel where the room, outfit, props, lighting, or lab setup changed.)



Score: (Refer to the daily scorecard once completed.)

STABLE PANELS = STRONG RESULTS.



My opinion: (Summarise your thoughts on the results. Did the image feel like one connected experiment? Did the lab world stay stable across all four panels?)



Final conclusion: (State whether the hypothesis was proven and what you learned about ChatGPT 2's ability to maintain panel continuity.)



★ SAVE THIS FOR THE FINAL SCIENCE PROJECT - ★

Day 2 proved that panel continuity is the structure that keeps a multi panel image from falling apart visually. By repeating the same outfit, room, props, lighting, and visual world, the experiment tested whether ChatGPT 2 could create a sequence that felt stable from panel to panel. The titration setup gave the image a clear step by step action while keeping the lab environment controlled. Strong continuity makes a multi panel board feel like one polished brand campaign instead of separate unrelated images. These findings will help guide future tests on story flow, readable text, and composition logic.



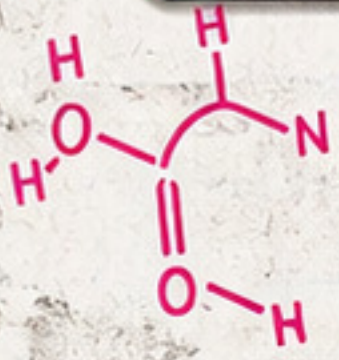
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THE PROMPT BANK

02
Pc
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196.02

DAY 2 • 02 PC PANEL CONTINUITY TEST

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DATA DON'T LIE.



1. Same Station Titration

What it tests: Checks whether the lab station remains identical across all four panels.
Why it is useful: Helpful for testing if the model can keep the same props, layout, and workstation stable while the action changes.
Prompt: Create a 2 x 2 multi panel lab board titled "Same Station Titration." Use the uploaded subject as the only identity reference. Panel 1 shows the subject arranging a burette, beaker, notebook, and safety goggles on a chrome lab station. Panel 2 shows the subject beginning the titration with the same exact station layout. Panel 3 shows the hot pink chemical reaction developing in the same beaker. Panel 4 shows the subject writing the result in the same notebook. Keep the same outfit, same room, same props, same lighting, and same visual world across all panels. Add a periodic tile reading "02 PC Panel Continuity."

2. Lab Prop Lock

What it tests: Tests whether key props remain consistent across every panel.
Why it is useful: Important for brands that need repeated objects, products, tools, or visual markers to stay the same in one campaign image.
Prompt: Design a 2 x 2 editorial lab experiment called "Lab Prop Lock." Use the uploaded subject as the only identity reference. The subject is a fashion mad scientist working with the same hot pink beaker, same chrome clipboard, same testing notebook, same safety goggles, and same acrylic tray in every panel. Panel 1 shows the props arranged neatly. Panel 2 shows the subject using the beaker. Panel 3 shows the subject checking the clipboard. Panel 4 shows all props visible again on the same chrome station. Keep the same outfit, same lab room, same props, same lighting, and same visual world throughout.

3. Controlled Room Test

What it tests: Checks whether the background and lab environment stay stable.
Why it is useful: Useful for seeing if the model can avoid changing walls, counters, signage, and room details between panels.
Prompt: Create a 2 x 2 multi panel board titled "Controlled Room Test." Use the uploaded subject as the only identity reference. The subject stands inside one luxury chrome chemistry lab with hot pink liquids, acrylic trays, periodic table wall tiles, warning labels, and glossy counters. Panel 1 shows a close up at the lab bench. Panel 2 shows a full body shot in the same room. Panel 3 shows a side angle with the same lab wall and same chrome drawers visible. Panel 4 shows the subject at the same bench logging results. Keep the same environment, same outfit, same goggles, same props, same lighting, and same visual world across all panels.

4. Same Outfit Sequence

What it tests: Tests whether the outfit and styling remain consistent across the full board.
Why it is useful: Important for creators and brands using AI images as campaign visuals, because wardrobe changes can break the illusion.
Prompt: Generate a 2 x 2 editorial board titled "Same Outfit Sequence." Use the uploaded subject as the only identity reference. The subject wears one high fashion lab outfit with safety goggles, gloves, and chrome accessories. Panel 1 shows the subject preparing a titration station. Panel 2 shows the subject measuring hot pink solution. Panel 3 shows the subject observing the reaction. Panel 4 shows the subject writing in the notebook. The outfit, goggles, gloves, accessories, lab room, props, lighting, and visual world must remain exactly consistent across all four panels.

5. Pink Liquid Continuity

What it tests: Checks whether the same chemical system remains visually connected.
Why it is useful: Helpful for testing if liquids, colors, reactions, and lab materials stay consistent across a multi panel sequence.
Prompt: Create a 2 x 2 lab board titled "Pink Liquid Continuity." Use the uploaded subject as the only identity reference. The subject is testing one hot pink chemical solution across four connected panels. Panel 1 shows the original hot pink solution in a labeled beaker. Panel 2 shows one drop added from a burette. Panel 3 shows the same solution glowing brighter during the reaction. Panel 4 shows the final solution next to the subject's notebook. Keep the same beaker, same liquid color family, same outfit, same lab setup, same chrome environment, same lighting, and same visual world across the entire board.

6. Continuous Action Test

What it tests: Tests whether the model can show one action evolving step by step.
Why it is useful: Useful for story based marketing, tutorials, product demonstrations, and educational visuals.
Prompt: Design a 2 x 2 multi panel board called "Continuous Action Test." Use the uploaded subject as the only identity reference. The board should show one continuous titration action from start to finish. Panel 1 shows the subject setting up the burette. Panel 2 shows the subject opening the valve. Panel 3 shows the hot pink liquid mixing with the solution. Panel 4 shows the subject recording the final result. Keep the same outfit, same goggles, same lab station, same notebook, same props, same lighting, and same visual world across all panels. Add a feature tile reading "02 PC Panel Continuity."

7. Lab Drawer Label Test

What it tests: Checks whether readable labels and background signage stay consistent.
Why it is useful: Useful for testing brand signage, instructional labels, and repeated visual markers inside a multi panel image.
Prompt: Create a 2 x 2 continuity board titled "Lab Drawer Label Test." Use the uploaded subject as the only identity reference. The subject performs a titration experiment beside chrome lab drawers labeled "02 PC," "SAME ROOM," "SAME PROPS," and "CONTINUITY CHECK." Panel 1 shows the labels clearly in the background. Panel 2 shows the subject working while the same labels remain visible. Panel 3 shows the reaction intensifying with the same labeled drawers behind them. Panel 4 shows the subject logging results with the same labels still present. Keep the same room, same outfit, same props, same lighting, and same visual world.

8. Notebook Continuity Check

What it tests: Tests whether the same notebook appears throughout the sequence.
Why it is useful: Helpful for creators using notebooks, journals, workbooks, planners, or branded materials as recurring campaign props.
Prompt: Generate a 2 x 2 lab board titled "Notebook Continuity Check." Use the uploaded subject as the only identity reference. The subject uses the same testing notebook in every panel. Panel 1 shows the notebook closed beside the burette. Panel 2 shows the subject opening the notebook while the first hot pink drop falls. Panel 3 shows reaction notes being written beside the same beaker. Panel 4 shows the subject holding the same notebook toward the camera. Keep the same notebook design, same lab station, same outfit, same goggles, same props, same lighting, and same visual world across all panels.

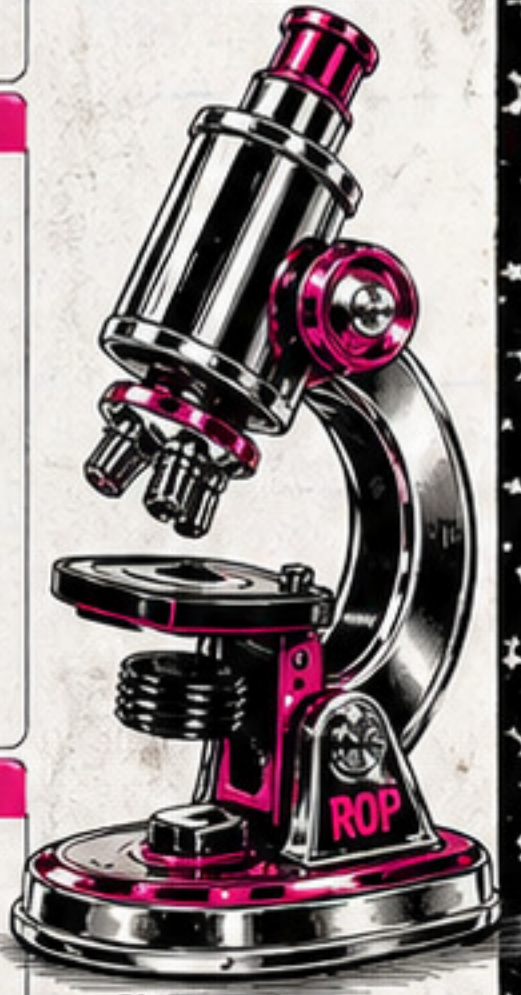
9. Chrome Lab World Lock

What it tests: Checks whether the overall visual world remains stable.
Why it is useful: Useful for ensuring the image keeps the same luxury brand aesthetic from panel to panel.
Prompt: Create a 2 x 2 editorial image titled "Chrome Lab World Lock." Use the uploaded subject as the only identity reference. The entire board must stay inside one chrome and acrylic chemistry lab with hot pink liquid, direct flash, old film grain, reflective counters, periodic table signage, and luxury mad scientist styling. Panel 1 shows a close up of the subject preparing the experiment. Panel 2 shows a wider angle of the same lab. Panel 3 shows the same lab props during the reaction. Panel 4 shows the subject logging results at the same station. Keep the same room, same outfit, same props, same lighting, same color palette, and same visual world.

10. Continuity Scoreboard

What it tests: Tests if the model can combine a stable visual sequence with a readable scoring or review element.
Why it is useful: Helpful for brands that want to turn test results into content, reviews, scorecards, or educational posts.
Prompt: Develop a 2 x 2 multi panel lab board titled "Continuity Scoreboard." Use the uploaded subject as the only identity reference. Panel 1 shows the subject preparing a titration setup in the chrome lab. Panel 2 shows the first drop entering the hot pink solution. Panel 3 shows the reaction changing color while the same props remain in place. Panel 4 shows the subject standing beside a readable scorecard labeled "02 PC Panel Continuity."

LOCK IT DOWN.



02 PC
PANEL CONTINUITY

scorecard labeled "PANEL CONTINUITY." Keep the same outfit, same lab room, same testing station, lab room, same bottle standers, same props, same lighting, and same across all panels. Include a tile reading "02 PC Panel Continuity."

5/5

CONSISTENCY IS CHEMISTRY. LOCK THE VISUAL WORLD.