



How to Decarbonize Your Life

Big Moves	Low Hanging Fruit	Honorable Mentions
HOME: WHERE YOU LIVE		
<ul style="list-style-type: none"> • Heat pumps for heating & cooling • Heat pump water heater • Rooftop solar • Insulation • Air sealing • (electrify everything) 	<ul style="list-style-type: none"> • Lighting • Energy Star appliances • Low flow fixtures • Community solar/utility renewables 	<ul style="list-style-type: none"> • Induction stove • Pellet stove/electric fireplace • Home batteries • Low carbon materials • Heat pump dryer • Electric lawn equipment
TRANSPORTATION: HOW YOU GET AROUND		
<ul style="list-style-type: none"> • Electric vehicle • Home charging 	<ul style="list-style-type: none"> • Bikes & e-bikes • Active transportation • Trains & transit 	<ul style="list-style-type: none"> • Electric vehicle road trips • Make every flight count
CONSUMPTION: WHAT YOU EAT AND BUY		
<ul style="list-style-type: none"> • Plant-based diet • Food waste reduction 	<ul style="list-style-type: none"> • Make every purchase count • Regional sourcing 	<ul style="list-style-type: none"> • Invest & divest • Kids • Pets
SEQUESTRATION: WHEN YOU'VE MAXED OUT YOUR EMISSIONS REDUCTIONS		
<ul style="list-style-type: none"> • Reforestation 	<ul style="list-style-type: none"> • Carbon offsets 	<ul style="list-style-type: none"> • Planting at home