



You belong here. ♡

A SAFE PLACE.
A STRONGER YOU.
A COMMUNITY OF HOPE.

The WISE WOMAN Masterclass ♡

RESTORE YOUR BALANCE. RECLAIM YOUR ENERGY.
THRIVE IN EVERY SEASON OF LIFE.



A 1-HOUR WORKSHOP FOR WOMEN

Rooted in the wisdom of Ayurveda and the nervous system, this experience will help you understand what's really happening beneath your symptoms—and how to begin restoring balance in a simple, sustainable way.



PRACTICAL TOOLS
YOU CAN USE
EVERY DAY



STRESS RELIEF &
NERVOUS SYSTEM
SUPPORT



HORMONE &
ENERGY
BALANCE



SUPPORT, SISTERHOOD
& CONNECTION



3 Opportunities to Join!



1 September 28th
MONDAY

11:00 AM – 12:00 PM

@ HOPE COTTAGE
431 Main Street
Harleysville, PA 19438

REGISTER HERE

www.givingwithhopewisewomen1.eventbrite.com

2 September 30th
WEDNESDAY

6:30 PM – 7:30 PM

@ HOPE COTTAGE
431 Main Street
Harleysville, PA 19438

REGISTER HERE

www.givingwithhopewisewomen2.eventbrite.com

3 October 1st
THURSDAY

6:30 PM – 7:30 PM

ON ZOOM
Join from the comfort of
your own home.

REGISTER HERE

www.givingwithhopewisewomen3.eventbrite.com

Come as you are.
Leave a little lighter. ♡

SPACES ARE
LIMITED!
RESERVE YOUR
SPOT TODAY.

♡ BE EMPOWERED.
♡ BE INSPIRED.
♡ BE YOU.



EMPOWERING OTHERS



HONORING HOPE



ENRICHING LIVES

