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Read **Matthew 14:22-33** (Peter walking on water). What do you notice about Peter's reaction to the storm? How does his experience reflect your own reactions to difficulties?

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Read **Luke 24:13-35** (The road to Emmaus). How does this passage show that Jesus walks with us even when we don't recognize Him?

This image shows a single page from a notebook or ledger. It features approximately 20 evenly spaced horizontal blue lines across its entire width. The margins are uniform on all sides, and there are no vertical lines, text, or other markings present on the page.

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Shifting Your Focus to Jesus

Read **Isaiah 26:3**: “You will keep in perfect peace those whose minds are steadfast, because they trust in you.” What does this verse teach about the connection between peace and focus?

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Trusting God's Timing

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Applying Your Faith in the Storm

Read **Hebrews 12:2**: *“Fixing our eyes on Jesus, the pioneer and perfecter of faith.”* What distractions keep you from focusing on Jesus in your daily life?

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DIGEST THIS!

What is one truth from today's study that you will carry into your week? Write a short prayer asking God to help you adjust your focus and trust Him in your storm.

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