



Sober Home Resident Bill of Rights

Last revised: 1/24/2024

As a resident of this sober home you have rights that the residence staff will safeguard during your stay. You have a right to:

1. An environment that supports your recovery.
2. An environment that is safe and free from alcohol and other illicit drugs or substances.
3. Be free from physical and verbal abuse, neglect, financial exploitation, and all forms of maltreatment covered under the Vulnerable Adults Act, sections 626.557 to 626.5572
4. Be notified if the home supports Medication Assisted Treatment (MAT).
5. Be treated with dignity and respect and to have personal property treated with respect.
6. Have personal, financial, and medical information kept private and to be advised of the sober home's policies and procedures regarding disclosure of such information.
7. Assert these rights personally or have them asserted by the individual's representative or by anyone on behalf of the individual without retaliation.
8. Have your spiritual, cultural, and religious beliefs respected.
9. Be actively involved in setting your recovery goals and length of stay.
10. All good faith efforts to protect your privacy and anonymity throughout your stay.
11. Have access, while living in the residence, to other community-based support services as needed.
12. Be referred to appropriate services upon leaving the residence if necessary.
13. Retain personal property that does not jeopardize your or others' safety or health.
14. Be provided with the name, address, and telephone number of the ombudsman for mental health, substance use disorder, and developmental disabilities and information about the right to file a complaint.

15. File a complaint to the owner/operator or other oversight organization (e.g., MASH) without fear of retaliation.¹
16. Be fully informed before changes occur in these rights and responsibilities as well as to changes in policies and procedures should they occur.
17. Not to be required to perform services for the residence, which are not included in the usual expectations for all residents.
18. Be fully informed of any fees that you may be charged and if a third party pays any fees on your behalf.
19. Have at least one emergency contact kept on file by the home to reach out to in the case of an emergency, discharge, or death.

I have been informed of my rights as listed above.

Print Name: _____

Signed: _____ Date: _____

¹ To file a complaint, please fill out the Complaint Form found on the MASH Website. For more information, and any other questions or concerns you may have, please contact us at:
Phone: (612) 223-6274
Website: <https://mnsoberhomes.org/>