

Avalon Sober House Resident Application and Agreement

938 Carroll Ave. & 1185 Dayton Ave., St. Paul, MN 55104

Instructions: To be accepted into residency, this application and an interview process must be completed, and the Acknowledgements & Agreement section initialed and signed. Carefully read this application and honestly answer all questions that apply to you. This information will remain confidential and be available only to management.

Section 1: Personal Information

Name (First, Middle Initial, Last) _____

DOB _____ SSN _____

Last address _____

Cell # _____ Email _____

Marital Status /# of Dependents _____

Auto Make/Model/License Plate _____

Driver's License Number/State _____

Emergency Contact (name, relationship, phone/cell #) _____

2nd Contact _____

Are you on probation _____ If Y, provide P/O name and contact #

Y / N _____

Do you smoke _____ Allergies ? _____

Y / N _____ Y / N (list) _____

Section II. SOBRIETY Information

Last treatment/sober house _____

Facility

Start / End Dates

Sober Date: ____/____/____ Longest period of sobriety _____

Do you consider yourself an alcoholic _____ Do you consider yourself an addict _____

Y / N

Y / N

Drug(s) of choice _____ Other(s) _____

Local Sponsor's Name and Contact # _____

List all current medications and the condition for which they are required

Name of medication	Condition

Section III: Employment Information

Are you currently employed _____ If N, skip to Section IV

Y / N If Y, how many hours per week? _____

Employer's Name/Address/Phone # _____

Section IV: Financial Information

You are responsible for payment of fees. If another person or entity has committed to assisting you in meeting this responsibility, disclose below:

Person or entity _____ Phone _____

Section V: Acknowledgements & Agreement

This is a legal and binding document. Please read it very carefully.

____ 1. I have carefully read and truthfully answered all applicable questions above. I agree to provide updated information if any of my answers change while I am a resident of Avalon Sober House (ASH) .

____ 2. I realize that Avalon Sober House has been established in compliance with the conditions of §2036 of the Federal Anti-Drug Abuse Act of 1988, P.L. 100-690 (as amended), which provides in pertinent part that a sober house:

- Prohibit all residents from using any alcohol or illegal mind-altering substances
- Expel any resident who violates such prohibition
- Share household expenses including the monthly program fees among residents
- Utilize democratic decision making within the group where appropriate including inclusion and exclusion from the group

_____ 3. I have been provided with a copy of and have read and fully understand the Rules and Expectations of Avalon Sober House.

_____ 4. I am currently of sound mind and not under the influence of any drugs or alcohol.

_____ 5. I agree that I am a participant in a program and **not a tenant**. I agree that I am not protected by, nor will I invoke any protections of local landlord/tenant laws. If it is found that local landlord tenant laws apply, I hereby renounce any rights that I may or may not have arising under the same.

_____ 6. I agree that I will participate in the programs of Avalon Sober House and will abide by all its Rules and Expectations.

_____ 7. I specifically agree that if I violate any of the Rules and expectations of Avalon Sober House, I can be expelled from Avalon Sober House and forfeit any rights to my sober deposit and prepaid program fees. I agree that final determination of any disciplinary action will be made by Avalon Sober House and may not be appealed.

_____ 8. I hereby release and hold harmless Avalon Sober House and all its managers, employees, members and agents from any and all lawsuits of whatever nature that may be brought by me, my heirs and/or my representatives in perpetuity.

_____ 9. In accordance with state and federal law and the principles of a 12-step program, Avalon Sober House does not discriminate based upon race, color, religion, sex, national origin, disability, sexual orientation, HIV or Hepatitis status. By my initials, I agree to these principles and acknowledge that I may be living in the same house as a member of a protected group.

_____ 10. I agree that I am ultimately responsible for my own valuables and other personal property, during and after my residency at Avalon Sober House.

_____ 11. I agree to pay ASH a Sober Deposit of \$300 before gaining residence at ASH. If residence is terminated for violating ASH Rules and Expectations as set forth in this agreement, the Sober Deposit and any other paid fees or rents will not be refunded. Otherwise, after 4 months of continuous residence, the Sober Deposit will be refunded upon voluntary termination less any fees for damage and/or unpaid balance(s).

Applicant Signature

Date

Witness Signature

Date

Avalon Sober House – Rules and Expectations

Avalon Sober House (ASH) ascribes to and recommends that its residents live according to the 12 Step Principles and traditions. Our sober living environment is created upon that common ground, allowing each participant to be treated as an equal on his journey to better his life. The following is a general list. Should the owner(s) and /or Manager(s) of ASH determine that you are not following the letter and/or spirit of the following Rules & Expectations or are behaving in a manner deemed inappropriate for the environment you will be expelled. If you are expelled for any reason, all paid program fees and sobriety deposits will be forfeited.

Expulsion is 3 step process. 1. You will be given one verbal warning. 2. Should your non-compliance continue, you will then be given one written warning. 3. Should your non-compliance continue, you will then be expelled.

When you leave ASH, ASH will hold any property you leave up to 60 days. If you or a representative do not claim your property in 60 days, management will take possession and dispose of it. If you die or are expelled management will promptly notify the emergency contact(s) you have listed on this form regarding your property and expulsion.

- **USE AND/OR POSSESSION OF ALCOHOL, ILLEGAL DRUGS OR PARAPHERNALIA:** The use of ANY alcohol or other illegal mood-altering substance (i.e. illegal drugs or prescription medication taken in a manner other than the manner prescribed) is strictly prohibited. If you are under the influences of any prohibited substance or are found in possession of such a substance or related paraphernalia (on your person or in your living space), you will be expelled.
- **No Habit forming medications:** ASH is a no-tolerance sober home. Methadone, Suboxone, Adderall and Medical Marijuana are not allowed.
- **FAILURE TO PROVIDE URINE AND/OR BREATH SAMPLE:** A condition of your residence at ASH is your agreement to provide a urine and/or breath sample to be tested for toxicity as requested by Management, for any cause and at any time. Refusal to provide a requested sample will result in expulsion.
- **TRAFFICKING:** Any suspected drug dealing or running activity will result in expulsion and be referred to law enforcement.
 - **SOBRIETY/PROGRAM REQUIREMENTS:** in addition to complete abstinence from alcohol and other illegal mood-altering substances, the following are requirements during your residency at ASH:
 - Attend Monday night House Meetings. No Exceptions.
 - Attend occasional emergency House Meetings unless you have a work conflict.
 - Attend at least three 12 –step meetings per week outside the House.
 - Obtain a sponsor outside the House within seven days of moving in.
 - Meet with a sponsor at least once per week in person.
 - ASH management may inspect your living area and belongings at any time without permission
 - Work the 12 Steps with your sponsor.
 - Have at least one weekly Service Commitment
 - At least once every three months, participate in outside volunteer work
 - Be employed or enrolled in a course of study or volunteer outside ASH at least ____ hrs. p/wk.

- **FEES:** It is your responsibility to pay all fees to ASH when they are due, without exception. As of 7/1/2023, monthly program fees for new residents are \$750.00. A \$300 sober deposit is required on or before the first day of residence. Monthly fees are due on the first day of the month. A \$25 late charge will be assessed on the third of each month. Should a resident depart for any reason during the first four months of residence at ASH for any reason whatsoever, the resident will forfeit the sober deposit.
- **THEFT:** Any theft will result in immediate expulsion and be referred to law enforcement. Any suspected theft may result in expulsion and may be referred to law enforcement.
- **DAMAGE TO PROPERTY:** Any significant and/or willful damage to ASH structure and/or property may result in expulsion and/or attachment of deposit funds to compensate for repairs.
- **THREATS OR POSSESSION OF ANY WEAPONS:** Any threat of physical violence, threat of suicide or suicide attempt, or any other threatened or attempted harm to others or self is prohibited and will result in expulsion and may be referred to law enforcement. The possession of any weapon (on your person or in your living space) will result in your expulsion and referral to law enforcement.
- **ABUSE:** Any physical or verbal abuse of another resident, a resident's guests, or any Manager of ASH will result in expulsion and may be referred to law enforcement.
- **MAINTENANCE OF A PEACEFUL RECOVERY-ORIENTED ENVIRONMENT:** You may not interfere with another resident's quiet enjoyment of ASH. Courtesy and consideration should be shown at all times when using television, radio, personal stereo, gaming and/or other computer devices. In addition, the hours between 10:00 PM and 7:00 AM are considered quiet hours. Repeated noncompliance may result in expulsion.
- **MAIL TAMPERING:** Any tampering or interference with mail will result in expulsion and may be referred to law enforcement.
- **SEXUAL RELATIONSHIPS/RELATIONSHIPS:** ASH residents will abstain from sexual relations, solicitation, prostitution and/or the promotion thereof. Noncompliance will result in expulsion.

- **GUESTS:** No women are allowed in or on the premises of ASH for any reason. An exception may be made with prior notice to and approval of a Manager in the case of a female family member. No overnight guests of any gender are allowed.
- **CURFEW:** Curfew shall be 12:00 PM during the week and 1:00 AM on Friday and Saturday. You are expected to return to ASH every night by curfew. No overnight passes will be issued to ASH residents during their first 30 days of residence. Exceptions for late returns, overnights or extended stays away from ASH (after 30 days of residence) may be made with prior notice to and approval of a Manager, at the Manager's sole discretion. Repeated non-compliance may result in expulsion.
- **SMOKING:** Smoking anywhere on the premises other than in a designated smoking area is prohibited. There is no smoking on the front lawn, the front steps or the sidewalk in front of the house. There is no smoking in the house. Smoking in sleeping areas will result in immediate expulsion.
- **FAILURE TO ADHERE TO PROGRAM EXPECTATIONS:** You are expected to be accountable to the other residents and the management of ASH as to your sobriety status. In addition, expectations among residents include but are not limited to the following:

• Completing house jobs	• Attending the House meetings
• Keeping personal items out of public areas	• Making beds daily
• Keeping public areas clean	• Maintaining acceptable personal hygiene
• Responsible use of energy – lights, fans, etc.	• House upkeep
• No food in bedrooms	• Be out of your bedroom during the day

Repeated non-compliance may result in expulsion.

- **VOLUNTARY TERMINATION:** You are expected to provide Management with at least a 30 day notice of voluntary termination of residence. Your "out date" for purposes of fees, unless otherwise agreed in advance will be the date that both you and your belongings are removed from the house. The last month's rent will not be pro-rated if you move depart before the end of the month.
- **HOUSEHOLD NECESSITIES:** The cost for these items and for your share of the monthly meal is included in the \$750.00 monthly program fee.
- **BORROWING / LENDING:** Residents of ASH will not borrow or loan money, automobiles, or other items of great value to residents of ASH. Noncompliance may result in expulsion.

These general rules are subject to interpretation, supplement, and/or revision by the Management of Avalon Sober House.

If you wish to file a complaint about ASH, you may contact The Office of Ombudsman for Mental Health and Developmental Disabilities, State of Minnesota

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651-757-1800