

# RED RADISH

Red Radish microgreens have tender, delicate green cotyledon leaves with striking red stems that provide a peppery and slightly spicy punch much like their mature plant

## THE FLAVOR

Red Radish microgreens pack a peppery and slightly spicy punch

## HEALTH ADVANTAGE

Red Radish microgreens support immune function, contribute to healthy bones and blood, and aid in maintaining proper heart health. Additionally, their potent antioxidants help combat free radicals, promoting overall well-being and vitality.

### VITAMINS

**A****B****C****E****K**

### ELEMENTS

Potassium

Iron

Calcium

Magnesium

Zinc

Phosphorus

### OUR FAVORITES

#### EXTRA TEXTURE

Salads

Sandwiches

Spring Roles

Wraps

Omelets

#### GARNISH

Avocado Toast

Sushi Rolls

Pizza Toppings

Rice Bowls

#### ADD NUTRIENTS

Smoothies

Juices