



SPECKLED PEA

Speckled pea microgreens have a delightful flavor that resembles fresh peas, offering a sweet and slightly nutty taste.

THE FLAVOR

Speckled Pea microgreens provide a burst of concentrated pea essence, adding a unique and appealing note to dishes.

HEALTH ADVANTAGE

Speckled pea microgreens offer several health advantages in just a few bites. They are a concentrated source of essential vitamins, minerals, and antioxidants, which can support a strong immune system, improve vision, and promote healthy skin. Additionally, their high fiber content aids digestion and can contribute to better gut health.

VITAMINS

A

C

K

E

ELEMENTS

Potassium

Iron

Calcium

Magnesium

OUR FAVORITES

EXTRA TEXTURE

Salads

Sandwiches

Spring Roles

Wraps

Omelets

GARNISH

Sushi Rolls

Pizza Toppings

ADD NUTRIENTS

Smoothies

Juices

Soups

Stews