



**A Special Note from Kate Deforge, SNBC Auxiliary Member,
daughter of SNBC Auxiliary Member Wendy Deforge
and niece of SNBC Auxiliary Member Pam Falcone**

**SNBCA Blood Drive
Sunday 10/18/26
8:30am - 1:30pm**

Please schedule your appointment to give blood ...and help spread the word.

Below is a note from our very own SNBC Auxiliary member, Kate DeForge, fighting her own cancer battle. Her note shares how blood donations have helped save her life numerous times. Please take a moment to read below.

Blood donation is incredibly important for those who have may potentially have blood disorders, have had major trauma and blood loss (like car accident, major surgeries, pregnancy, etc.) but one of the most important ways blood donation helps is with cancer patients. When a cancer patient receives chemotherapy it will dramatically decrease their red blood cells (which carry oxygen) and platelets (which help your blood clot). In order for cancer patients to avoid delays in their treatment they often have to get blood transfusions in between cycles so they are stronger in general but also strong enough to receive their next treatment.

The gift of blood is one of the most selfless gifts you can give a person. So far in my cancer journey, I have received 29 units of blood and 8 units of platelets. Post chemotherapy my hemoglobin, red blood cells that carry oxygen, have gotten as low as 6 (should be 12-15). I have often times gone in for a blood transfusions in a wheelchair and too weak to walk and post transfusion was able to forego the wheelchair and walk on my own.

I will never be able to repay those who give blood and who have saved my life at a minimum 29 times. Thank you, thank you, thank you!