**Symptom Analysis**

**This section starts with a list of symptoms associated with the different body system. Underline the conditions you often suffer from or have suffered from in the past. Some symptoms are repeated. Please underline them in all cases.**

**Gastrointestinal Tract System Health**

Reflux

Halitosis

Bloating

Excess burping

Diarrhea

Constipation

Hemorrhoids

Abdominal pain

**Nervous System Health**

Headaches/Migraines

Visual disturbance

Dizziness

Vertigo

Fainting

Fits

Tics

Mood changes

Anxiety

Memory concentration loss

Depression

Stress

Sleep disturbance

**Endocrine System Health**

Need for frequent meals

Energy slumps

Food Cravings

Frequent urination

Excessive thirst

Weight fluctuation

**Reproductive System Health**

Fertility history

Irregular periods

Premenstrual symptoms

Menopause symptoms

STD’s

Cystitis/frequency of urination

Thrush

Prostate problems

Lack of sex drive

**Skin Health**

Acne

Dry/oily skin

Eczema

Psoriasis

Rashes

Fungal infections

Sensitive skin

Scalp problems

**Immune System Health**

Allergies

Intolerances

Delayed wound healing time

Asthma

Eczema

Lymphatic congestion

Autoimmune disease

Frequent infections

Herpes/cold sores

**Respiratory Tract Health**

Asthma

Wheezing

Bronchitis

Post nasal drip

Mucus/phlegm

Sinusitis

Shortness of breath

Tonsillitis

Ear infections

**Urinary tract health**

Frequent urination

UTI’s

**Cardiovascular System Health**

Chest pain

Shortness of breath

Palpitations

Swelling

Fainting

Varicose veins

Cold hands and feet

Blood pressure problems

Cholesterol level problems

CRP

Tinnitus

**Muscular-skeletal System Health**

Joint pains

Stiffness

Joint swelling

Muscular spasms

Muscular cramps