



Heart and Sole Dance Studio Fall Schedule 2024/2025



Address:
1921 Dover Rd
STE A
Epsom, NH 03234
Phone:
(603)736-0025



Monday Studio 1	Monday Studio 2	Tuesday Studio 1	Tuesday Studio 2	Wednesday Studio 1	Wednesday Studio 2	Thursday Studio 1	Thursday Studio 2	Friday Studio 1	Friday Studio 2
Pre Adv Acro 3:45 - 4:45	Adv Beginner Ballet & Tap 3:45 - 4:45	Pre Adv Tap 3:45 - 4:45	Inter Ballet 3:45 - 4:30	Adv Inter Acro 3:45 - 4:45	Inter Acro 3:45 - 4:30	Adv Beginner Jazz/ Lyrical 3:45 - 4:30	Age 3-4 Ballet & Tap 3:45 - 4:30	Pre Adv Ballet 3:45 - 5:00	Adv Inter Ballet 3:45 - 4:40
	Adv Beginner Acro 4:45 - 5:15	Adv Inter & Pre Adv Ballet 4:45 - 6:00	Inter Jazz/ MT Lyrical 4:30 - 5:15	Adv Inter Jazz/ MT & Lyrical 4:45 - 5:30	Inter Tap 4:30 - 5:15		Age 4-5 Ballet/Tap/Tumble 4:30 - 5:30	Pre Adv Lyrical & Contemp. 5:00 - 6:00	Adv Inter Tap 4:40 - 5:30
Pre Adv & Adv 1 Pointe 5:00 - 6:00		Pre Adv break 6:00 - 6:15	Advanced 2 Tap 5:30 - 6:30	Adv. Int. Hip Hop 5:30 - 6:00	Age 5 - 7 Ballet/ Tap/ Tumble 5:15 - 6:15				
		Pre Adv Jazz & Skills & Hip Hop 6:15 - 7:00	Adv 2 Conditioning & Jazz funk 6:30 - 7:30		Teen/Adult Beg/Inter Ballet 6:15 - 7:15	Adv 1 & 2 Ballet 5:30 - 6:45		Elite Acro 5:30 - 6:30	
Adv 1 Ballet 6:05 - 7:20	Show Rehearsals	Adv 1 skills/ hip hop 7:00 - 7:45	Show Rehearsals		Teen/Adult Beg/Inter Tap 7:15 - 8:15	Adv 2 Jazz & Skills/ Contemporary 6:45 - 7:45	Adv 1 Tap 6:45 - 7:45	Adv 2 Ballet En Pointe 6:40 - 8:00	
Adv 1 Jazz & Contemporary 7:20 - 8:20		Adv 1 Acro 7:45 - 8:30		Website: www.heartandsoledancestudio.com				Show Rehearsal	



Young Dance Classes
Advanced Beginner
Intermediate
Advanced Intermediate
Pre Advanced
Advanced 1
Advanced 2
Teen/Adult Beginner/Intermediate
Mixed Level Team Rehearsals
Mixed Level Classes



Monthly Tuition	
Young Dance Class - Intermediate	Adv. Intermediate - Advanced 2
30 minutes \$45	30 minutes \$50
45 minutes \$60	45 minutes \$65
60 minutes \$65	60 minutes \$70
75 minutes \$70	75 minutes \$75
Unlimited no Team \$140	Unlimited no Team \$190
Unlimited with Team \$160	Unlimited with Team \$210
(Unlimited with team pays for weekly team rehearsals only. Extra solo/duo/trio rehearsals have a separate fee.)	
15% Sibling Discount for the youngest sibling(s)	

Adult Dancers
\$16 per class for Drop-in dancers
Registered Adults
\$50 per month paid on the 1st of the month through autopay
Come try your first class for free!

