



Heart and Sole Dance Studio Fall Schedule 2025/2026



Monday Studio 1	Monday Studio 2	Tuesday Studio 1	Tuesday Studio 2	Wednesday Studio 1	Wednesday Studio 2	Thursday Studio 1	Thursday Studio 2	Friday Studio 1	Friday Studio 2
Level 4 Acro/conditioning 3:45 - 4:45	Level 1 Ballet 3:45 - 4:25	Level 3 Acro 3:45 - 4:30	Level 2 Ballet 3:45 - 4:30	Level 1 Jazz/MT 3:45 - 4:25	Level 2 Acro 3:45 - 4:30	Level 3 Jazz/ Lyrical 3:45 - 4:45	Age 3-4 Ballet & Tap 3:45 - 4:30	Level 4 Jazz/Contemporary/ Conditioning 3:45 - 4:45	Level 3 Ballet 3:45 - 4:45
Level 4 Tap 4:45 - 5:30	Level 1 Tap 4:25 - 4:55	Level 3 & 4 Acro Skills By Invite Only 4:30 - 4:50	Level 2 Jazz/ MT Lyrical 4:30 - 5:15	Level 1 Lyrical/Stretch 4:25 - 4:55	Level 2 Tap 4:30 - 5:15	Level 3 Hip Hop/Skills 4:45 - 5:30	Age 4-5 Ballet/Tap/Tumble 4:30 - 5:30	Team Rehearsal Secrets 4:45 - 5:05	Team Rehearsal Cruising for a Bruisin 5:05 - 5:25
Team Rehearsal Groove is in the Heart 5:30 - 5:50	Level 1 Acro 4:55 - 5:25	Level 3 & 4 Ballet 4:50 - 5:50	Team Rehearsal Keep It Undercover 5:15 - 5:40	Team Rehearsal The Climb 5:15 - 5:35	Age 5 - 7 Ballet/ Tap/ Tumble 5:15 - 6:30	Level 3 Tap 5:30 - 6:15	Level 5 Pointe 5:30 - 6:00	Level 4 Ballet 5:05 - 6:05	Team Rehearsal solos/duos/trios 5:25 - 6:00
Team Rehearsal You're the One That I Want 5:50 - 6:10	Team Rehearsal solos/duos/trios Group 5:25 - 5:55	Level 5 & 6 Conditioning/ Jazz Funk/ Contemp 5:50 - 6:45	Level 4 Hip Hop and Skills 5:50 - 6:30	Team Rehearsal solos/duos/trios 5:35 - 6:00		Level 6 Tap 6:15 - 7:15	Level 5 Ballet 6:00 - 7:15	Level 6 Ballet 6:05 - 7:00	Level 4 Pointe 6:10 - 6:40
Team Rehearsal Strangers in the Night 6:10 - 6:30	Team Rehearsal Level 4 solos/duos/trios 6:10 - 7:00	Team Rehearsal My Mind 6:45 - 7:05	Team Rehearsal Nicki 6:30 - 6:50	Teen/Adult Beg/Inter Ballet 6:00 - 7:00		Elite Acro 7:15 - 8:15	Level 5 Acro 7:15 - 8:15	Level 6 Pointe 7:05 - 7:35	
Level 5 & 6 Ballet 6:30 - 7:45	Level 5 Tap 7:45 - 8:40	Level 5 & 6 Skills/Jazz/Hip Hop 7:05 - 8:05	Team Rehearsal solos/duos/trios 8:05 - 8:30	Teen/Adult Beg/Inter Tap 7:00 - 8:00	Address: 1921 Dover Rd STE A Epsom, NH 03234 Phone: (603)736-0025	Team Rehearsal White Lies 8:20 - 8:40	Team Rehearsal solos/duos/trios 8:15 - 8:40	Level 6 Contemporary 7:40 - 8:20	
Level 6 Pointe 7:50 - 8:20		Team Rehearsal I See Fire 8:05 - 8:25		Teen/Adult Beg/Inter Jazz 8:00 - 8:30		Website: www.heartandsoledancestudio.com		Team Rehearsal Thank God I Do 8:20 - 8:40	
Team Rehearsal solos/duos/trios 8:20 - 8:40								Team Rehearsal solos/duos/trios 8:40 - 9:00	



Monthly Tuition

Young Dance Class - Level 2	Level 3 - Level 6
30 minutes \$50	30 minutes \$55
45 minutes \$65	45 minutes \$70
60 minutes \$70	60 minutes \$75
75 minutes \$75	75 minutes \$80
Unlimited no Team \$145	Unlimited no Team \$195
Unlimited with Team \$165	Unlimited with Team \$220
(Unlimited with team pays for weekly team rehearsals only. Extra solo/duo/trio rehearsals have a separate fee.)	

10% Sibling Discount for the youngest sibling(s)

Young Dance Classes
Level 1
Level 2
Level 3
Level 4
Level 5
Level 6
Teen/Adult Beginner/Intermediate
Mixed Level Team Rehearsals
Mixed Level Classes

Adult Dancers
\$16 per class for Drop-in dancers
Registered Adults
\$50 per month paid on the 1st of the month through autopay
Come try your first class for free!

