

Heart and Sole Dress Code

General Class Attire Guidelines

- Leotards are mandatory for all classes for all female dancers.
- Jewelry should be avoided when possible, as it can be broken or damaged while dancing.
- Hair needs to be secure and pulled back during all classes.
- Shoes need to be worn that align with the class you are taking.
- Warm-up clothing is allowed to be worn until you are asked by a teacher to remove them.
 - Warm-ups must be modest and cover all personal parts of the body.
 - Warm-ups must be dance appropriate and not contain any offensive material.

Ballet/Pointe:

- Leotard (black or red) and tights (pink, black, or tan) for female dancers.
- Hair in a tight, secure bun.
- Warmups can be worn at barre or until the teacher asks them to be removed.
- Tight black dance shorts or a ballet skirt may be worn over tights.
- Ballet shoes without socks.
- Pointe shoes.
- White shirt and black pants or shorts for male dancers.

Jazz/Tap/Musical Theater.

- Leotard and appropriate bottoms for female dancers.
 - Tights (pink, black, or tan) with tight dance shorts.
 - Tight leggings.
 - Shorts that are longer than dancers fingertips may be worn without tights.
- Plain shirt and plain pants or shorts for male dancers.
- Tap shoes.
- Black or tan jazz shoes.

Contemporary/Lyrical

- Leotard and appropriate bottoms for female dancers.
 - Tights (pink, black, or tan) with tight dance shorts.
 - Tight leggings.
 - Shorts that are longer than dancers fingertips may be worn without tights.
- Plain shirt and plain pants or shorts for male dancers.
- Barefoot or contemporary shoes.

Acro

- Leotard and appropriate bottoms for female dancers.
 - Tights (pink, black, or tan) with tight dance shorts.
 - Tight leggings.
 - Shorts that are longer than dancers fingertips may be worn without tights.
- Plain shirt and plain pants or shorts for male dancers.
- No jewelry.
- No long fingernails.
- Barefoot.

Adults

- Adults should come in comfortable and modest attire with no inappropriate logos or language.
- Correct shoes need to be worn for each class being taken.
- Hair pulled back.