

# INSTRUMENTS OF BECOMING

BY

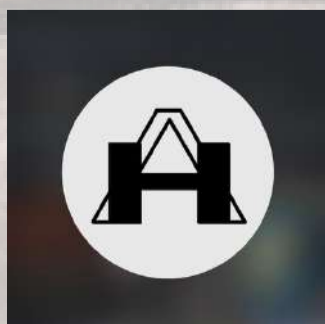
RYAN 'DUK'

CURATED BY



ARDHI GALLERY

AT



Art Haus Studios

# THE ARTIST



**RYAN ENGOKE (b. 1997, Nairobi, Kenya)**

**Ryan 'Duk' is a multidisciplinary self-taught artist based in Nairobi, Kenya. His work exists at the intersection of movement, minimalism and controlled chaos, often drawing from inner discipline, lived intensity, and a desire to distill emotion into form.**

**Rooted in a personal ethos of growth, clarity and edge, his practice explores the body as both a vessel and symbol: of effort, survival, and transformation.**

**With a background shaped as much by physical training as by visual experimentation, Ryan approaches painting with an athletic rigor, layering texture, geometry, and energetic mark-making into powerful, often abstract compositions.**

**His style echoes expressionism and African spiritual modernity, while remaining stripped-down, deliberate and visceral.**

**Driven by intuition, silence and observation, Ryan creates pieces that invite stillness and presence.**

**"Each canvas is a confrontation," he notes. "A mirror of who I am, not just as an artist, but as a man building discipline, edge and control in a noisy world."**



**Title :ASCENSION PROTOCOL**  
**Medium :Acrylic on Canvas**  
**Size: 95x60 cm**  
**USD 1596**

Doubt into destiny.

The distortions don't break him, they propel him.  
Every glitch is a past version tearing away, every  
yellow fracture a spark of purpose catching fire.



**Title : REMNANTS**  
**Medium : Acrylic on Canvas**  
**Size: 95x60cm**  
**USD 1830**

A fractured symphony caught between what was and what refuses to fade. Each glitch reveals a memory breaking loose, a fragment of self still fighting to exist within the chaos. The intensity of the red amplifies the urgency of the moment, making the entire piece pulse with momentum and transformation.



**Title : ECHOES OF SOLACE**  
**Medium : Acrylic on Canvas**  
**Size : 100 x 70cm**  
**USD 2064**

Surrounded by abstract distortions, representing the noise of the world but the figure remains calm, untouched, exuding presence emphasizing newfound self-control and awareness.



**Title : FAULT LINE**  
**Medium : Acrylic on Canvas**  
**Size: 100 x 80 cm**  
**USD 1938**

Fault Line explores internal geography altered by strain. The contrast is tectonic and aesthetic. Slow, pressured shift rather than a decisive break. The movement within the piece is irreversible, shaped by forces that build quietly over time until coexistence becomes impossible.

Where tension reorganizes the self and forward motion is defined by what can no longer return to its original place.



**Title : THE GREEN LIGHT**  
**Medium : Acrylic on Canvas**  
**Size: 100cm x 100cm**  
**USD 2016**

A visual meditation on purpose enacted, momentum embraced and progress made without declaration.

Green symbolizes forward permission earned internally, a signal activated by discipline and not circumstance.

There is no hesitation in the posture. Even when partially obscured, the direction remains clear.



**Title : VIGO DEL TORO**  
**Medium : Acrylic on Canvas**  
**Size:60 x 50 cm**  
**USD 530**

The bull symbolizes raw instinct, power and the weight of reality pushing back. The glitch distortion pulls the man apart, capturing the tension. The horn tests him, the glitch fractures him.



**Title :SHE WHO HOLDS THE WEATHER**

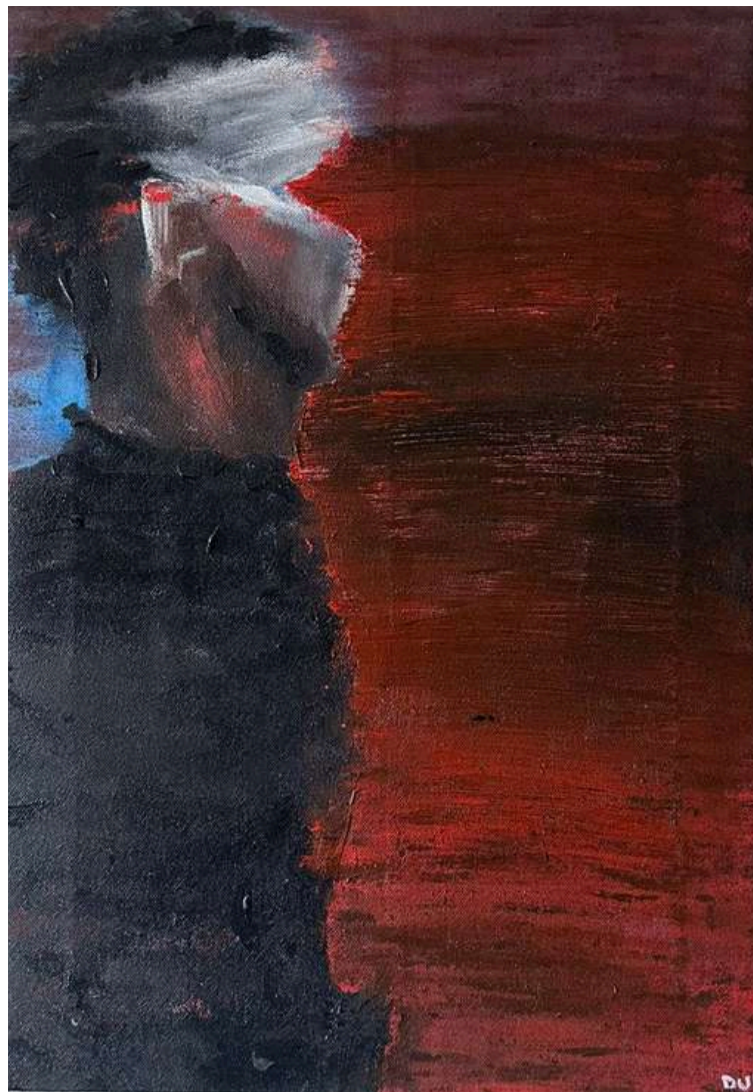
**Medium : Acrylic on Canvas**

**Size: 80 x 80 cm**

**USD 1548**

A figure emerges not as a subject but as an atmosphere. The vertical divisions echo geographic and emotional strata suggesting shifting climates within identity itself.

Blues evoke sky, distance, and breath, while the fractured surface resists stillness, as if the image is forming and dissolving simultaneously. This work views 'Mother Nature' as an enduring cycle of pressure, adaptation, and renewal like weather, unseen in its mechanics yet undeniable in its impact.



**Title :MOMENT OF GLORY**  
**Medium : Acrylic on Canvas**  
**Size: 35 x 50 cm**  
**USD 336**

This work captures a quiet but decisive shift , literally the moment awareness becomes undeniable. It is not internal and not loud, where clarity arrives without permission.

The figure stands within that transition, suspended between what was and what is now understood. There is tension in the surface, yet also stillness, as if everything has already been decided. This is not glory as spectacle, but as realization , earned through pressure, shaped by experience and held without the need for validation. Becoming is no longer in motion, but fully claimed



**Title :TECTONIC BIRTH**  
**Medium : Acrylic on Canvas**  
**Size: 80 x 55 cm**  
**USD 1092**

This is where two forces collide and refuse to remain separate. It is a merging shaped by pressure and inevitability. Within that tension, a force forms carrying the weight of both origins.

The figures exist at a point where boundaries dissolve and identity is redefined through contact. Like tectonic movement beneath the surface, the process is unseen at first, yet powerful enough to create something undeniable. What emerges is presence formed through collision, built to endure, and impossible to ignore.



**Title : TRAUMA BONDING**  
**Medium : Acrylic on Canvas**  
**Size: 120 x 100 cm**  
**USD 3712**

Trauma bonding confronts the collective weight of inherited experience. The work explores how memory, hardship and survival become shared conditions rather than isolated events. The figures appear both connected and fractured, suspended between individuality and collective identity. The final piece in the 'Instruments of Becoming' Series.

