

THE RESOLUTION

2021: A Year in Review



Resolveera Launches "Rambling with Resolveera"

May 2021

Resolveera launched a new series on our Youtube channel called, "Rambling with Resolveera." The first season of the series ran for six episodes from May to November, one episode released a month. In the series, Resolveera discussed social work-related topics with various professionals--from the US and beyond! These episodes were featured in the NASW-NYS monthly newsletter! A special thanks to our first season's guests: Dr. Smriti Joshi, Lydie Pierre, Samantha Fletcher, Dr. Richard Kahn, Reshma Shah, and Richa Sharma!

The series was also released in podcast format on Spotify and Anchor! The series was also featured in several NASW-NYS monthly newsletters.

The second season of Rambling with Resolveera premiered on February 13th. Watch the episode [here!](#) This season's focus will be on special needs and mental health issues.

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THE RESOLVEERA RAMBLER FIRST POST IS OUT NOW!

October 29, 2021

Down Syndrome Awareness Month

To their parents, children are the most important thing in the world— the only thing that matters. So what happens when that bundle of joy, that light of your life, get deemed as “not normal”? Society decides

Resolveera Releases “The Resolveera Rambler”

Resolveera's newest outreach

Resolveera also launched a new monthly blog called, “The Resolveera Rambler.” Every month, Resolveera writes a blog post about a relevant mental health or social work related topic. So far, Resolveera has released blog posts about self-care for breastfeeding mothers, suicide prevention, and Down Syndrome awareness. Resolveera looks forward to expanding the Rambler with more topics with hopes of further educating people on these important topics. Click [here](#) to read the Rambler!

Resolveera's Collaboration with SAHAARA

January 2021-December 2021

Resolveera has continued its partnership with New York City-based non-profit, SAHAARA (South Asian Health and Resource Agency). Resolveera worked with SAHARRA in order to promote COVID-19 vaccination among SAHAARA's primary demographic.



Resolveera Presents for NASW-NYS

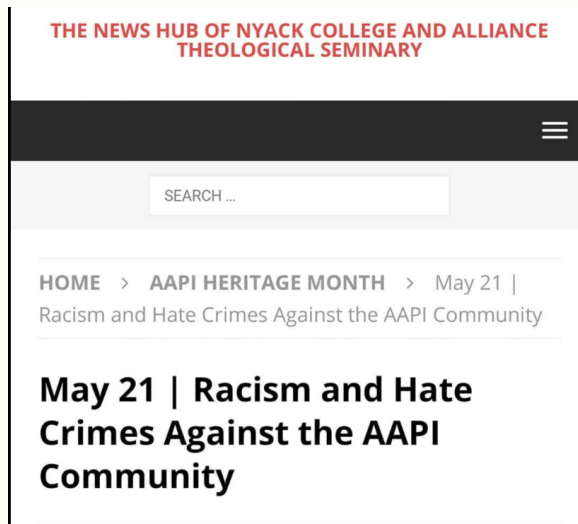
January 2021-December 2021

As done in 2020, Resolveera hosted 3 Continuing Education presentations through online webinars. Each presentation was 2 hours long and provided 2 Continuing Education credits for attendees. These presentations focused on self-care for caregivers, children and life-long trauma, and the impact of racism and attacks on Asian-American communities related to COVID-19. These presentations were received very well and earned an average rating of 4.7 out of 5. Some presentations were requested for a second time.

“Self-Care for Care Givers”

“Cultural Unawareness: Attacks on Asian-American Communities”

“Child Abuse & Trauma: Long term anxiety & Insecurity”



Resolveera also held a webinar on "Cultural Competency" for Child Center of New York (CCNY). CCNY has a new residential setup in Brooklyn, and Resolveera helped orient the staff with this webinar. In addition, a similar presentation titled, "Learning from History: Indian American Perspective" was also given at Nyack College's AAPI Heritage Month Conference. This international conference had attendees and participants from across the globe, including South Korea and Taiwan.

The Path Forward: What's to Come in 2022

Resolveera has already lined up some exciting things for 2022!

In February 2022, the first episode of the second season of "Rambling with Resolveera," premiered. This six-episode season, as mentioned, will focus on special needs and mental health issues with several guests.

Resolveera is also partnering with ASHO (Autism Society Habilitation Organization) for upcoming project on play therapy! In addition, we will be continuing services with Family Center in Connecticut. These services include consultancy services for parents and professional development for staff members. As always, Resolveera is open to providing and expanding our services!

EXECUTIVE DIRECTOR'S MESSAGE



At Resolveera, we are glad to share that we have successfully completed five years! A special thanks goes out to Resolveera's great team of freelance website designers (Srinjoy Goswami) and interns (Tista Goswami and Pearl Bhattia). This group has worked tirelessly in producing the episodes of "Rambling with Resolveera," writing the blog posts for "The Resolveera Rambler," and developing our website. Over these past five years, Resolveera has accomplished great things and has met many of our goals. However, this is not the end. There is a long way to go. As the founder and director of Resolveera, I believe that we will reach greater heights in 2022 and the years to come. Here's to a great five years! Thank you all for your immense support!