

Let's Talk Second Acts

Harvest, Release, and Embrace: Navigating Change in Your Second Act

The Beauty of Letting Go

What I've released that opened space in my life:

Harvesting: What You've Planted

Seeds I've planted this year:

1. _____
2. _____
3. _____

Harvests I'm noticing now:

1. _____
2. _____
3. _____

Embracing the Season of Change

What I'm looking forward to now:

Harvest & Horizon Reflection My One Word for the Season:

My Next Step Forward: