

SOUL-GIVING WORKSHEET

Discovering Your Meaningful Gift to Others

Part 1: Understanding the Heart of Soul-Giving

Take a moment to reflect on what giving means to you. Write your thoughts below:



What does meaningful giving mean to you personally?

Think of a time when someone gave you something that deeply impacted your life. What made it special?

Part 2: Identifying Your Gift Recipients

Who in your life or community might benefit from your support? List 3-5 people or groups:

2. For each person/group listed above, describe their current situation:

- * What challenges are they facing?
- * What brings them joy?
- * What resources do they currently have or lack?



Part 3: Discovering Your Unique Offerings



1. What skills, talents, or resources do you possess? Consider:

- * Professional expertise
- * Life experiences
- * Personal talents
- * Material resources
- * Available time

2. How might these align with the needs you identified above?



Part 4: Crafting Your Soul-Giving Plan



1. Choose one recipient and complete:

Recipient:

Their primary need:

My proposed gift:

Why this gift would be meaningful:

Part 5: Impact Reflection

1. How will this gift potentially transform the recipient's life?

2. What lasting impact do you hope to create?



Part 6: Personal Growth Through Giving

1. How might this act of giving contribute to your own personal growth?

2. What might you learn from this experience?
