

PAUSE & CONSIDER

I'm Taking the First Step

A SEASON OF BECOMING— ONE STEP AT A TIME

I've stopped waiting. I'm beginning to explore what comes next, learning as I go and trusting that each small step is leading me somewhere meaningful.

A Reflection

Taking the first step often feels exciting. It can also feel uncertain. You may wonder if you're making the right decision. You may question yourself more than once. That's okay. The purpose of the first step isn't to have everything figured out. Its purpose is to begin.

“
You don't have to
have it all figured out.
You only have to be
willing to begin.”

ASK YOURSELF



What have
I already begun?



What have I
learned about
myself?



What would help
me keep moving
forward?



Remember

Progress isn't measured by
how quickly you move.
It's measured by your
willingness to keep going.

Jacqueline

