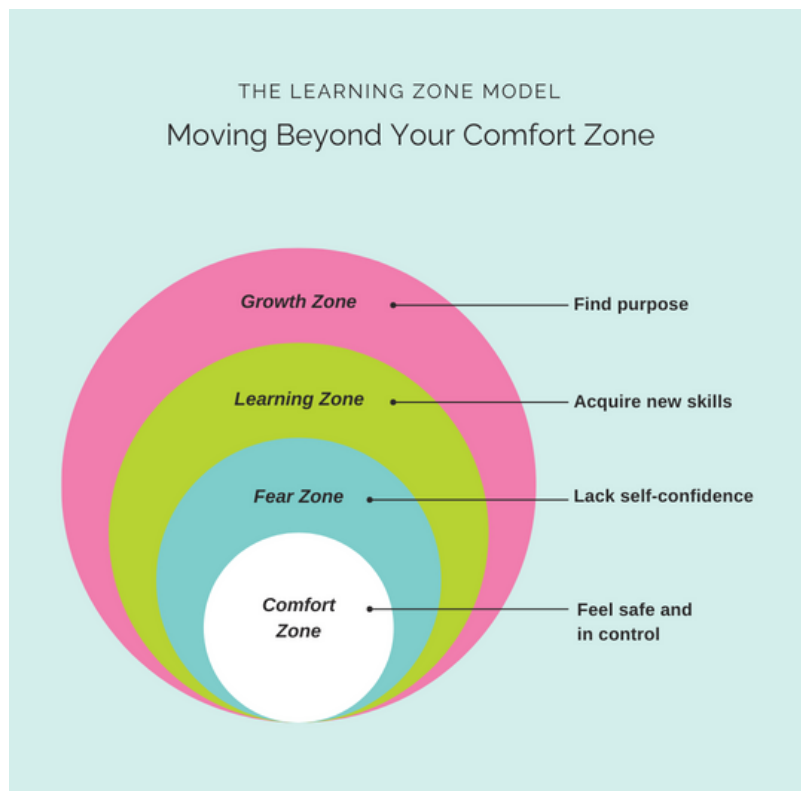


Ready to Become Uncomfortable?

I hope you enjoyed my blog on how I stepped out of my comfort zone, which eventually led me to create Second Act Inspiration. But as I said in the blog, lessons learned are meant for sharing. So, I decided to provide some questions that I asked myself on how to become uncomfortable. I hope that they inspire you to create the second act that you truly deserve!

Jackie

The Benefits of Stepping Out of Your Comfort Zone



Allows you to achieve your dreams:

I frequently passed the New York School of Interior Design while working in Manhattan. I can't tell you how many times I told myself I would love to take interior design courses at the school. I had finished getting my Interior Design certificate at Middlesex County College but wanted to continue studying Interior Design. My wish came true one year later after being downsized. I started taking courses at the New York School of Interior Design.

QUESTIONS TO HELP YOU STEP OUT OF YOUR COMFORT ZONE

Do you hesitate to step put of your comfort zone because of fear? Why?

Years from now, will you look back and wish you had lived life to the fullest?
How?

What is important about stepping out of your comfort zone?

How will you feel after doing this?

Who do you know that has been able to step out of her/his comfort zone? What do you admire about this person?

What is the worse thing that will happen if you step out of your comfort zone?
