

@Four Heart Homeschool

As homeschooling moms it's important to set aside dedicated time away from the family either on a weekend or a weeknight after the kids are in bed or in the early morning if that works best for you and simply write out your homeschooling objectives. Take a week to think about and answer a few questions about you and your family, set some goals specific to your family. Here is a list to help you along your journey:

First and foremost every mom needs some sort of mom notebook or binder, a place where you keep all your school year information, pens and pencils help too!

Why did we decide to homeschool as a family? What bible verses encourage you along your homeschool path, write them down, hang them on your wall:

Accountability, everyone needs accountability, your spouse is ideal, having weekly or monthly homeschool meetings, even awarding the kids for a job well done incentivises motivation and is fun for the family:

Set physical goals, physical fitness is important to mom and the kids(This could be anything from one family walk per week to 8,000steps on your fitbit):

Set spiritual goals: Prep your home and your homeschool space clean and organize it will make your days run smoother and easier. If the parent's don't know where things go neither will the children:

Take time to visualize your day to day, what does your ideal day look like? Write it down and then take steps to reach your goals, your dream can be a close reality.

Where do you find motivation? Write it down and then take action to motivate yourself. (It can be anything from pinning your favorite motivational articles to pinterest, or following a blog or fb group for support or drawing scripture for your walls)

Make a list of things you can do that de-stress you or help keep you functioning(unforeseen circumstances happen such as sickness, pregnancy, moving):

Prep a music playlist for worship music, hymns, folk songs, classical and audio books to keep you going and incorporate easily into your days:

Make a list of subjects you want to teach your children this year?

Make a list of curriculum you want to try, don't buy yet, talk with your spouse and pray):

Make a school supplies list so you aren't running around mid-school year for supplies listed in curriculum books:(include the fun stuff too, candles, DIY crafts, centerpiece)

Where in the house do you want to do school?(It can be multiple places) Figure out how you want to organize curriculum and where:(baskets, bookshelves, file folders, boxes)

Before school begins stock up on everything from school supplies to emergency meals and necessities, make your list here:

Meal plan, make a monthly plan or weekly plans, stock your pantry and your freezer before school begins:

Gather, buy and organize your curriculum, supplements, books, resources and games etc, organize toys, make or print charts:

Set aside dates to be out with a spouse or friend:

What if I slip up? What if I don't get the cleaning in or school done, what if things go wrong, keep getting back up, positive self talk, read the word and practice it daily never giving up, learn to pray throughout the day and incorporate worship without ceasing. When you have a bad day write it down so you don't repeat it, ask for forgiveness and remember his mercies are new every morning:

Make a list of things you can do that de-stress you or help keep you functioning:(anything from an occasional bubble bath or pedicure, specialty coffee)

Plan your field trips in advance at least tentatively:

Moms drink your water, invest in a water bottle or two that you'll use and reuse, buy them for your kids too, give them each one and color code them.