



LET'S WORK TOGETHER

PRICING

Following our initial introductory chat, I have a range of packages that I think will suit everyone's different requirements.

Excelsa Discovery (1st session only)

75 - 90 mins – \$130

Reviewing your health history and getting to know you more and how we can work together moving forward to progress along your health journey.

Standard Consultation Fee

50-60 mins - \$130

Excelsa Packages

1 Discovery and 3 Consultation Sessions (or 4 Consultations)

\$460

1 Discovery and 7 Consultation Sessions (or 8 Consultations)

\$800

Payment

All prices are in NZD and include GST.

Payment is due in advance of starting your health coaching plan via bank transfer or cash. Bank details will be provided on your invoice which will be emailed to you prior to commencing your sessions.

Clients are responsible for any international transaction fees.

Cancellation Policy

If you need to cancel or reschedule your session please do so as early as possible.

Please note that a cancellation fee of 50% of your consultation fee will be charged for non-attendance or cancellation within 24 hours. Thank you for understanding.