



TOENAIL SURGERY AFTERCARE INSTRUCTIONS

from the office of Dr. John Martucci

Supplies Needed

Epsom Salt, Antibiotic Ointment (prescription mupirocin), Band-Aids and Gauze.

First 24 Hours

Once you get home, please take acetaminophen (Tylenol), ibuprofen (Advil) or another anti-inflammatory for pain. The local anesthetic will wear off in a few hours.

Leave the bandage around your toe intact. Mild drainage or spotting is normal.

You may walk in regular shoes or sandals. If you're showering or bathing later today, the bandage can come off after that.

After 24 Hours

Soak the toe in warm water with Epsom salt to loosen and remove the bandage OR remove the bandage after you bathe.

Daily Wound Care

Dry the toe well. Apply antibiotic ointment to the area where the nail was removed and apply a Band-Aid or two. Repeat daily until there is no drainage and a scab has formed. This process may take 7–10 days. During this time, it's advised you refrain from pools, lakes, oceans given the water can be dirty and cause an infection or delay in healing.

Normal Healing

Mild redness, tenderness, and clear or blood-tinged drainage are expected during the healing process. If a permanent procedure was performed, this drainage may be prolonged given the body is healing after the chemical burn (from phenol) that is meant to affect the nail matrix.

When to Call the Office

Please contact our office if you experience increasing redness, significant swelling, thick yellow or green drainage, fever, chills, or severe pain not relieved by Tylenol or ibuprofen, or if you have any concerns regarding healing.

Our phone number is (678) 574-0861. If urgent attention is needed during business hours (8 am to 5 pm), please ask to be transferred to the Village Podiatry Kennestone office.

After-Hours Emergencies

For urgent concerns after office hours:

1. Call (678) 574-0861.
2. Follow the prompts to reach the on-call physician.
3. Leave a detailed message if instructed.
4. The on-call provider will return your call as soon as possible.