



CONSENT FORM – TERMS & CONDITIONS

1. I am voluntarily seeking counseling/therapy services from Arihant Aastha Counseling.
2. I understand that counseling is supportive guidance and results may vary.
3. No guarantee of complete recovery or specific outcomes has been provided.
4. Services provided here are non-medical and non-psychiatric in nature.
5. No psychiatric medicines or prescriptions are provided here.
6. Any decisions taken by me during or after counseling are my own responsibility.
7. Arihant Aastha Counseling and Dr. Rupal Jain are not legally responsible for my personal, emotional, financial, relationship, educational, career, marital, or lifestyle decisions.
8. Sessions are confidential, except where disclosure is legally required.
9. Confidentiality may be broken if ordered by court or if there is risk of harm to self or others.
10. Counseling is not a substitute for emergency medical or psychiatric treatment.
11. I agree to provide true and accurate information during counseling.
12. Hiding important information may affect the counseling process and outcomes.
13. Psychological assessments/tests are interpretative tools and not 100% definitive diagnoses.
14. All packages, memberships, sessions, assessments, and fees paid are strictly non-refundable and non-transferable.
15. Missed appointments or delays may lead to loss of session time or rescheduling based on availability.
16. I agree to maintain respectful behavior during counseling sessions.
17. Audio/video recording without permission is not allowed.
18. Online counseling may involve technical/network limitations for which the center is not responsible.
19. Counseling notes and records remain the professional property of Arihant Aastha Counseling.
20. I confirm that I have voluntarily agreed to all the terms and conditions mentioned herein.
21. In Couple Counseling/Marriage Counseling, the counselor acts only as a facilitator for guidance and communication.
22. Any decision related to separation, divorce, reconciliation, or legal action after counseling shall be the personal decision of the individuals involved.
23. Arihant Aastha Counseling and Dr. Rupal Jain shall not be held responsible or answerable in any court matter or relationship dispute.
24. No legal favor, witness statement, or court testimony can be demanded from Arihant Aastha Counseling or Dr. Rupal Jain.
25. Severe psychiatric disorders such as schizophrenia, psychosis, severe bipolar disorder, active suicidal risk, or major psychiatric conditions are not treated here.
26. If required, clients may be referred to a psychiatrist, clinical psychologist, hospital, or emergency medical service.
27. Arihant Aastha Counseling reserves the right to discontinue counseling sessions in case of misbehavior, abusive language, harassment, threatening conduct, or violation of counseling boundaries.
28. Arihant Aastha Counseling and Dr. Rupal Jain shall not be liable for discontinuation of services.
29. No medicines, injections, prescriptions, psychiatric drugs, or medical treatments are provided here.

- 30.** Services provided are limited to verbal communication, counseling guidance, emotional support, therapy-based conversations, psychological assessments, and therapeutic techniques only.
- 31.** Arihant Aastha Counseling is not a hospital, rehabilitation center, psychiatric clinic, or emergency medical facility.
- 32.** DMIT, Psychometric Tests, Aptitude Tests, and assessments are interpretative tools and may not be 100% accurate.
- 33.** Assessment reports should not be considered final medical, legal, or psychiatric conclusions.
- 34.** Hypnosis/Hypnotherapy sessions do not guarantee 100% results or behavioral changes.
- 35.** Any consequences, emotions, or decisions after hypnosis sessions are the responsibility of the client.
- 36.** Face Reading interpretations are observational techniques and may not always be 100% accurate.
- 37.** Reports generated through Face Reading, DMIT, Hypnosis, or Psychometric Tests are guidance-based and may vary.
- 38.** Assessment and test fees are charged separately and are not included in counseling session fees unless specifically mentioned.
- 39.** All assessment/test/service charges once paid are non-refundable and non-transferable.
- 40.** PLR Therapy (Past Life Regression Therapy) outcomes, emotional responses, experiences, and interpretations may differ from person to person and no guarantee of 100% results or accuracy is provided. Any consequences or decisions after PLR Therapy are the responsibility of the client.
- 41.** Please know that we do not provide any refunds at any point of consultation and request you to maintain a high form of formal conduct.

Client Information

Full Name: _____

Email Address: _____

Phone Number: _____

Date: _____

Signature: _____