



## **ENCOUNTER WITH SELF EXCERPTS**

...To start from the encounter with oneself is to discover a phenomenal treasure, it is a necessity. ...

...The person is a being who is in possession of himself, in his self-awareness and freedom, he can use his conscious freedom to be the captain of his own self. ...

...The impact on oneself is so evident to our very self that someone else's interpretation can never express it with accuracy. ...

Excerpt from Rollo "Encounter with Oneself" given by Eduardo Bonnín at the II Conversations of Cala Figuera in 2002 in Mallorca, Spain.